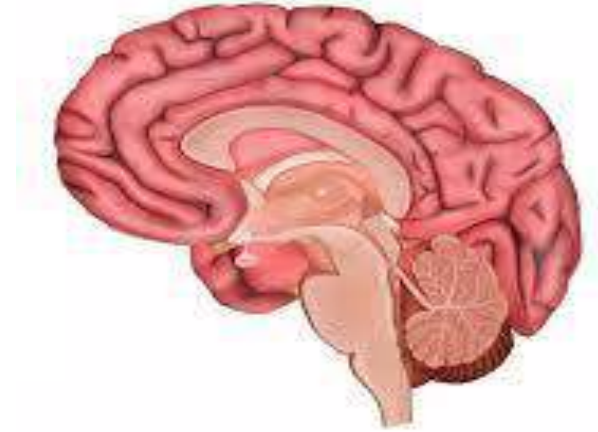


Glukoz Metabolizmasında Santral Sinir Sisteminin Rolü

Prof Dr. Nilgün Güvener Demirağ
Başkent Üniversitesi
Endokrinoloji Bilim Dalı



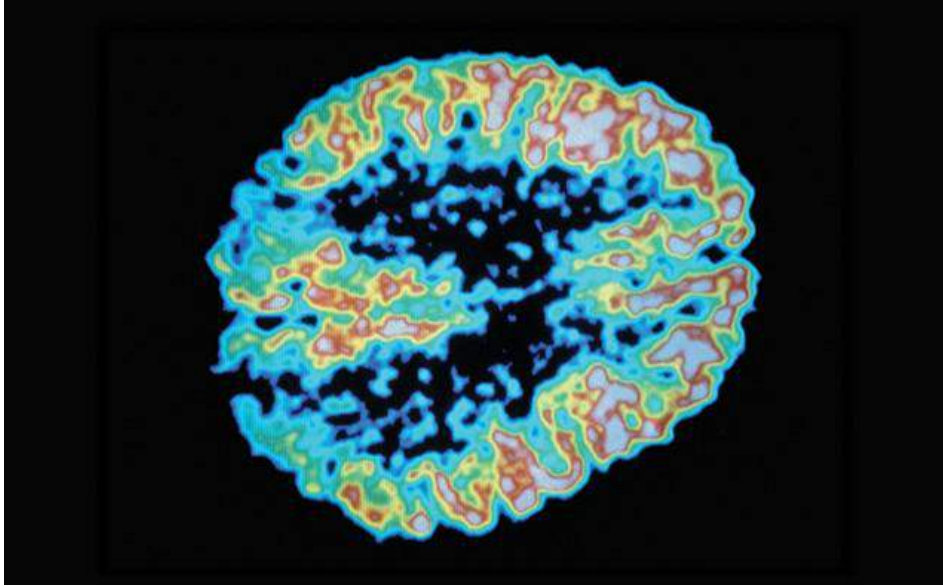
CHAPTER 8

Central Regulation of Insulin Sensitivity

Silvana Obici and Luciano Rossetti*

“...Hence we could say that in a diabetic individual the liver secretes too much. The matter which produces sugar cannot be transformed into a product with a more complex organization. The dis-assimilation has become prevalent. Therefore we can consider diabetes as a disease of the nervous system caused by excessive activation of the disassimilator nerve of the liver, which drives the premature disassimilation of matter that would otherwise be used for nutrition... ..Hence the treatment of diabetes should address the nervous system. Stimulating the sympathetic nerve could be a valuable tool. But, in order to achieve a treatment with a rationale based on physiology, we should answer many questions, which are still awaiting a solution from the science of physiology”.

Claude Bernard in “*Leçons sur les phénomènes de la vie*”
Cours de physiologies Generale du Museum d’Histoire Naturelle, 1859



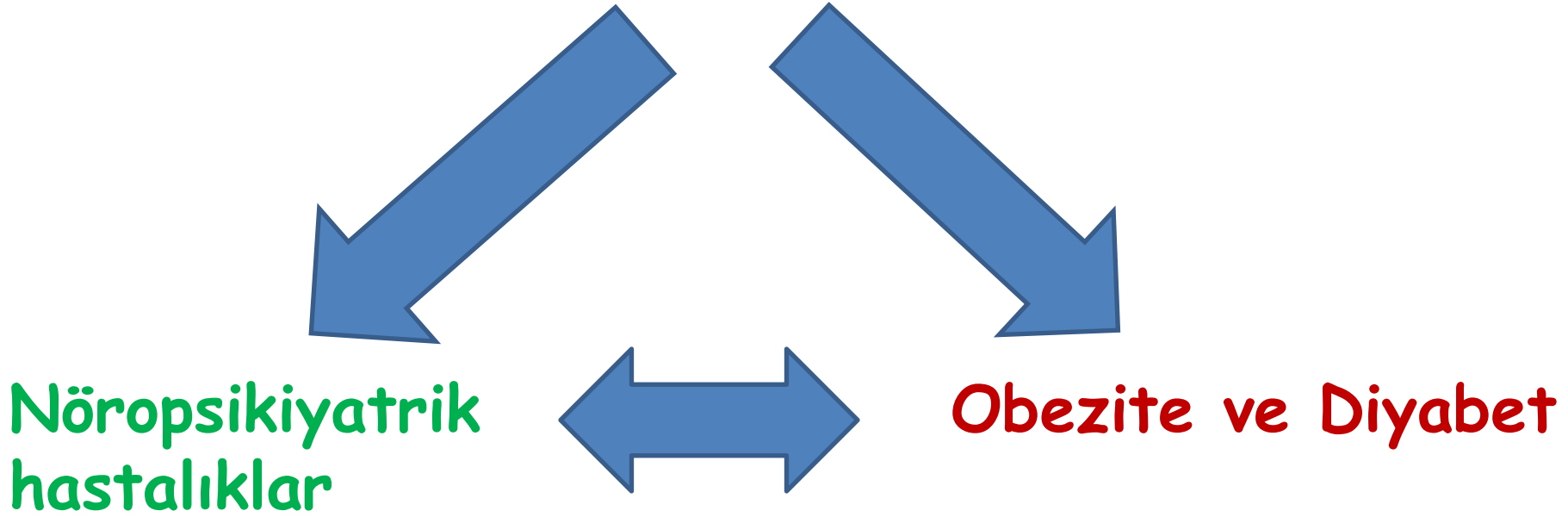
- 1933: Manfred Sakel tarafından Psikoz ve affektif bozukluk tedavisinde **“insulin-shock therapy”** (insulin coma therapy:ICT)
 - Yüksek doz insülin ile hipoglisemik koma yaratıp, 1 saat sonra glukoz verilmesi şeklinde haftalarca yada aylarca sürebilen tedavi
 - 1940-1950'lerde Amerika ve Avrupa da yaygın kullanım
- 1970 de terkedildi
- Bu deneyim beyin ve psikiyatrik bozukluklar ile glukoz metabolizması arasındaki ilişkinin anlaşılmasında katkı sağladı

- ICT kayıtlarında, yüksek doz insulin ile nöropsikiyatrik hastalıkta çarpıcı olumlu etkiler gözlenmiştir.
- Nöropsikiyatrik bozukluklar sıklıkla IR, diyabet ve obezite ile ilişkilidir.
- Nörodejeneratif hastalıklarda insülin, patogeneizde oldukça önemli (Alzheimer..)

BRAIN DISORDERS ASSOCIATED WITH METABOLIC DISTURBANCES

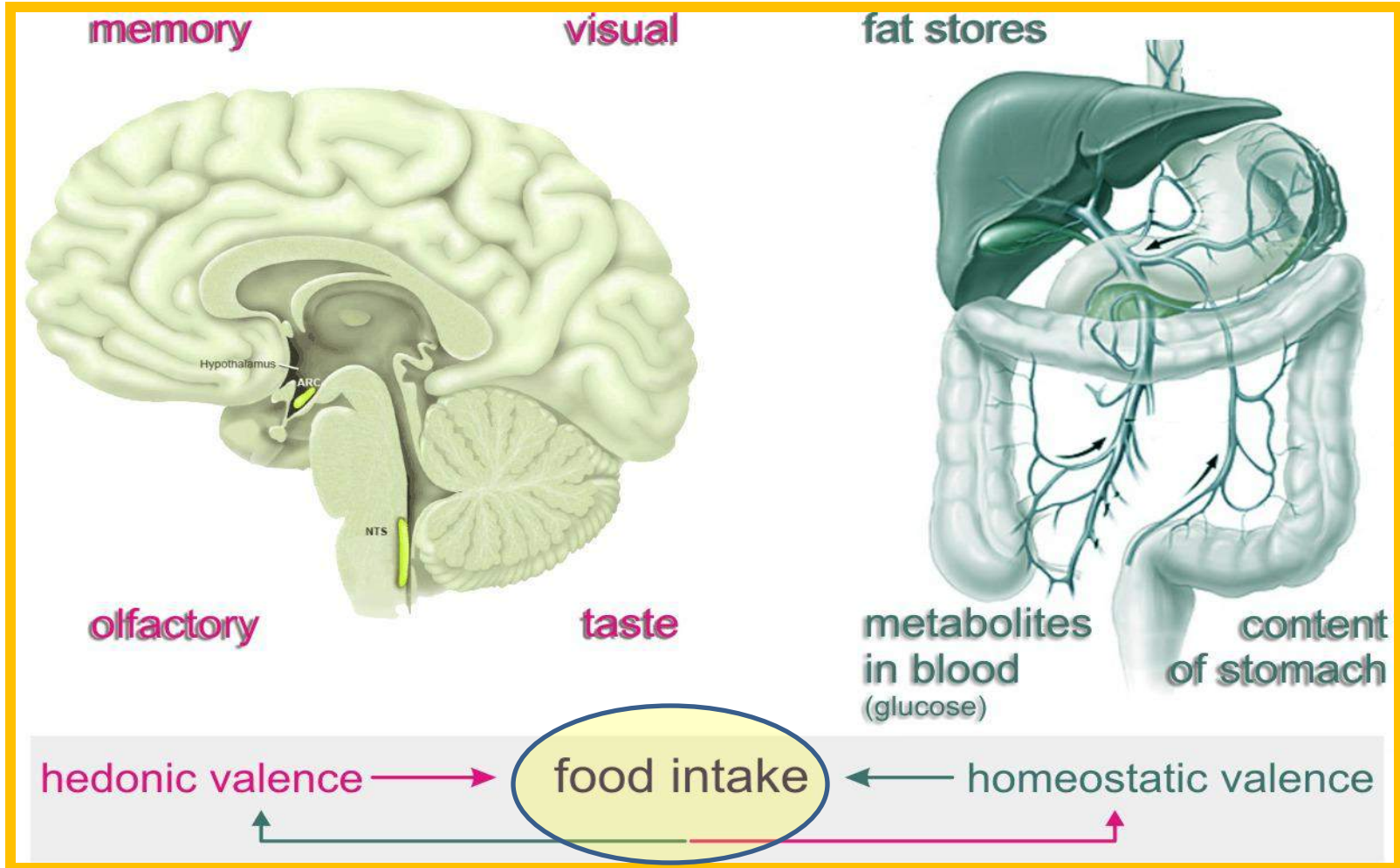
| Psychiatric disorders |
|---------------------------------------------------|
| Bipolar disorder |
| Major depressive disorder |
| Schizophrenia |
| Neurodegenerative diseases |
| Alzheimer's disease |
| Huntington's disease |
| Parkinson's disease |
| Vascular dementia |
| Congenital neurodegenerative disorders |
| Alstrom syndrome |
| Ataxia-telangiectasia (Louis-Bar syndrome) |
| Bardet-Biedl syndrome |
| Down's syndrome |
| Niemann-Pick disease |
| Prader-Willi syndrome |
| Werner syndrome |
| Wolfram syndrome |
| Woodhouse-Sakati syndrome |
| Other congenital disorders |
| Familial hyperinsulinism |
| Feigenbaum syndrome |
| Friedreich ataxia |
| Glut1 deficiency |
| Kearns-Sayre syndrome |
| Klinefelter syndrome |
| MELAS syndrome |
| Myotonic dystrophy 1 |
| Narcolepsy |
| Spinocerebellar ataxia 3 (Machado-Joseph disease) |
| Spinocerebellar ataxia 6 |
| Thiamine-responsive megaloblastic anemia syndrome |
| Turner syndrome |

"Santral insülin etkisi"

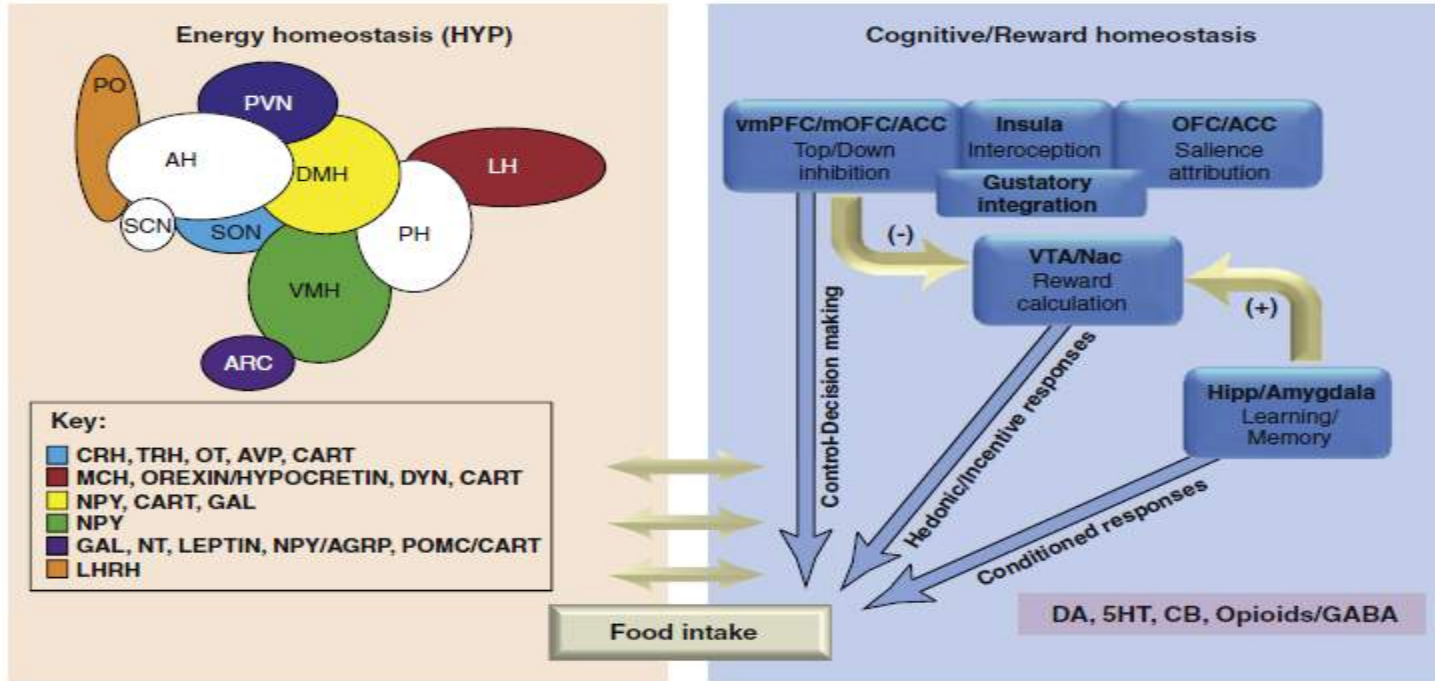


Gıda alımında santral insülin etkisi

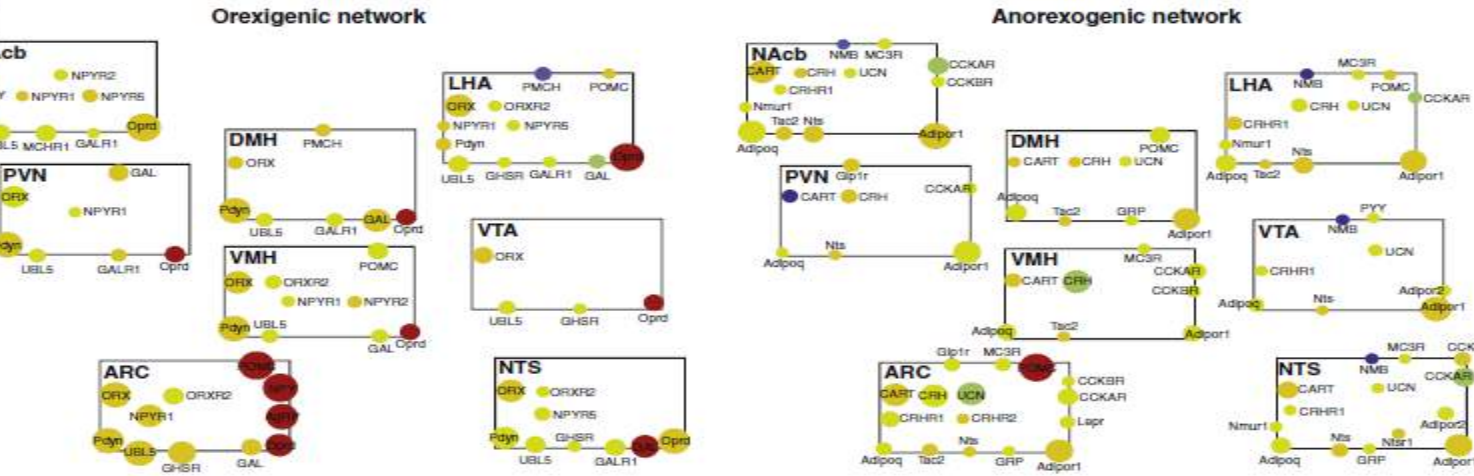
Gıda alımında homeostatik regülasyon (metabolit varlığı) ve hedonik uyarı (ödüllendirme)



(a)



(b)



Gıda alımının hedonik regülasyonunda rol alan nöro-mediatörler

Dopamine, tyrosine-derived neurotransmitter

endocannabinoids,

- anandamide, CB1 ve CB2
- 2-arachidonoyl glycerol (2-AG)
- 2-arachidonoyl glyceryl ether
- N-arachidonoyl -dopamine (NADA), CB1
- Virodhamine (O-arachidonoyl-ethanolamine, OEA),

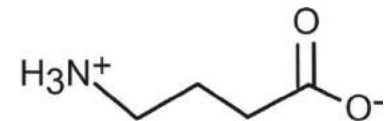
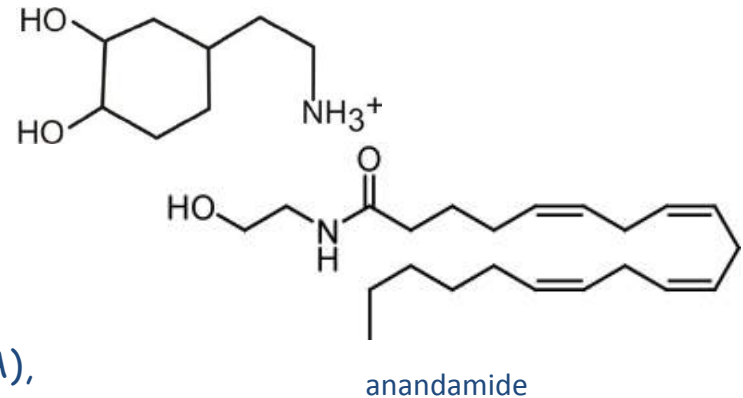
endogenous opioids,

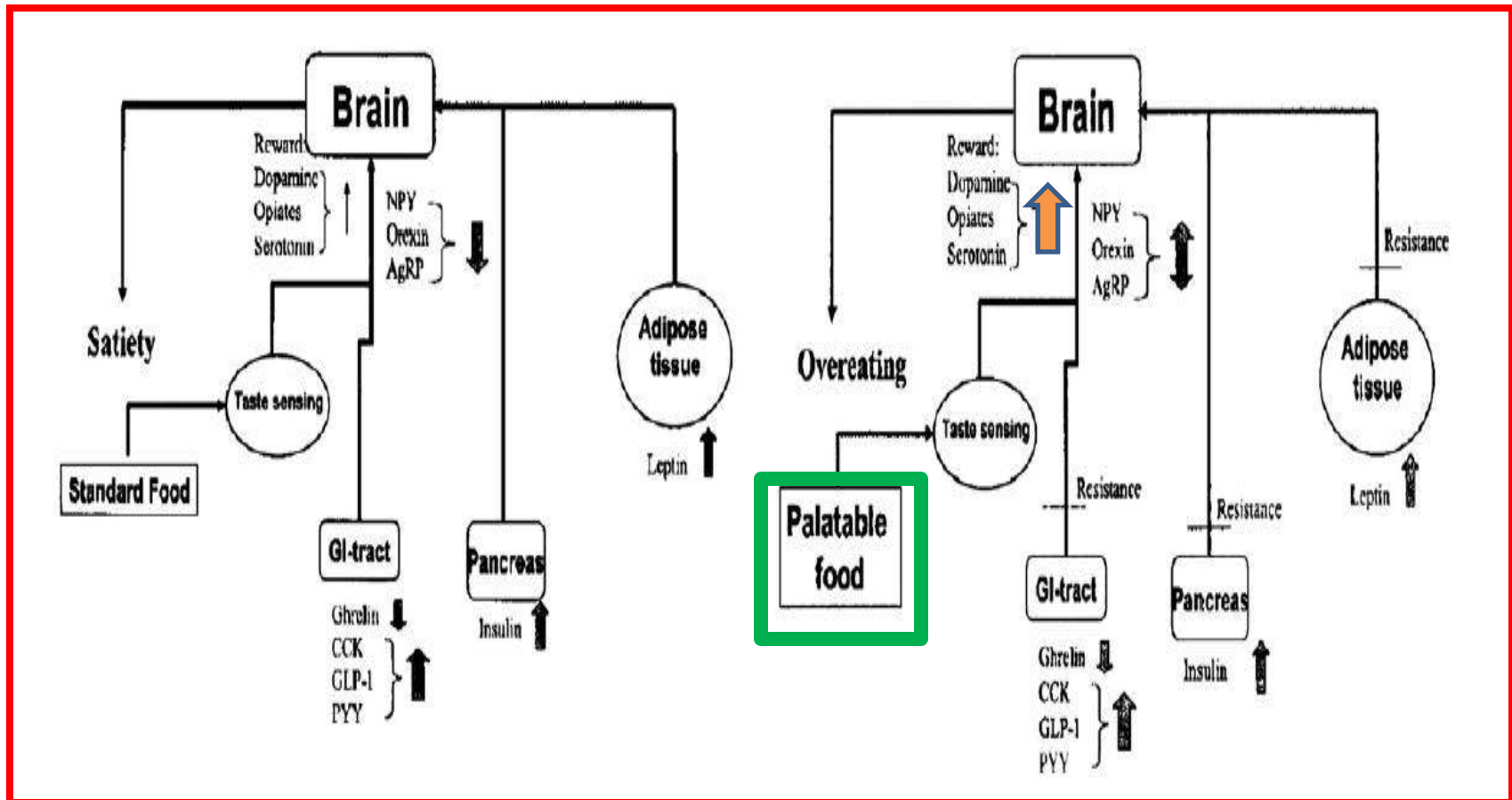
-enkephalin

-endorphin

-dynorphin

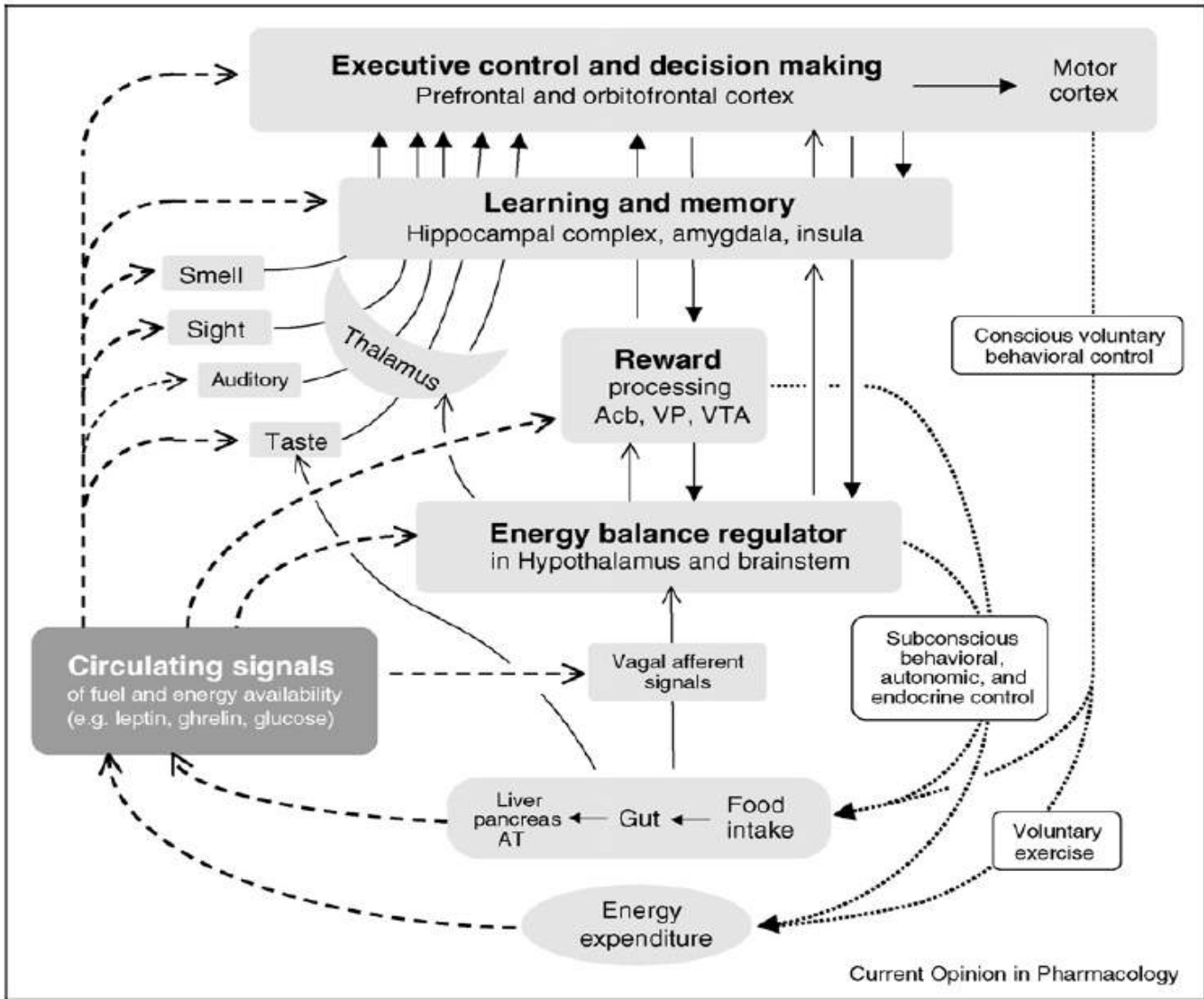
GABA, g-aminobutyric acid, amino-acid derived neurotransmitter



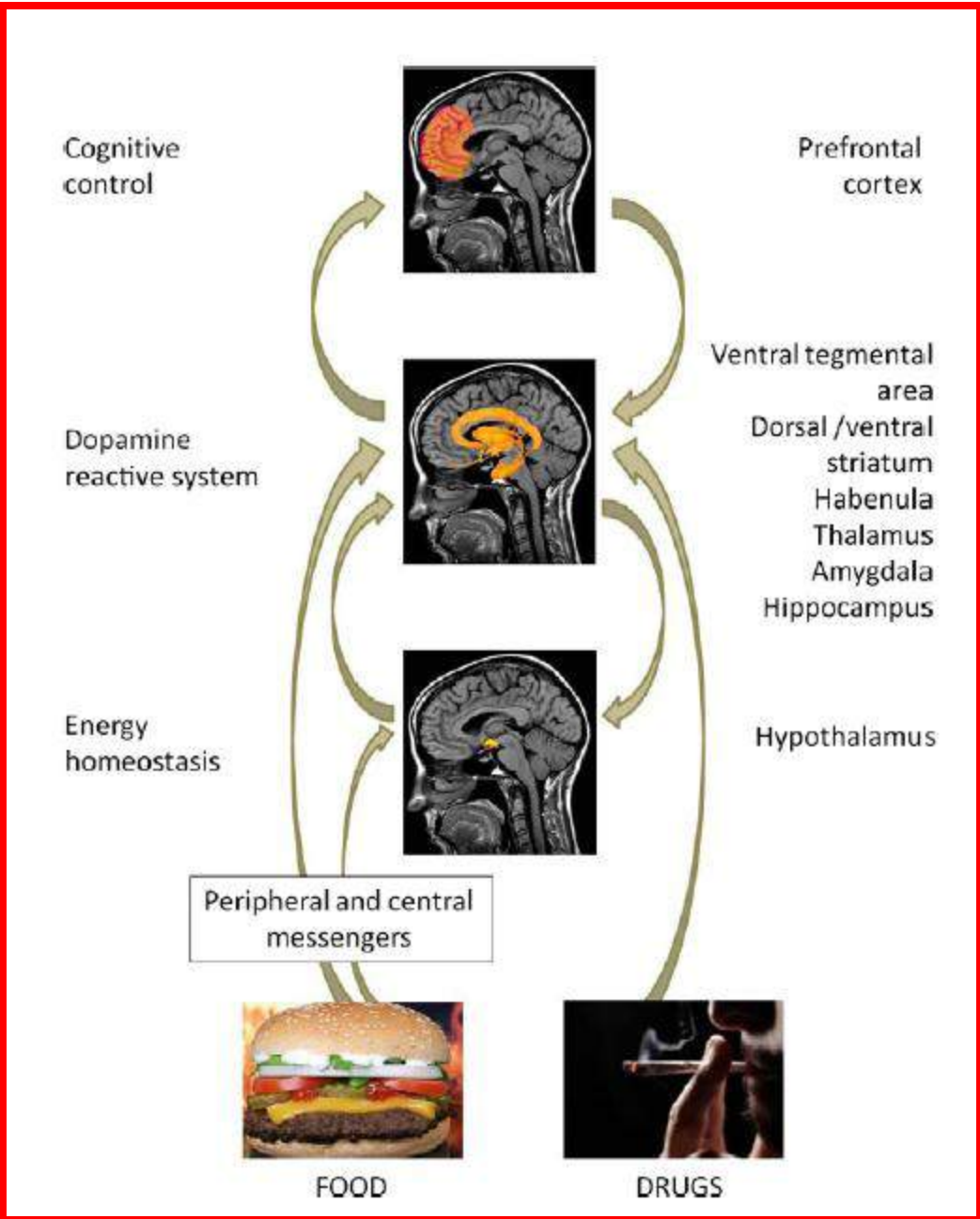


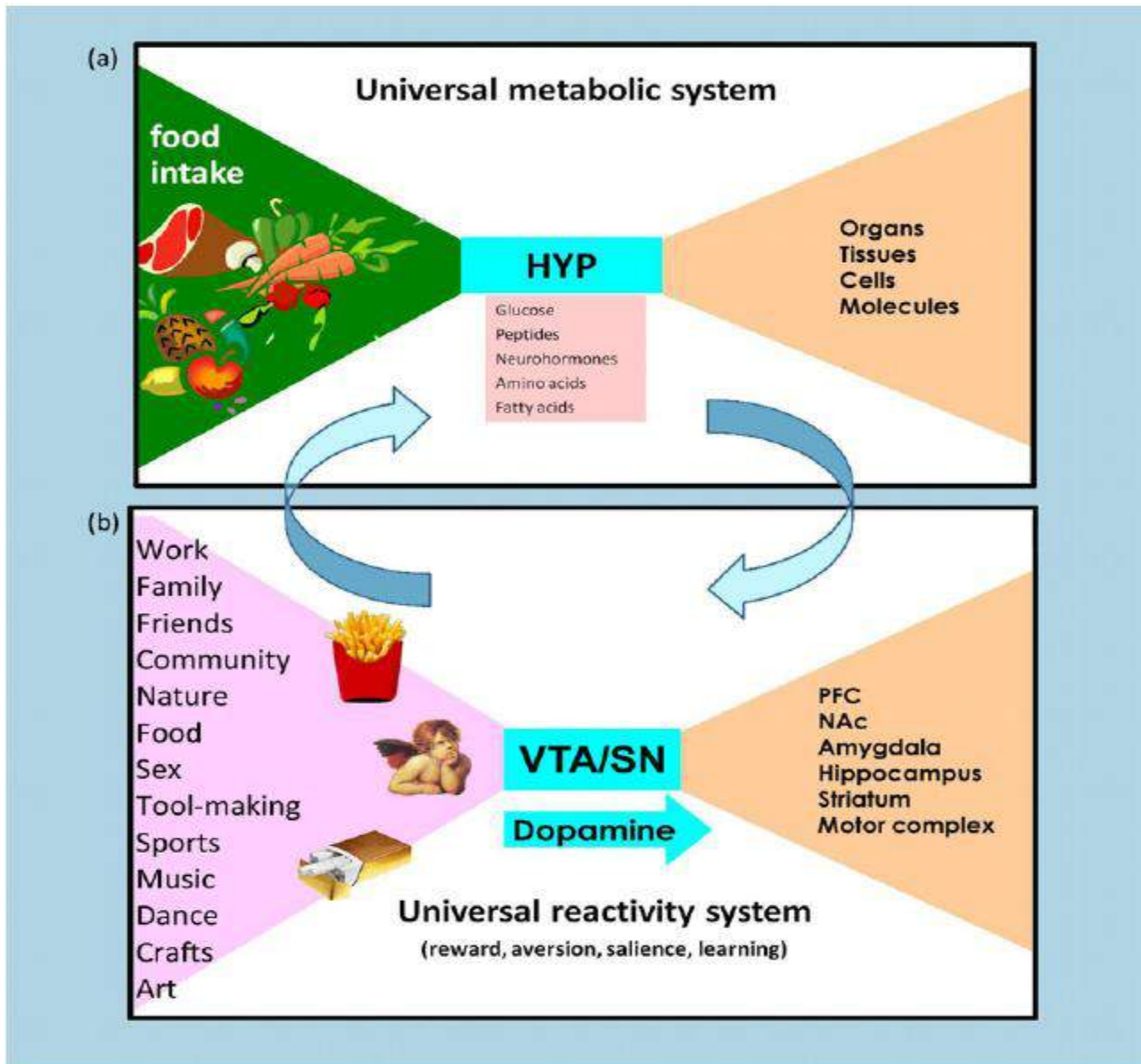
Left. Hunger and satiety signalling during intake of a standard meal. Hunger signals, such as ghrelin in the stomach and NPY, orexin, AgRP in the hypothalamus, are depressed after intake of standard food, while satiety signals like CCK, GLP-1, PYY, insulin and leptin are raised. Food intake is terminated as a result.

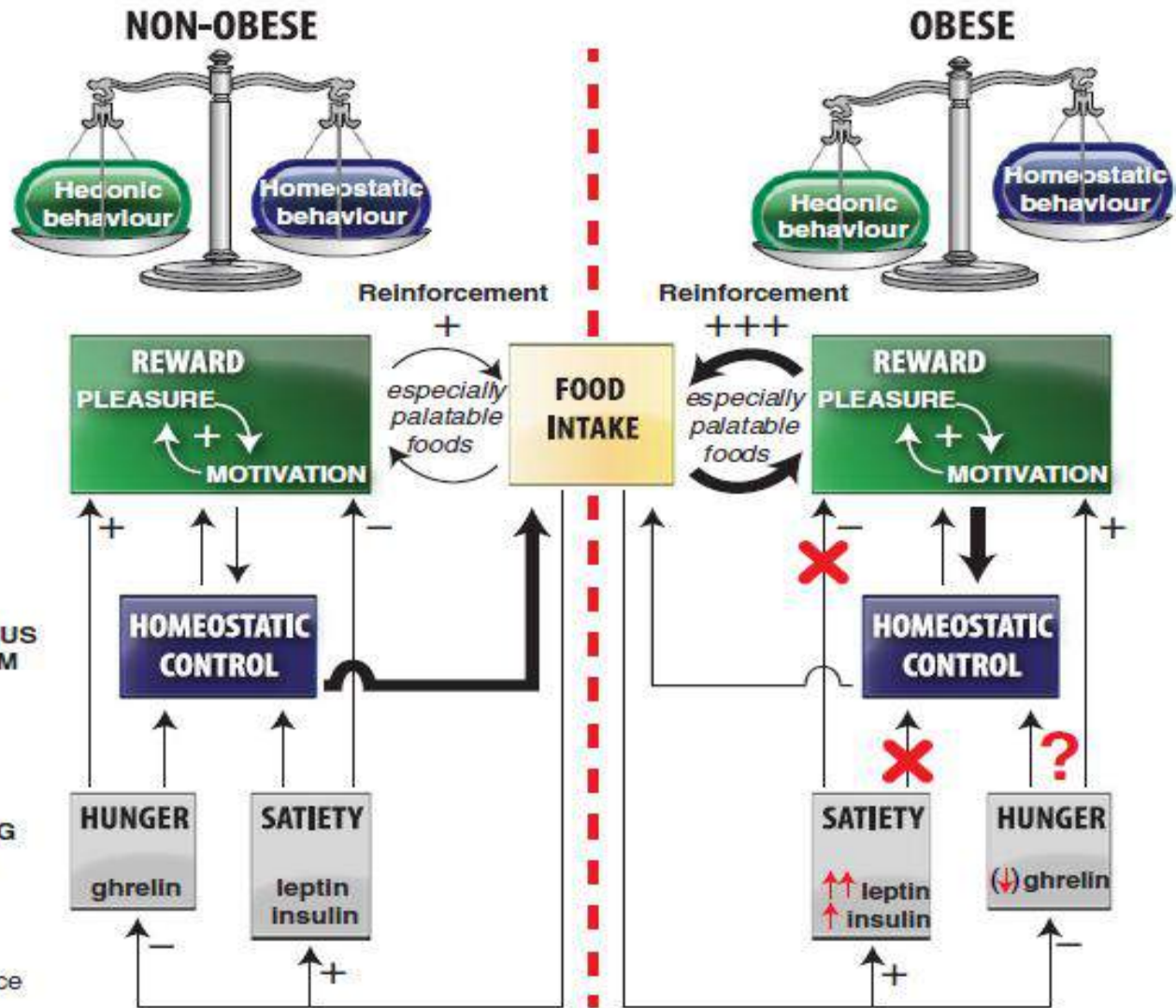
Right. Hunger and satiety signalling after a period on a diet of palatable food. Hunger signals are either depressed, like ghrelin in the stomach and NPY in the hypothalamus, in response to a meal consisting of palatable food or raised, as for orexin and AgRP in the hypothalamus. Satiety signals like insulin and leptin are increased. Palatable food induces resistance to several satiety signals, documented for CCK, insulin and leptin, resulting in overeating. Food intake is driven by an increased activity in the reward system (dopamine, serotonin and opiates), triggered by the attractiveness of the taste.

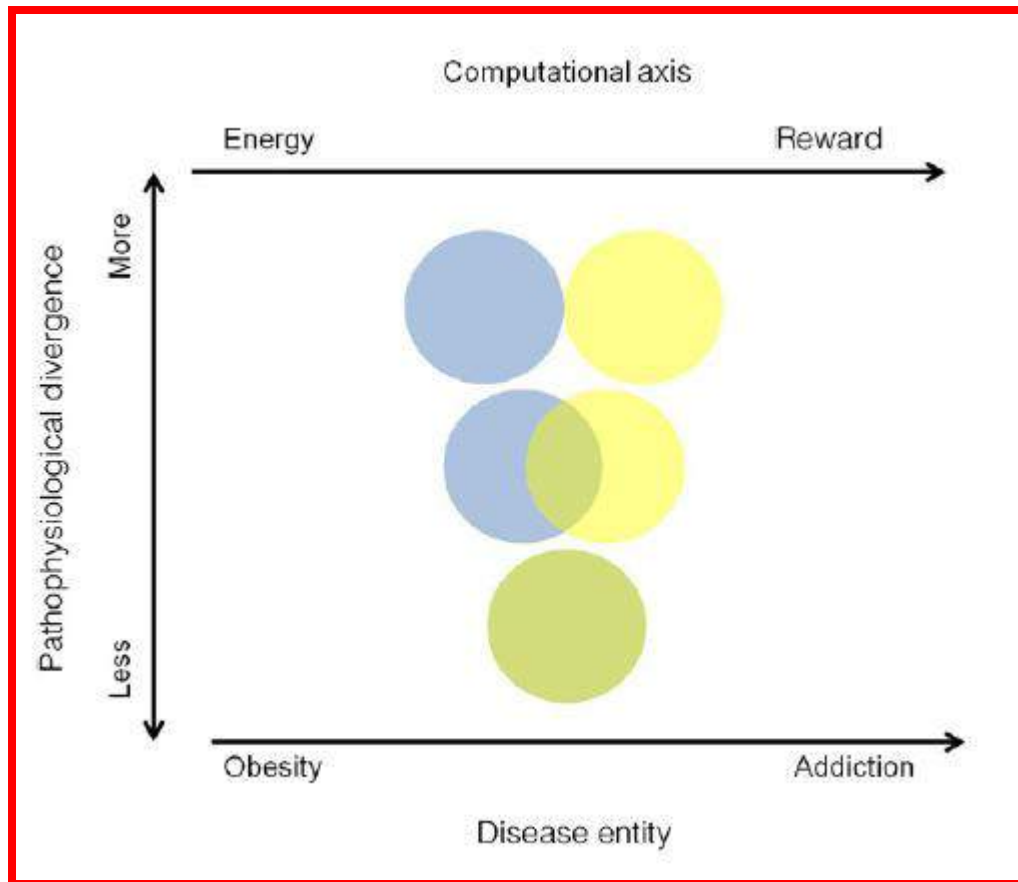


Current Opinion in Pharmacology









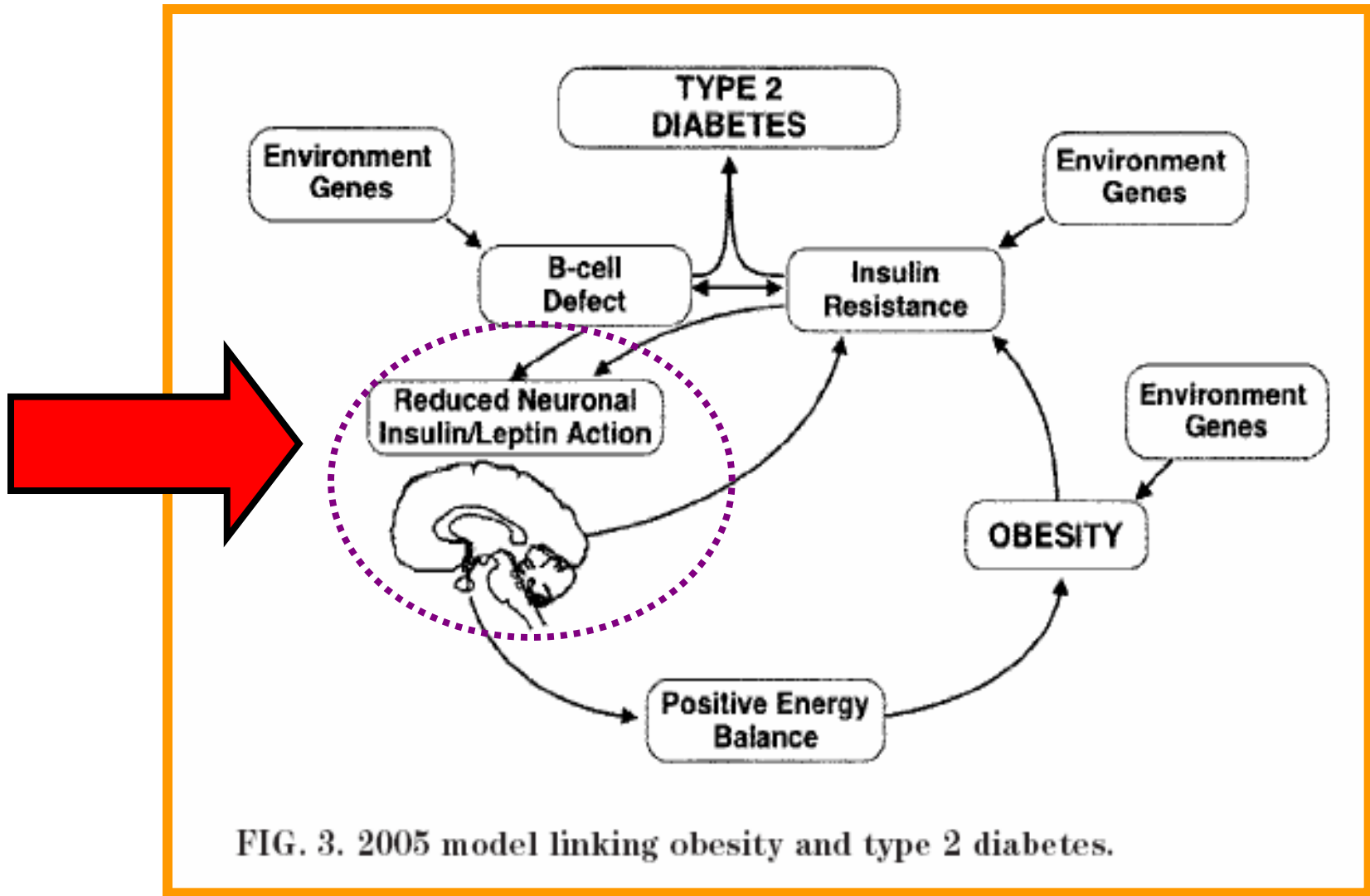
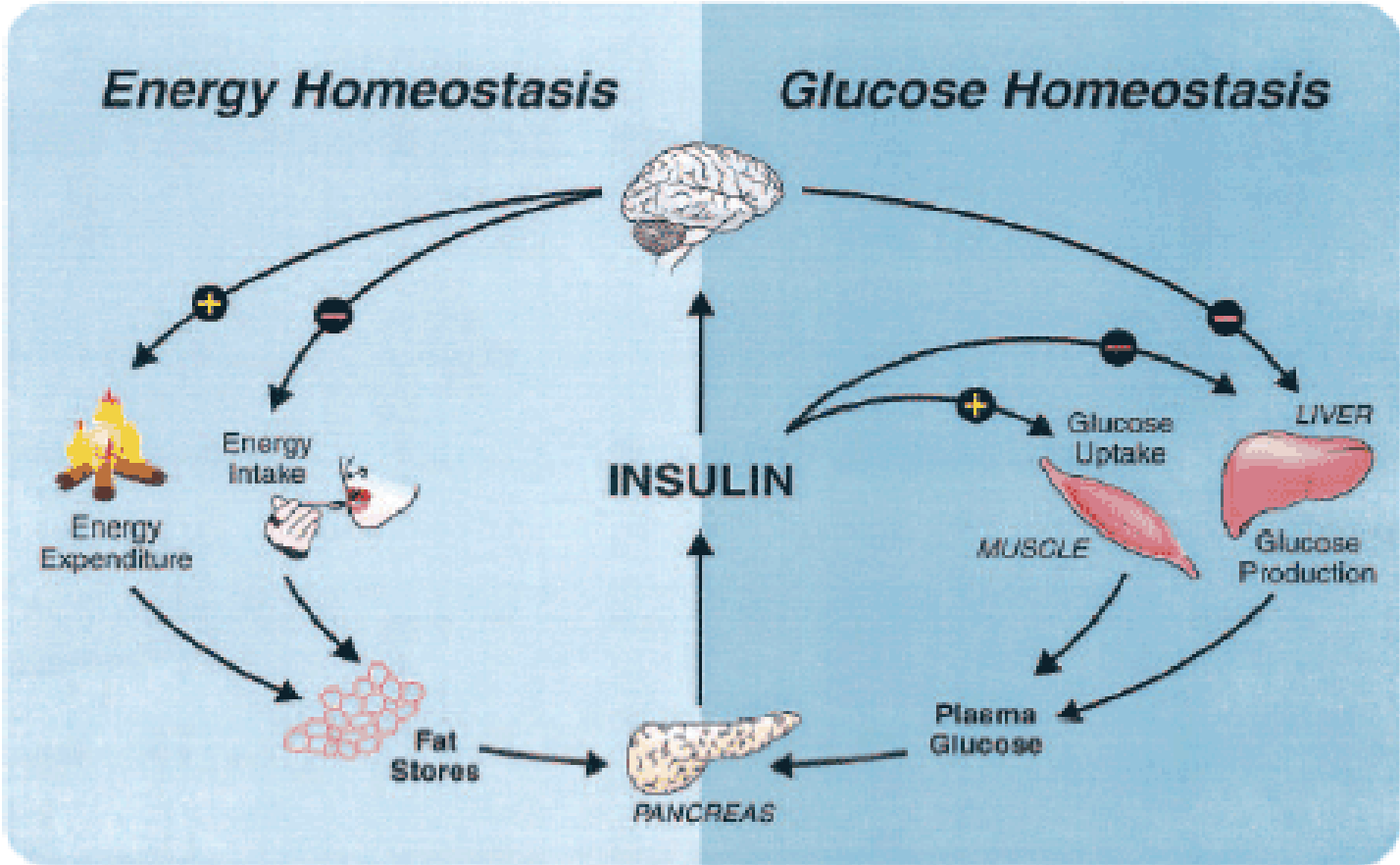
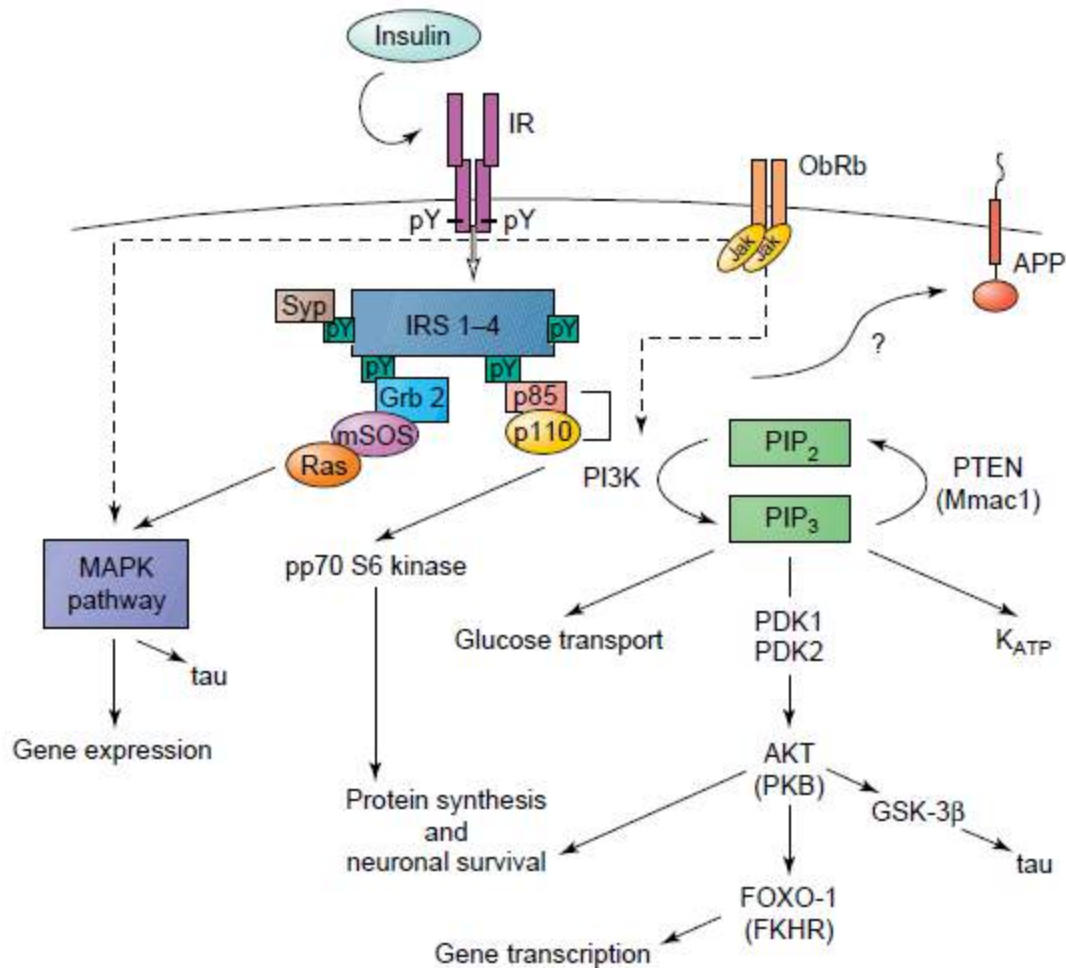
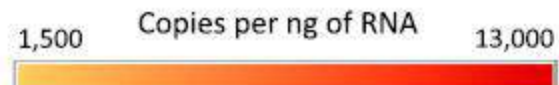
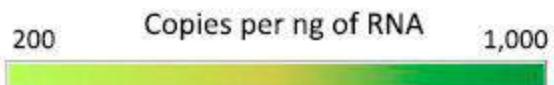
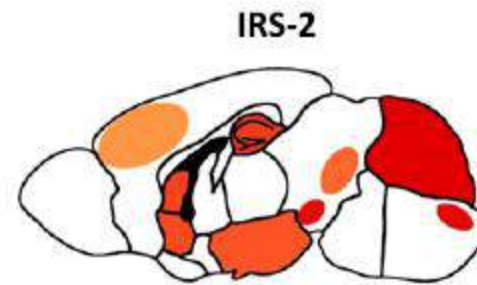
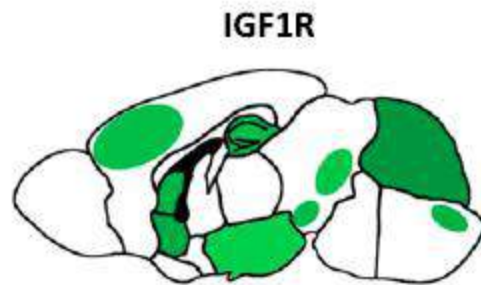
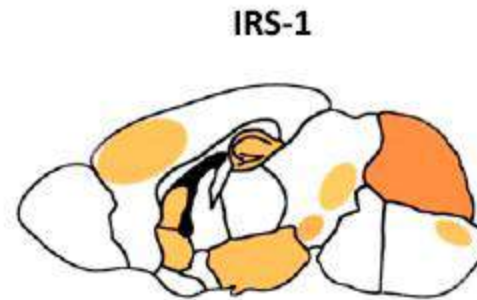
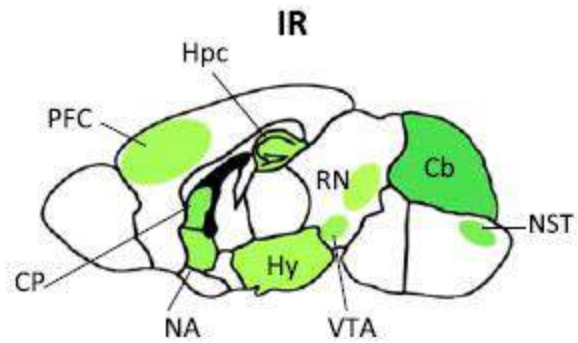


FIG. 3. 2005 model linking obesity and type 2 diabetes.



Source: Diabetes © 2005 American Diabetes Association, Inc.



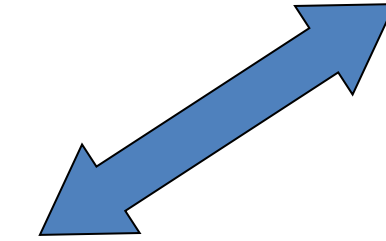


İnsülin reseptörü sinyal yolağının SSS'de fizyolojik fonksiyonları

- Gıda alımı kontrolü
- Hepatik glukoneogenez inhibisyonu
- Hipoglisemide kontr-regülatuar cevap
- Reproduksiyon
- Termoregülasyon
- Tau fosforilasyonunun modülasyonu
- APP ve beta amyloid klerensi
- Nöronal sağkalım
- Hafıza

- Adipositokinler
- Nöropeptidler
- Otonom sinir sistemi

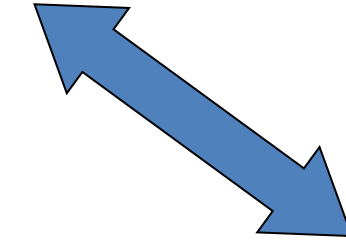
Adipoz doku



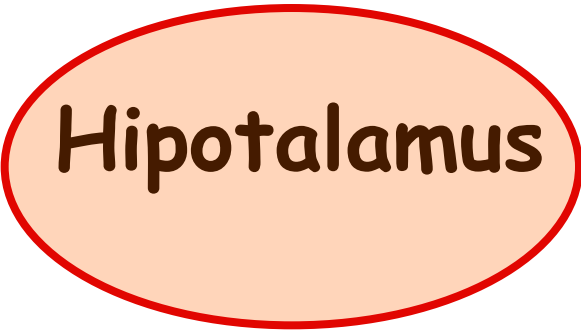
Karaciğer

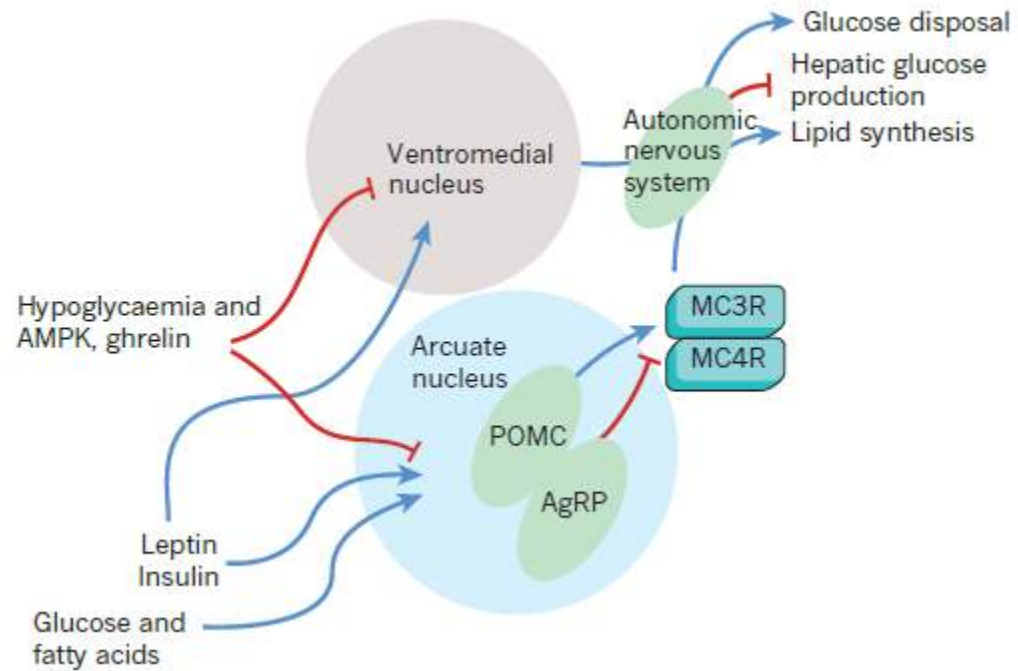


Pankreas

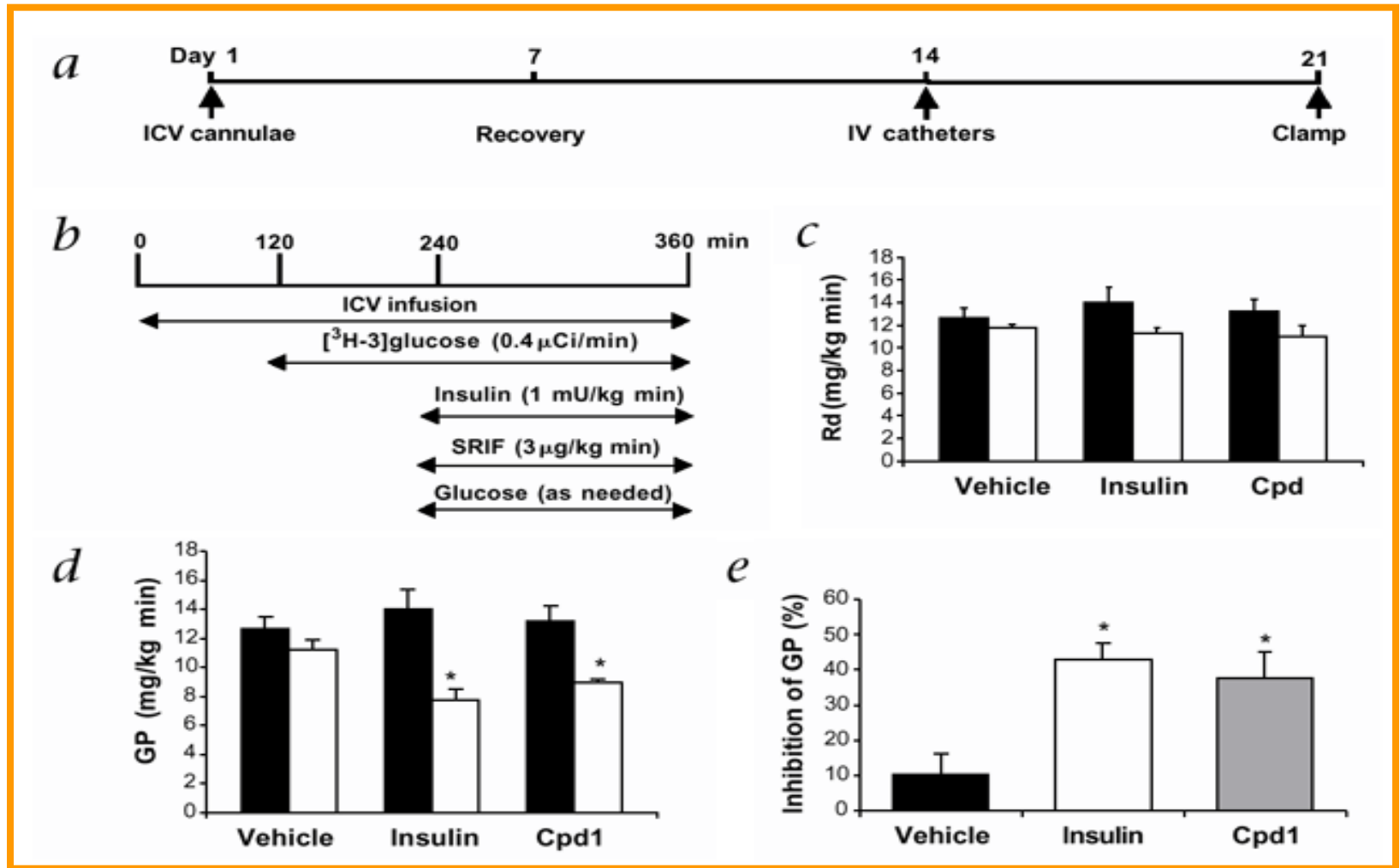


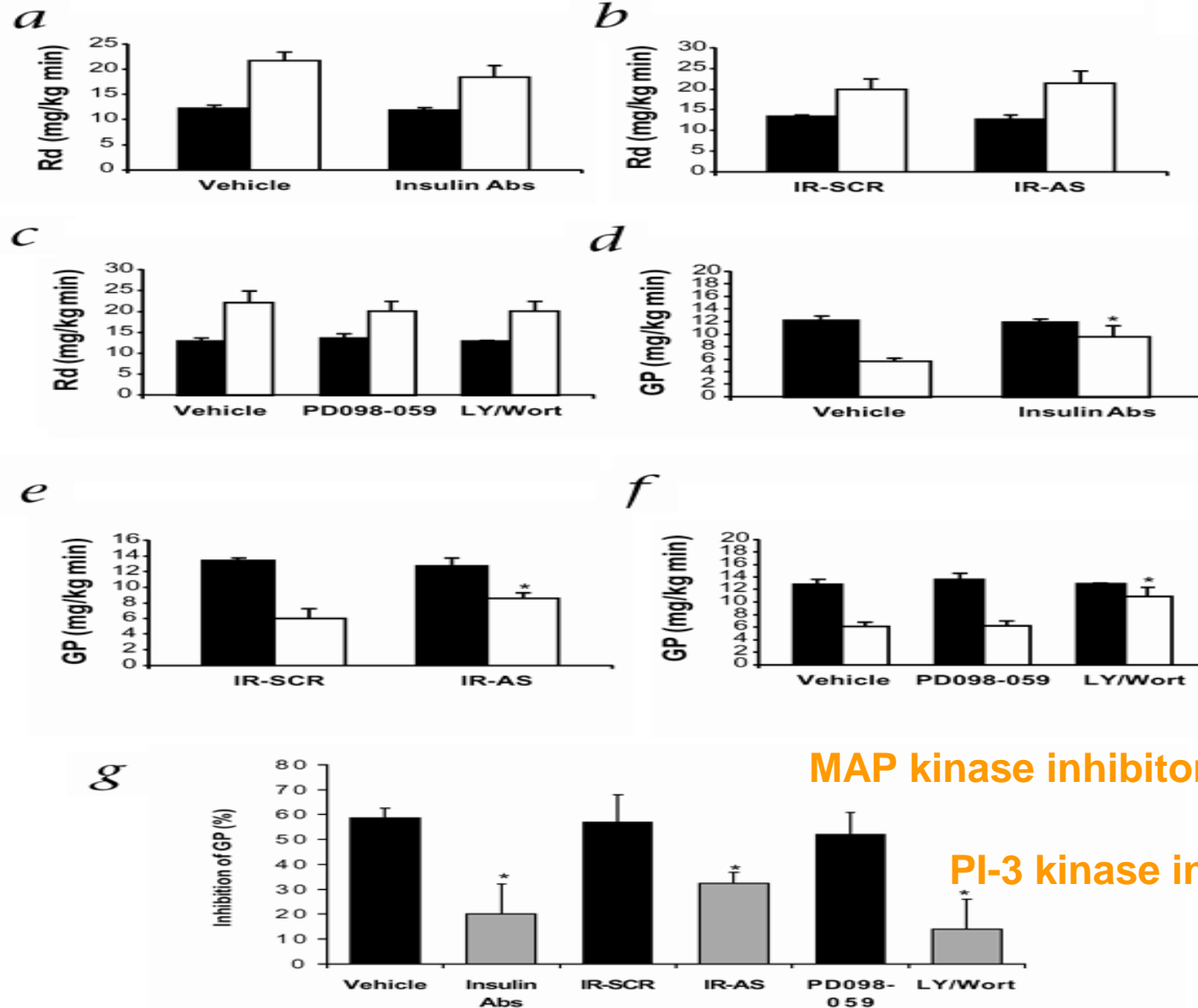
Hipotalamus



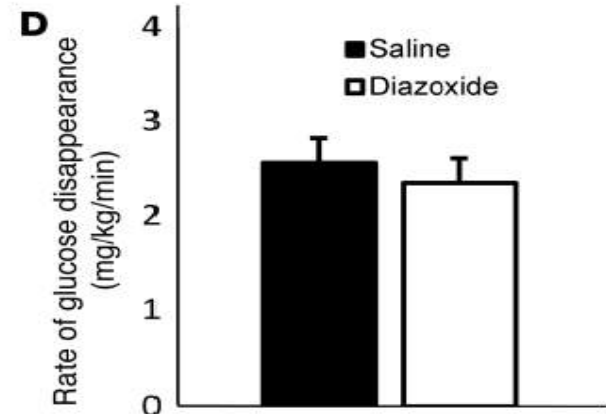
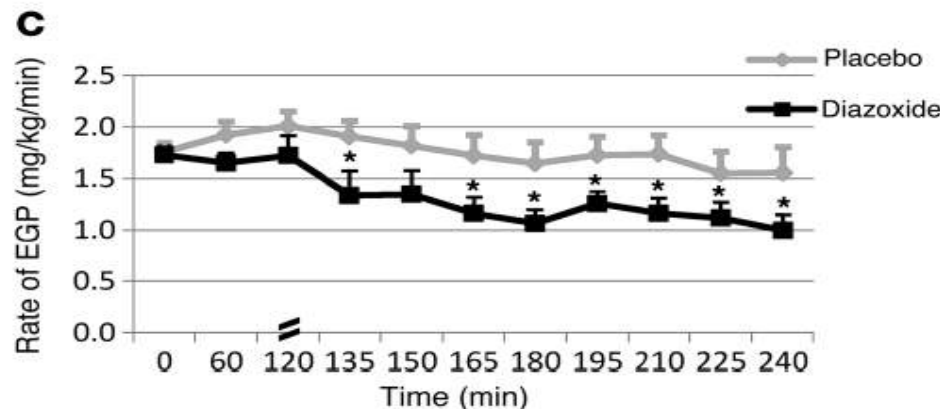
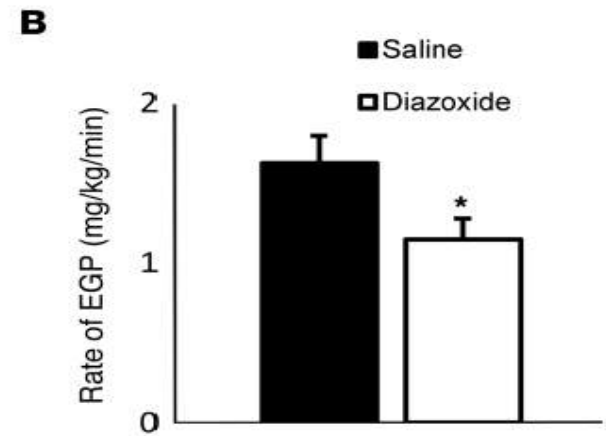
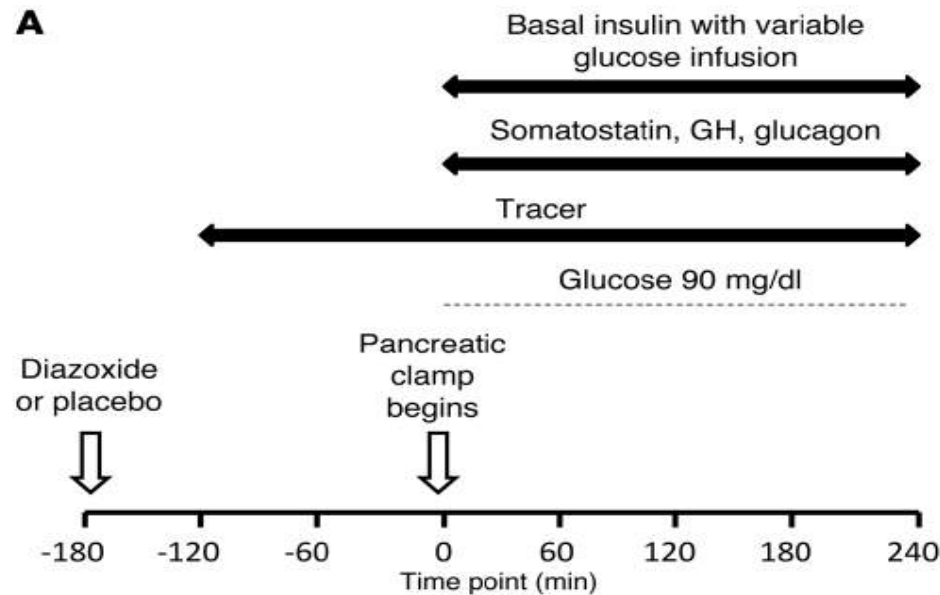


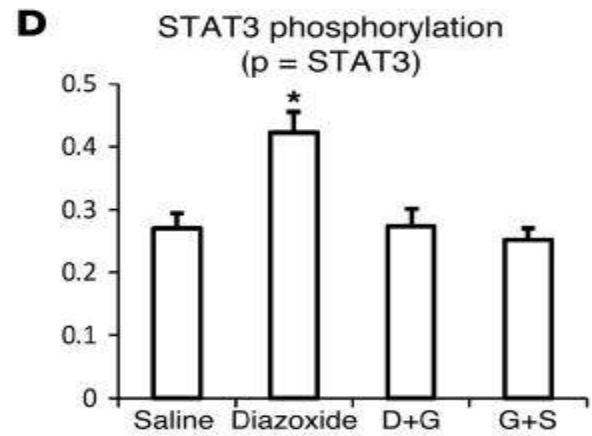
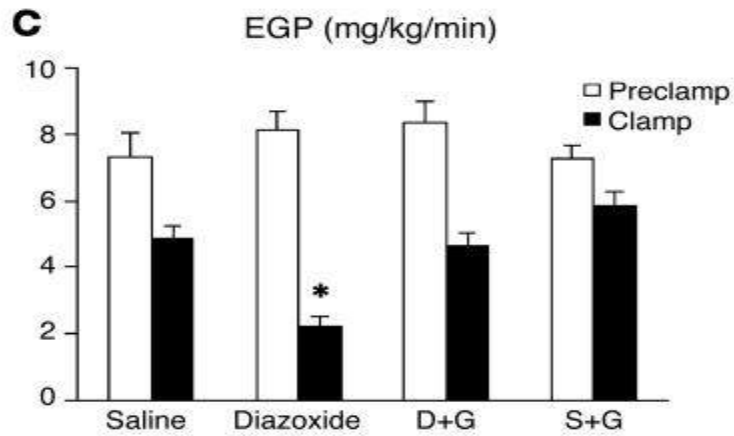
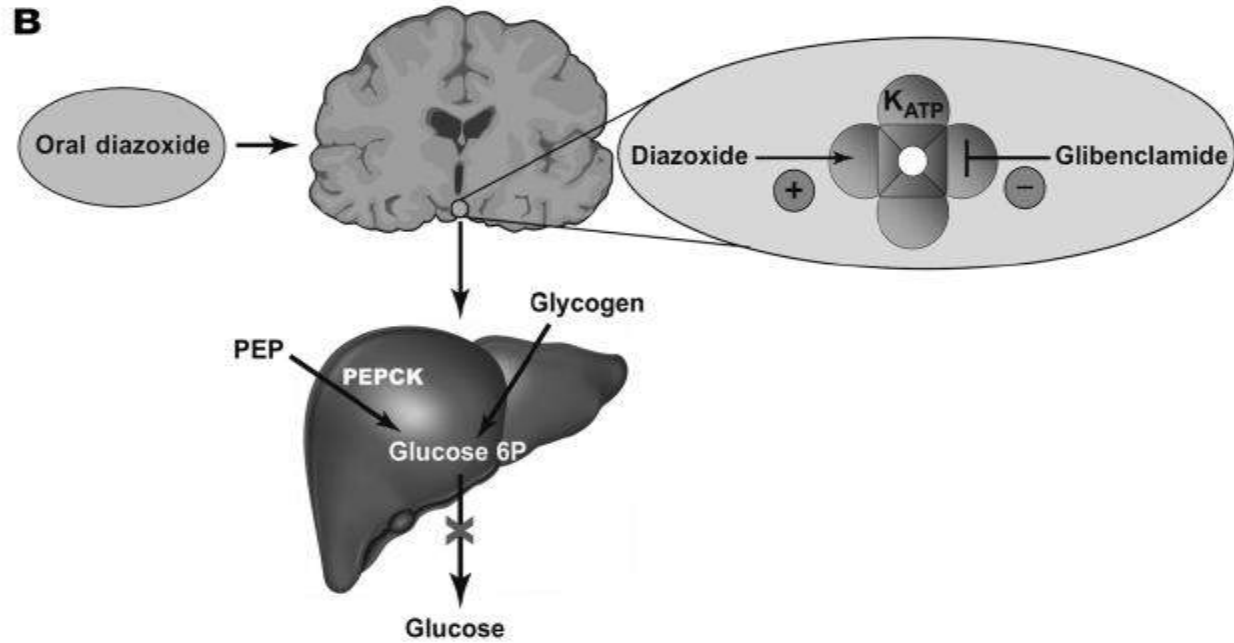
"Hypothalamic insulin signaling is required for inhibition of hepatic glucose production"





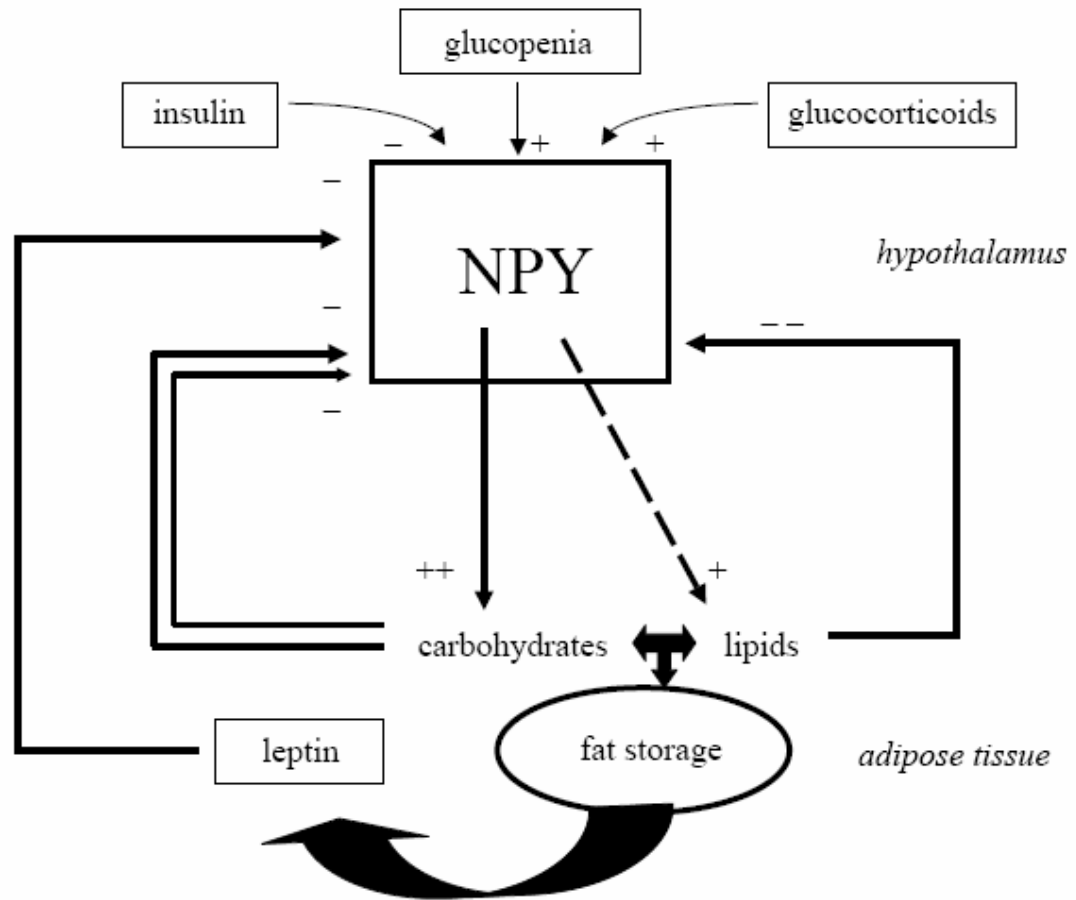
Activation of K_{ATP} channels suppresses glucose production in humans



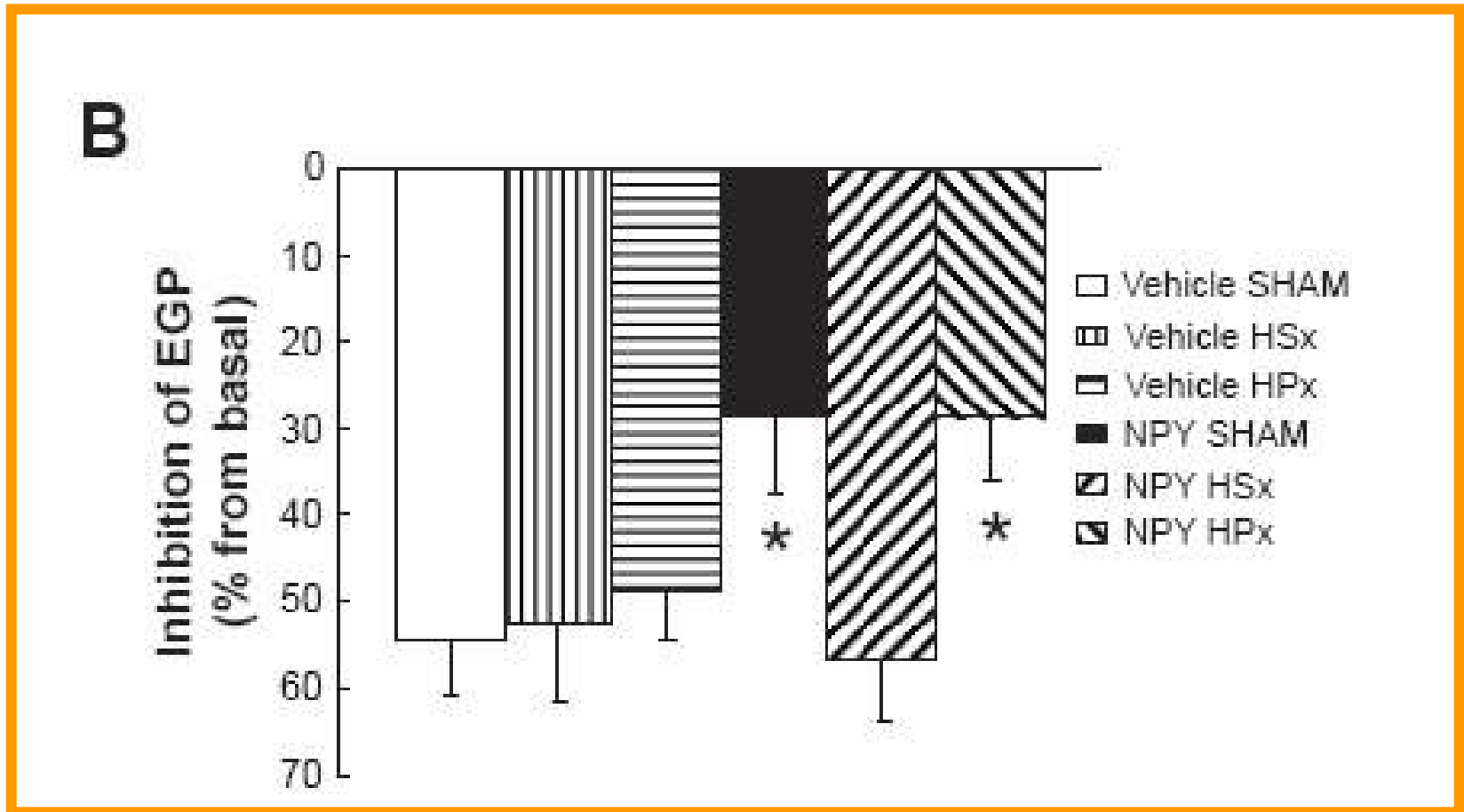


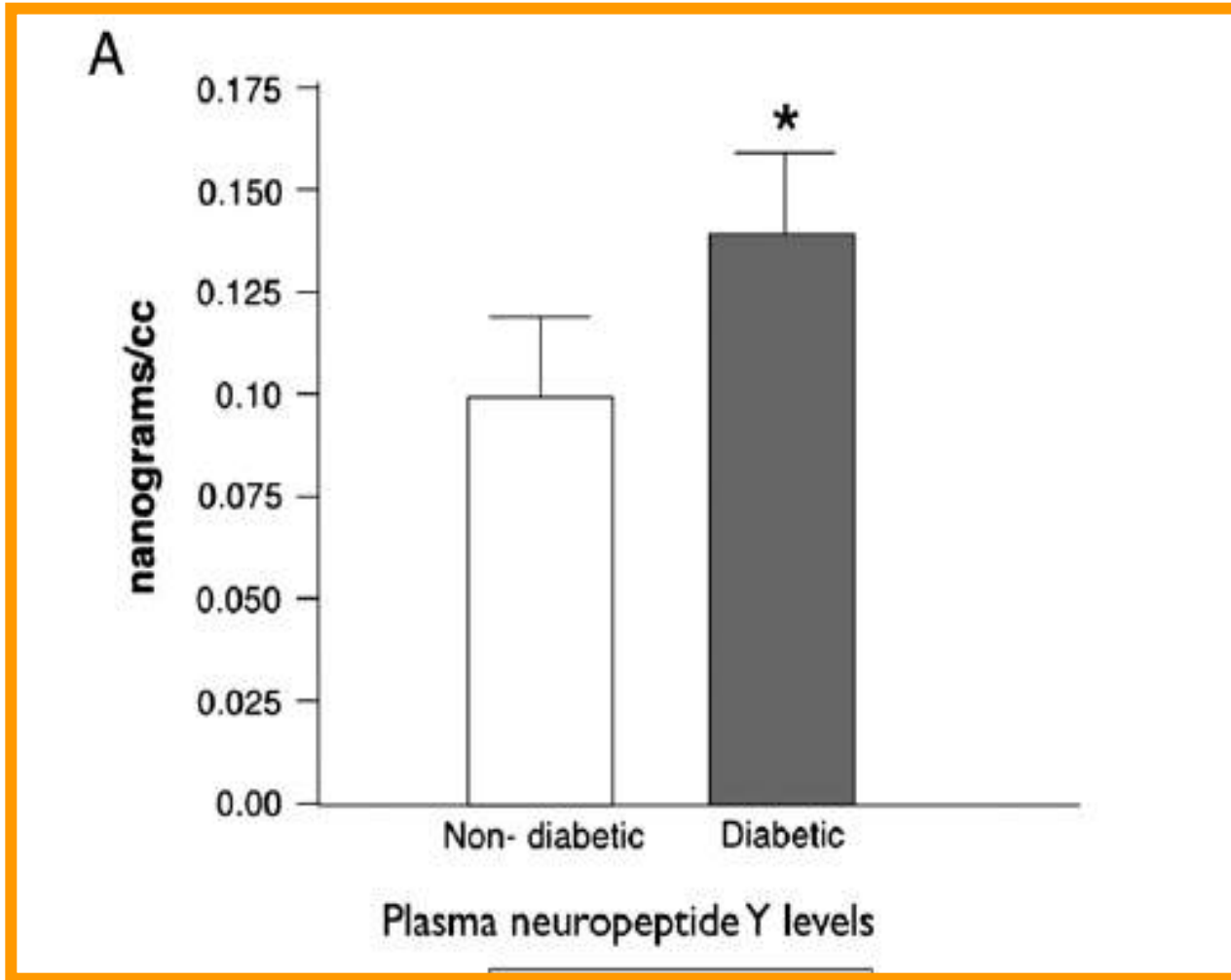
Nöropeptid Y

- Distal ince barsaklarda ve santral sistemde yaygın bulunan bir nöropeptiddir.
- Beyindeki en potent oreksijenik peptiddir.

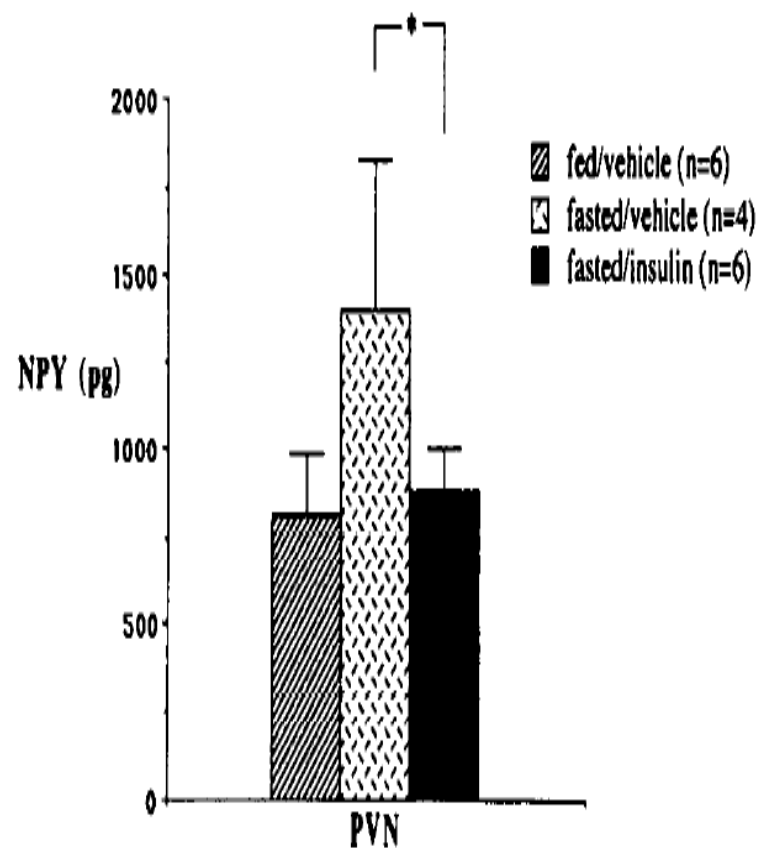
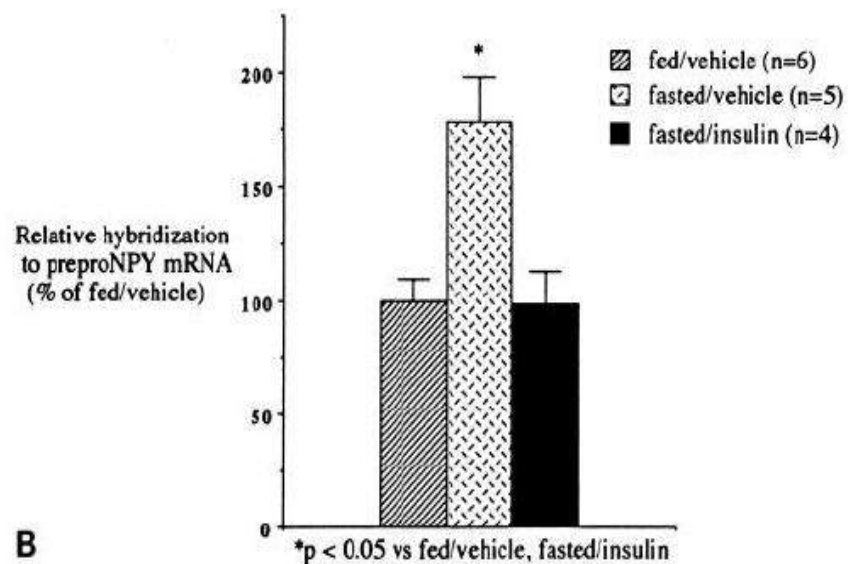
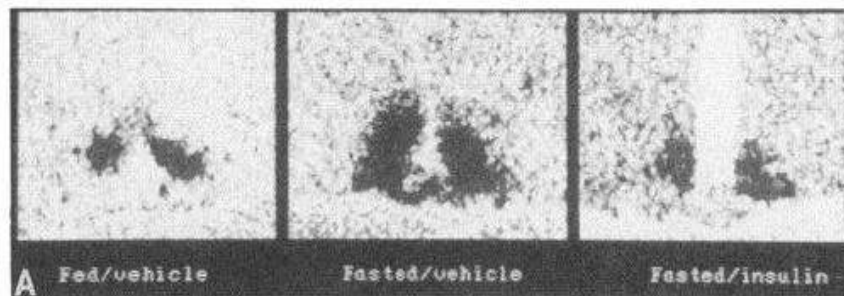


Intracerebroventricular Administration of Neuropeptide Y Induces Hepatic Insulin Resistance via Sympathetic Innervation

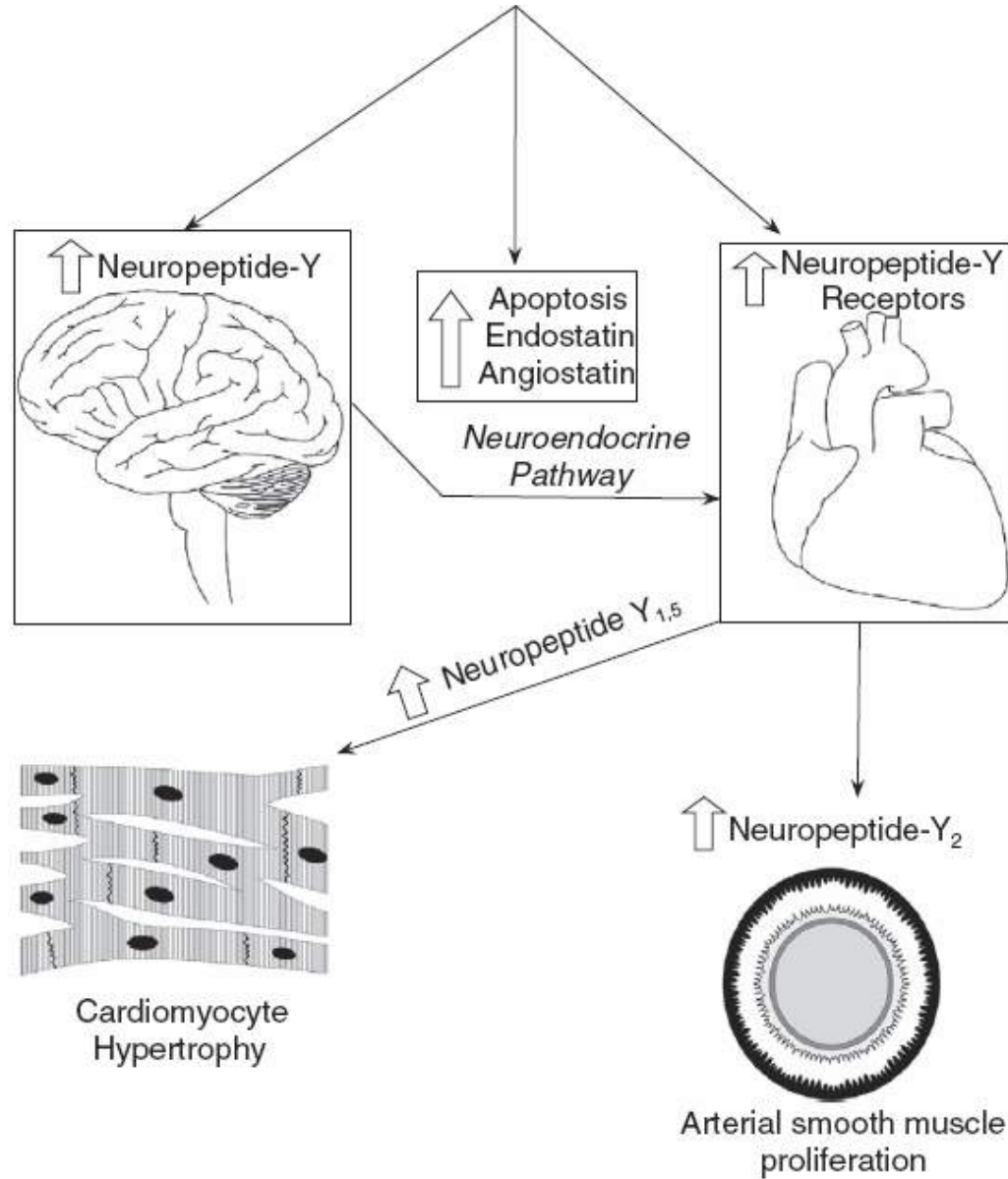




Inhibition of Hypothalamic Neuropeptide Y Gene Expression by Insulin*



Insulin -leptin eksikliği yada rezistansı



Attenuation of Diabetic Hyperphagia in Neuropeptide Y–Deficient Mice

Dana K. Sindelar,¹ Paul Mystkowski,¹ Donald J. Marsh,² Richard D. Palmiter,² and Michael W. Schwartz¹

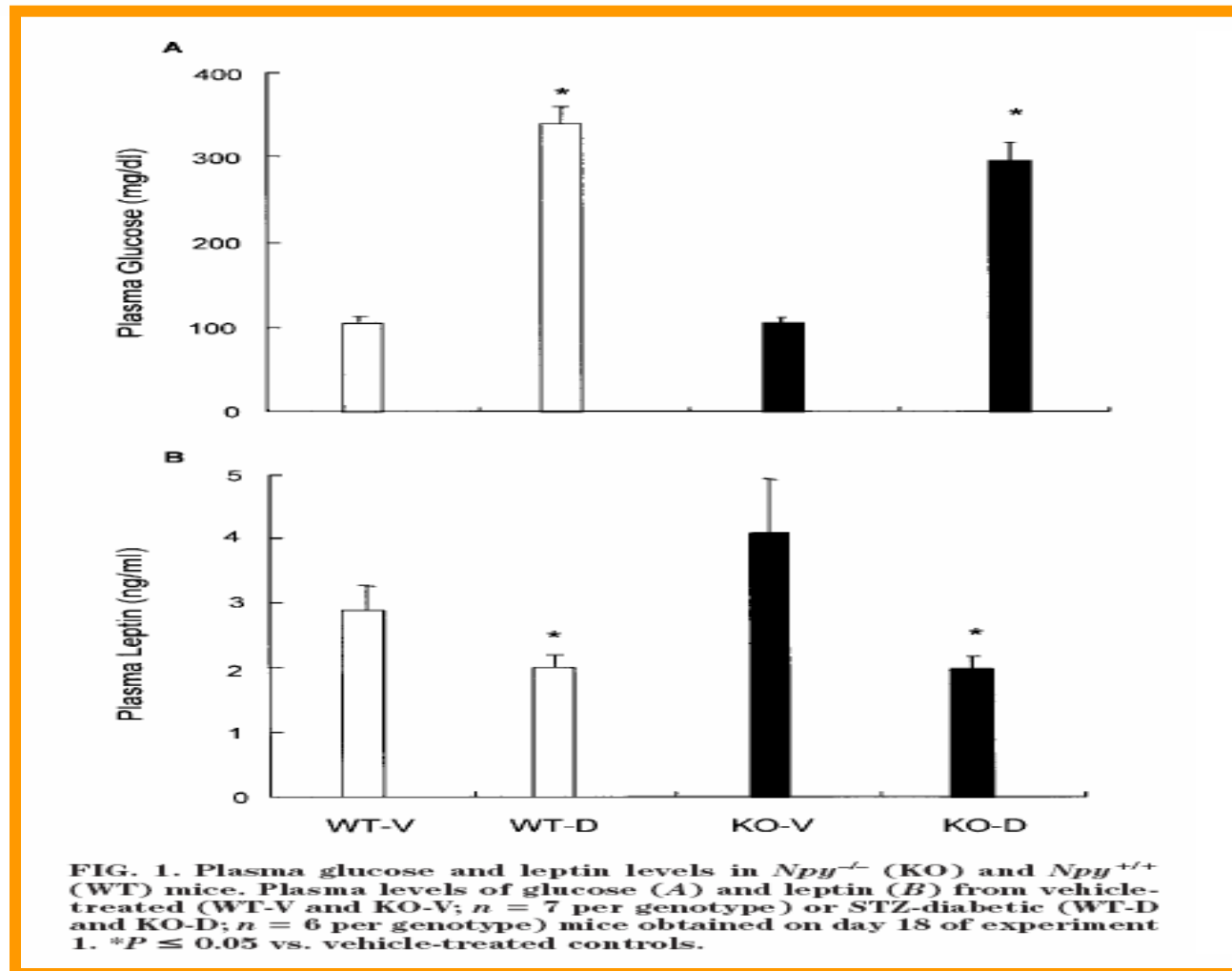
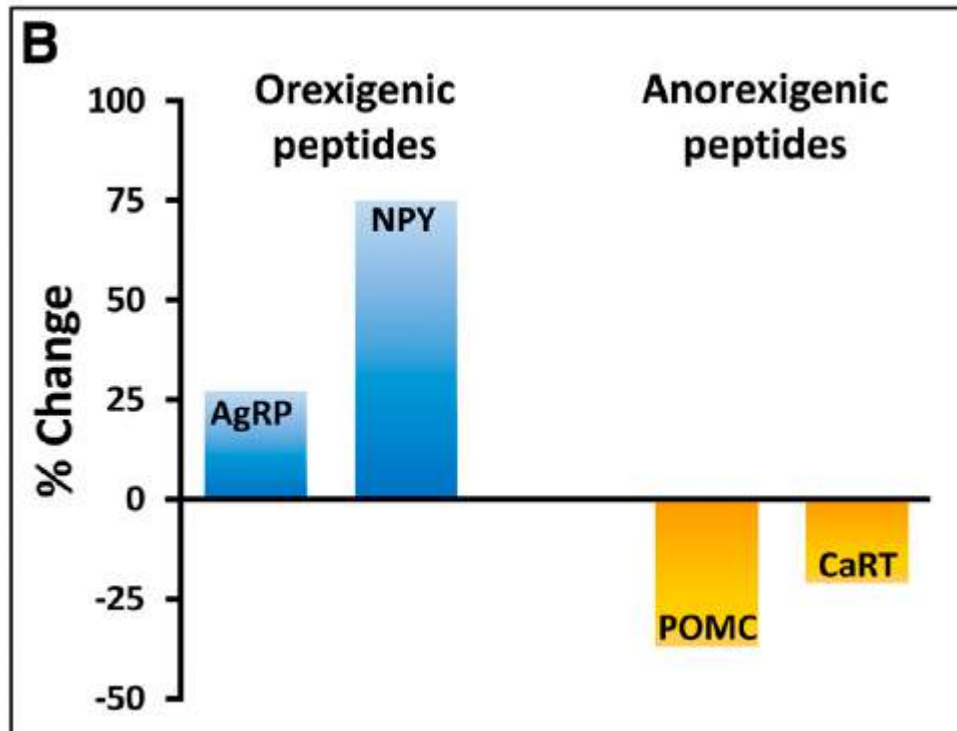
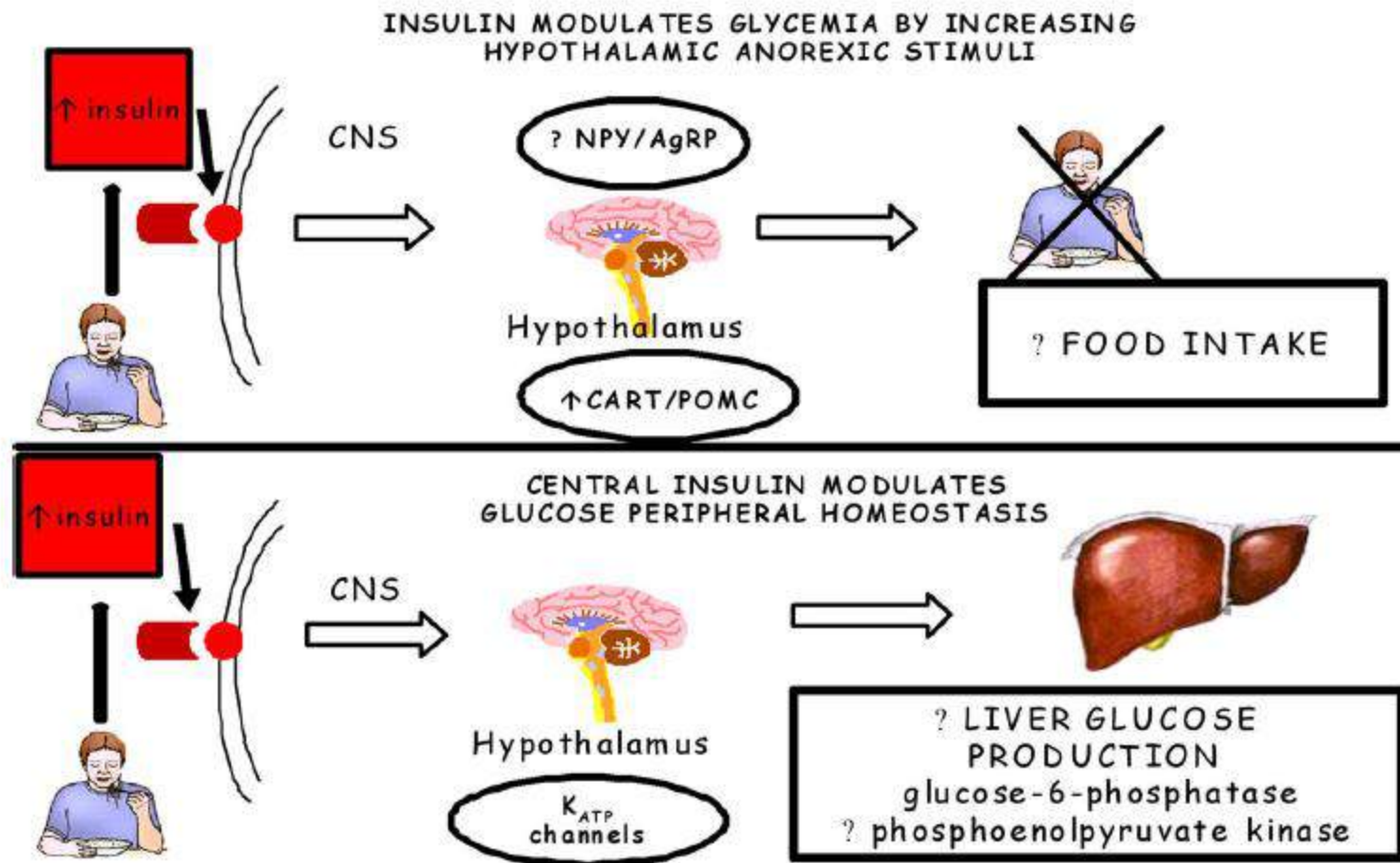


FIG. 1. Plasma glucose and leptin levels in *Npy*^{-/-} (KO) and *Npy*^{+/+} (WT) mice. Plasma levels of glucose (A) and leptin (B) from vehicle-treated (WT-V and KO-V; *n* = 7 per genotype) or STZ-diabetic (WT-D and KO-D; *n* = 6 per genotype) mice obtained on day 18 of experiment 1. **P* ≤ 0.05 vs. vehicle-treated controls.



Santral insülin eksikliği yada direnci



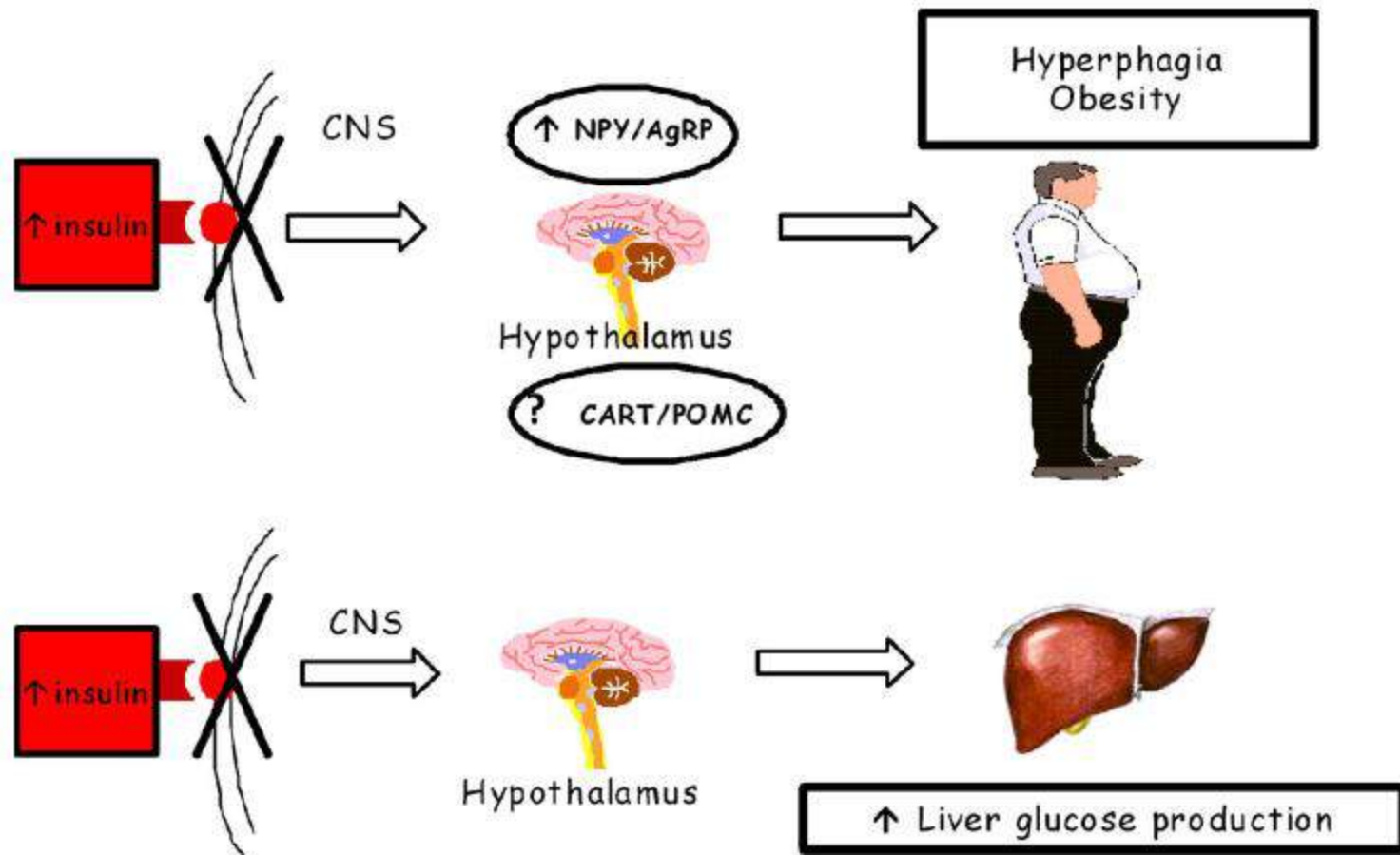


Figure 2—The consequences of central insulin resistance are depicted. An impairment of insulin signaling in the CNS may lead to hyperphagia, weight gain, and consequently to hyperinsulinemia (upper part), but also to a dysregulation of plasma glucose levels for the potentiation of gluconeogenesis.

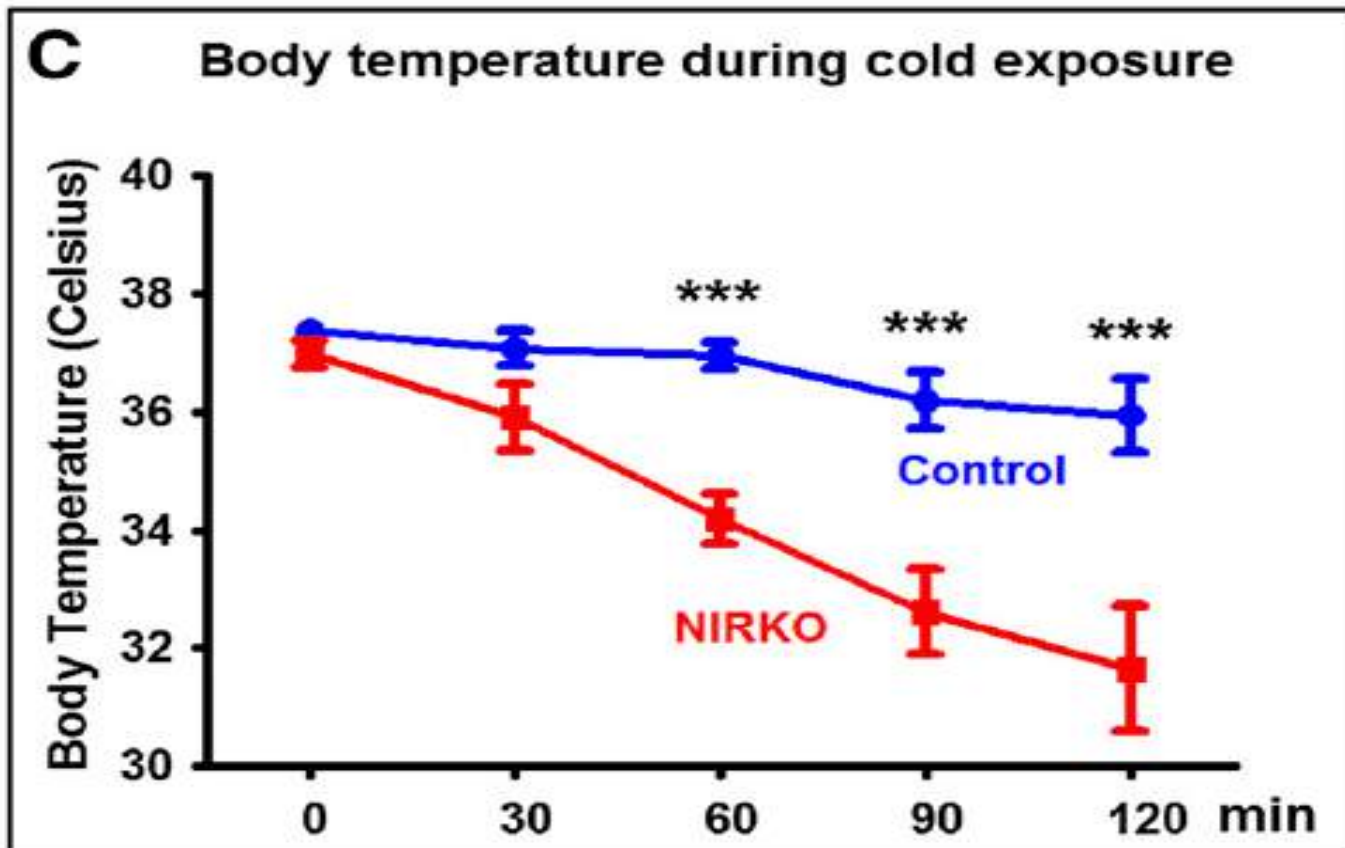
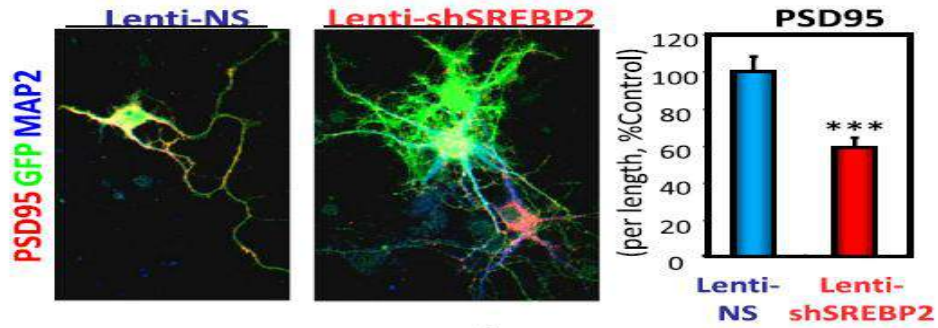


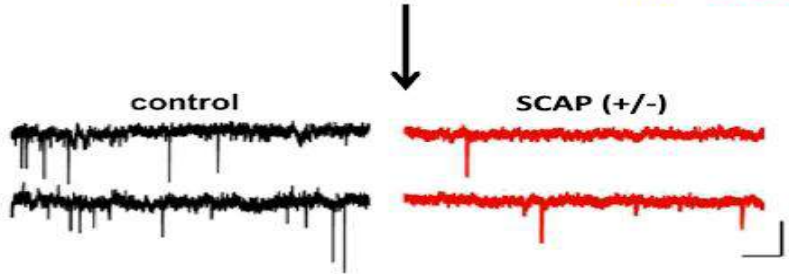
Figure 2—Insulin regulates orexigenic and anorexigenic peptides and body temperature.

Decreased Cholesterol Metabolism

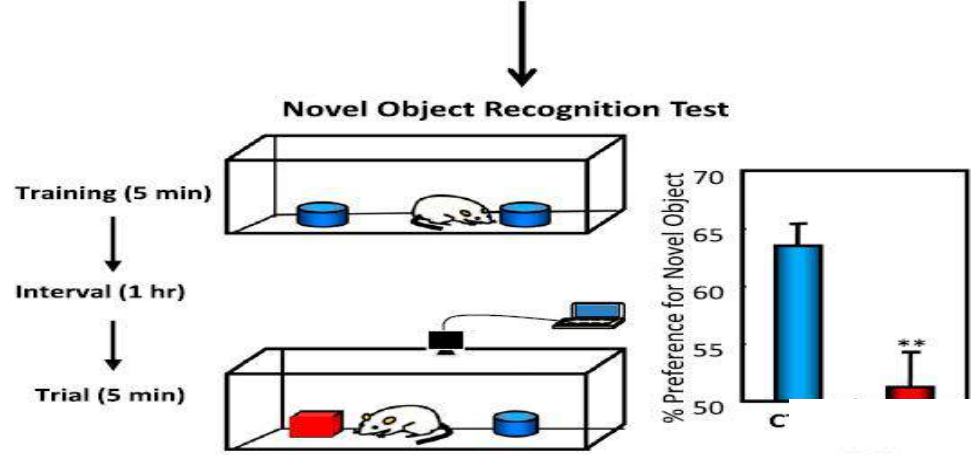
Impaired Synapse Formation

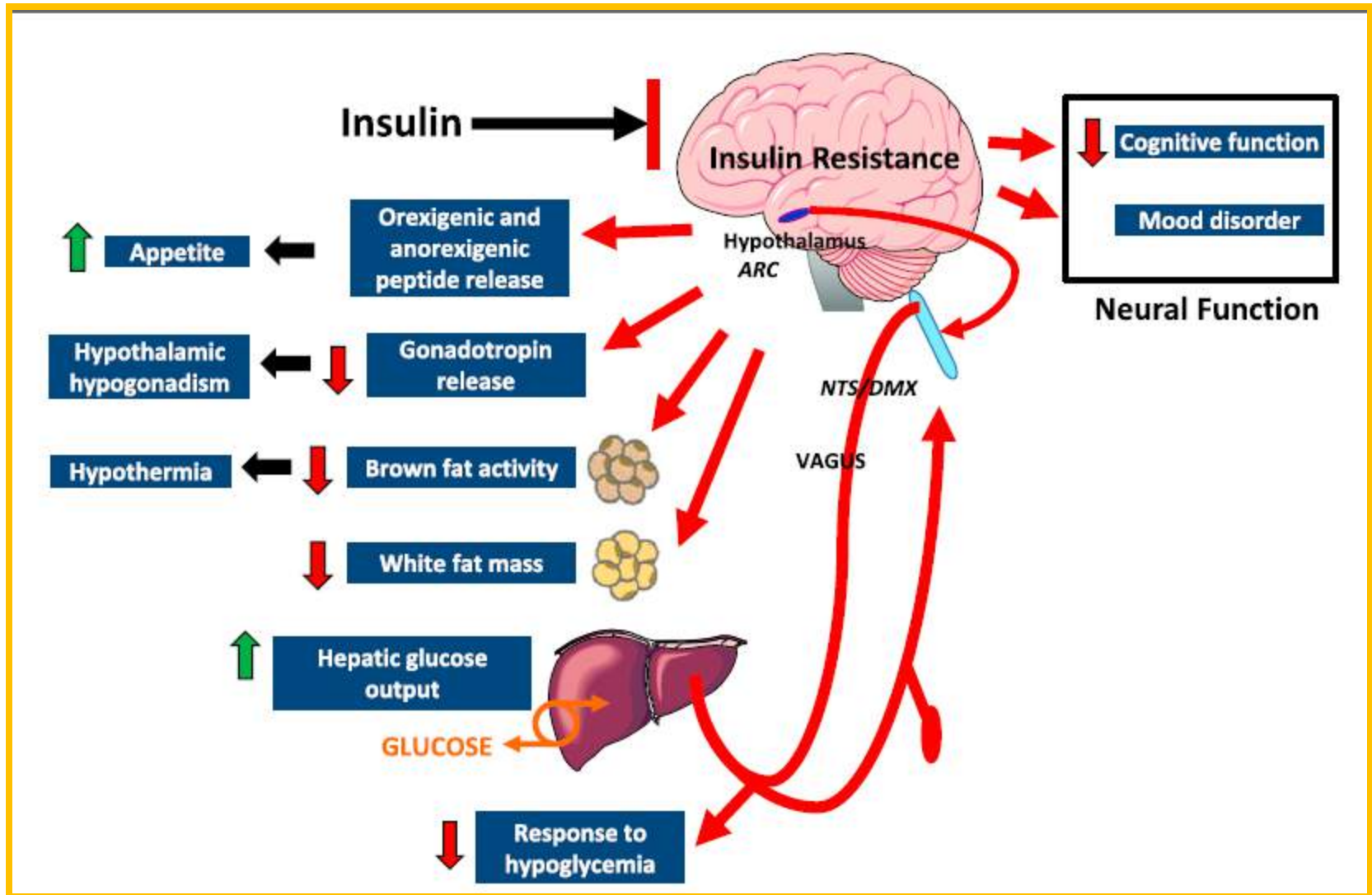


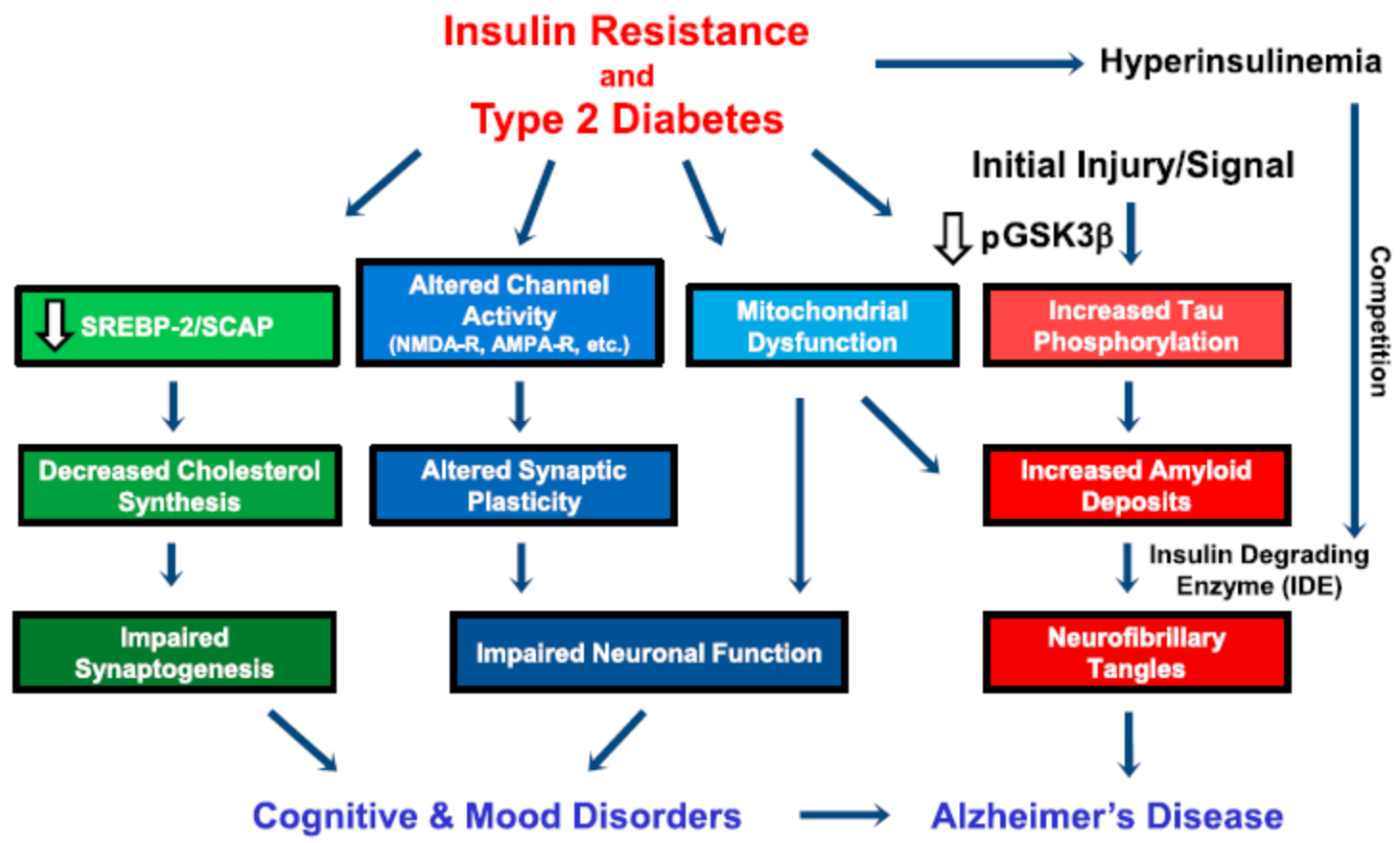
Decreased Neuronal Firing



Impaired Behavior





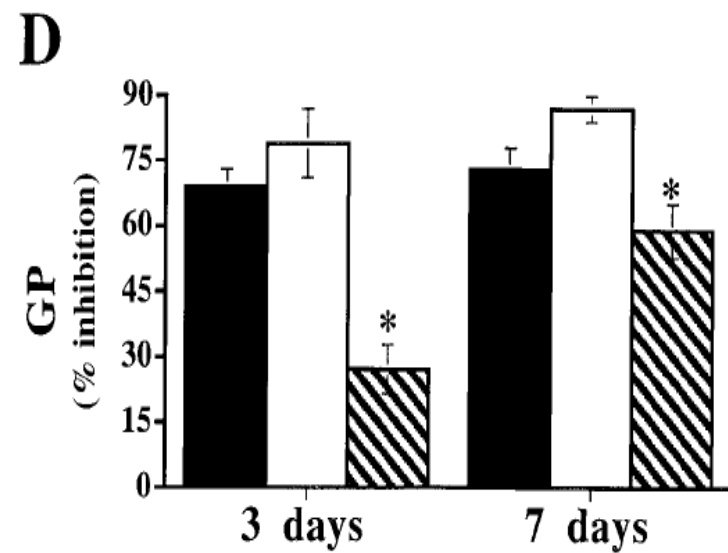
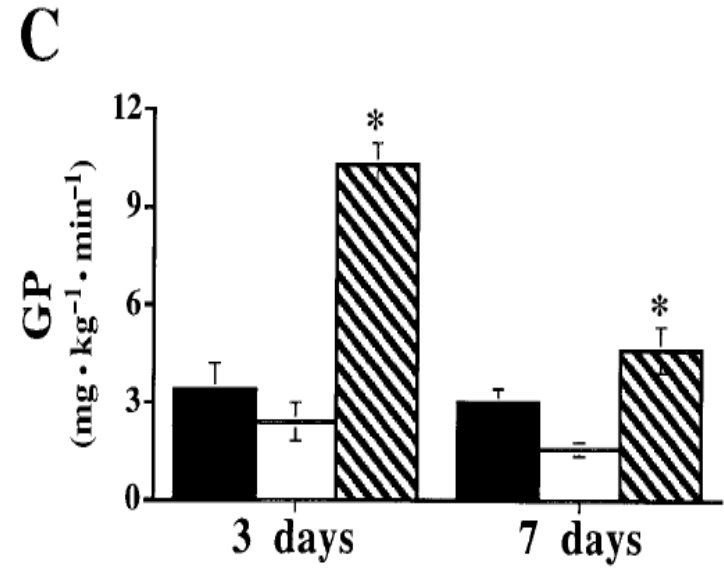
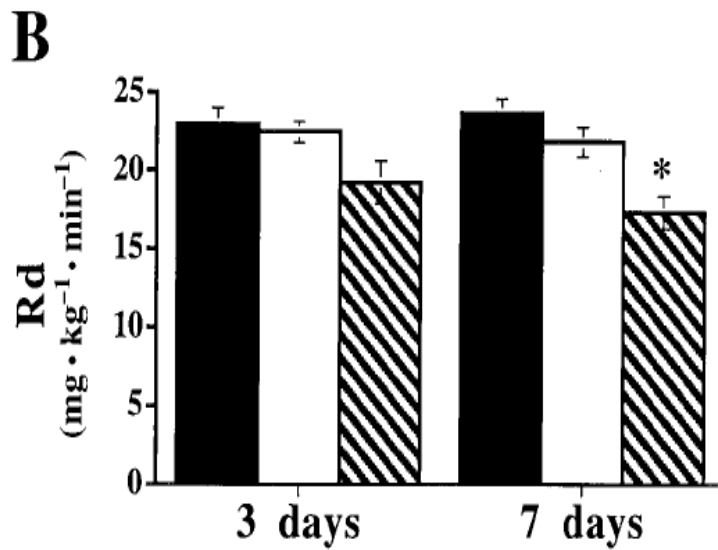
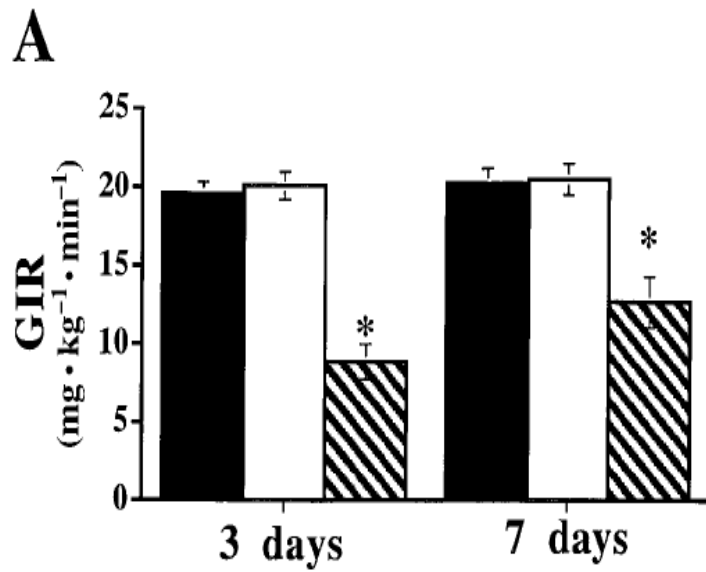


Overfeeding Rapidly Induces Leptin and Insulin Resistance

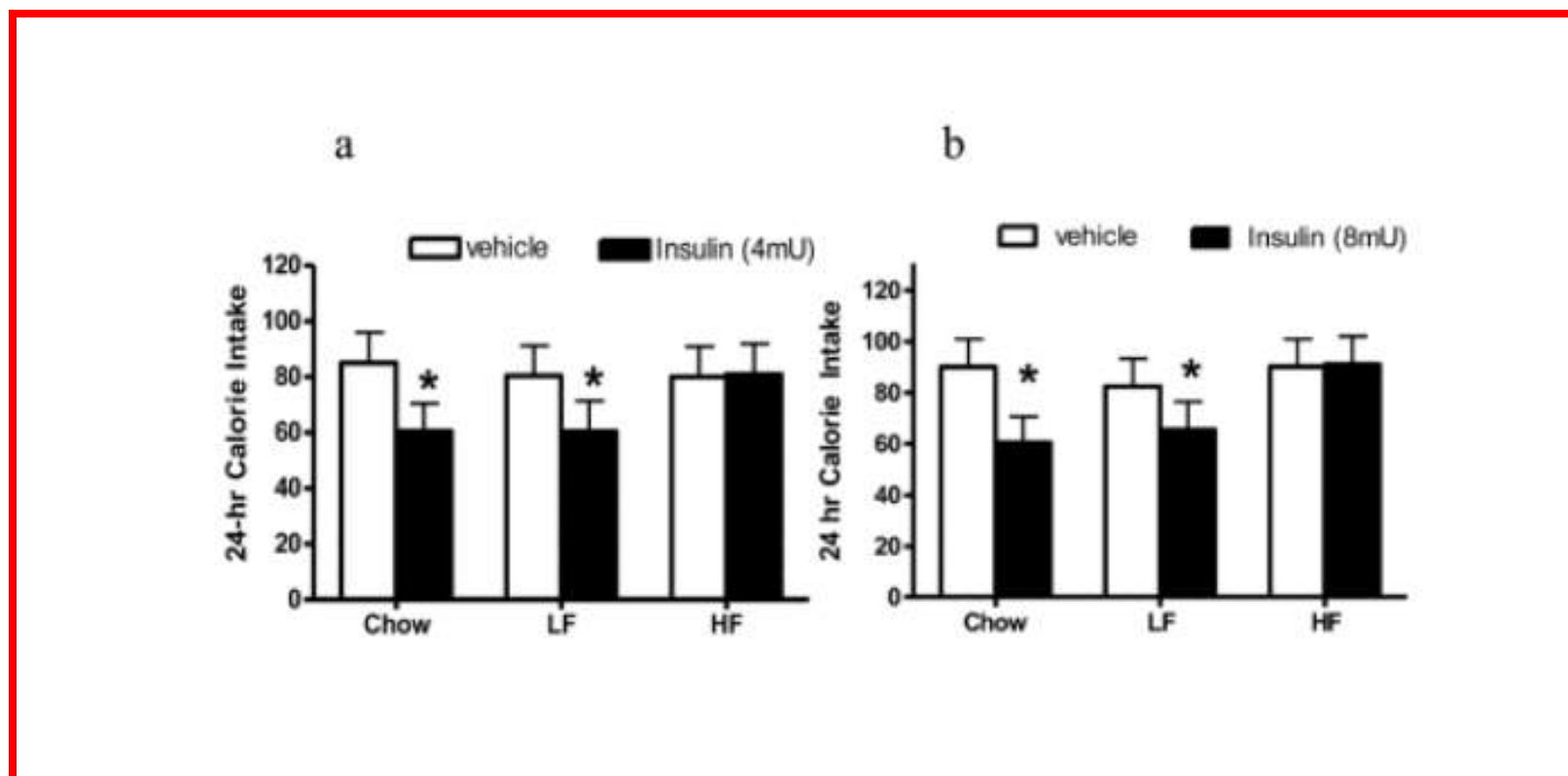
Effect of overfeeding (ad libitum) on body weight and metabolic parameters

| | Control | | Pair-fed | | Ad libitum | |
|-------------------------------------------------------|------------|------------|-----------|------------|-------------|------------|
| | 3 Days | 7 Days | 3 Days | 7 Days | 3 Days | 7 Days |
| <i>n</i> | 6 | 6 | 8 | 12 | 8 | 10 |
| Body weight (g) | 298 ± 8.0 | 301 ± 7.0 | 304 ± 6.0 | 289 ± 6.0 | 332 ± 14 | 322 ± 6.0* |
| Δ Body weight (g) | -6.0 ± 4.0 | -8.0 ± 4.0 | -13 ± 4.0 | -7.0 ± 3.0 | 25 ± 5.0* | 26 ± 4.0* |
| Calorie intake (kcal/d) | 56 ± 4.0 | 57 ± 5.0 | 51 ± 2.0 | 51 ± 2.0 | 112 ± 8.0* | 105 ± 7.0* |
| Plasma glucose (mmol/l) | 6.9 ± 0.2 | 6.7 ± 0.3 | 6.8 ± 0.2 | 6.9 ± 0.1 | 8.1 ± 0.1* | 7.1 ± 0.2 |
| Plasma FFA (mmol/l) | 0.9 ± 0.1 | 0.8 ± 0.2 | 1.0 ± 0.2 | 0.9 ± 0.1 | 0.9 ± 0.2 | 1.0 ± 0.2 |
| Plasma insulin (ng/ml) | 1.0 ± 0.2 | 0.9 ± 0.2 | 0.9 ± 0.2 | 0.8 ± 0.3 | 1.7 ± 0.4* | 1.9 ± 0.3* |
| Plasma leptin (ng/ml) | 0.8 ± 0.3 | 0.7 ± 0.3 | 1.2 ± 0.2 | 0.9 ± 0.1 | 2.8 ± 0.5* | 1.8 ± 0.3* |
| Basal GP (mg · kg ⁻¹ · min ⁻¹) | 11.1 ± 0.2 | 10.2 ± 0.3 | 8.7 ± 0.3 | 10.0 ± 0.4 | 14.1 ± 0.4* | 12.1 ± 0.7 |

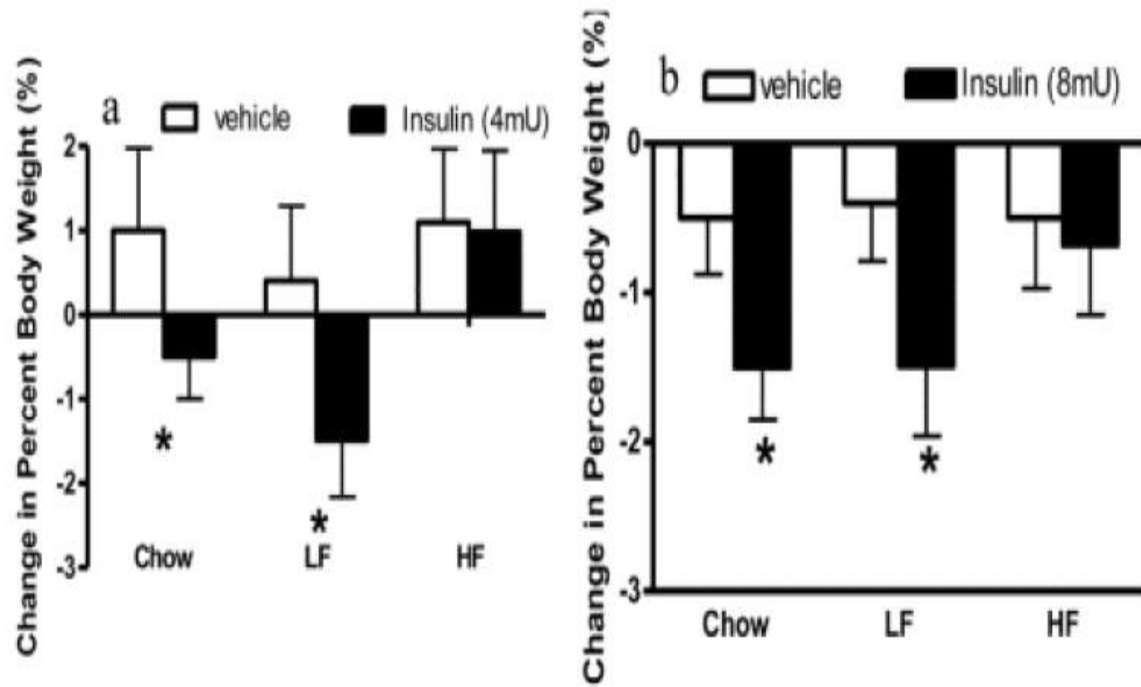
insulin action on glucose uptake

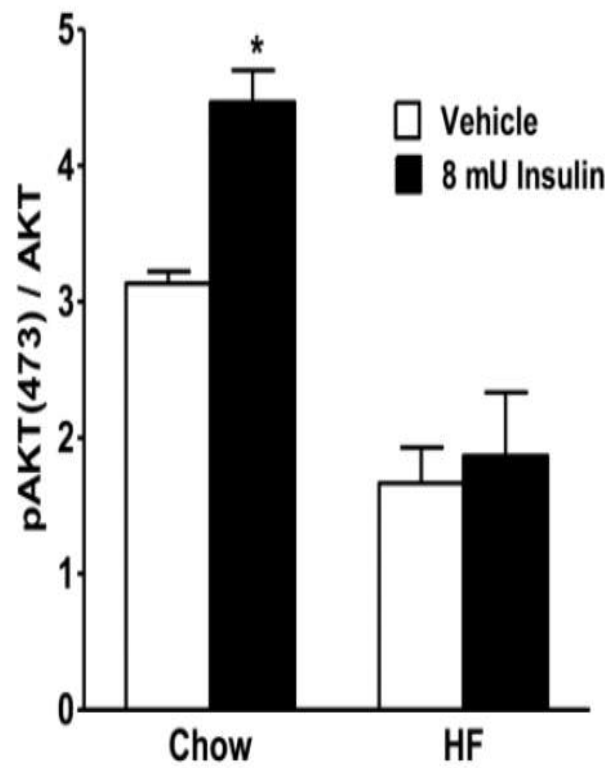


Consumption of a High-Fat Diet Induces Central Insulin Resistance Independent of Adiposity



Effect of i3vt saline or insulin [4 mU (a) or 8 mU (b)] on 24-hr caloric intake in rats maintained for 10 weeks on chow, the LF diet, or the HF diet. Values represent mean + SE. * = $P < 0.05$ compared with saline.





Glucose sensing by POMC neurons regulates glucose homeostasis and is impaired in obesity

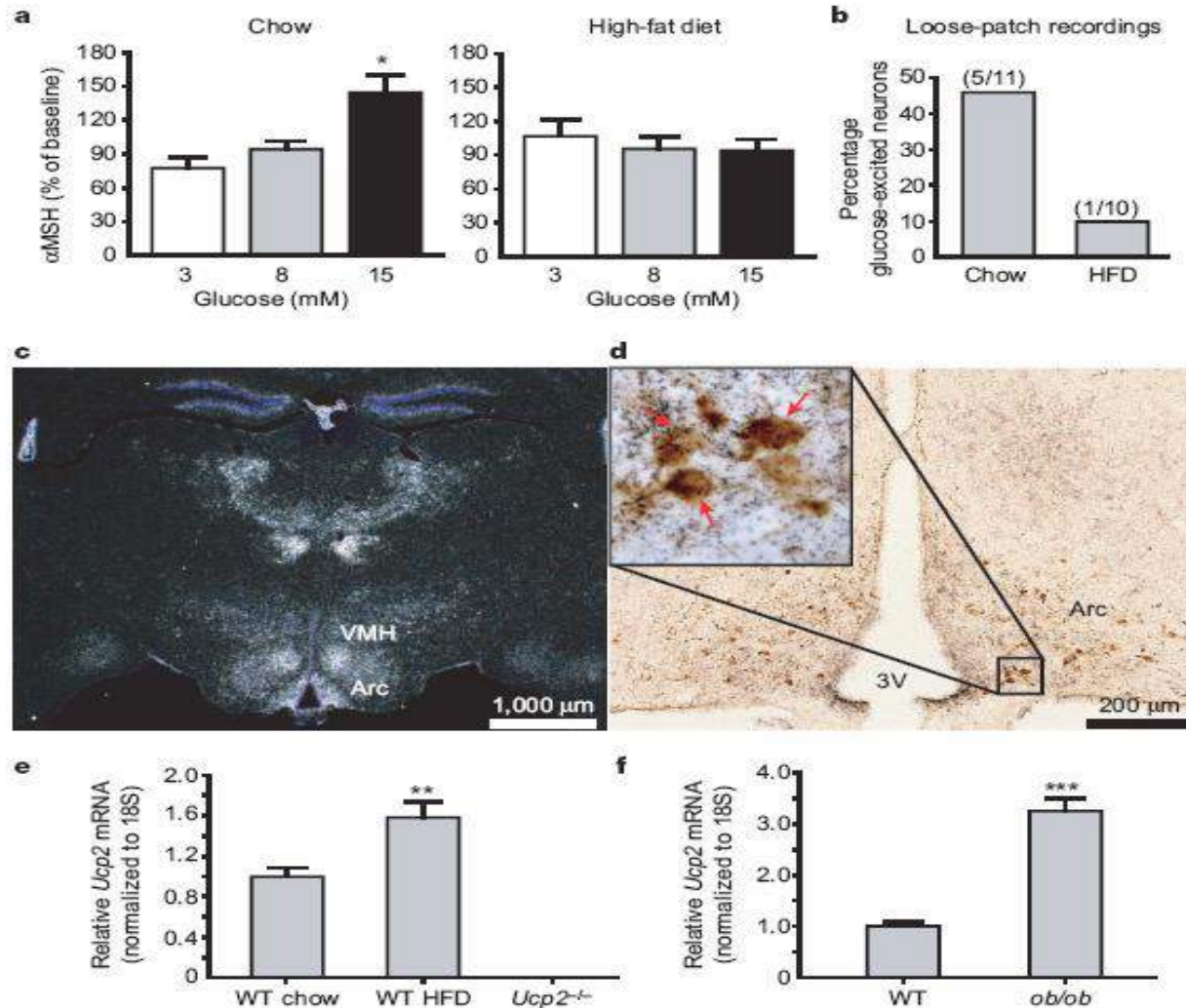
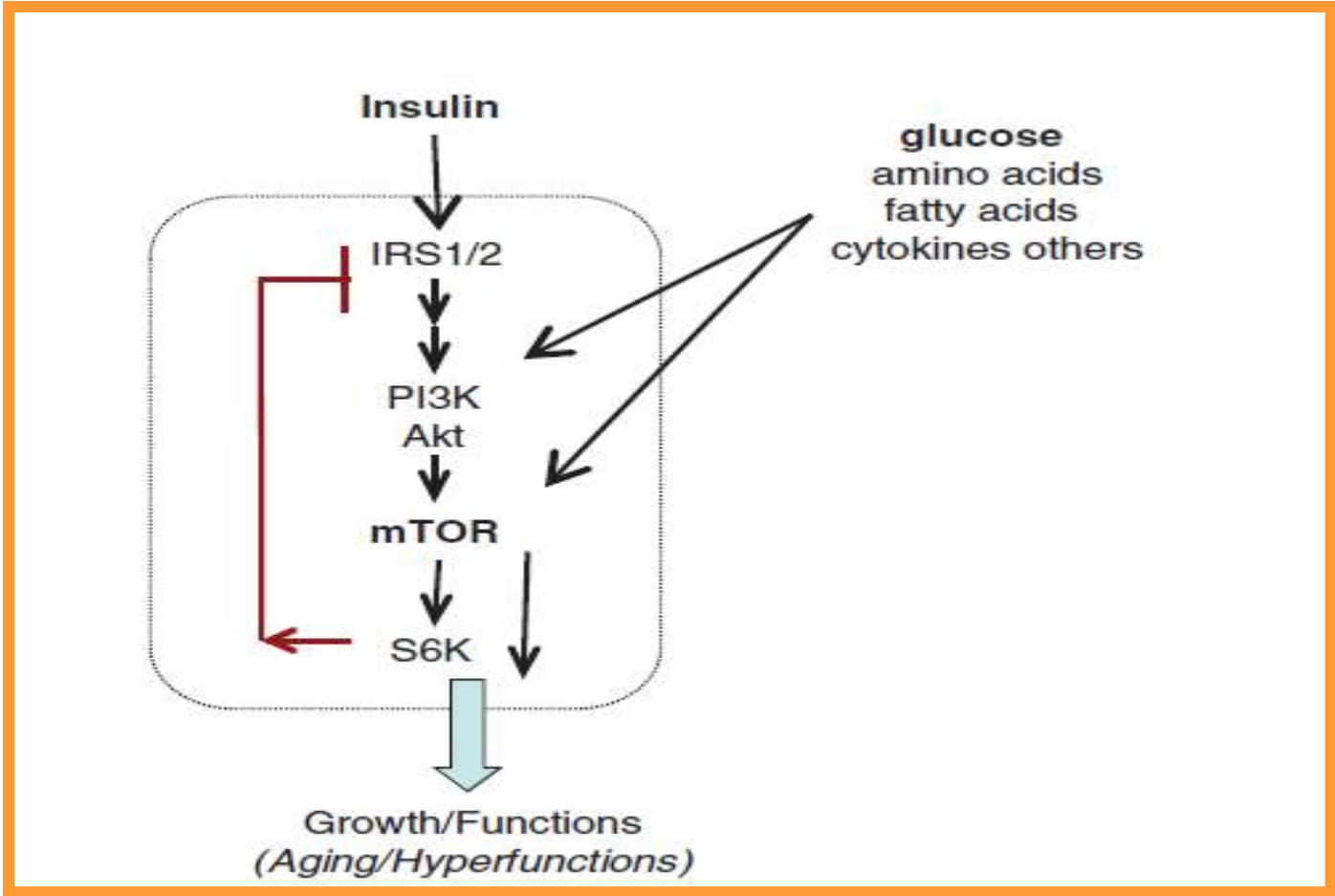
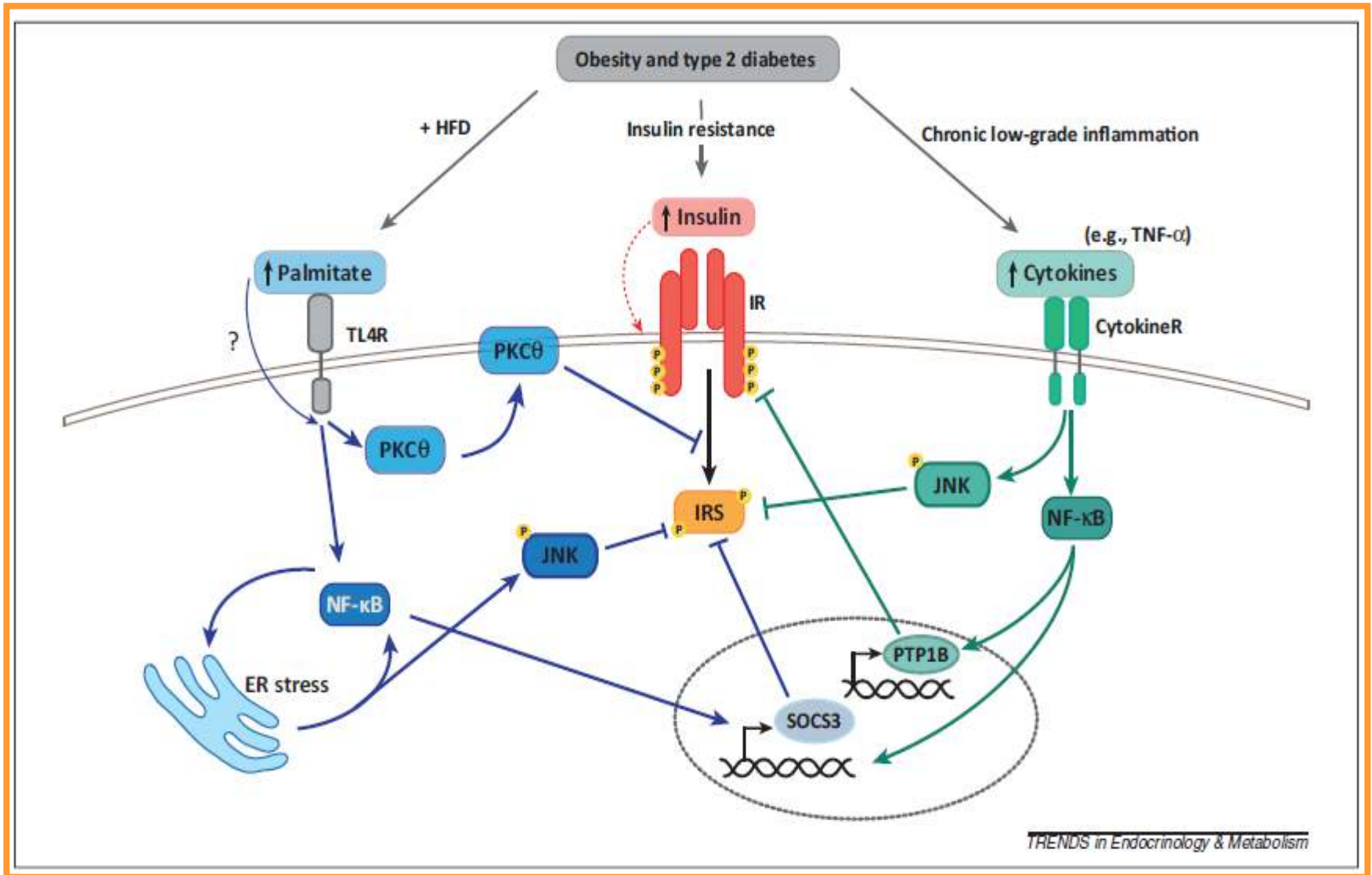


Figure 2 | Glucose-sensing is lost in POMC neurons of mice on a high-fat diet.

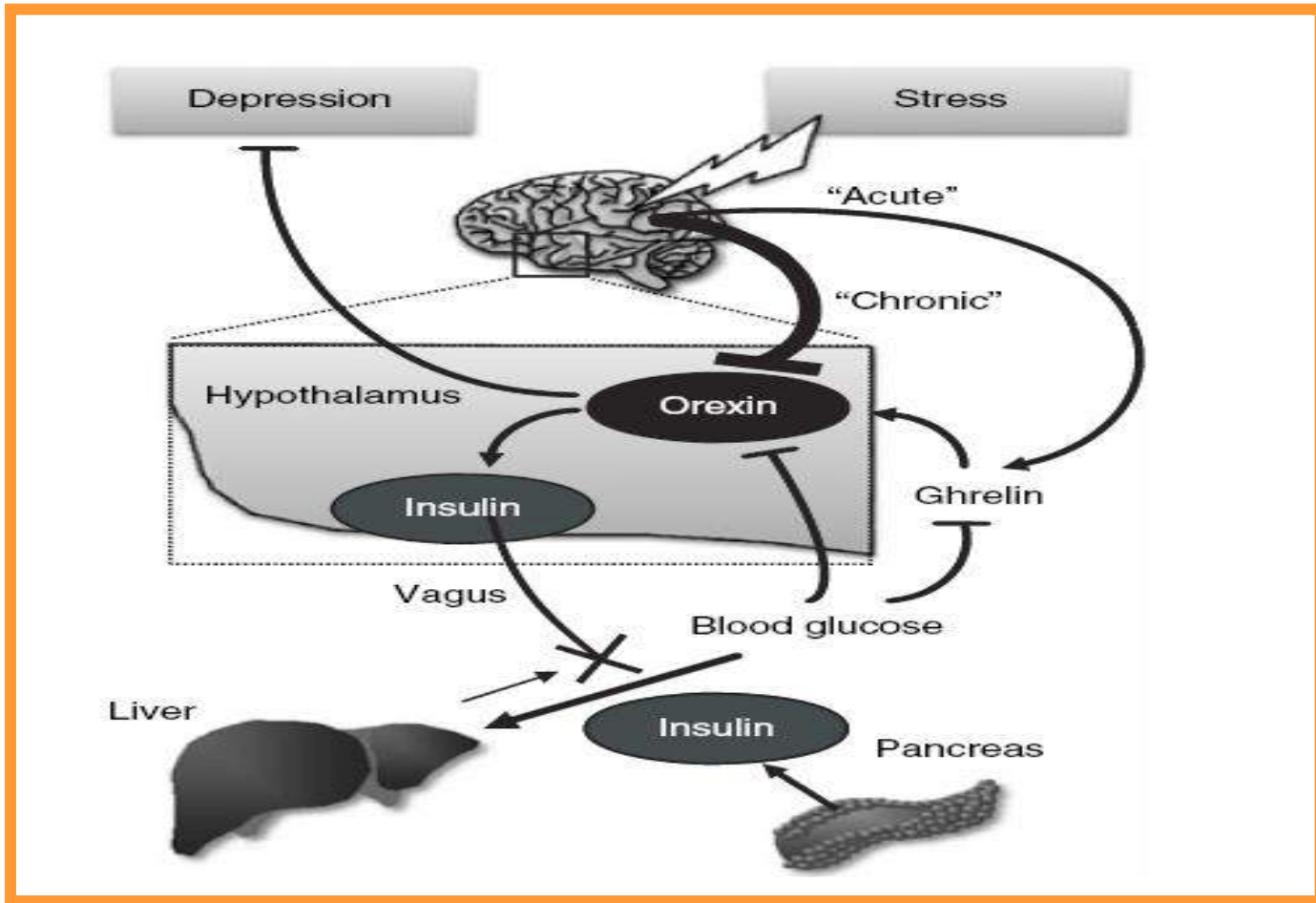




Kronik stres orexin eksikliği

Hiperglisemik eğilim

Depresyon



Targeting the CNS to treat type 2 diabetes

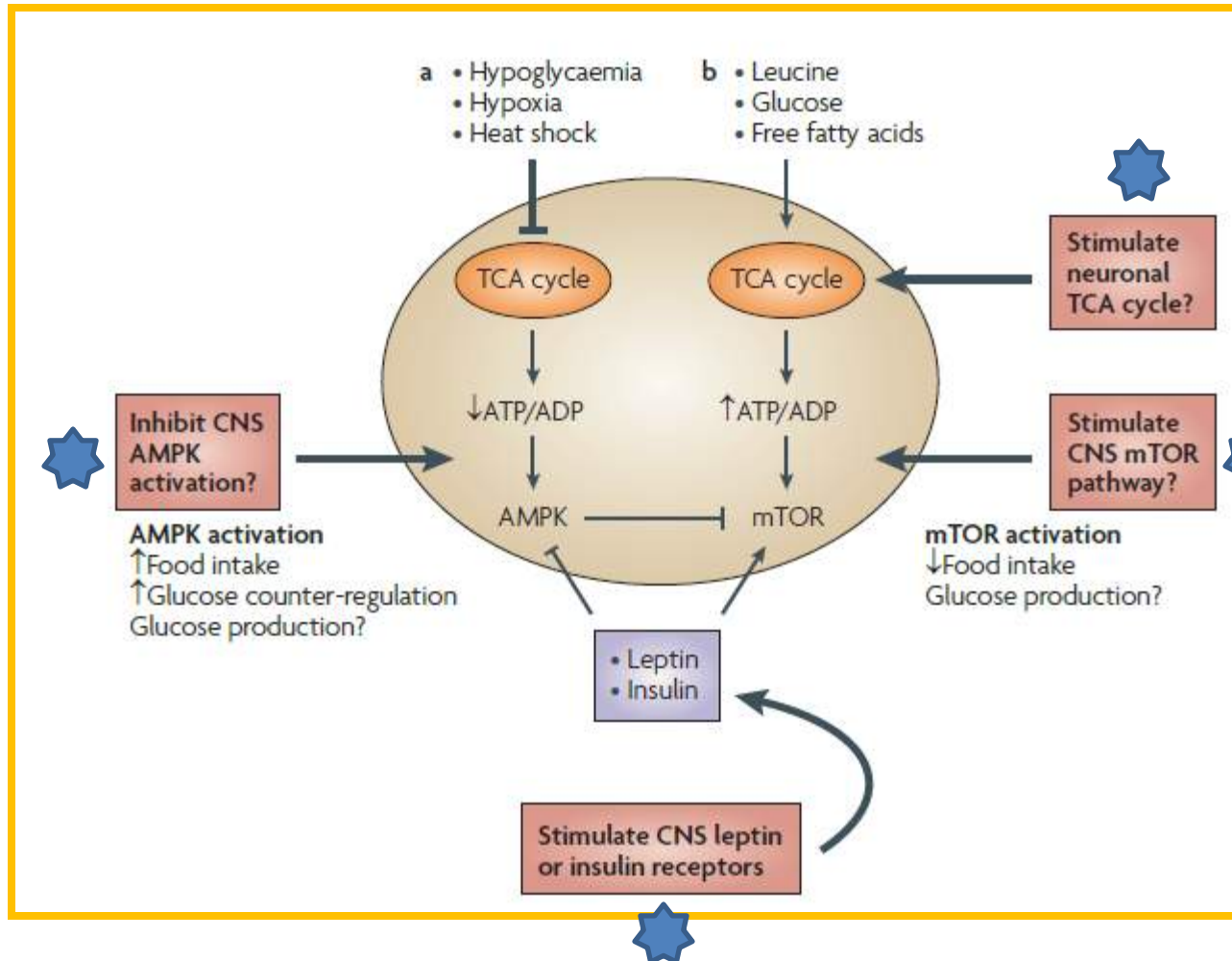


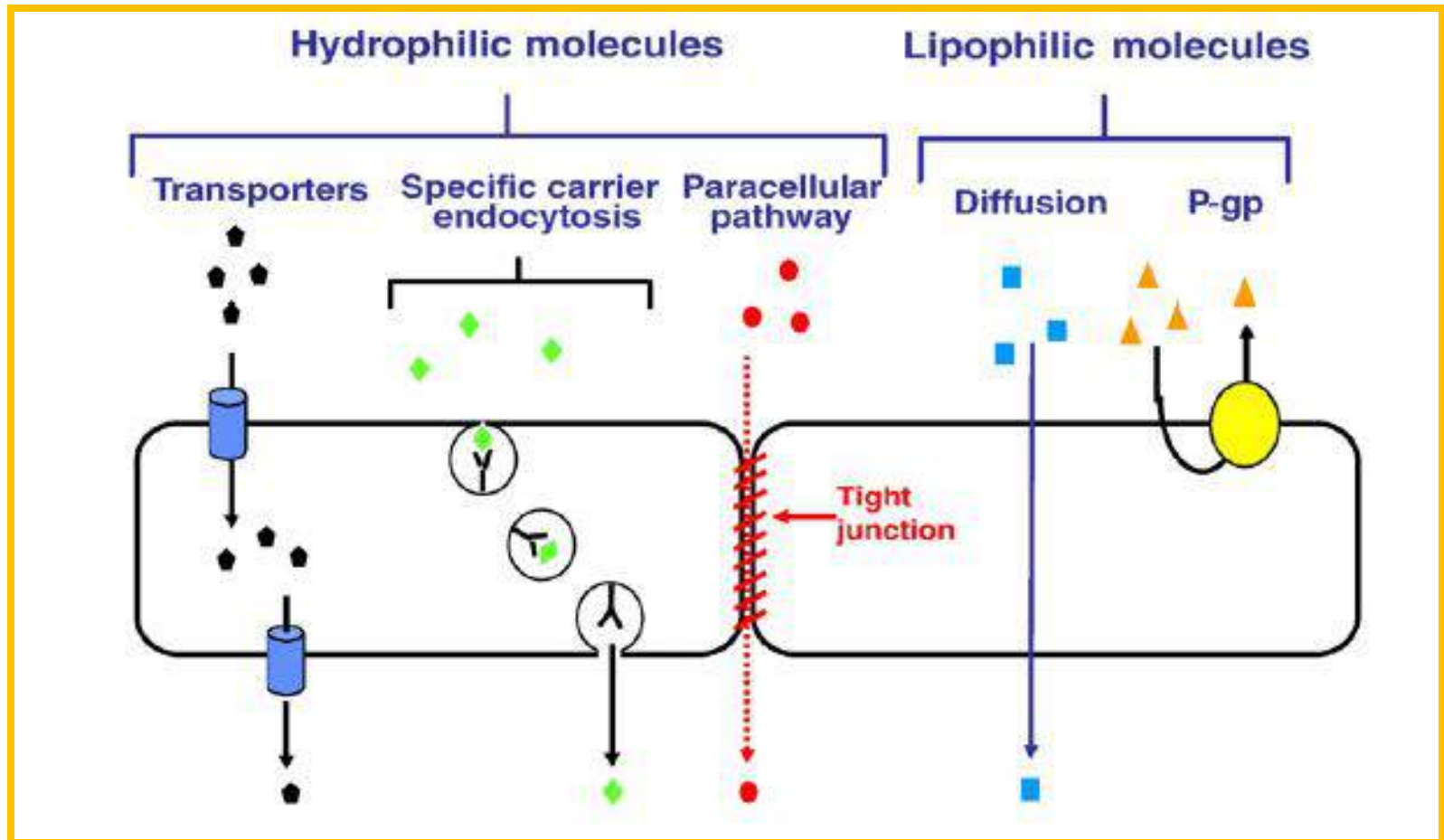
Figure 3 | Neuronal fuel sensing and regulation of energy and glucose homeostasis.

Table 1 | Potential targets for CNS treatment of type 2 diabetes

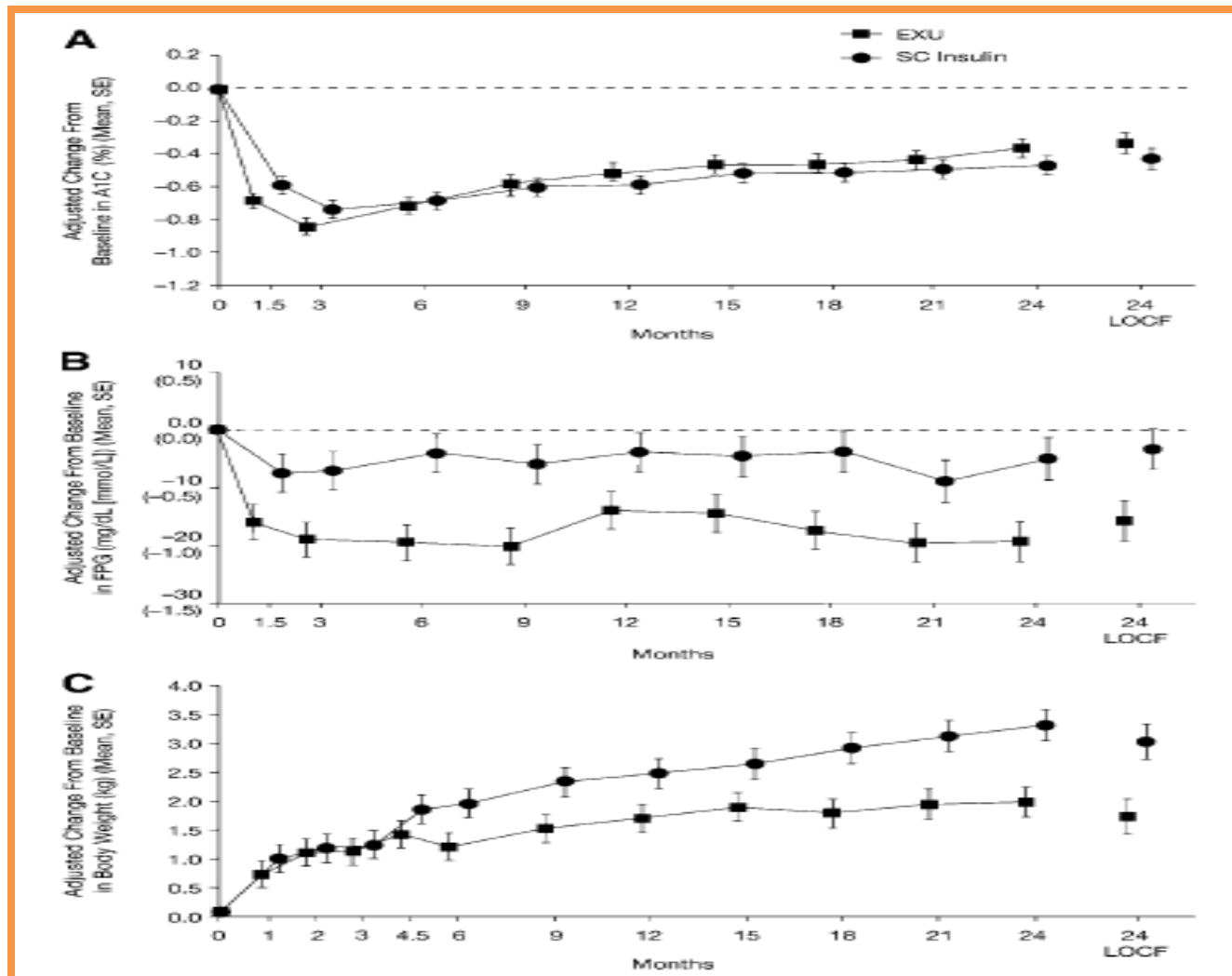
| Target peptide | Target signalling pathway | Supporting observations or rationale | Therapeutic strategy | Challenges |
|---------------------------|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------------------------|
| CNS insulin | PI3K ^{49,11} | Potent inhibitor of glucose production ¹¹⁰ | Target CNS-specific receptors; for example, nasal insulin | Opposing peripheral and CNS effects |
| CNS leptin | PI3K ^{152,153} and/or possibly STAT3 (REFS 55,56) | Acts indirectly to reduce food intake and body weight, leading to improved glucose homeostasis ⁴⁰ ; acts directly to shift hepatic glucose fluxes towards gluconeogenesis ^{52,53} | Target CNS-specific receptors | Difficult to specifically target the CNS |
| CNS GLP1 | Possibly PKA | Acts indirectly to reduce food intake and body weight ¹⁵⁴ ; acts directly to decrease hepatic glucose production ¹⁵ | Long-acting GLP1 analogues (exenatide) and DPP4 inhibitors (sitagliptin) are currently available | Difficult to specifically target the CNS |
| AMPK | Possibly ATP levels | Blocking AMPK may inhibit hepatic glucose production ^{50,60} | Inhibiting CAMKK2 may specifically inhibit CNS AMPK ¹³⁵ | Opposing peripheral and CNS effects |
| mTOR | Possibly ATP levels | Acts indirectly to potentially cause weight loss ¹⁵⁵ ; direct effect of CNS mTOR on glucose homeostasis unknown | Target enzymes involved in activating mTOR | Opposing peripheral and CNS effects |
| K _{ATP} channels | K _{ATP} channels | Opening K _{ATP} channels may enhance nutrient- and hormone-induced inhibition of hepatic glucose production ^{5,8,11,15} | Block sulphonylurea receptor subunit of K _{ATP} channel | Opposing peripheral and CNS effects |
| Dopamine | Dopamine receptors | Dopamine receptor agonists improve insulin sensitivity ¹²¹ | Activate D1 and D2 receptors | Potential CNS side effects |
| Serotonin | Serotonin receptors | Improves glucose tolerance and insulin resistance in diet-induced obesity ¹²⁵ | Activate 5HT _{2C} receptors | Potential CNS side effects |

Approaches to transport therapeutic drugs across the blood–brain barrier to treat brain diseases

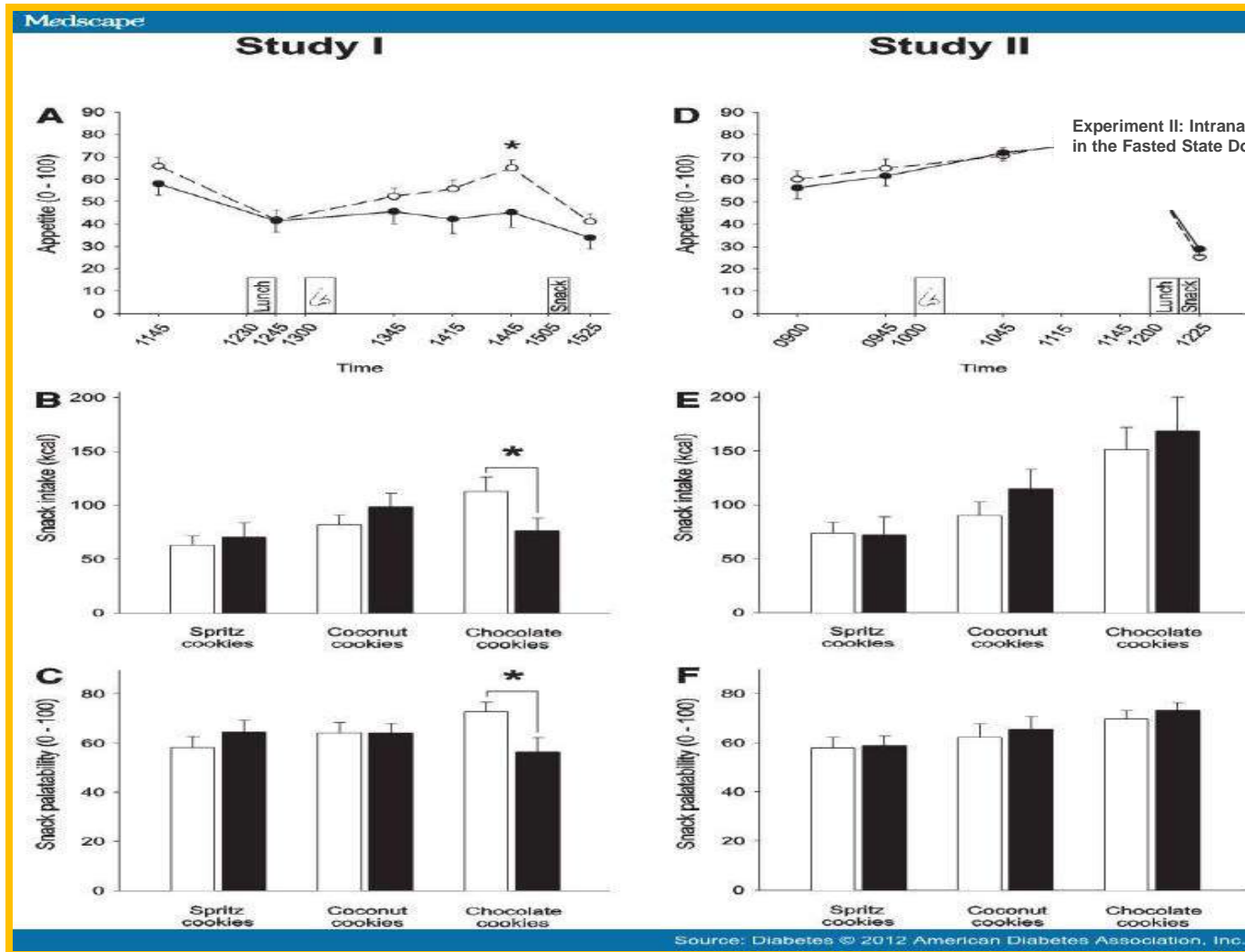
Reinhard Gabathuler *



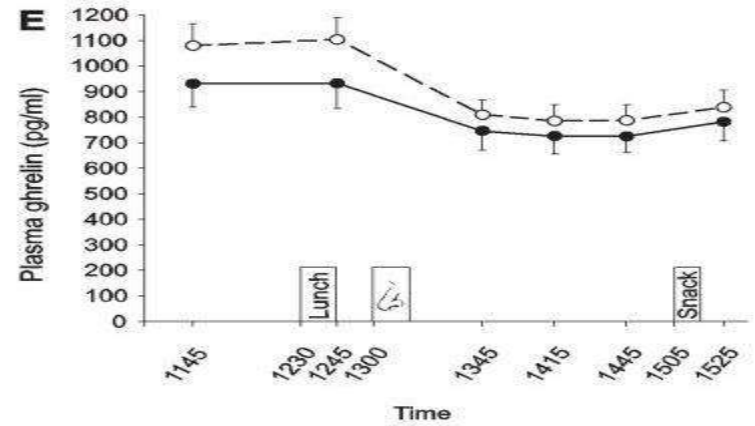
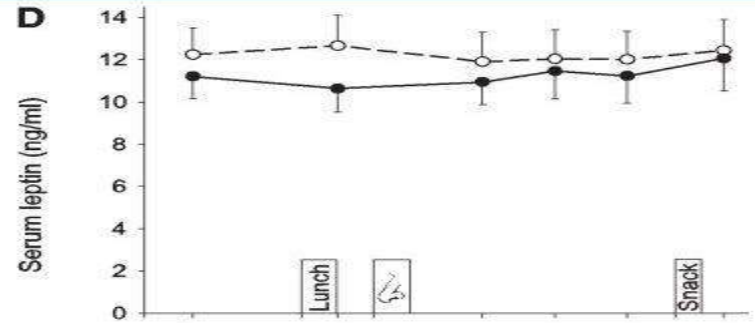
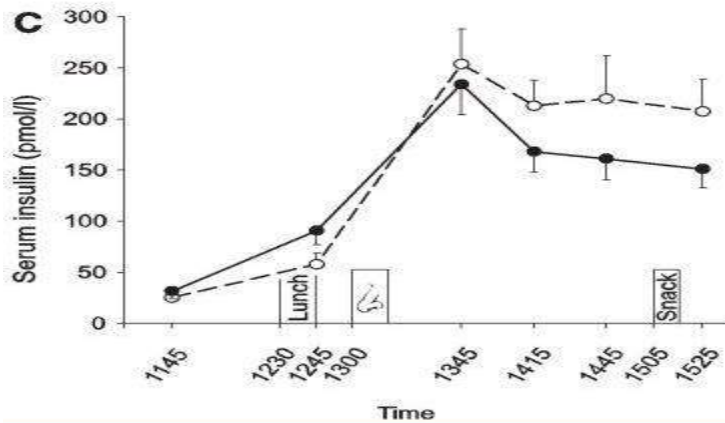
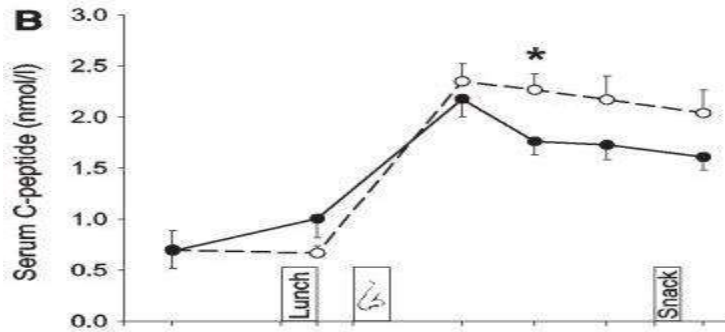
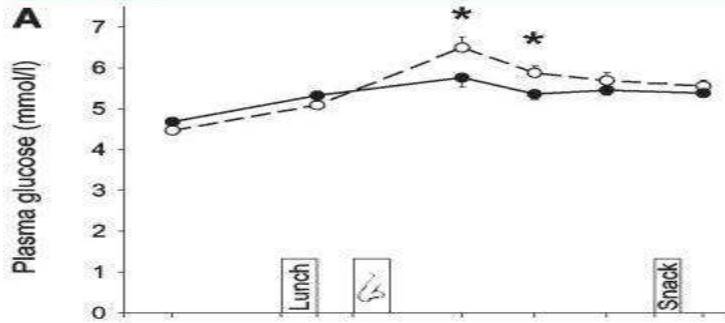
Two-Year Pulmonary Safety and Efficacy of Inhaled Human Insulin (Exubera) in Adult Patients With Type 2 Diabetes



Postprandial Administration of Intranasal Insulin Intensifies Satiety and Reduces Intake of Palatable Snacks in Women



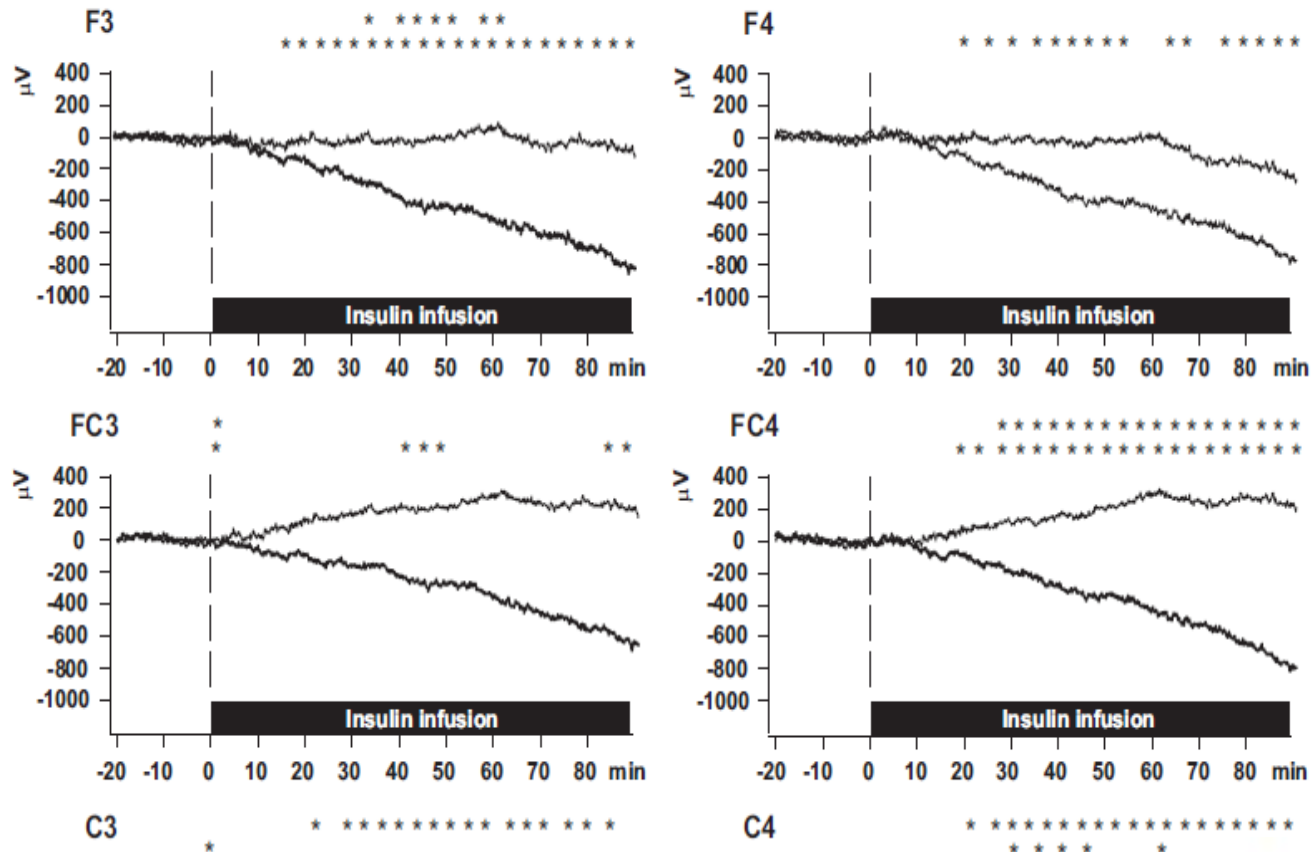
postprandial insulin in particular modulates the reward-related, nonhomeostatic control of food intake.

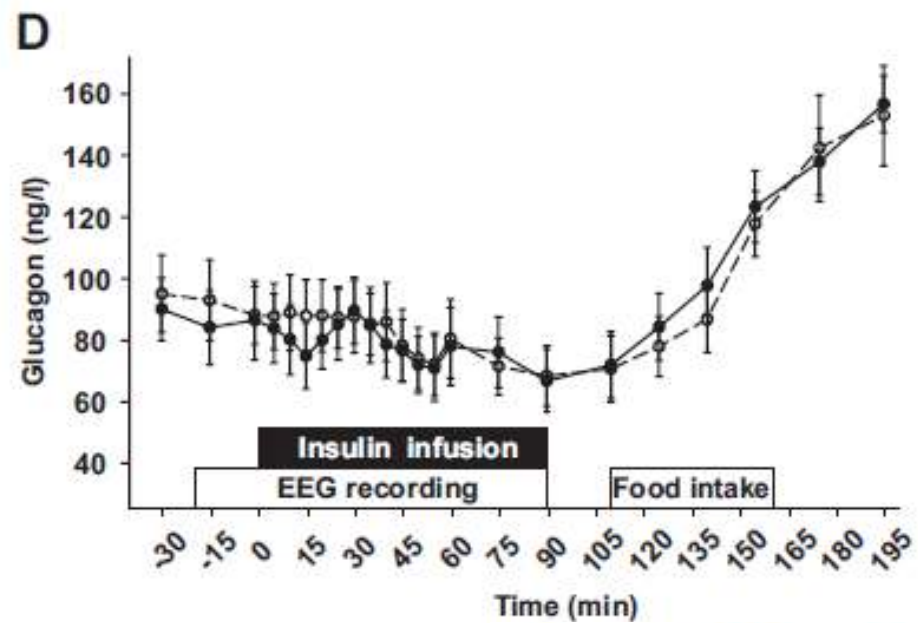
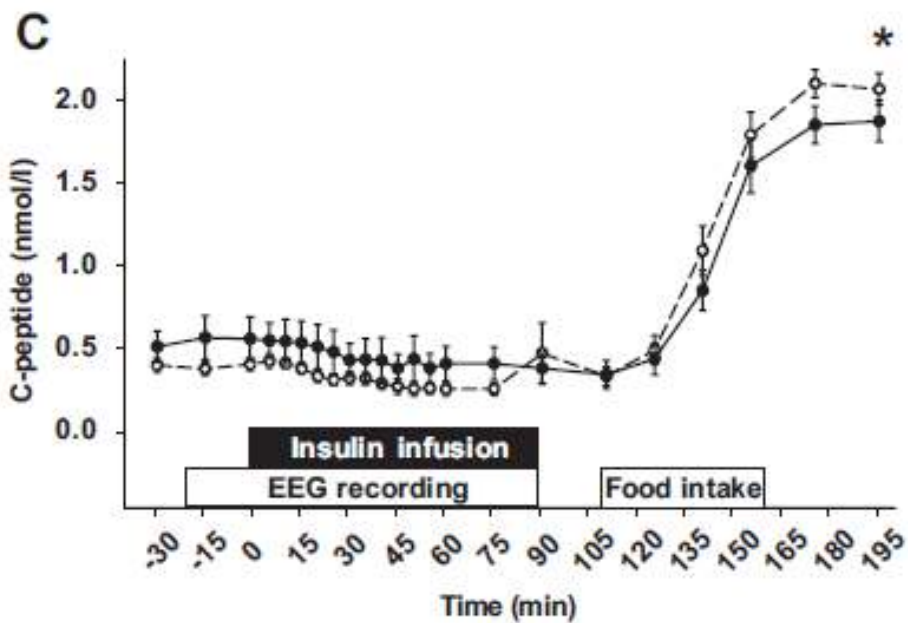
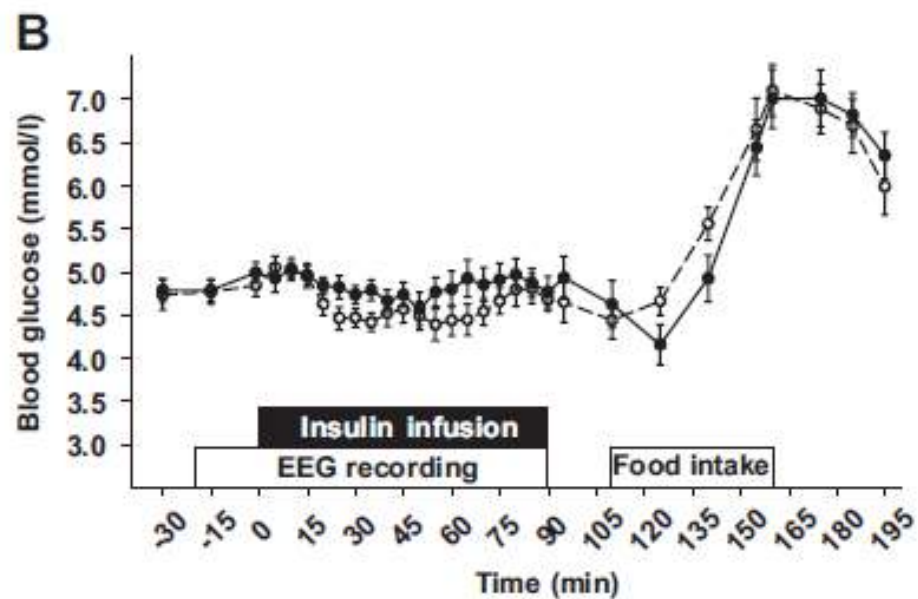
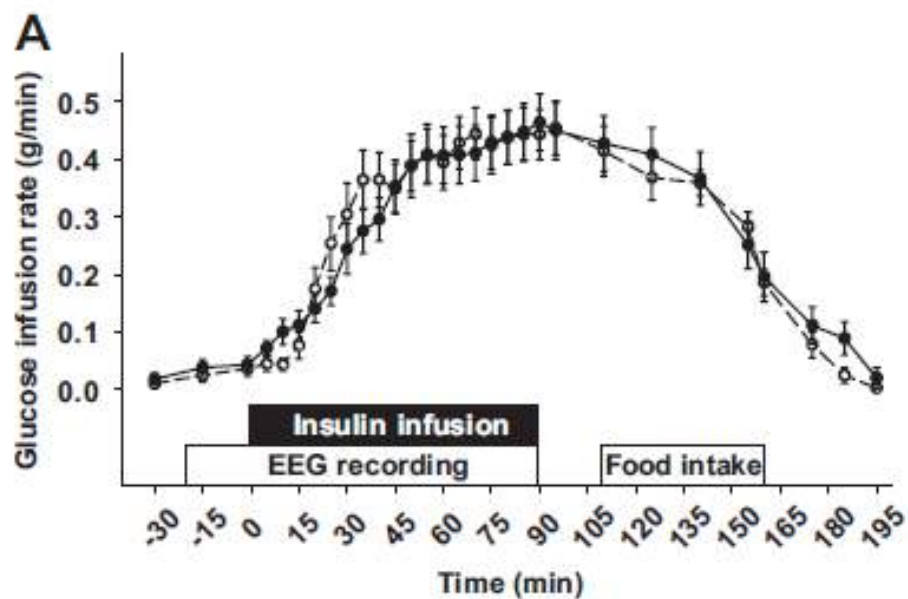


Euglycemic Infusion of Insulin Detemir Compared With Human Insulin Appears to Increase Direct Current Brain Potential Response and Reduces Food Intake While Inducing Similar Systemic Effects

Manfred Hallschmid,¹ Kamila Jauch-Chara,² Oliver Korn,² Matthias Mölle,¹ Björn Rasch,¹ Jan Born,¹ Bernd Schultes,^{3,4} and Werner Kern^{3,5}

REDUCTION OF FOOD INTAKE BY INSULIN DETEMIR



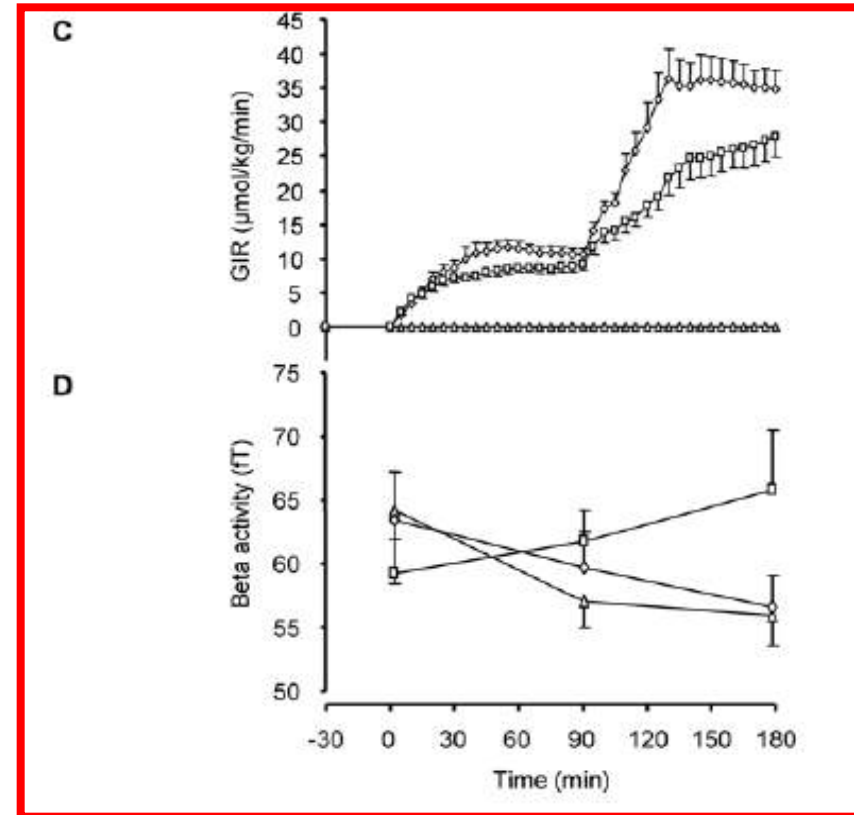
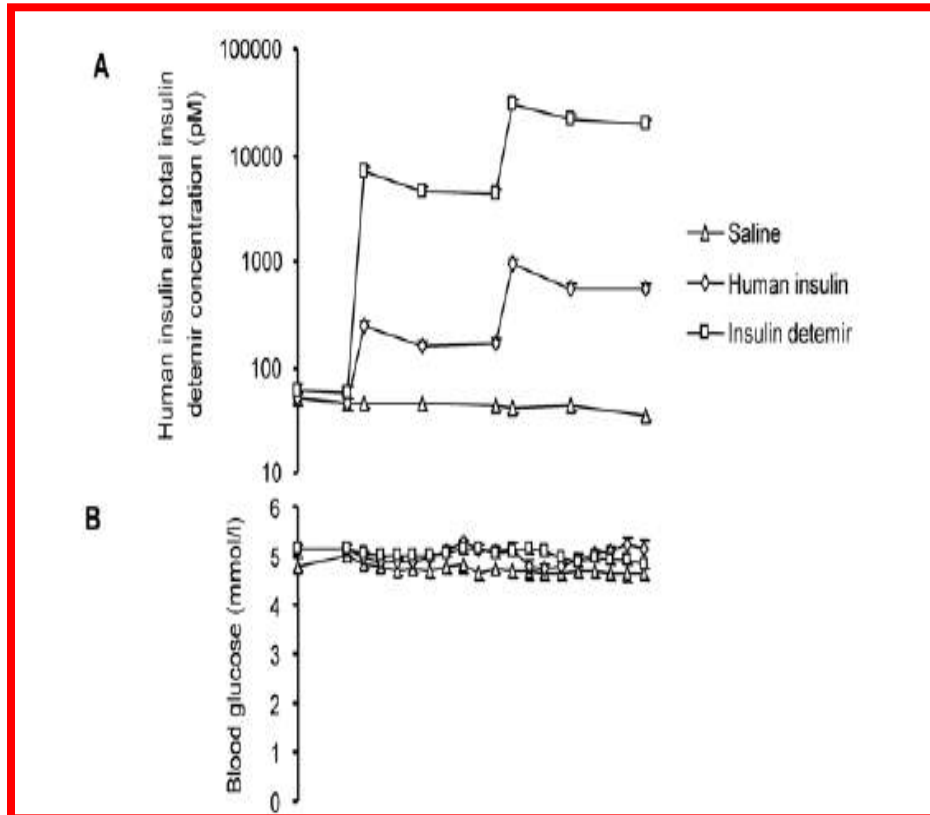


Food intake after euglycemic infusion of human insulin and detemir

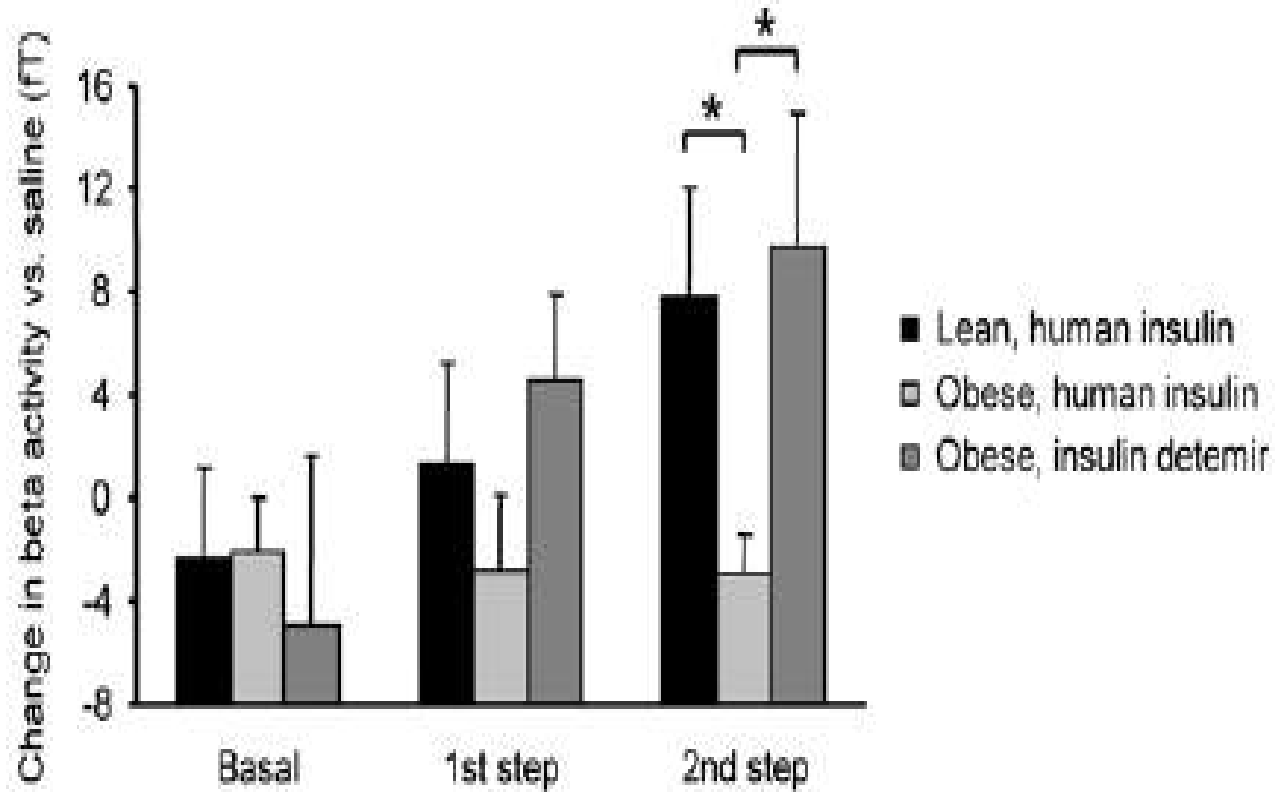
| | Human insulin (mean \pm SE) | Detemir (mean \pm SE) | <i>P</i> value |
|-------------------------------------------------|----------------------------------|----------------------------|----------------|
| Total intake (kcal) | 1,559.79 \pm 138.72 | 1,256.78 \pm 82.41 | 0.04 |
| Carbohydrate (kcal) | 803.18 \pm 50.59 | 630.14 \pm 49.76 | 0.06 |
| Fat (kcal) | 554.53 \pm 83.70 | 472.32 \pm 61.31 | 0.20 |
| Protein (kcal) | 202.09 \pm 20.40 | 154.32 \pm 13.41 | 0.004 |
| Carbohydrate (% of total intake) | 53.99 \pm 3.20 | 51.39 \pm 3.37 | 0.40 |
| Fat (% of total intake) | 33.19 \pm 2.91 | 36.25 \pm 3.24 | 0.32 |
| Protein (% of total intake) | 12.82 \pm 0.49 | 12.36 \pm 0.70 | 0.53 |
| Total intake (including glucose infusion; kcal) | 1,782.81 \pm 133.73 | 1,475.34 \pm 79.49 | 0.04 |
| Carbohydrate (including glucose infusion; kcal) | 1,026.20 \pm 54.28 | 848.69 \pm 52.50 | 0.05 |

Cerebrocortical Beta Activity in Overweight Humans Responds to Insulin Detemir

Otto Tschritter¹, Anita M. Hennige¹, Hubert Preissl^{2,3}, Katarina Porubska^{2,4}, Silke A. Schäfer¹, Werner Lutzenberger², Fausto Machicao¹, Niels Birbaumer^{2,5}, Andreas Fritsche¹, Hans-Ulrich Häring^{1*}



A



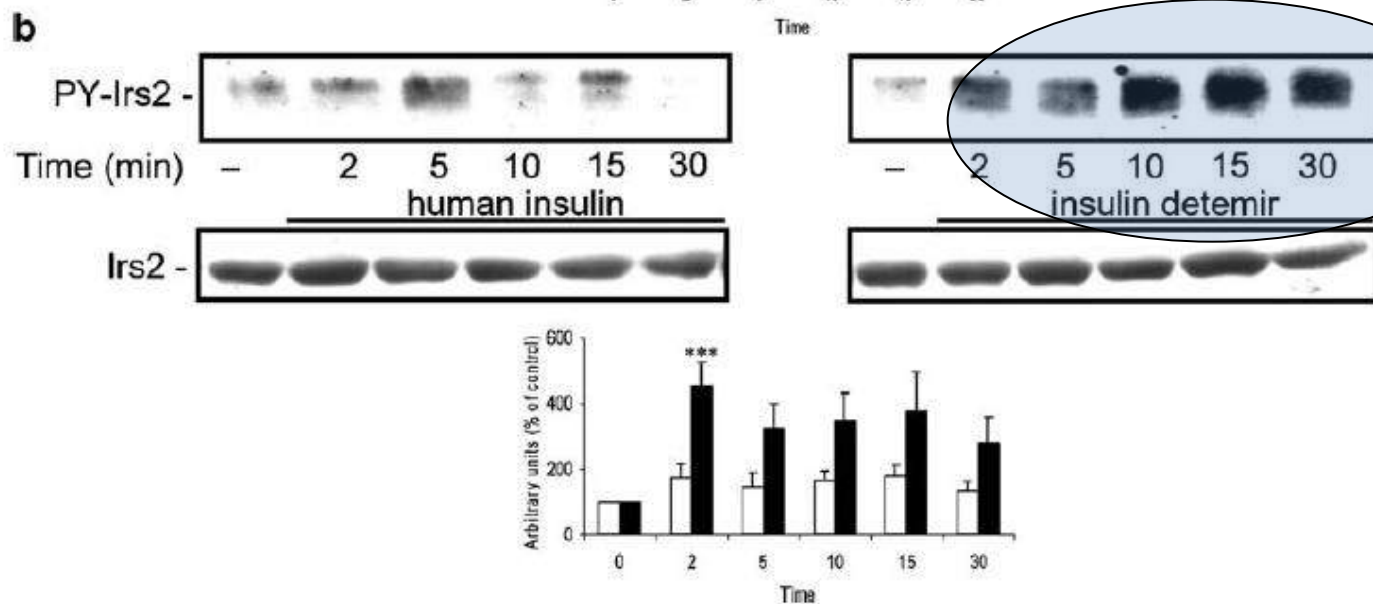
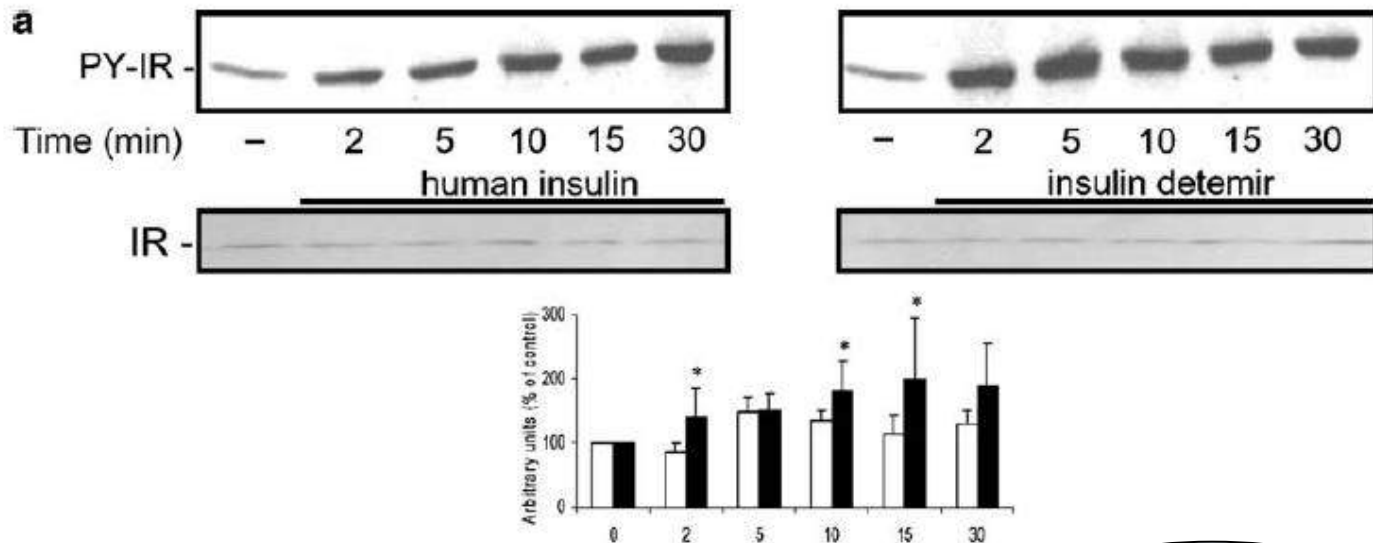


Fig. 5 Phosphorylation kinetics of the IR and Irs2 in hypothalamic tissue. Mice were injected i.v. with either human insulin or insulin detemir. Tissues were harvested at the indicated time points and

Kortikal doku

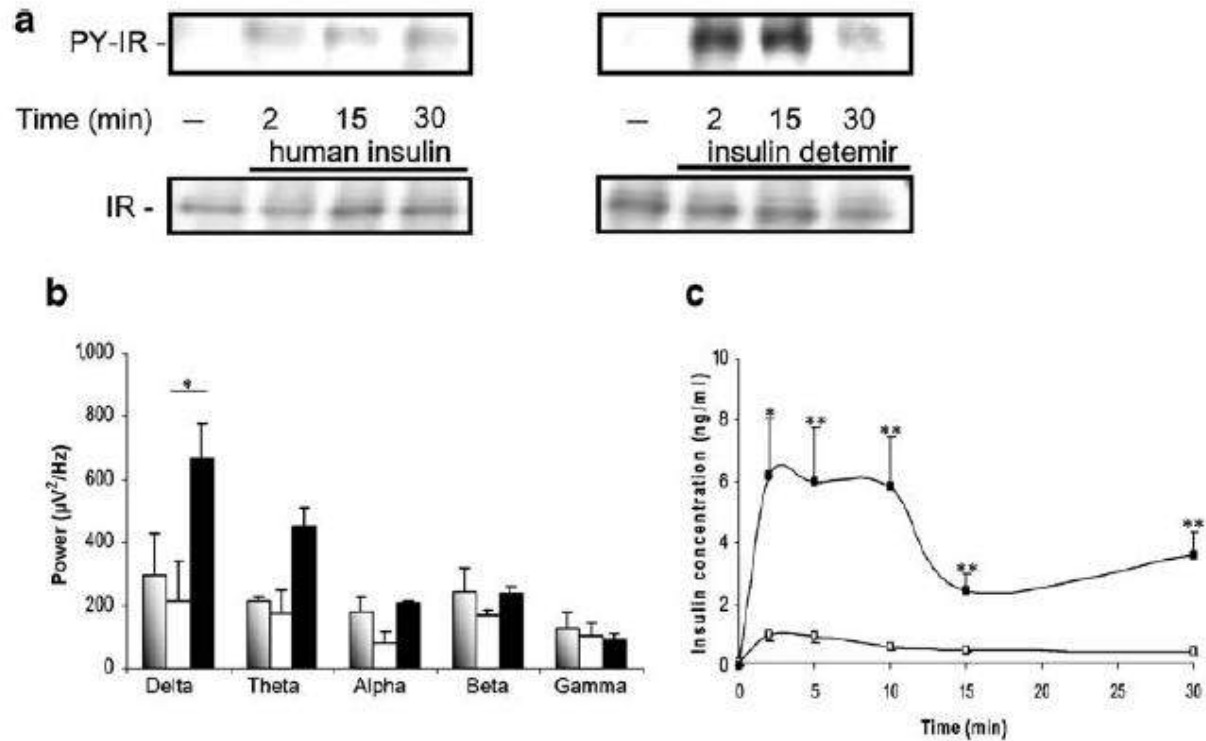
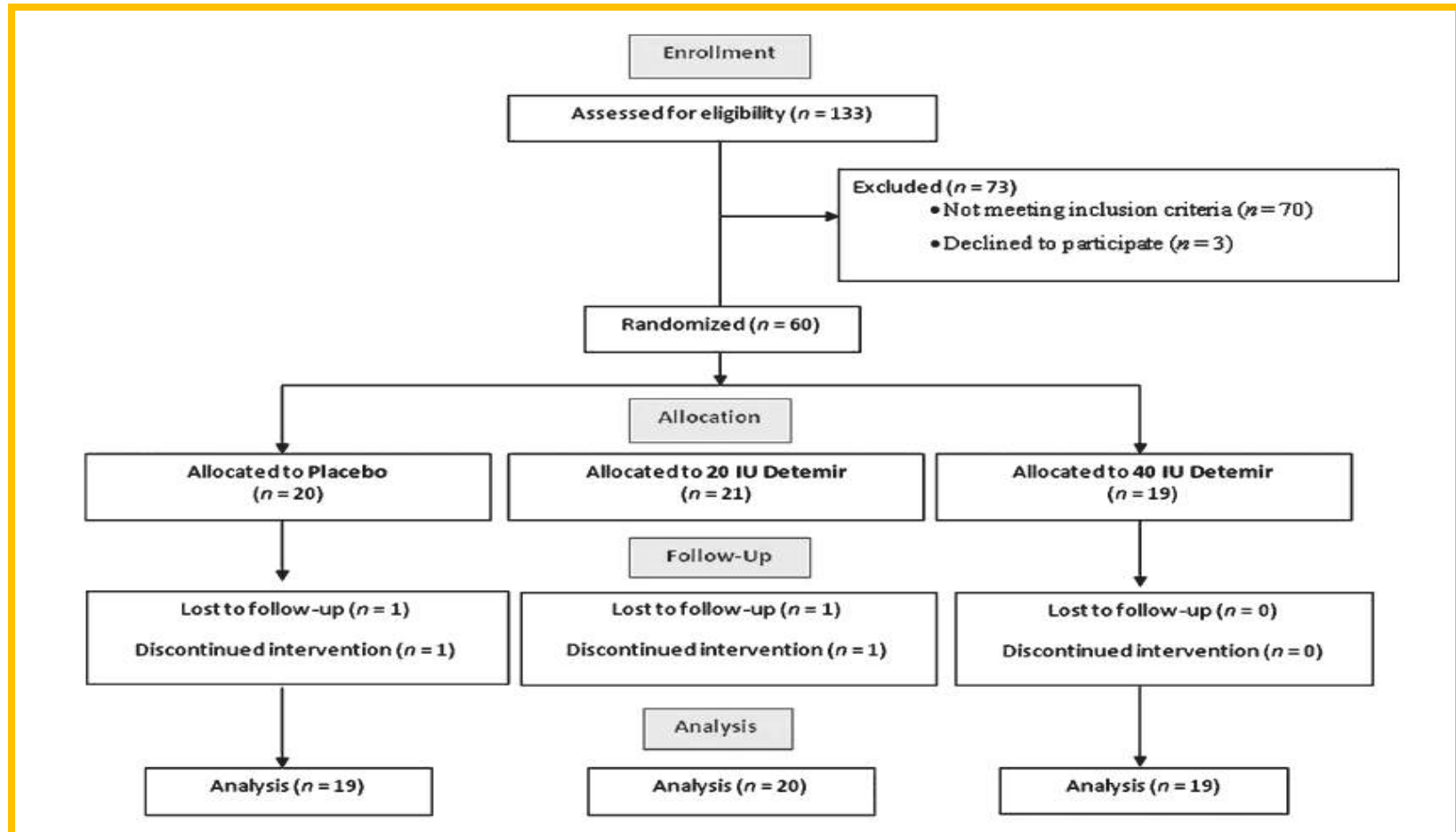


Fig. 6 Phosphorylation kinetics of the IR in cortical tissue and EEG analysis and total brain insulin concentrations following insulin detemir treatment. Mice were injected i.v. with either human insulin

Long-Acting Intranasal Insulin Detemir Improves Cognition for Adults with Mild Cognitive Impairment or Early-Stage Alzheimer's Disease Dementia



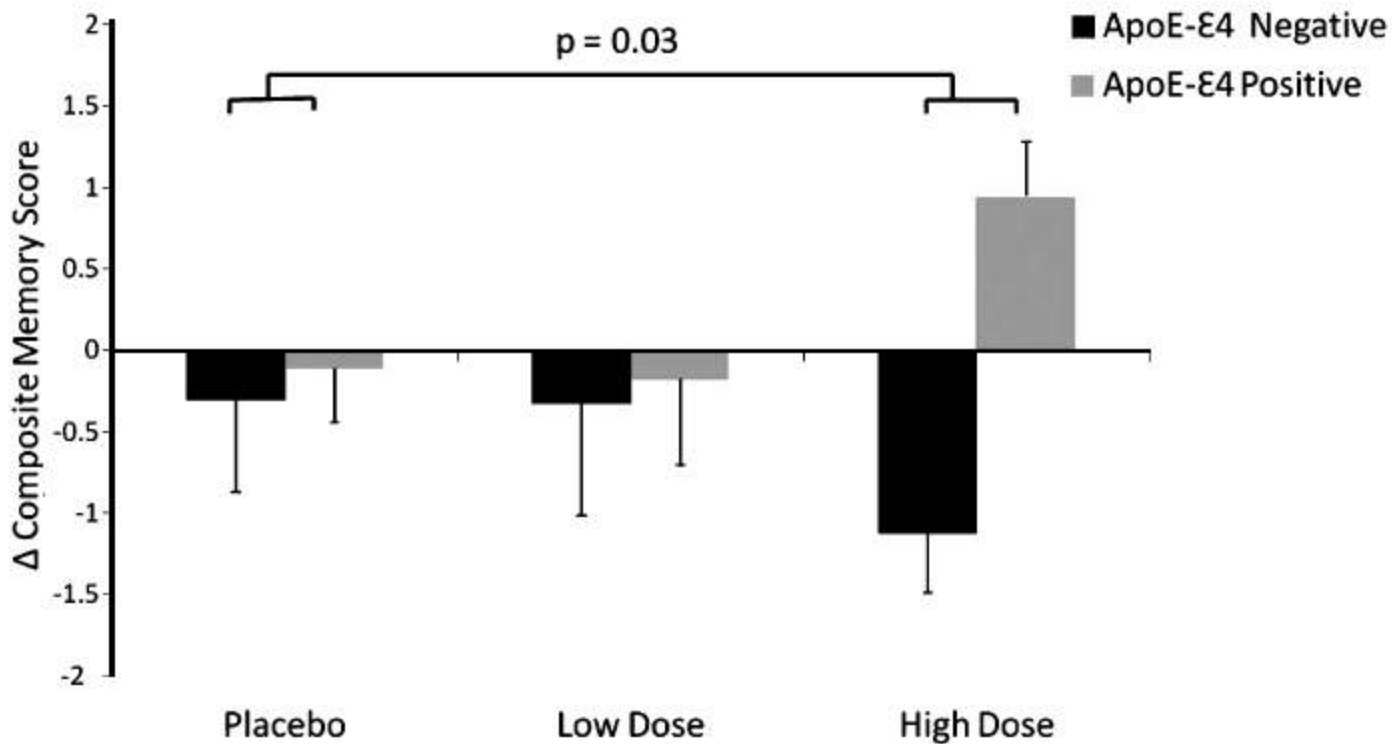


Fig. 2. Change in composite memory score from baseline to day 21, by treatment group and APOE-ε4 carriage.

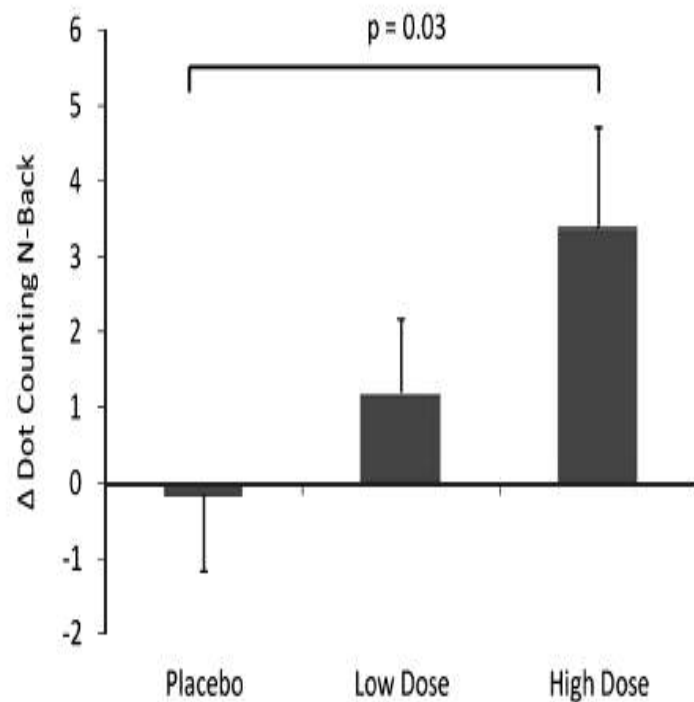


Fig. 3. Change in verbal working memory as measured by the Dot Counting N-Back Task from baseline to day 21, by treatment group.

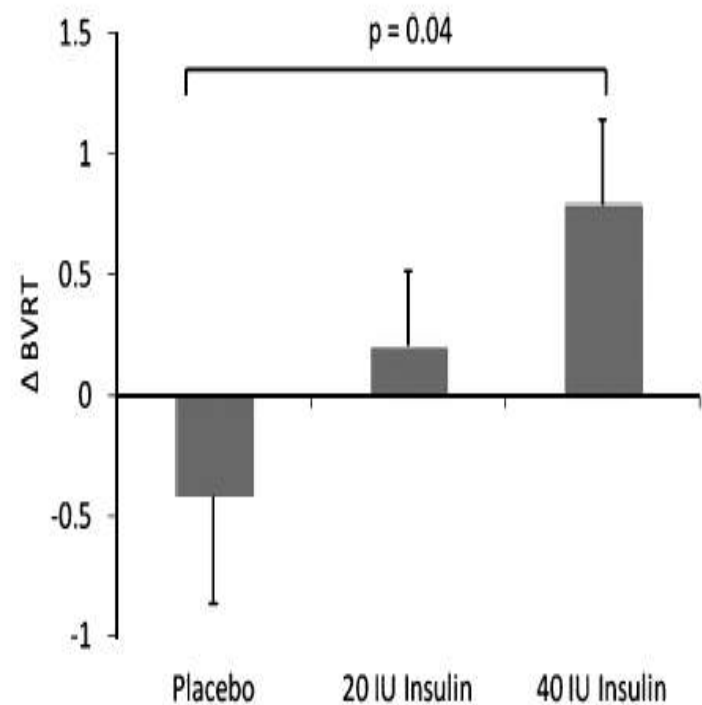


Fig. 4. Change in visuospatial working memory as measured by the BVRT from baseline to day 21, by treatment group.

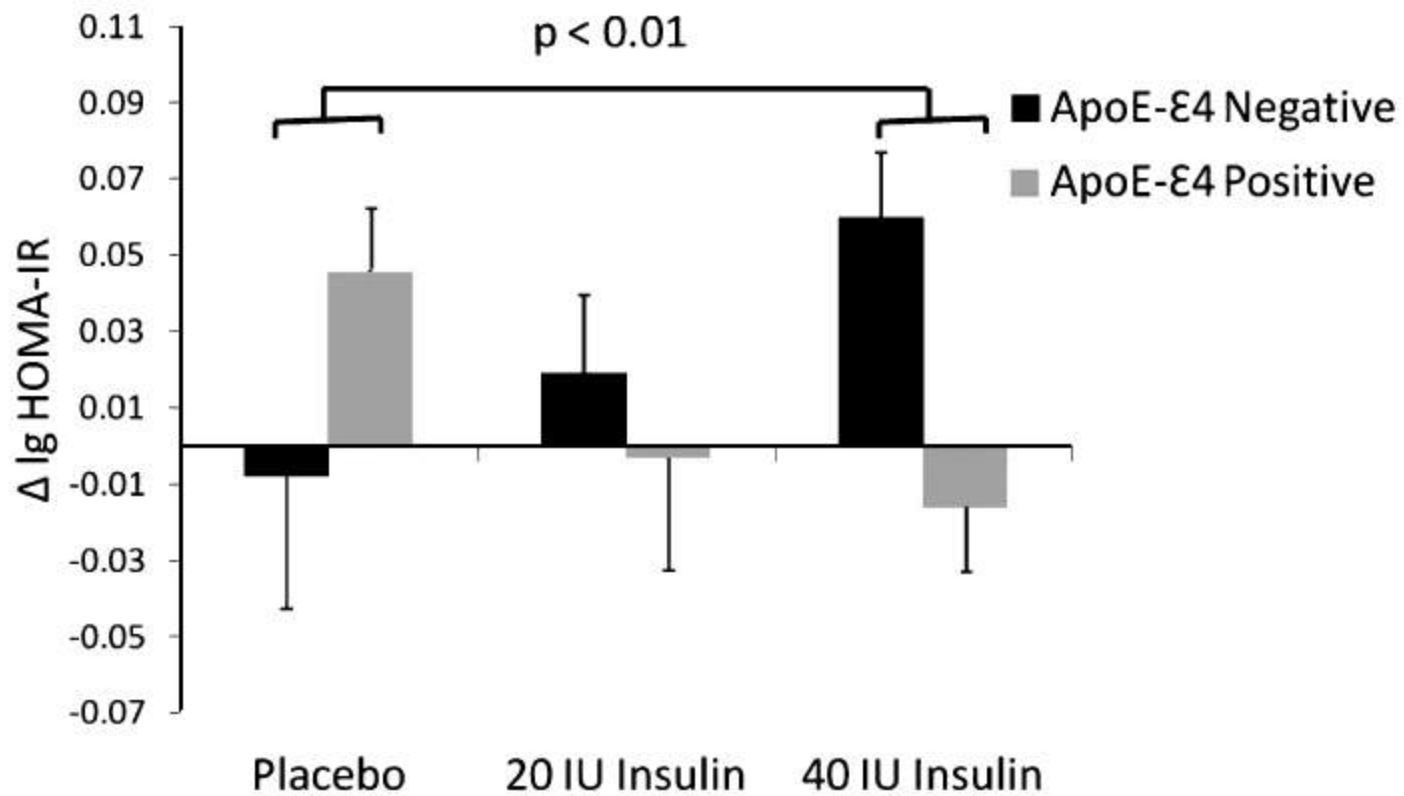


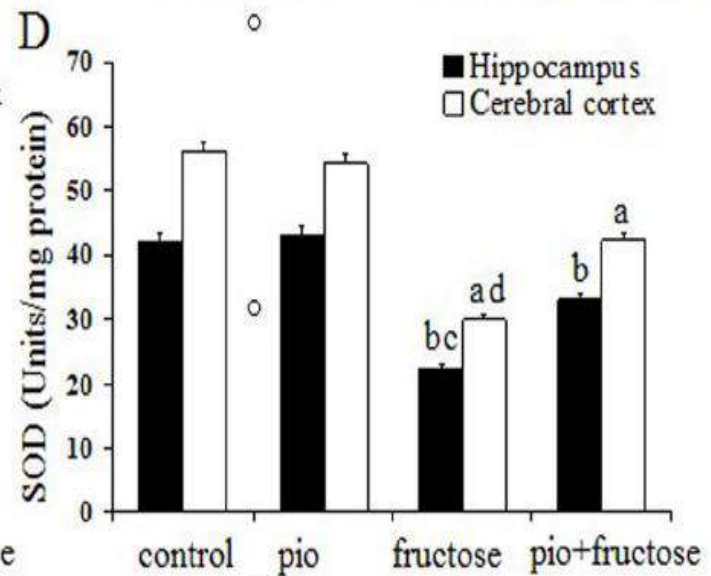
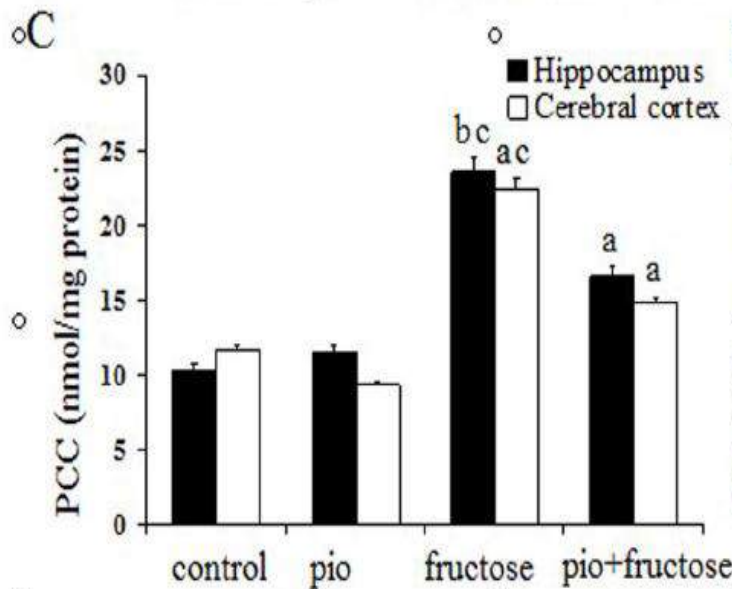
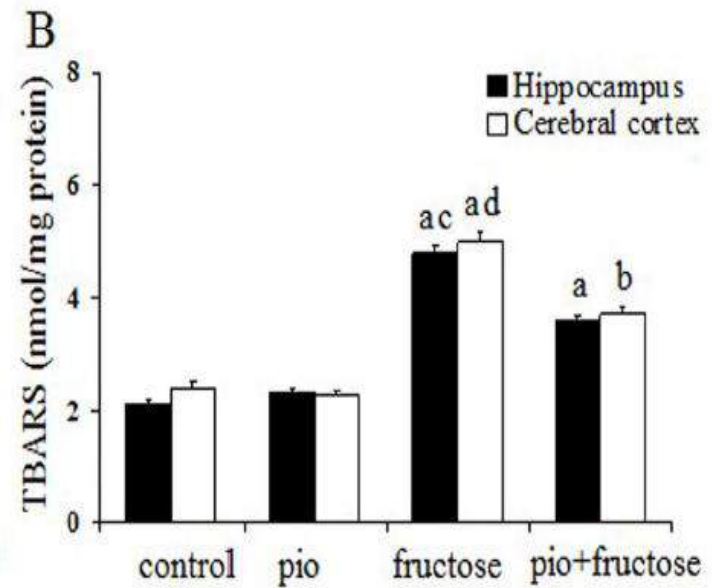
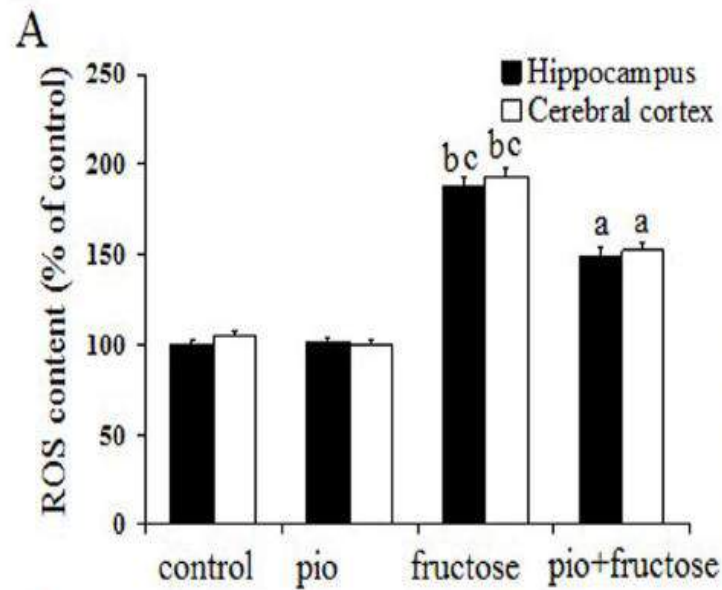
Fig. 5. Change in HOMA-IR from baseline to day 21, by treatment group and APOE-ε4 carriage.

- Daha uzun etkililer
- Hepatik etkinliđi yüksek olanlar
- Santral etkinliđi yüksek olanlar...

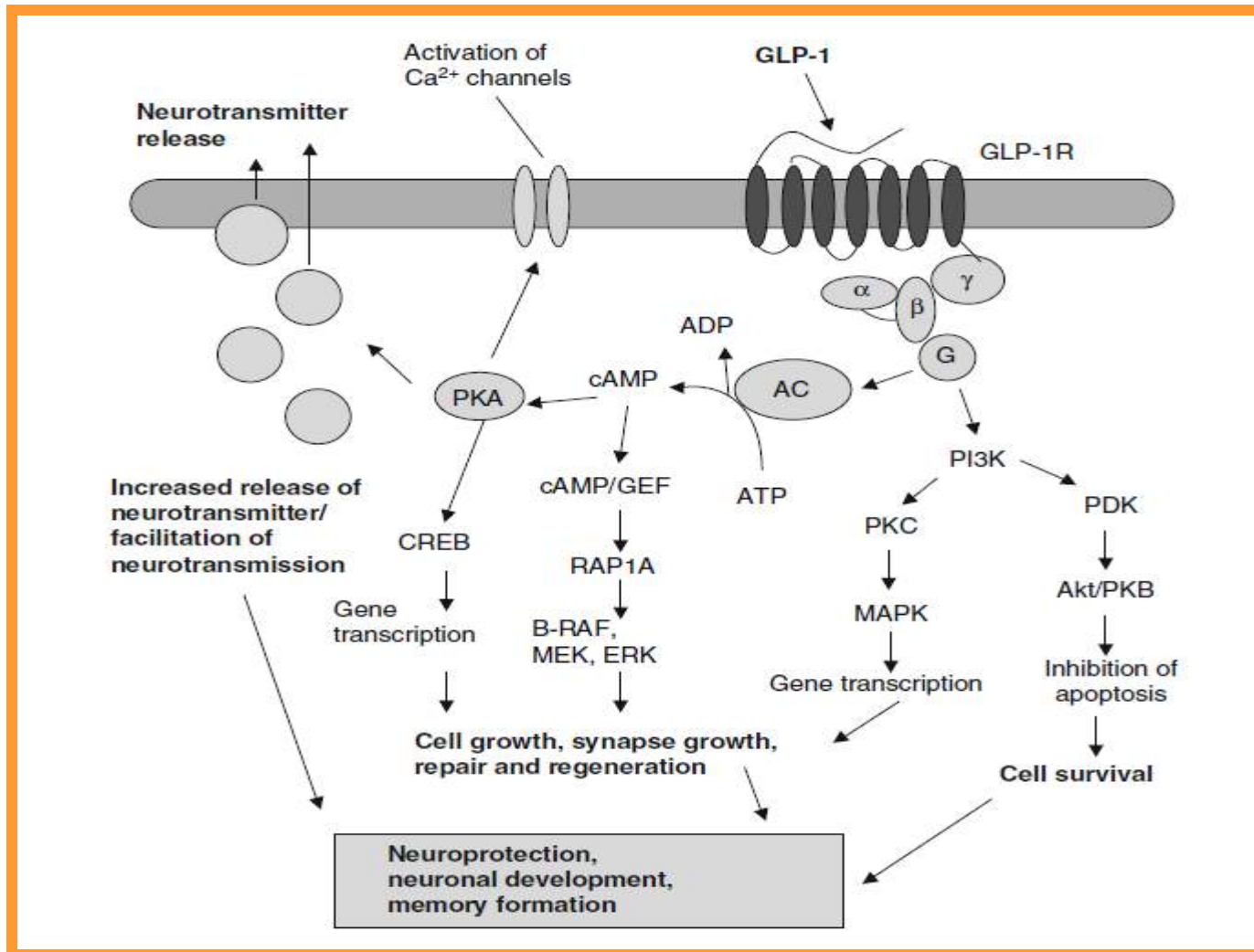
Pioglitazone Improves Cognitive Function via Increasing Insulin Sensitivity and Strengthening Antioxidant Defense System in Fructose-Drinking Insulin Resistance Rats

Table 1. Effects of pioglitazone on plasma glucose and insulin in fructose-drinking insulin resistance rats.

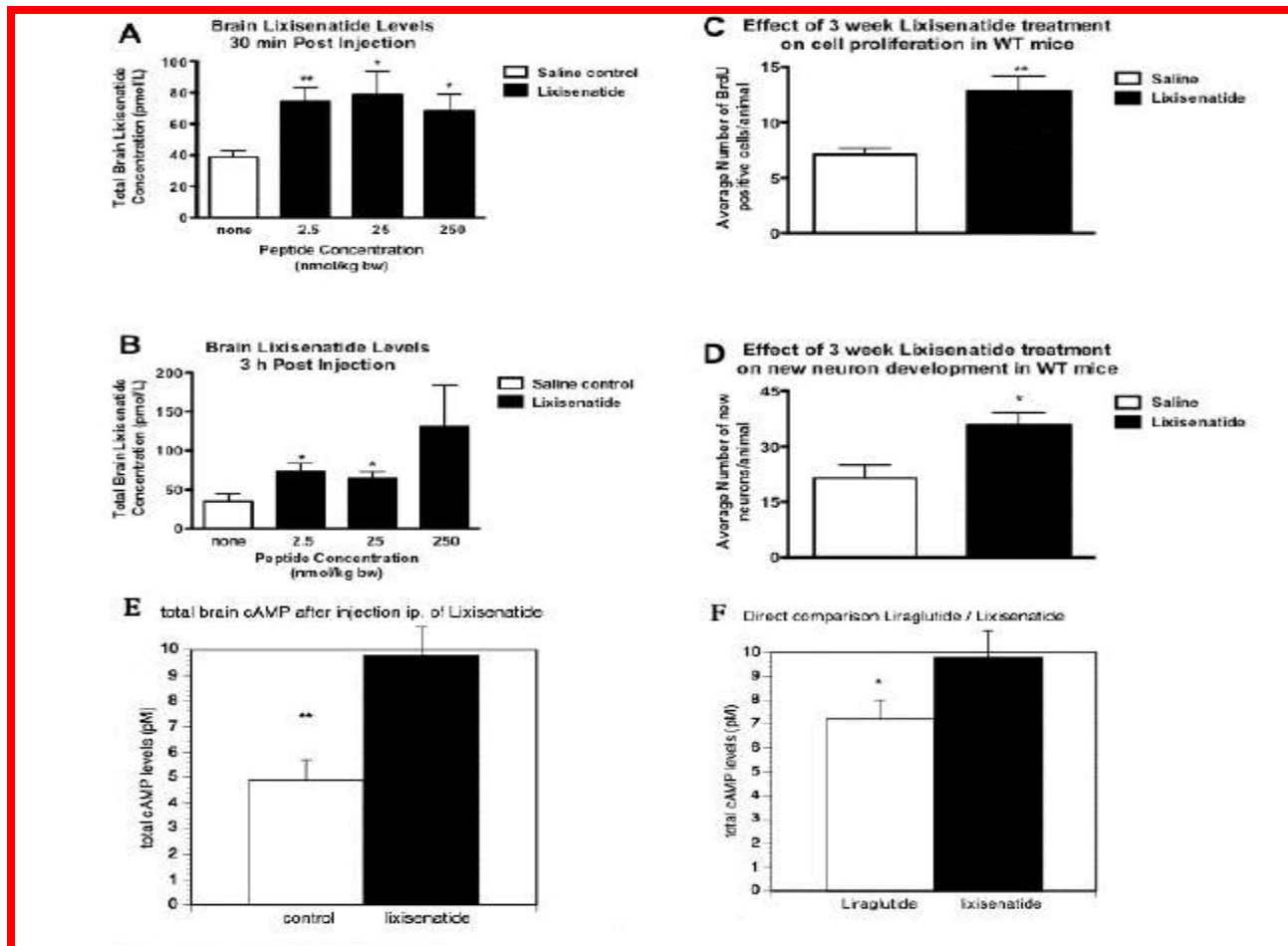
| Groups (n) | Body weight (g) | Fasting blood glucose (mmol/L) | Fasting insulin (mU/L) | Insulin resistance index |
|---------------------------|-----------------|--------------------------------|------------------------|--------------------------|
| Control (10) | 397.4±19.3 | 5.12±0.78 | 145±2.9 | 3.30±0.34 |
| Pioglitazone (9) | 401.5±15.9 | 4.83±0.39 | 139±3.3 | 2.98±0.28 |
| Fructose (8) | 409.3±12.9 | 5.54±0.58 | 346±4.5 ^a | 8.52±0.62 ^a |
| Pioglitazone+fructose (8) | 412.2±15.9 | 5.38±0.47 | 194±4.0 ^{bc} | 4.64±0.33 ^{ac} |



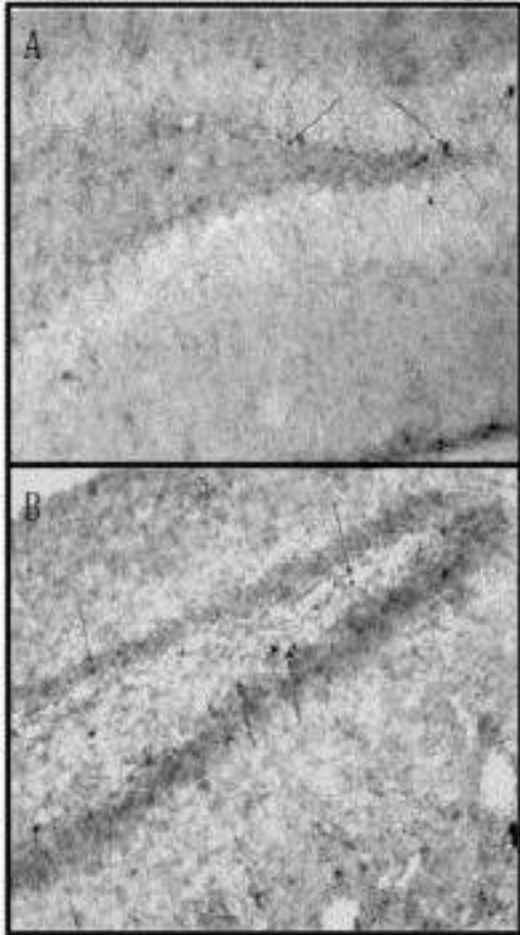
Potential Role of Glucagon-Like Peptide-1 (GLP-1) in Neuroprotection



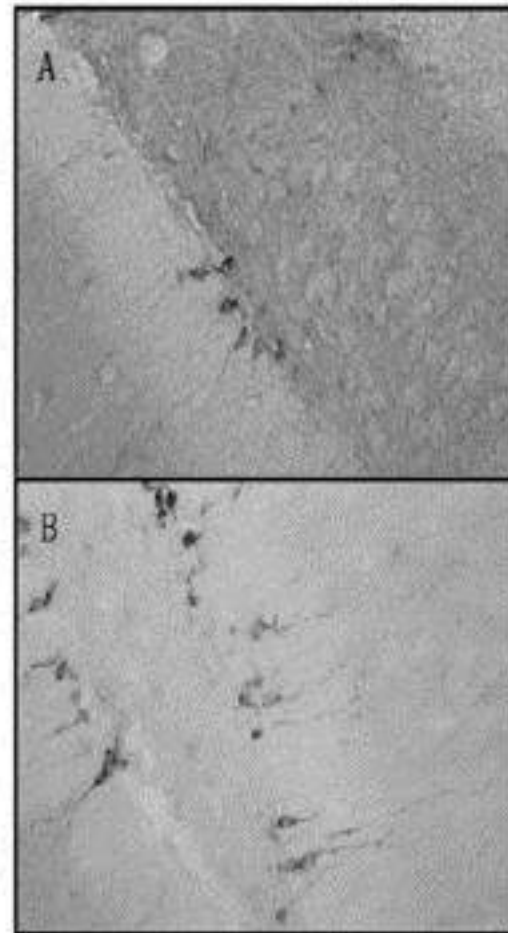
Drugs developed to treat diabetes, liraglutide and lixisenatide, cross the blood brain barrier and enhance neurogenesis



Cell proliferation in the dentate gyrus:

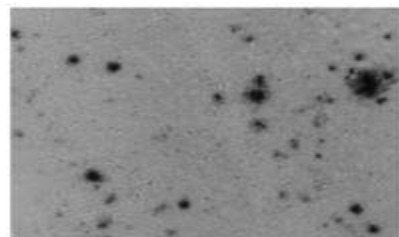


Young neurons in the dentate gyrus:

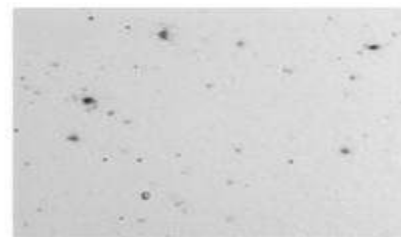


Micrographs: BrdU stain: A Saline control B Lixisenatide treated, 3 weeks once daily i.p. injection.

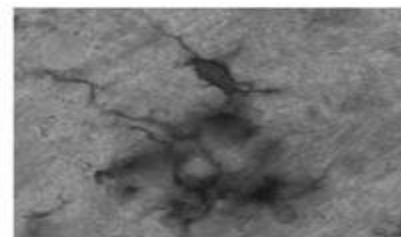
The incretin hormones glucagonlike peptide 1 and glucose-dependent insulinotropic polypeptide are neuroprotective in mouse models of Alzheimer's disease



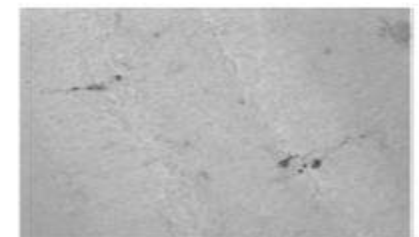
A APP/PS1 Saline



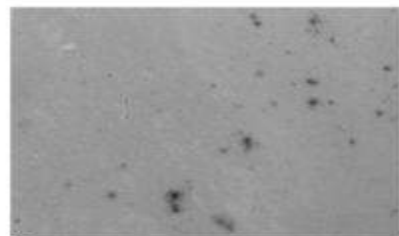
D APP/PS1 Saline



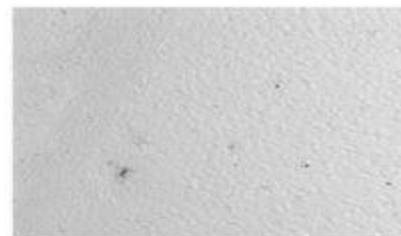
G APP/PS1 Saline



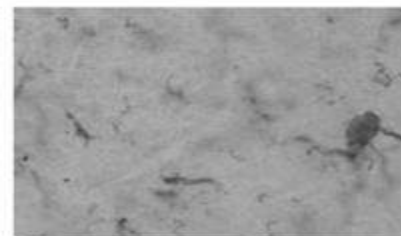
J APP/PS1 Saline



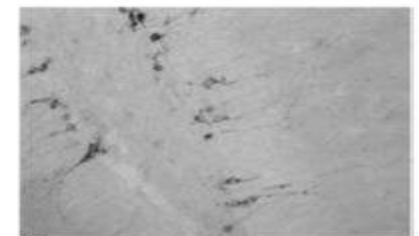
B APP/PS1 + Liraglutide



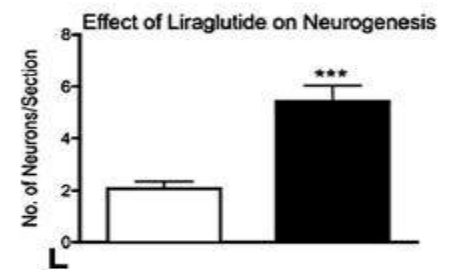
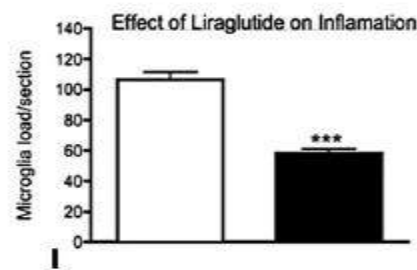
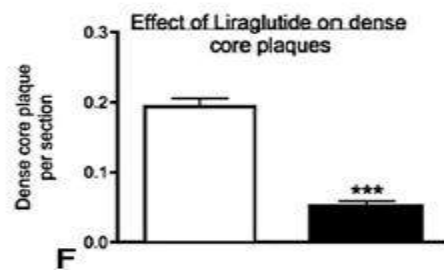
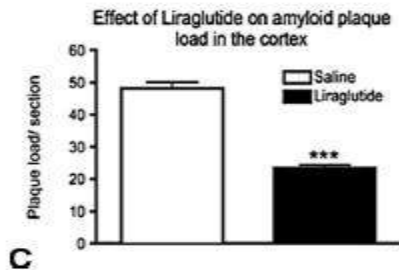
E APP/PS1 + Liraglutide



H APP/PS1 + Liraglutide



K APP/PS1 + Liraglutide



Exenatide as a potential treatment for patients with Parkinson's disease: First steps into the clinic

Table 1
Inclusion and exclusion criteria for completed and planned proof-of-concept exenatide trials

| Inclusion criteria | Exclusion criteria |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Patient has a diagnosis of idiopathic Parkinson's disease of moderate severity equivalent to Hoehn/Yahr stage 2 to 2.5 (bilateral symptoms but still physically independent).</p> <p>Patient is 45–75 years old.</p> <p>Patient is on L-dopa treatment.</p> <p>Patient demonstrates L-dopa responsiveness.</p> <p>Patient is able to give informed consent</p> <p>Patient is able to comply with trial protocol and willing to attend clinic necessary visits.</p> | <p>Patient has a diagnosis or suspicion of other cause for parkinsonism.</p> <p>Patient has a known abnormality on computed tomographic or magnetic resonance imaging brain images likely to compromise compliance with trial protocol.</p> <p>Patient has concurrent dementia.</p> <p>Patient has concurrent severe depression.</p> <p>Patient has prior intracerebral surgical intervention for Parkinson's disease.</p> <p>Patient is already participating actively in a trial of a device, drug, or surgical treatment for Parkinson's disease.</p> <p>Patient has diabetes mellitus.</p> <p>Patient has end-stage renal disease.</p> <p>Patient has a history of pancreatitis.</p> <p>Patient has severe gastrointestinal disease.</p> <p>Patient is pregnant or breastfeeding.</p> |