

Mikrobiyotaya Yakından Bakış ve İnsan Fizyolojisindeki Rolü

Osman Şadi YENEN

24 Nisan 2015

mycobiome *Roseburia intestinalis* beta diversity

inflammaging meta-organism *B. thetaiotaomicron*

Enzyme Commision **eubiosis** Firmicutes bioinformatics

autobiont super-organism operational taxonomic units

MetaHIT human microbiome project symbiont

microbiota colonization resistance metabotypes

vitrome whole genome shotgun sequencing

supra-organism contigs

abundance 16S rRNA metagenome

Kyoto Encyclopedia of Genes and Genomes

physiological inflammation Clusters of Orthologous Groups

IMMUNOLOGICAL SCHIZOPHRENIA microbiome resilience

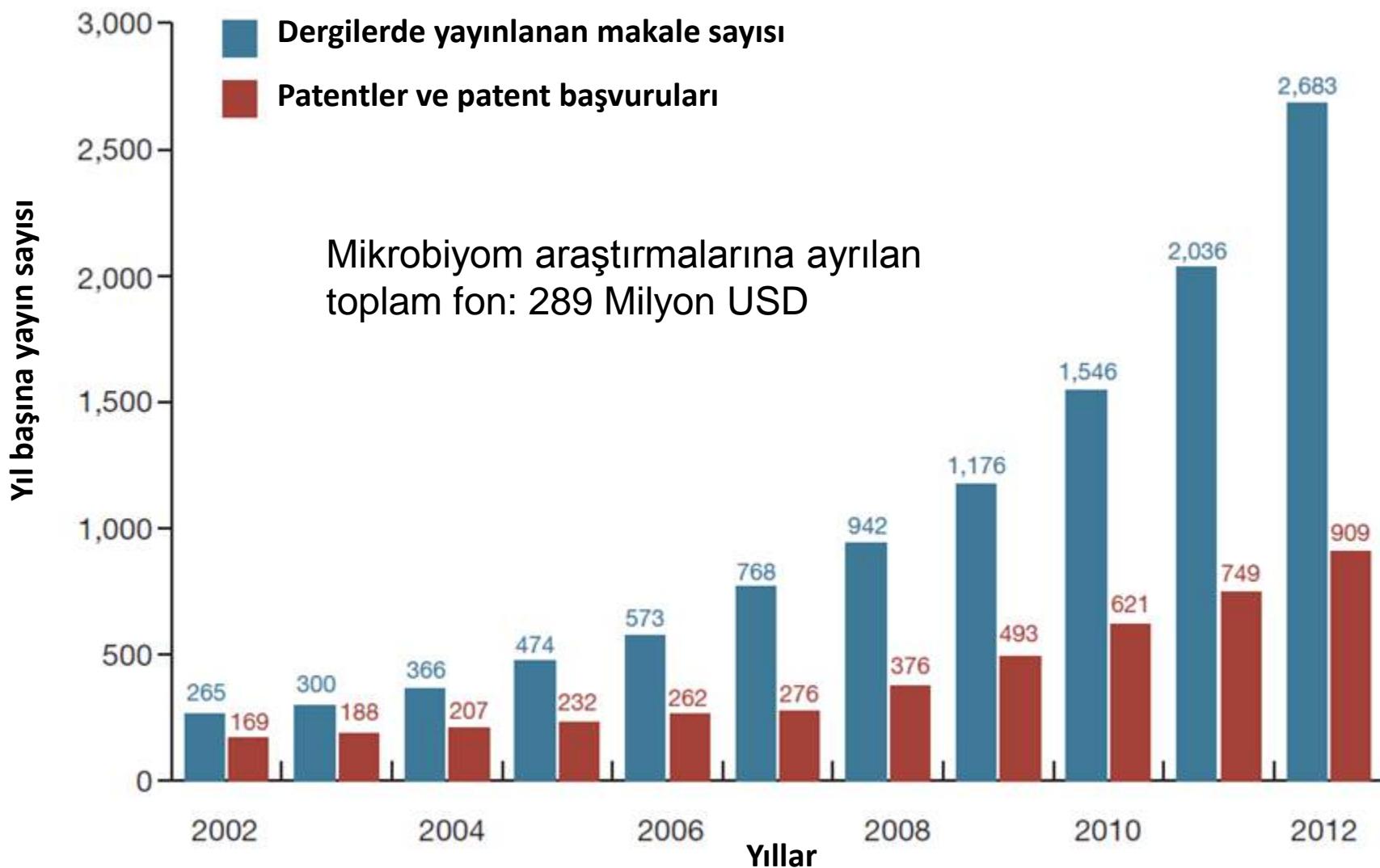
demilitarization zone dysbiosis alpha diversity

ENTEROTYPES

Faecalibacterium prausnitzii Archaea

Machine learning phylotypes *Bacteriodetes*

amphibiosis pathobiont Gnotobiotics Exposome



Microbiome, microbiota, gut flora, ya da gut microflora anahtar
sözcükleriyle saptanan yayınlar ve patentler ya da patent başvuruları
(International Patent Documentation Center, INPADOC, verileri)



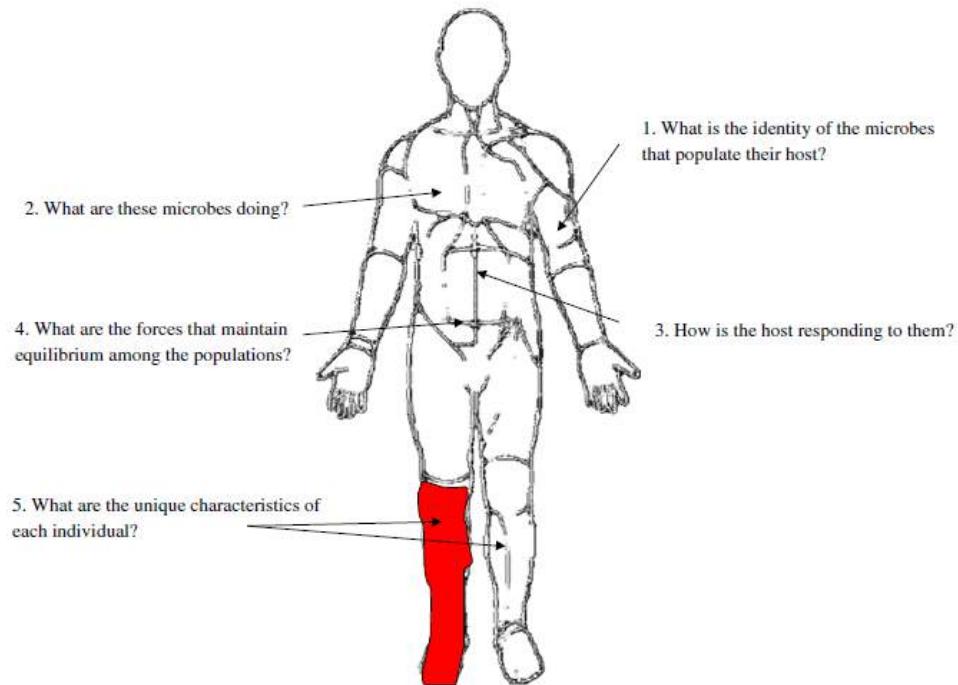
- **40 trilyon insan hücresi**
 - **22.000 insan geni**
 - **100 trilyon mikrop hücresi**
 - **9.8 milyon mikrop geni**
-
- Evrendeki yıldızlar: $\sim 10^{21}$
 - Vücudumuzdaki moleküller: $\sim 10^{27}$
 - Vücudumuzdaki mikroplar: $\sim 10^{14}$
 - Bağırsamızdaki bakteriyofajlar: $10^8\text{-}10^{10}$

EDITORIAL

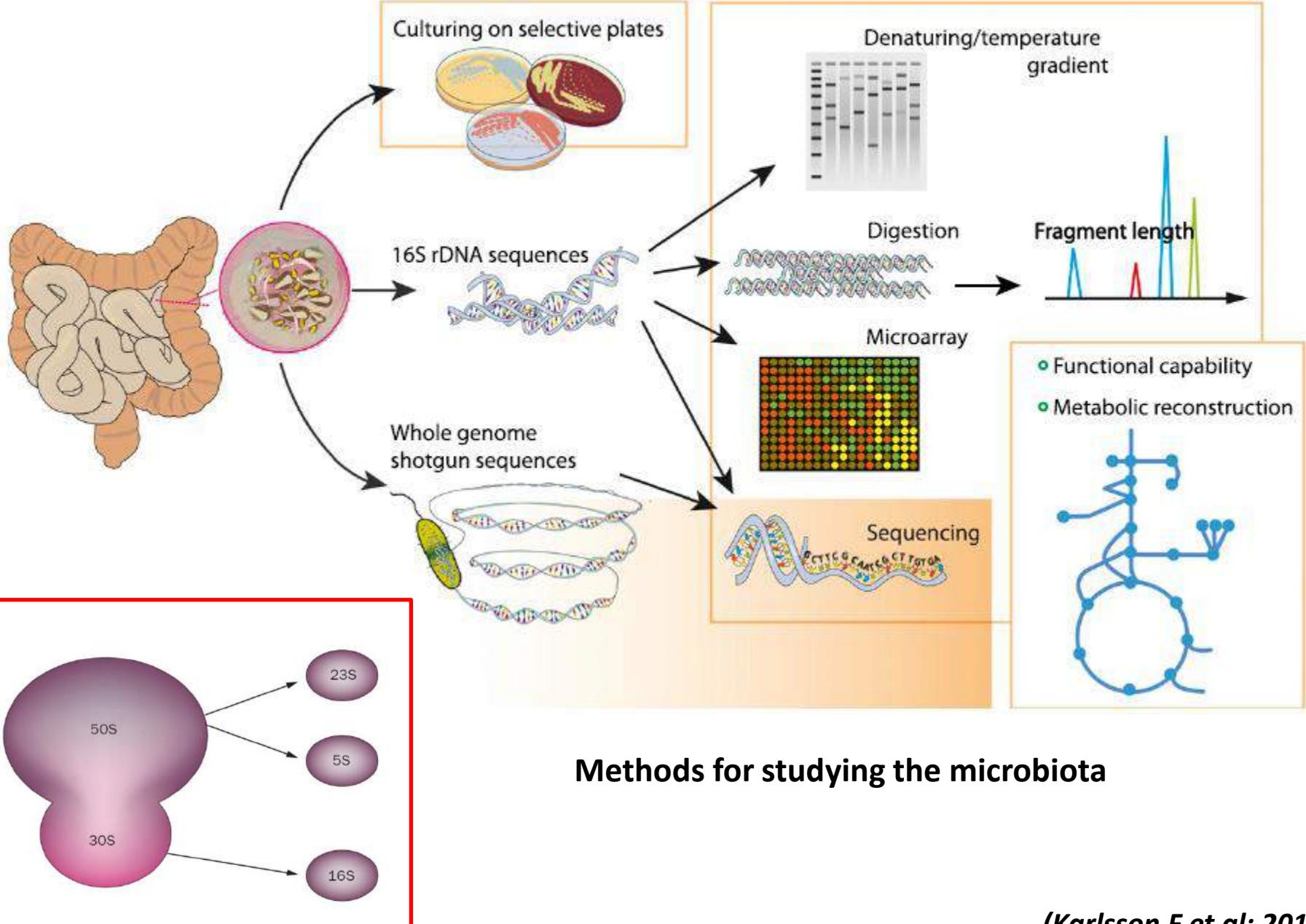
***Homo bacteriens* and a network of surprises**

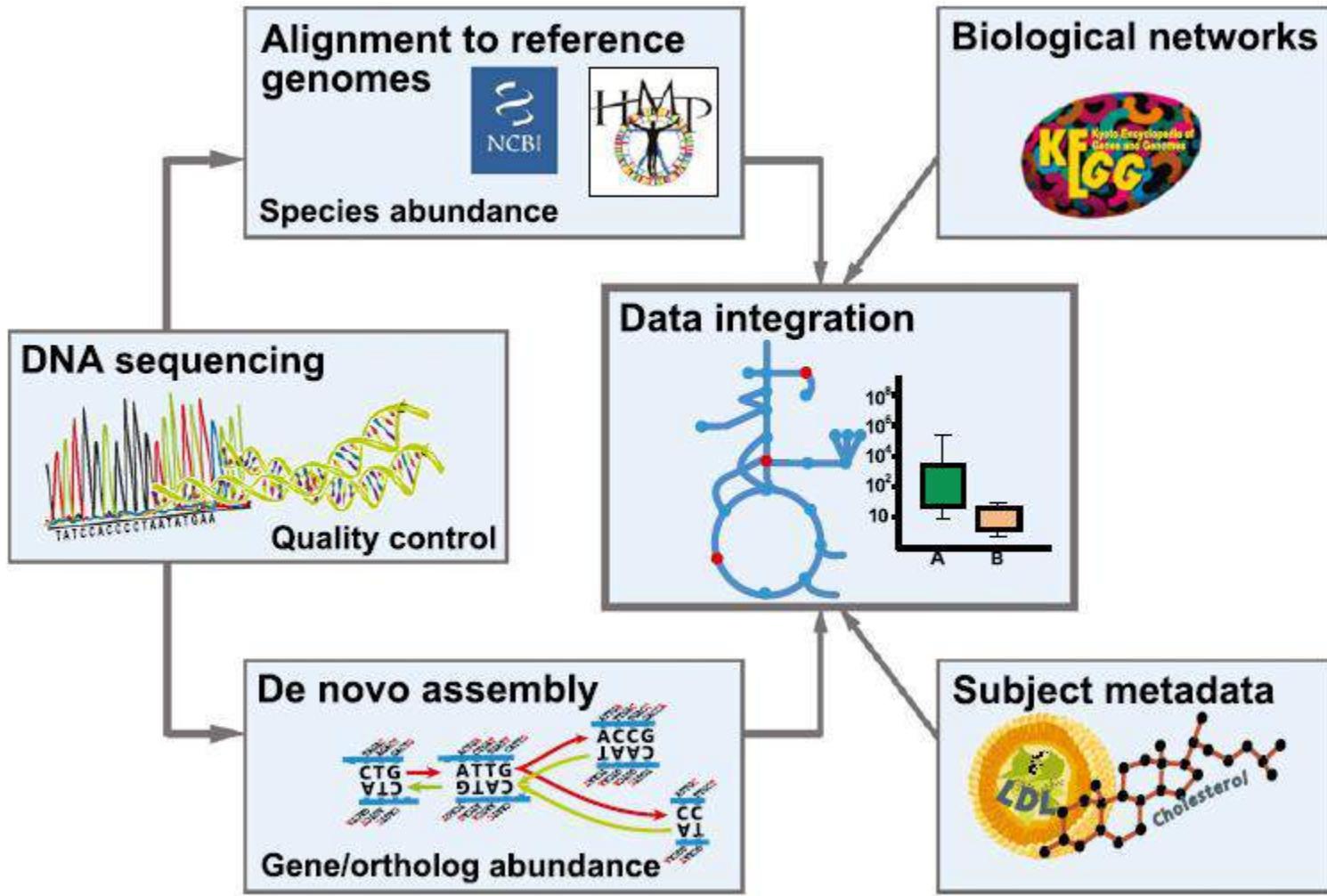
B. HENDERSON and M. WILSON

**'Unutulmuş organ'
'Son insan organı'
'Metabolik organ'**



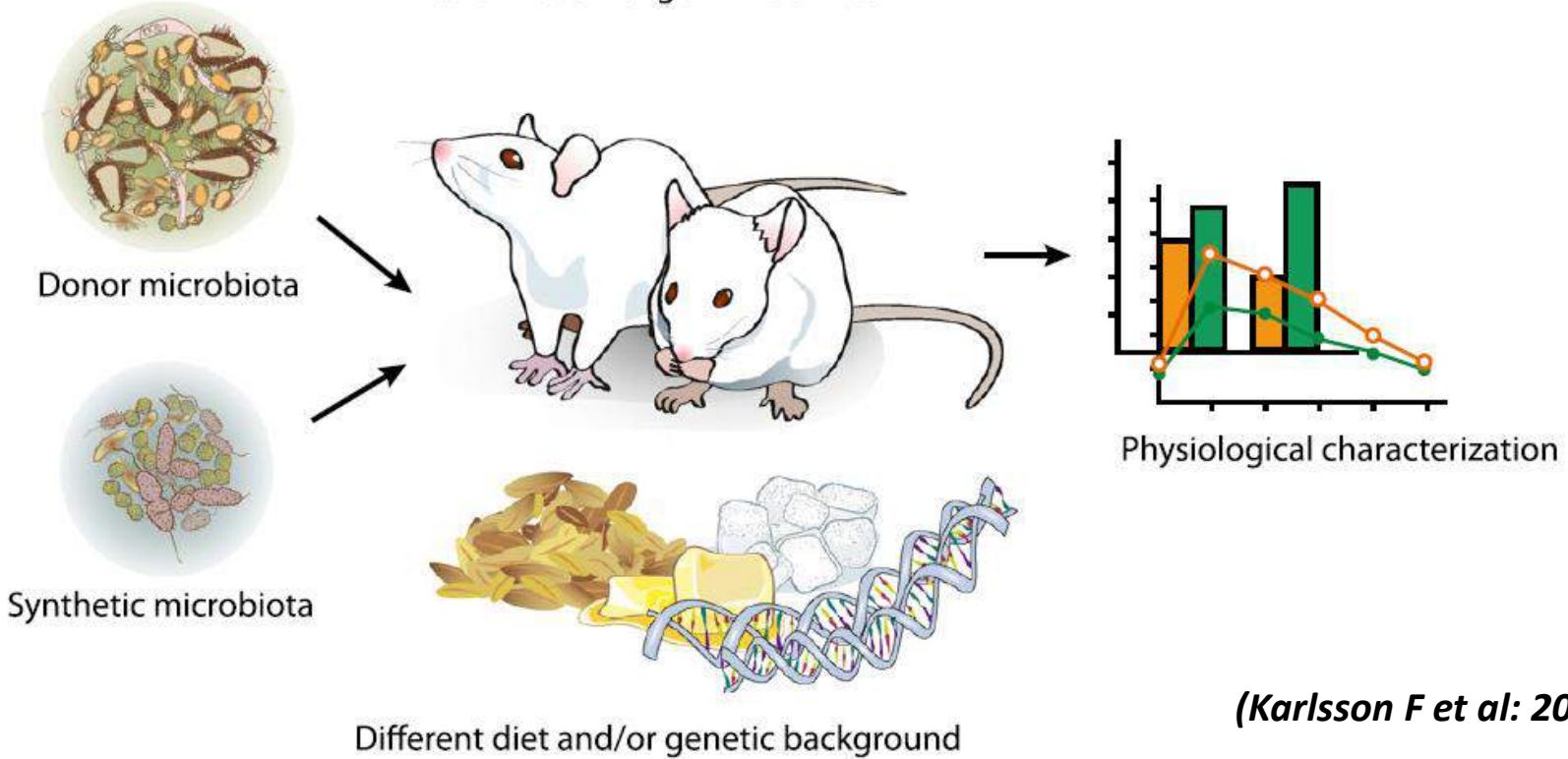
(Blaser MJ: 2010)



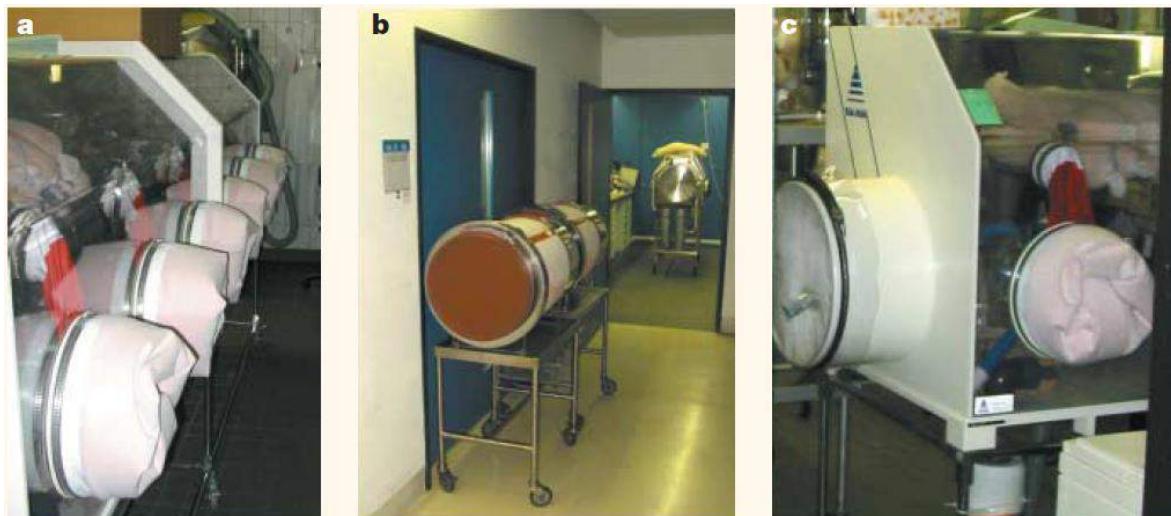


Bioinformatic pipeline for analysis of whole metagenome shotgun sequences

Colonization of germ-free mice

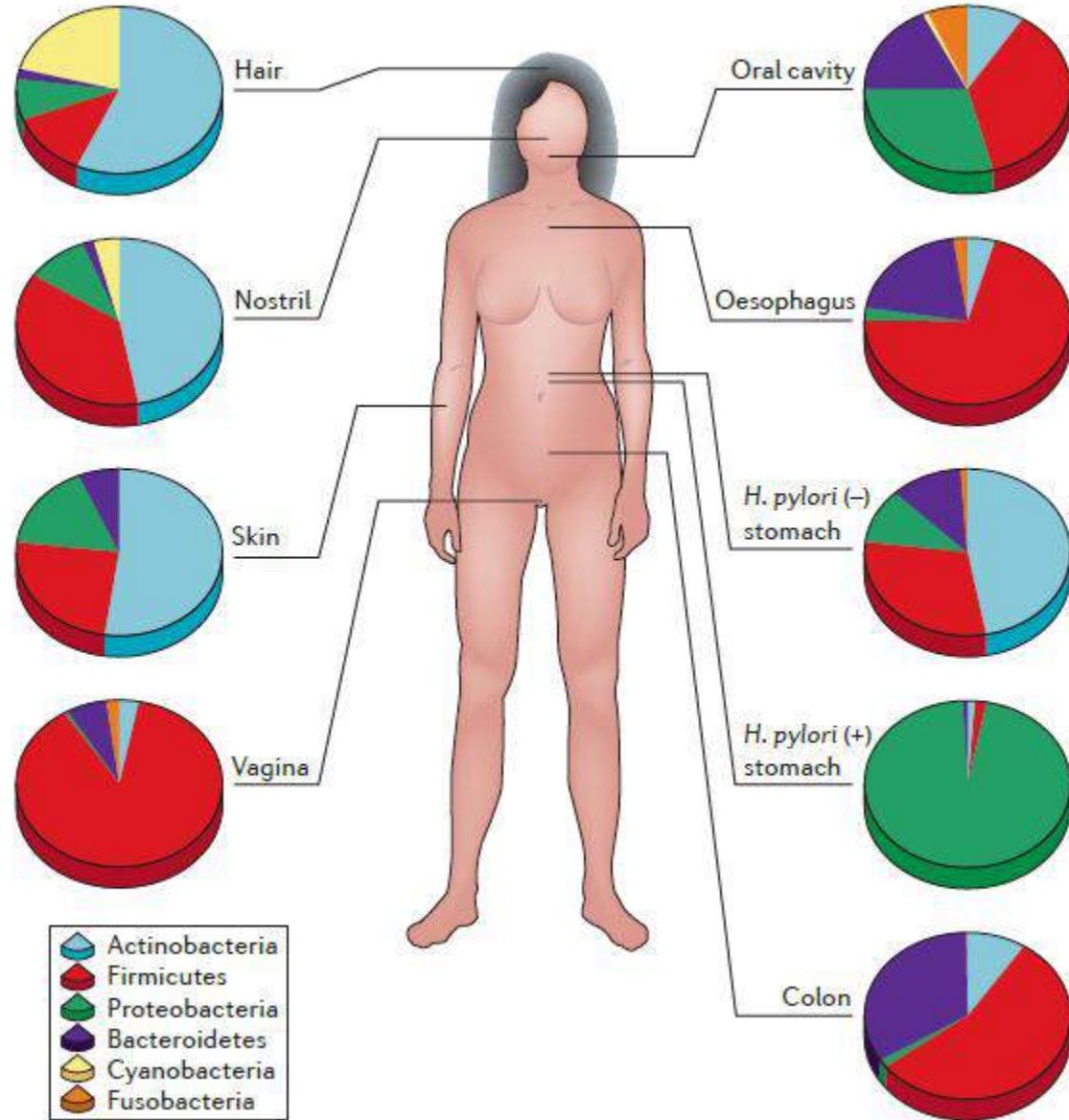


(Karlsson F et al: 2013)



Keeping germ-free
mice in an isolator

(Macpherson AJ, Harris NL: 2004)



Compositional differences in the microbiome by anatomical site

(Cho I, Blaser MJ: 2012)

Bacteroidetes

Bacteroides spp.
Prevotella spp.
Xylanibacter spp.

Firmicutes

Clostridium spp.
Eubacterium spp.
Roseburia spp.
Blautia spp.

Clostridial
Cluster XIVa

Clostridium spp.
Ruminococcus spp.
Faecalibacterium spp.

Clostridial
Cluster IV

Lactobacillus spp.

Actinobacteria

Bifidobacterium spp.
Propionibacterium spp.

Proteobacteria

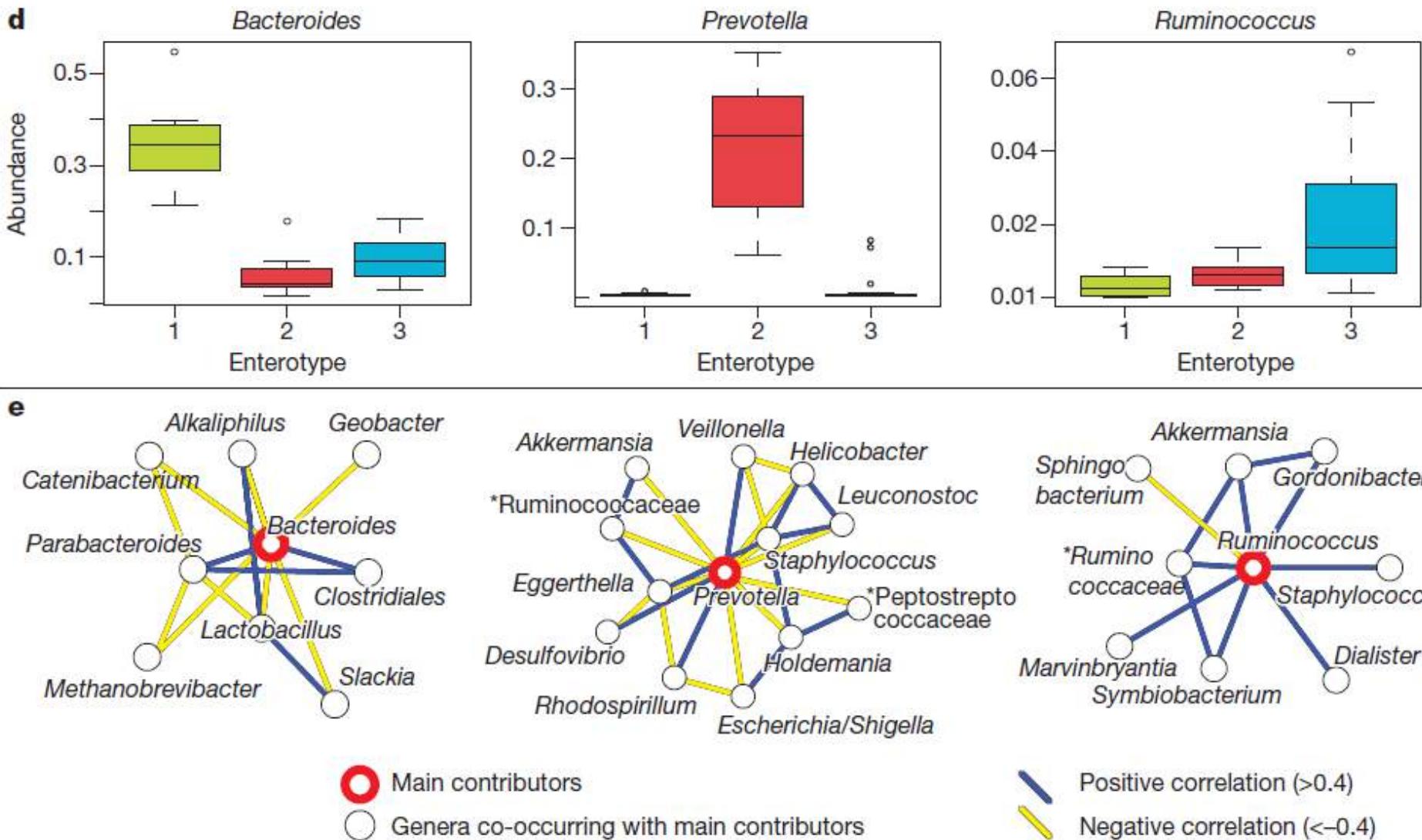
Escherichia coli

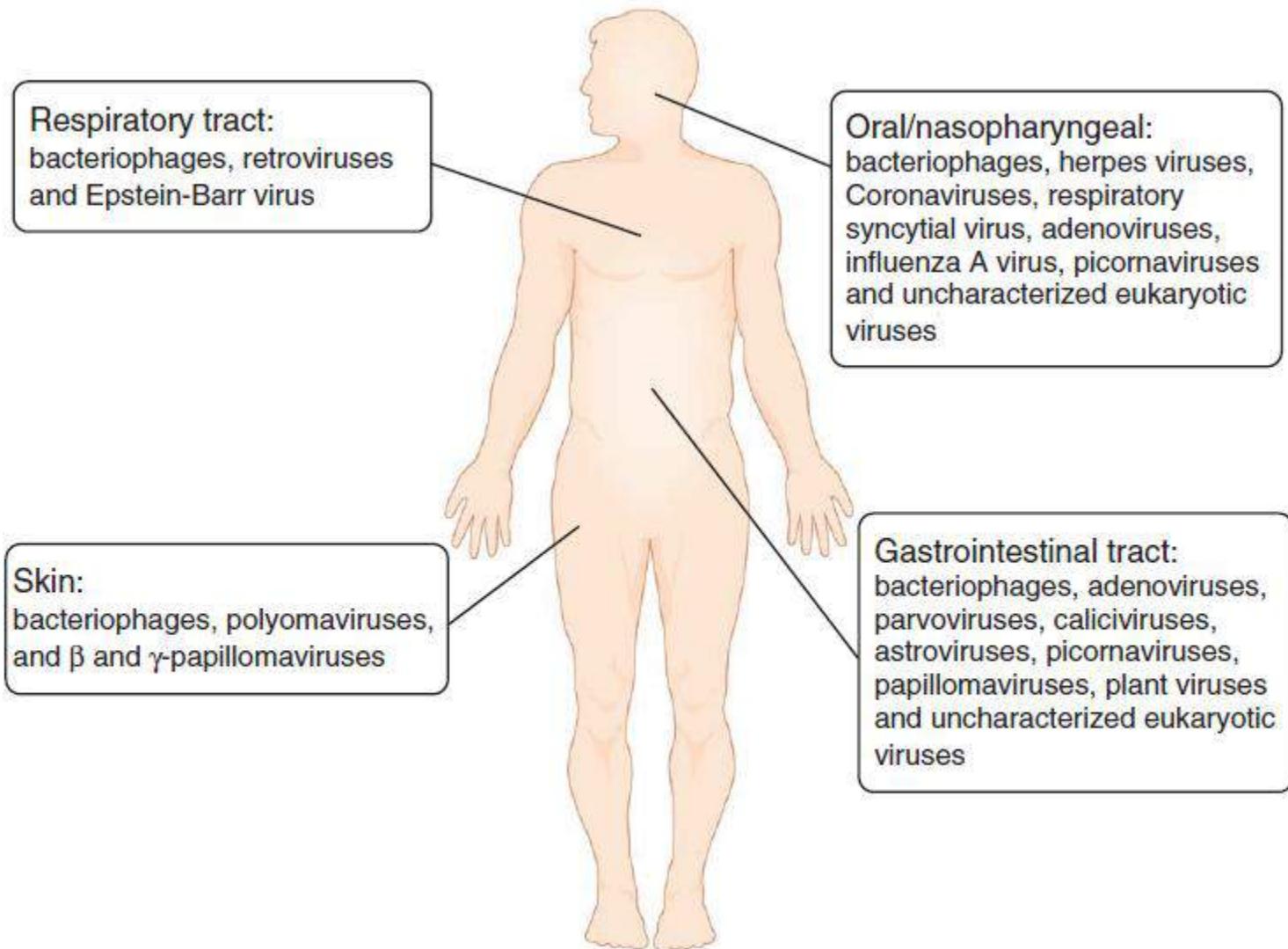
Verrucomicrobia

Akkermansia spp

Enterotypes of the human gut microbiome

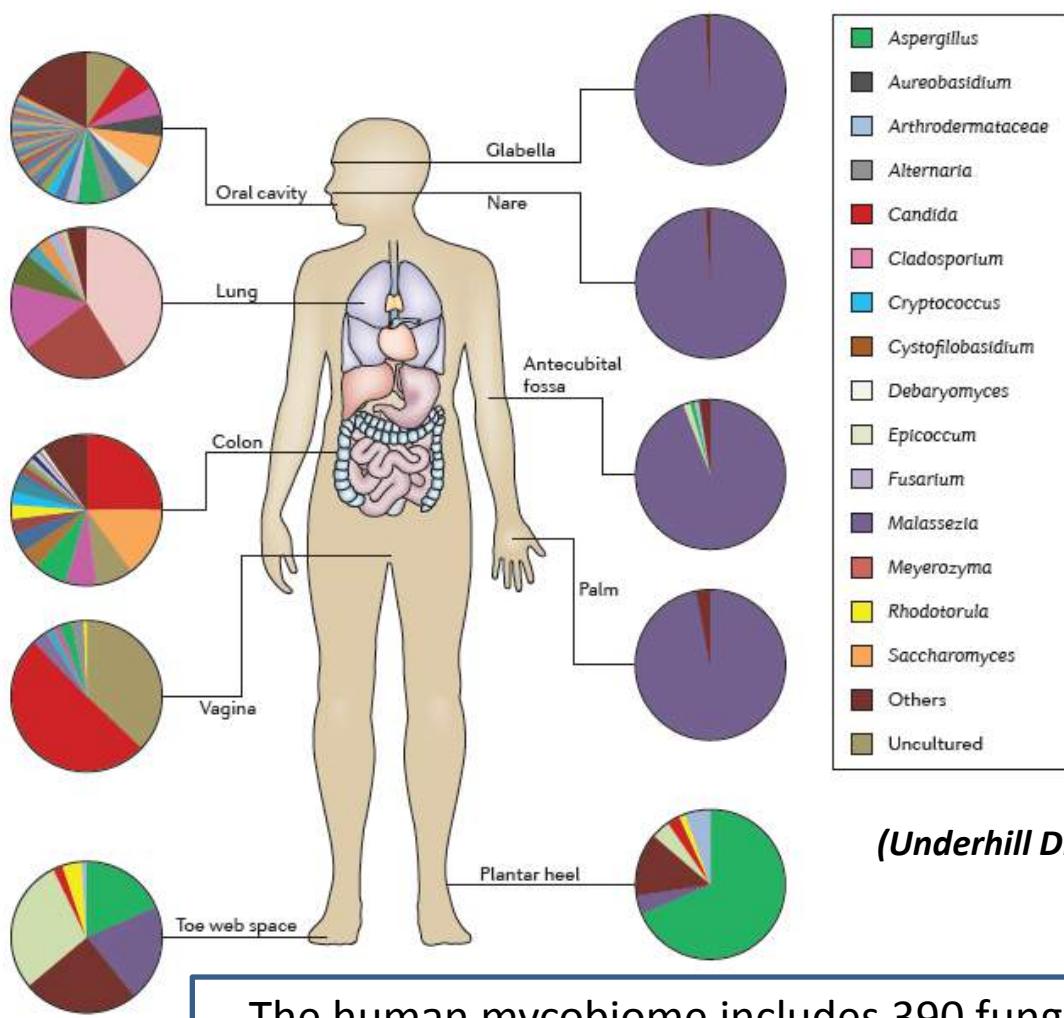
Manimozhiyan Arumugam^{1,*}, Jeroen Raes^{1,2,*}, Eric Pelletier^{3,4,5}, Denis Le Paslier^{3,4,5}, Takuji Yamada¹, Daniel R. Mende¹, Gabriel R. Fernandes^{1,6}, Julien Tan^{1,7}, Thomas Bruls^{3,4,5}, Jean-Michel Batto⁷, Marcelo Bertalan⁸, Natalia Borruel⁹





Anatomical locations of resident viruses in humans

The human mycobiota



(Underhill DM, Iliev ID: 2014)

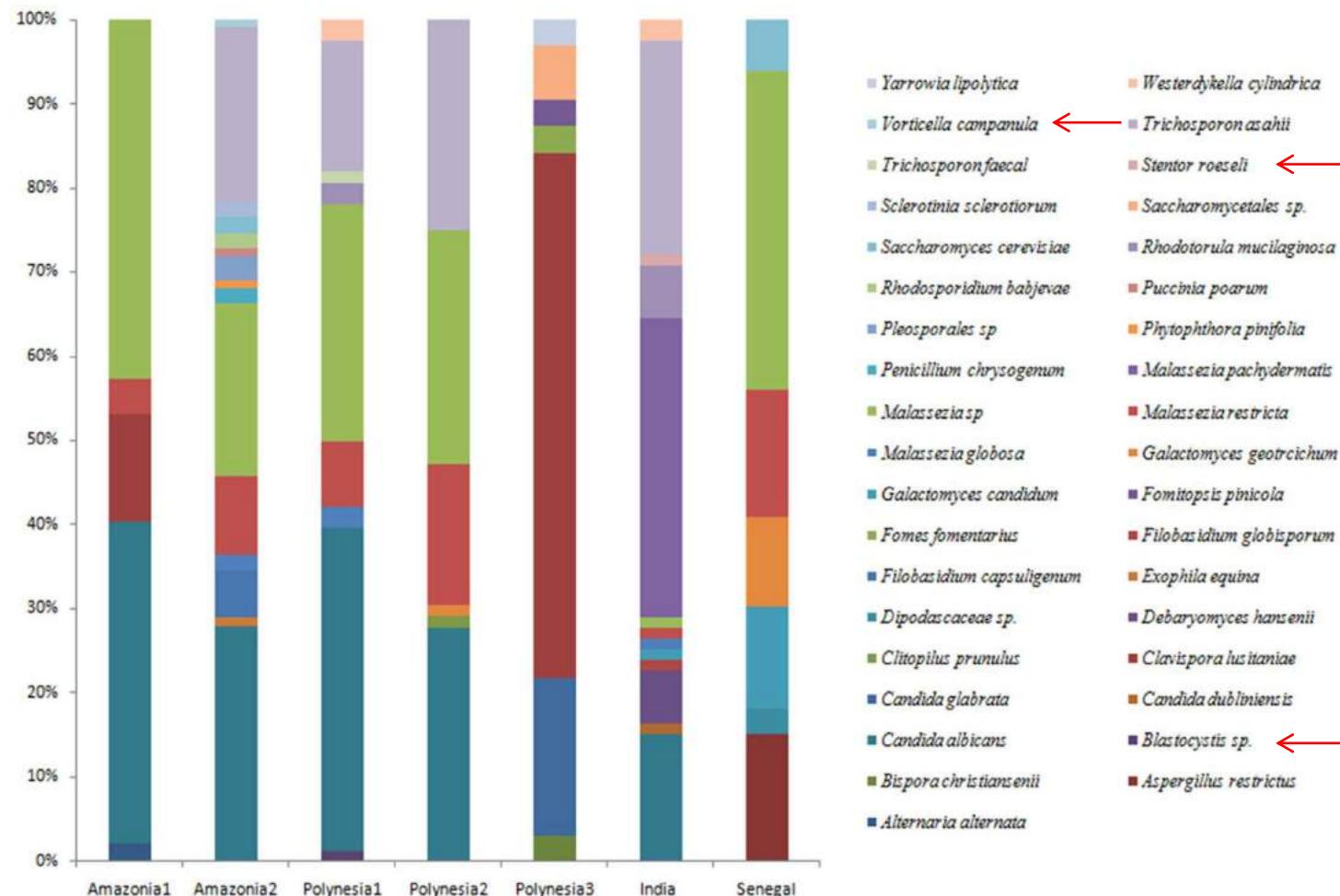
The human mycobiome includes 390 fungal species detected on the skin, in the vagina, in the oral cavity, and in the digestive tract that includes 335 species and 158 genera. Among these, **221 species are found only in the digestive tract, 88 only in the oral cavity, and 26 in both**. These species belong to 126 genera of yeast and filamentous fungi, of the Ascomycota, Basidiomycota, and Zygomycota phyla.

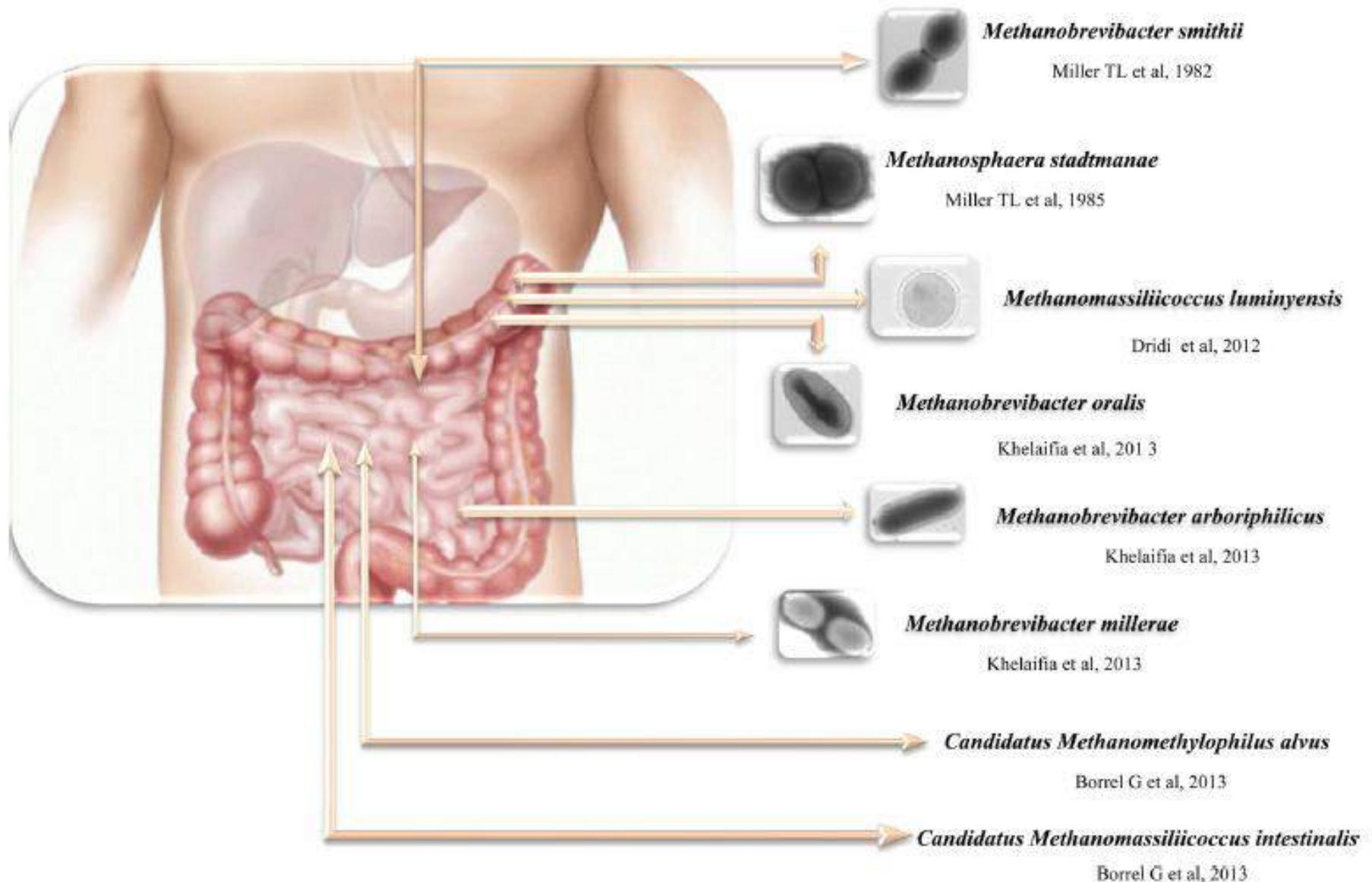
(Gouba N, Drancourt M: 2015)

Eukaryote Culturomics of the Gut Reveals New Species

Nina Gouba, Didier Raoult, Michel Drancourt*

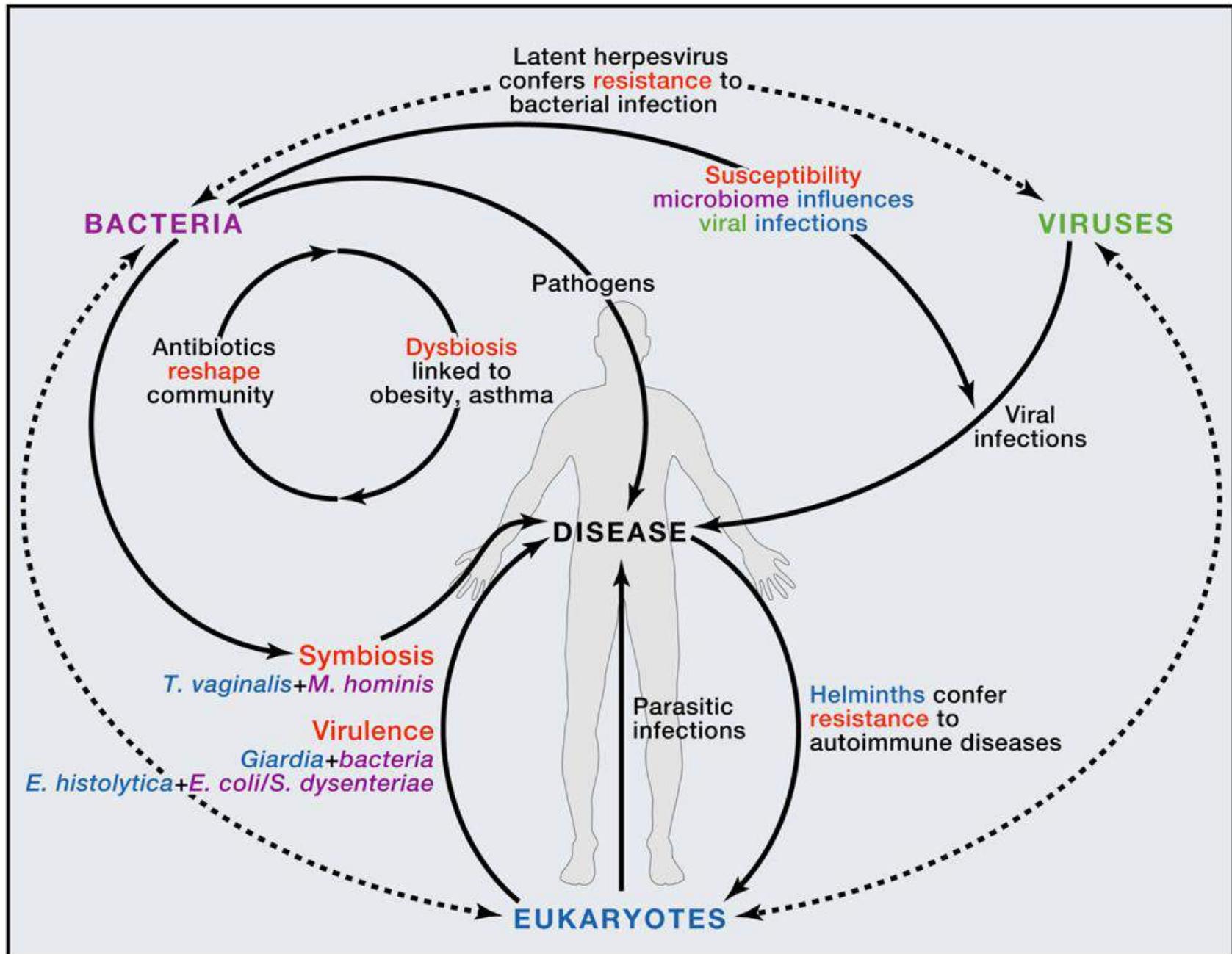
A total of 41 microeukaryotes including 38 different fungal species and three protists were detected.





Archaeal species detected in or cultured from the human gut

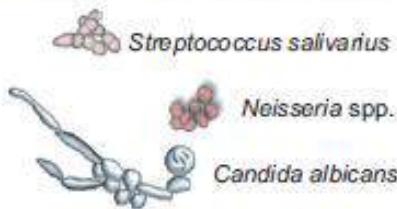
(Lagier J-C et al: 2015)



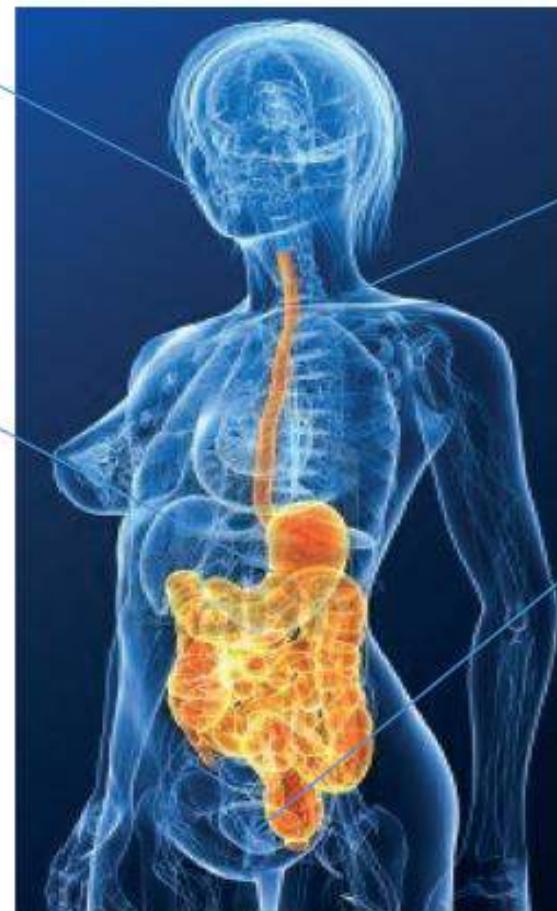
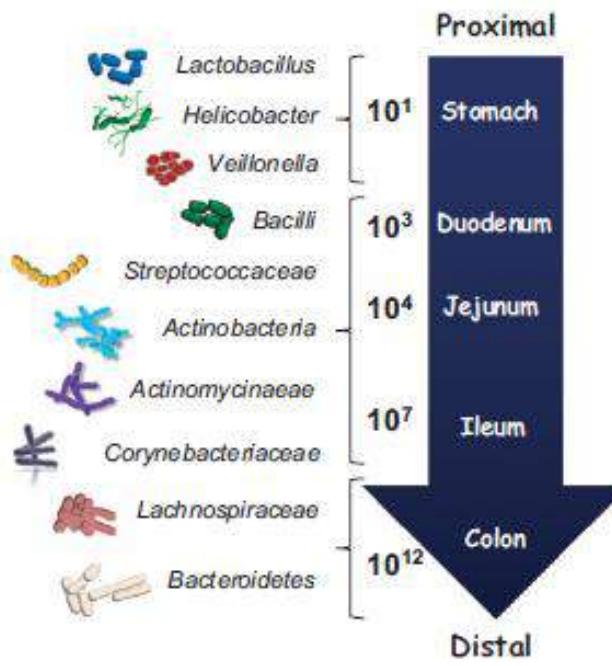
Effect of Interactions of Bacteria, Viruses, and Eukaryotes in Health and Disease

(Clemente JC et al: 2012)

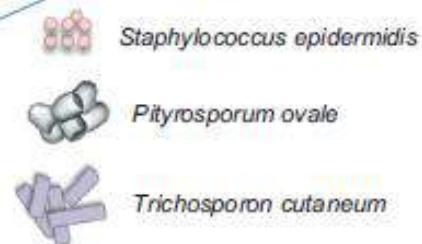
(a) Mouth, Pharynx & Respiratory System



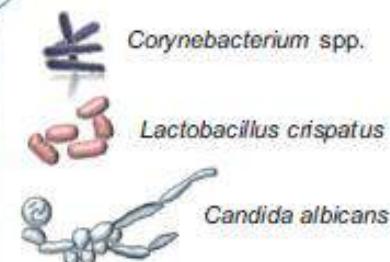
(b) Gastrointestinal tract



Skin



Urogenital tract



(c)

Epithelium

Epithelial surface Mucus layer

Intestinal lumen

Feces

Doğum şekli

Vajinal

Lactobacillus

Prevotella

Atopobium

Sezaryan

Staphylococcus

Corynebacterium

Propionibacterium spp.

Erken koloniciler

Firmicutes

Staphylococcus

Streptococcus

Enterobacteriaceae

Enterococcus

Lactobacillus

Bifidobacterium

Clostridium

Enterotipler

Bacteroides

Diyetteki protein ve hayvansal
yağ içeriğinden etkilenir

Ruminococcus

Prevotella

Diyetteki karbonhidratlarla
etkilenir

Doğum

Bebeklik (0-2 yıl)

Erişkinlik

Değişken

Sabit

Diyet

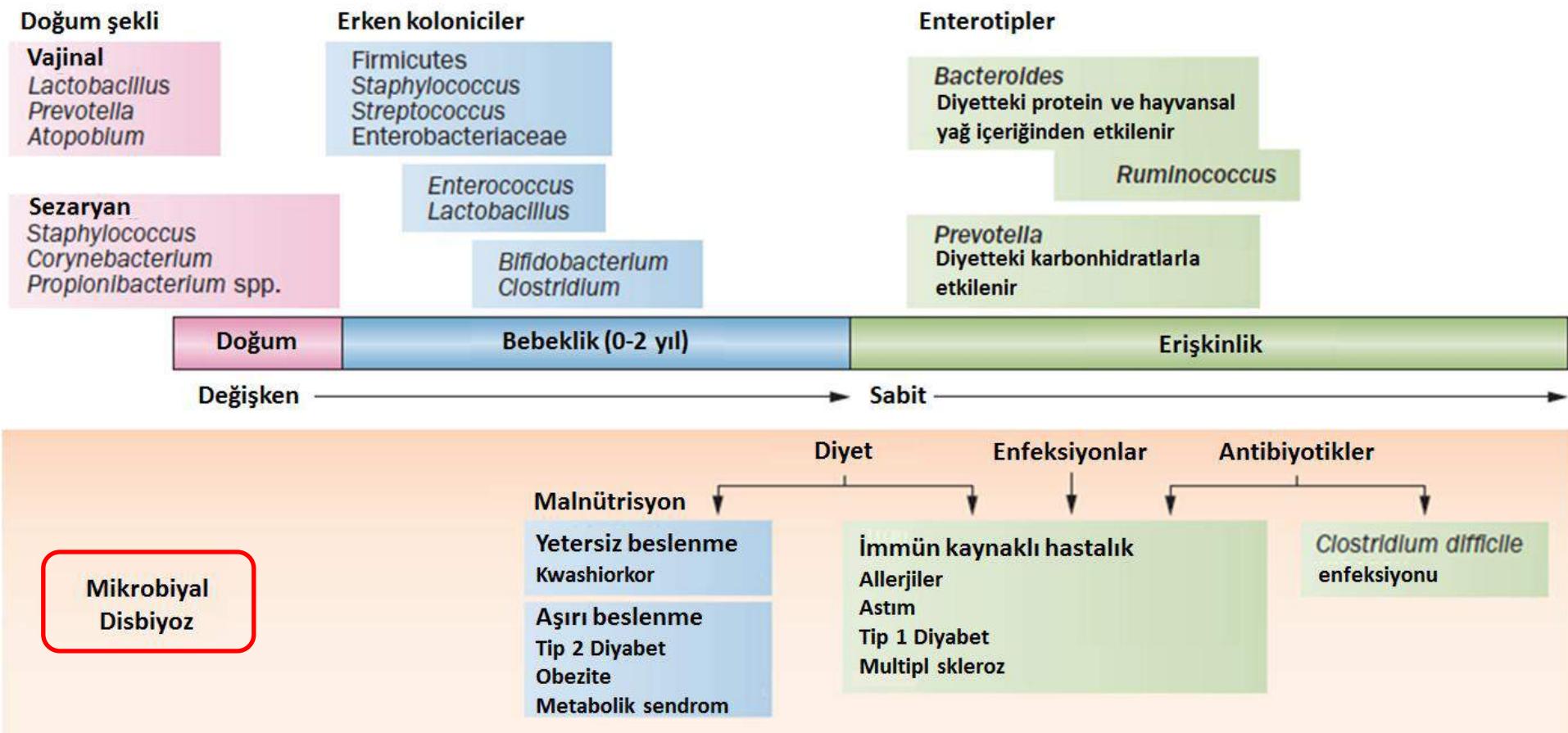
Mikrobiyal
Öbiyozy

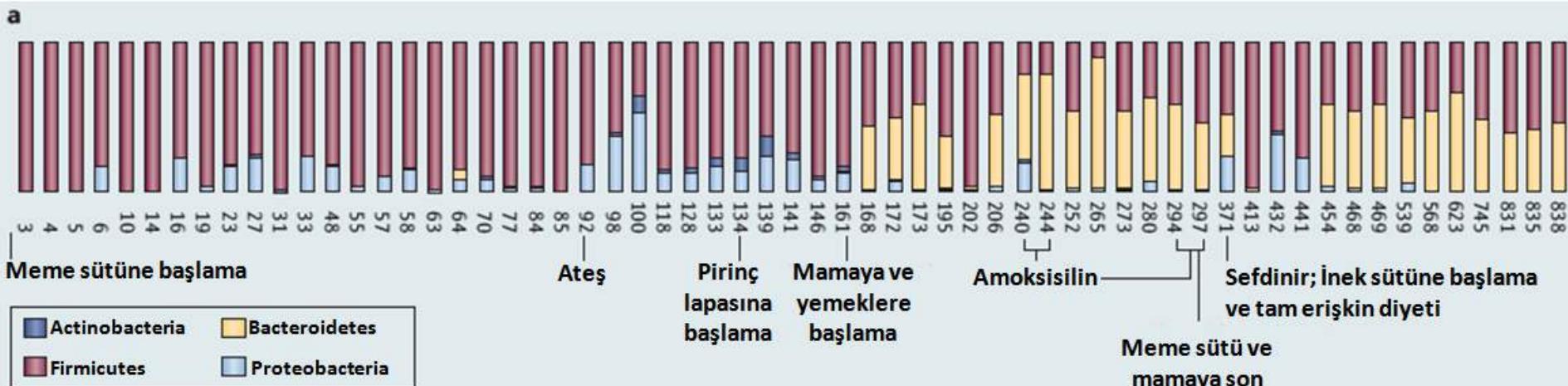
Anne sütü
Bifidobacterium
Bacteroides

Mama sütü
Clostridium difficile
Escherichia coli
Bacteroides spp.

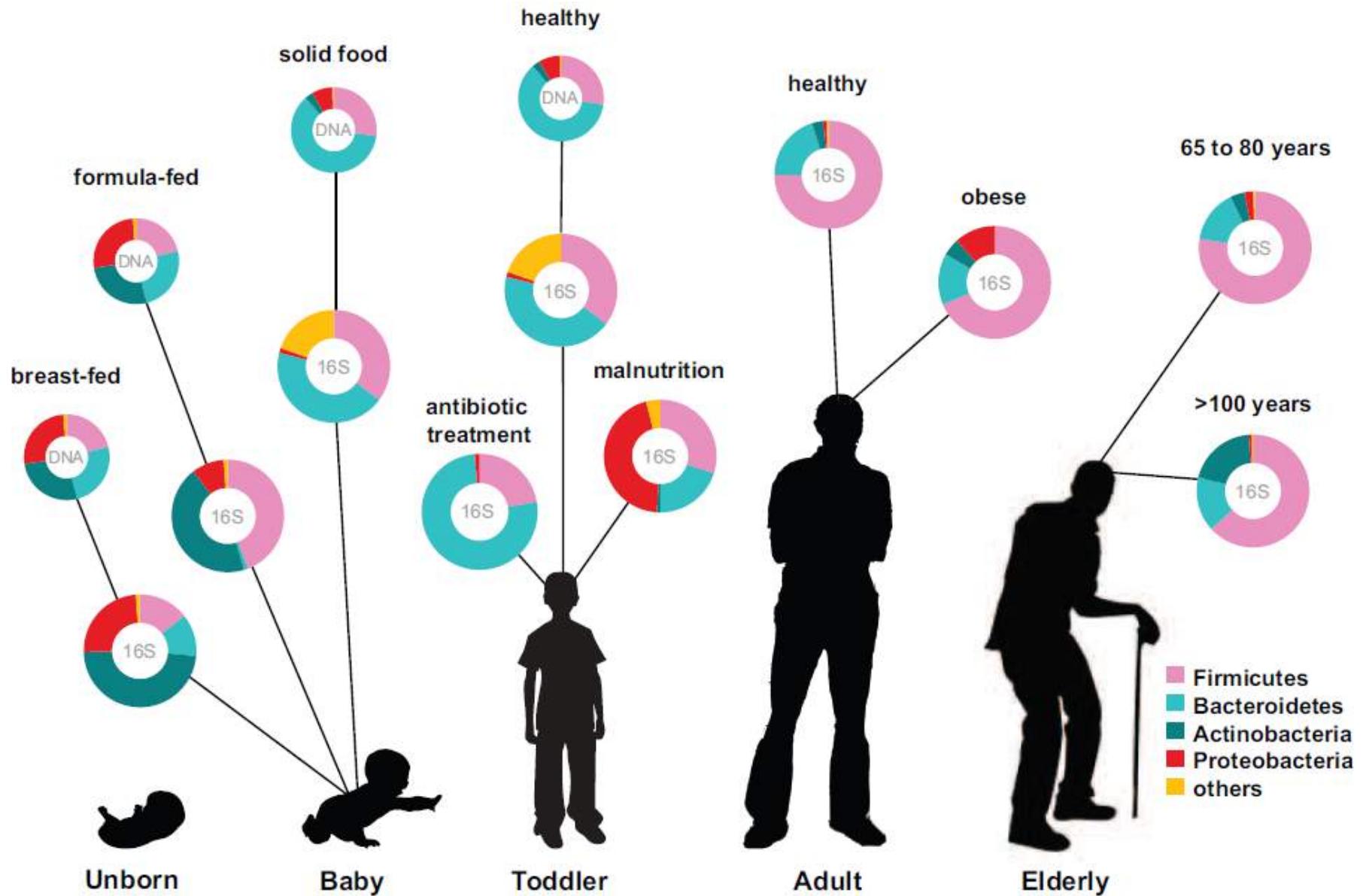
Katı besine geçiş
↑ *Bacteroides* spp.
↑ *Clostridium*
↑ *Streptococcus*

Organizma düzeyinden çok gen düzeyinde bir kor mikrobiyomun varlığı, ortak işlevsel grup
Kor genler dizisindeki değişiklikler hastalık duyarlılığını değiştirirler





(Spor A et al: 2011)

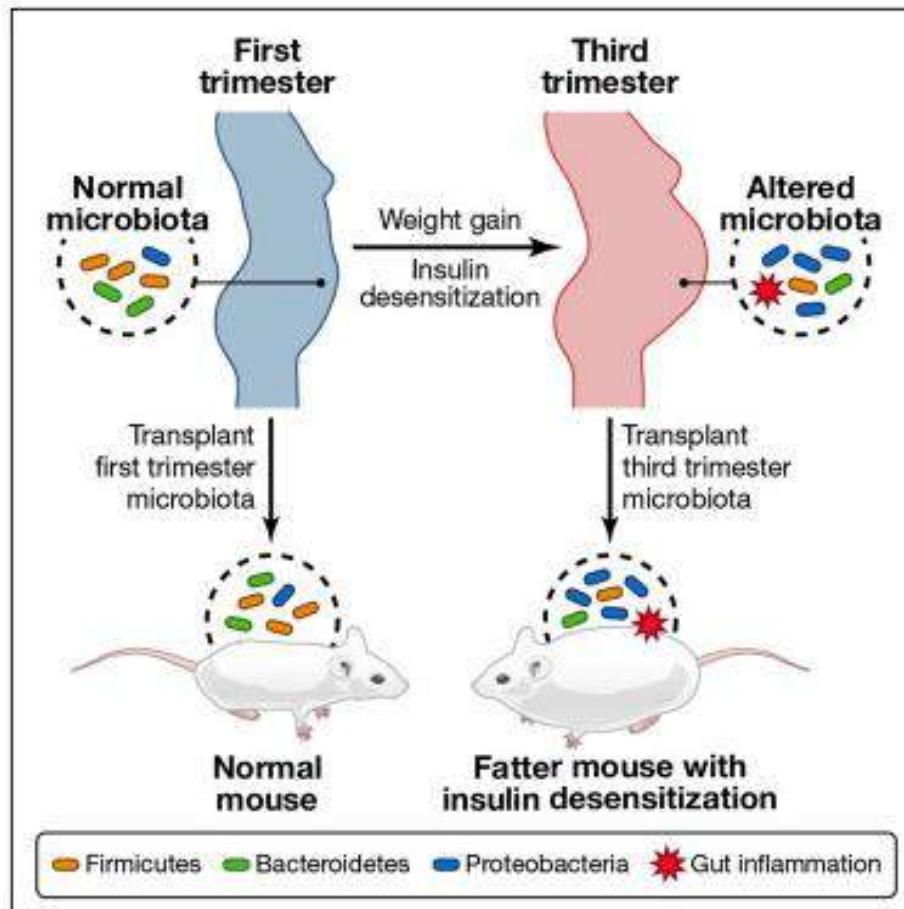


Human microbiota: onset and shaping through life stages and perturbations

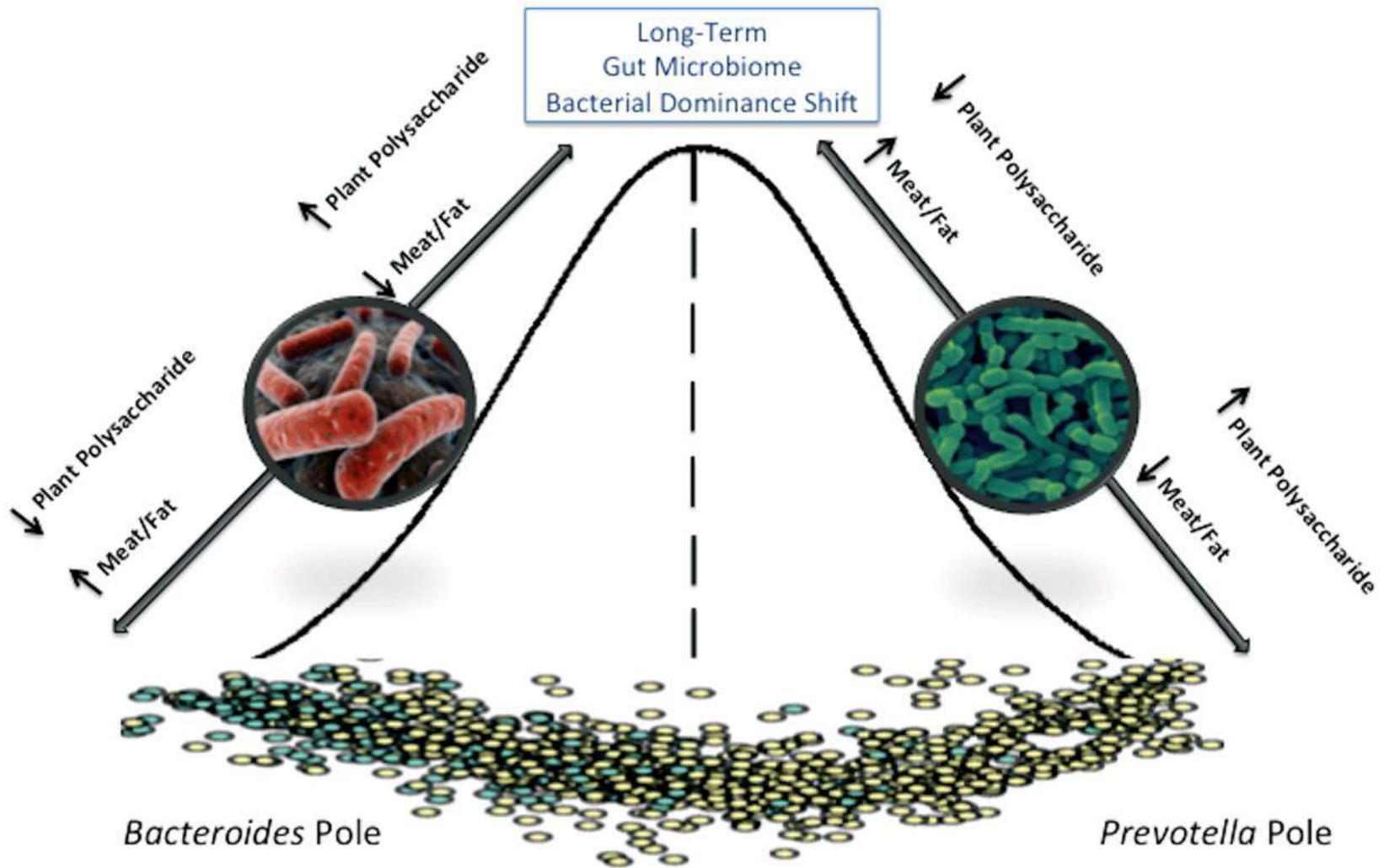
(Ottman N et al: 2012)

Host Remodeling of the Gut Microbiome and Metabolic Changes during Pregnancy

Omry Koren,¹ Julia K. Goodrich,¹ Tyler C. Cullender,¹ Aymé Spor,^{1,11} Kirsi Laitinen,^{3,4} Helene Kling Bäckhed,^{6,7} Antonio Gonzalez,⁸ Jeffrey J. Werner,^{2,12} Lergus T. Angenent,² Rob Knight,^{9,10} Fredrik Bäckhed,^{6,7} Erika Isolauri,⁵ Seppo Salminen,⁴ and Ruth E. Ley^{1,*}



- The composition of the gut microbiota changes dramatically during pregnancy
- Third trimester stool is associated with greater inflammation and energy content
- Third trimester microbiota induce pregnancy-like metabolism in germ-free mice
- Gut microbiota impacts metabolism in pregnancy similarly to metabolic syndrome



The adult gut microbiome is characterized as existing in a steady state that requires a major disturbance to permanently alter that state

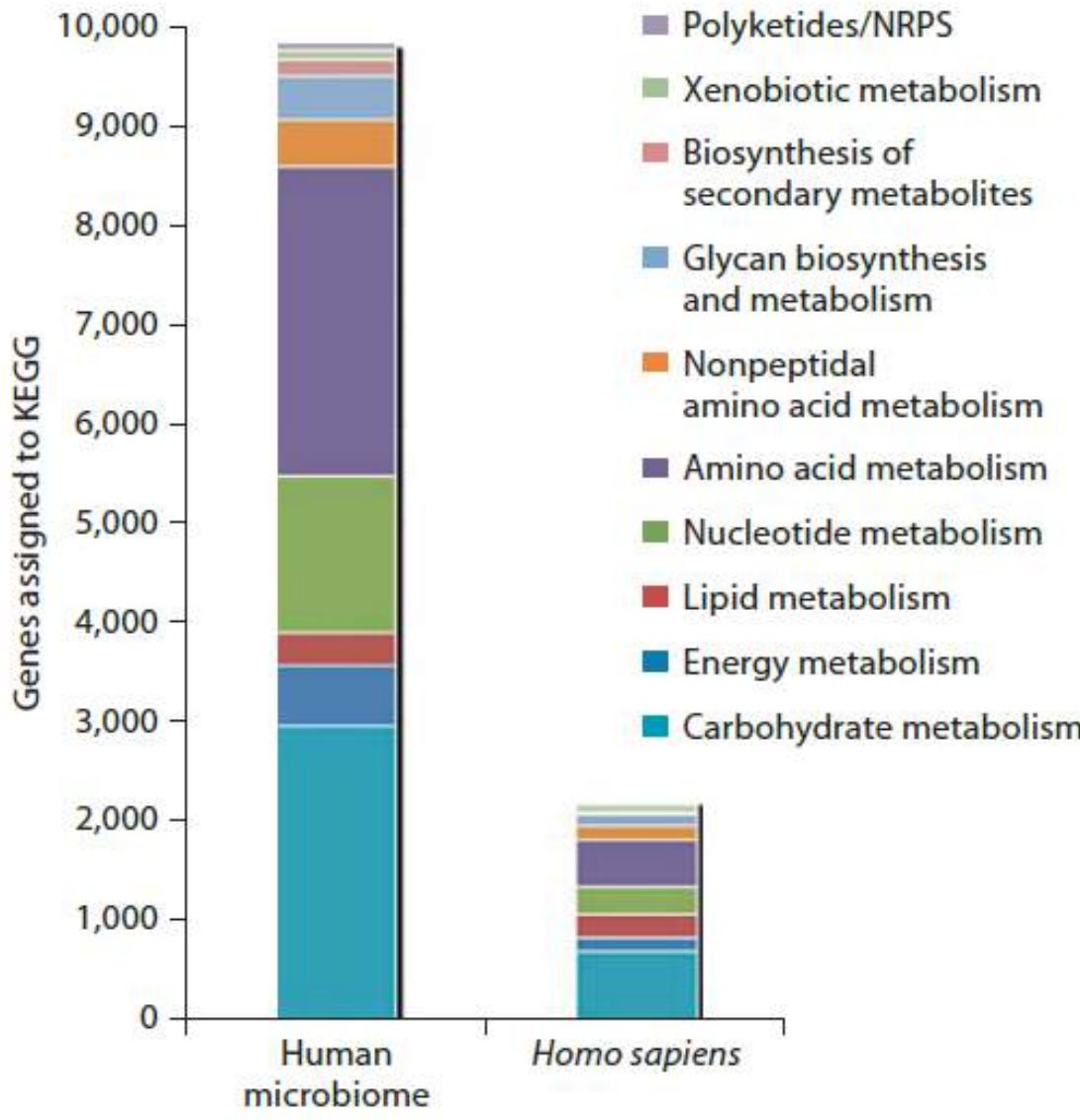
Short-term diet interventions may transiently alter the gut microbiome community structure, but long-term diet changes are required to shift to a new steady-state.

An integrated catalog of reference genes in the human gut microbiome

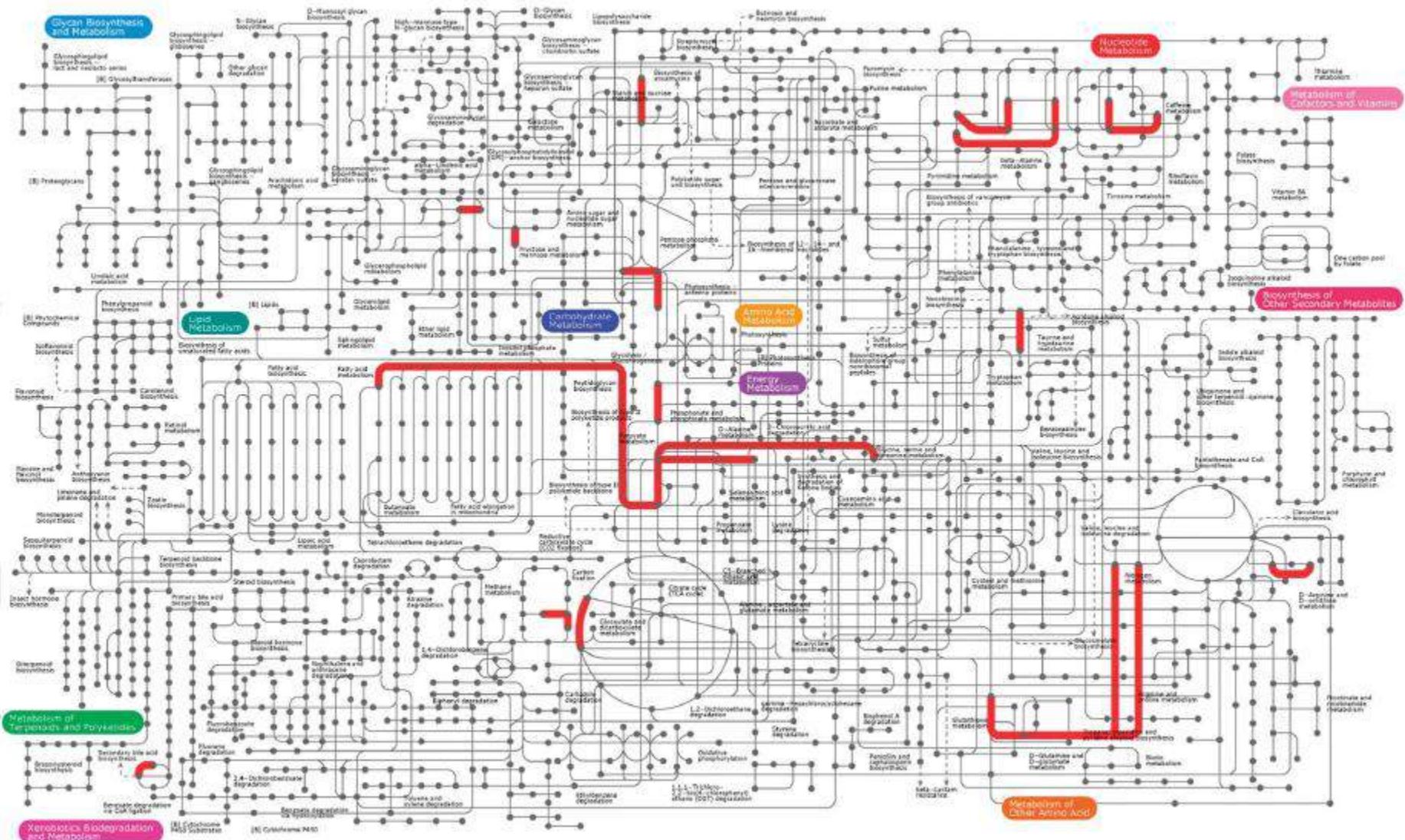
**nature
biotechnology**

Junhua Li^{1-3,19}, Huijue Jia^{1,19}, Xianghang Cai^{1,19}, Huanzi Zhong^{1,19}, Qiang Feng^{1,4,19}, Shinichi Sunagawa⁵, Manimozhiyan Arumugam^{1,5,6}, Jens Roat Kultima⁵, Edi Prifti⁷, Trine Nielsen⁶, Agnieszka Sierakowska Juncker⁸, Chaysavanh Manichanh⁹, Bing Chen¹, Wenwei Zhang¹, Florence Levenez⁷, Juan Wang¹, Xun Xu¹, Liang Xiao¹, Suisha Liang¹, Dongya Zhang¹, Zhaoxi Zhang¹, Weineng Chen¹, Hailong Zhao¹, Jumana Yousuf Al-Aama^{10,11}, Sherif Edris^{11,12}, Huanming Yang^{1,11,13}, Jian Wang^{1,13}, Torben Hansen⁶, Henrik Bjørn Nielsen⁸, Søren Brunak⁸, Karsten Kristiansen⁴, Francisco Guarner⁹, Oluf Pedersen⁶, Joel Doré^{7,14}, S Dusko Ehrlich^{7,15}, MetaHIT Consortium¹⁶, Peer Bork^{5,17} & Jun Wang^{1,4,6,11,18}

Gene catalog	Reference	Sample size	Number of ORFs	Complete ORFs (%)	Total length (bp)	Average length (bp)	N50 (bp)	N90 (bp)	Max length	Min length
European	Current study	760	8,096,991	56.18	6,039,847,368	746	1,023	381	88,086	102
	MetaHIT 2010 study	124	3,299,822	46.26	2,323,171,095	704	909	378	23,034	102
American	Current study	139	2,681,342	55.45	1,996,356,219	745	1,005	387	40,011	102
	HMP 2012 study*	139	4,581,984	NA	2,571,088,392	561	765	285	26,109	102
Chinese	Current study**	368	3,547,396	60.05	2,750,208,618	775	1,053	405	88,230	102
3CGC	Current study	1,267	9,750,788	56.34	7,298,407,194	748	1,029	384	88,230	102
SPGC	Current study	NA	659,492	99.77	612,211,588	928	1,221	513	24,615	100
IGC	Current study	1,267***	9,879,896	57.74	7,436,156,055	753	1,035	384	88,230	100



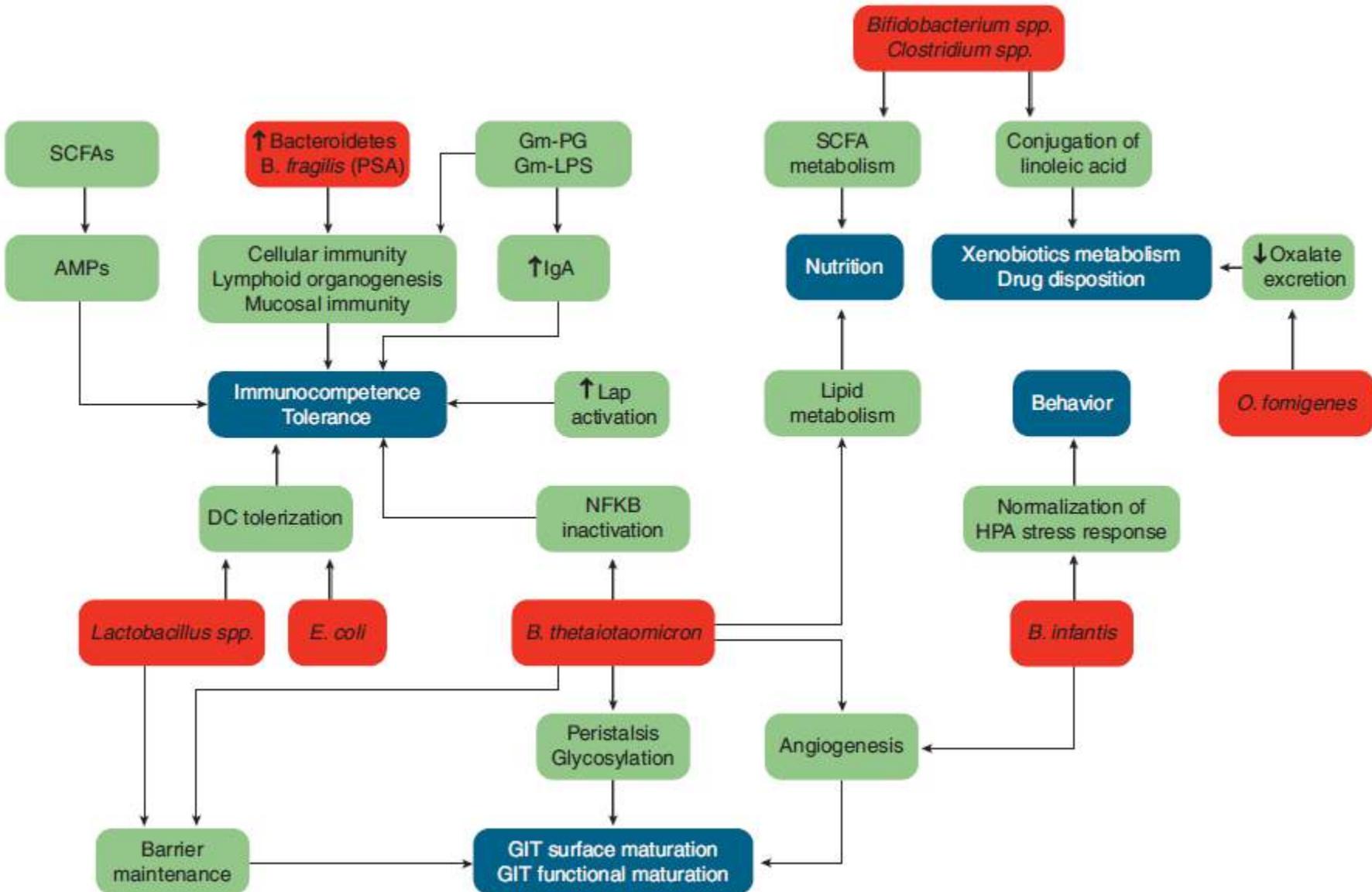
Comparison of the number of KEGG (Kyoto Encyclopedia of Genes and Genomes) genes involved in metabolic pathways within all the assembled data of the human genomes and the human intestinal metagenome. KEGG genes are organized in functional categories according to their belonging to different pathways of cellular metabolism.



Visualization of the most common (present in >70% of the samples) metabolic reactions (59 reactions) of the group of healthy individuals. Glycolysis, pyruvate metabolism, fatty acid metabolism, amino acid and nitrogen metabolism were the most conserved parts of the metabolic network.

Barsak Mikrobiyotasının İşlevleri

- Koruyuculuk işlevi
 - Patojenlerin uzaklaştırılması
 - Besin rekabeti
 - Rezeptör rekabeti
 - Antimikroiyal faktörlerin üretimi
- Metabolik işlevler
 - Sindirimlemeyen maddelerin fermentasyonu
 - Kısa zincirli yağ asitlerinin üretimi
 - Enerji kaynaklarının kurtarılması
 - Esansiyel vitaminlerin sentezi (K, B12, niasin, biotin, folat)
- Yapısal işlevler
 - Epitel hücre döngüsünün düzenlenmesi
 - Epitel hücre diferansiyasyonunun harekete geçirilmesi
 - Epitel engelin güçlendirilmesi
 - Sıkı bileşkelerin dayanıklılığı artırılması
- İmmün işlevler
 - Sekretuar IgA'nın uyarılması
 - Oral toleransın uyarılması
 - İmmün mikroçevrenin şekillendirilmesi



Some examples of the effects of intestinal microbiota and host physiology

(Brandt LJ: 2013)

INTESTINE

250 m²



FOOD

Plasma

Bile ————— Liver

epithelial
mucosa

epithelial
mucosa

microbiota

microbiota

Diet, Obesity

- Altered Diversity
- Specific Gene Expression e.g., CHO utilization
- Pathogen Exclusion

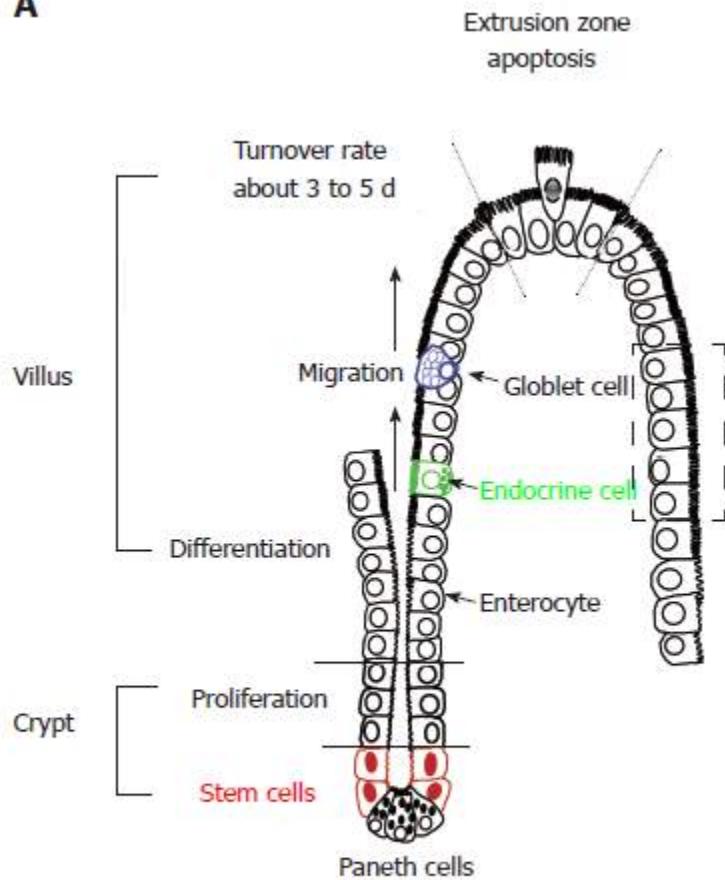
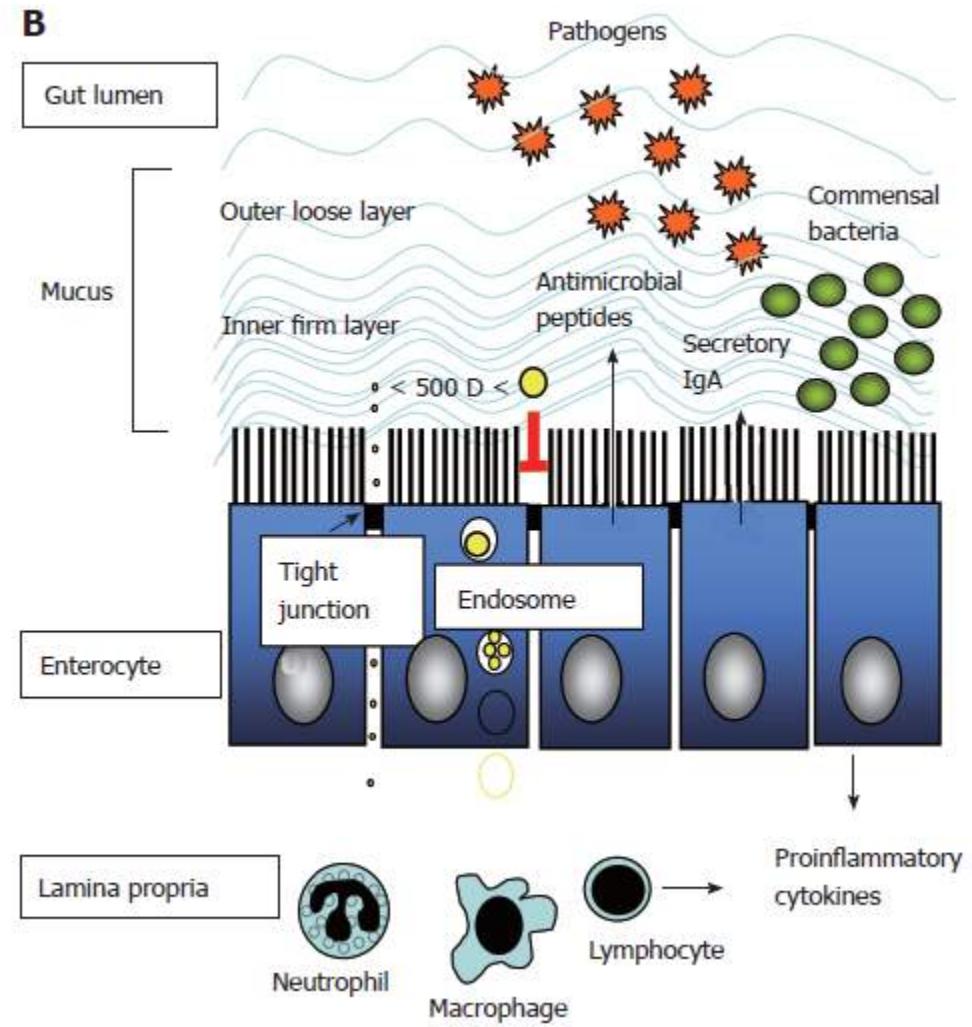
Drugs

- Altered Diversity
- Specific Enzymes
- Immune Activation
- Targeted Modulation (Liver, Bile)

Inflammation

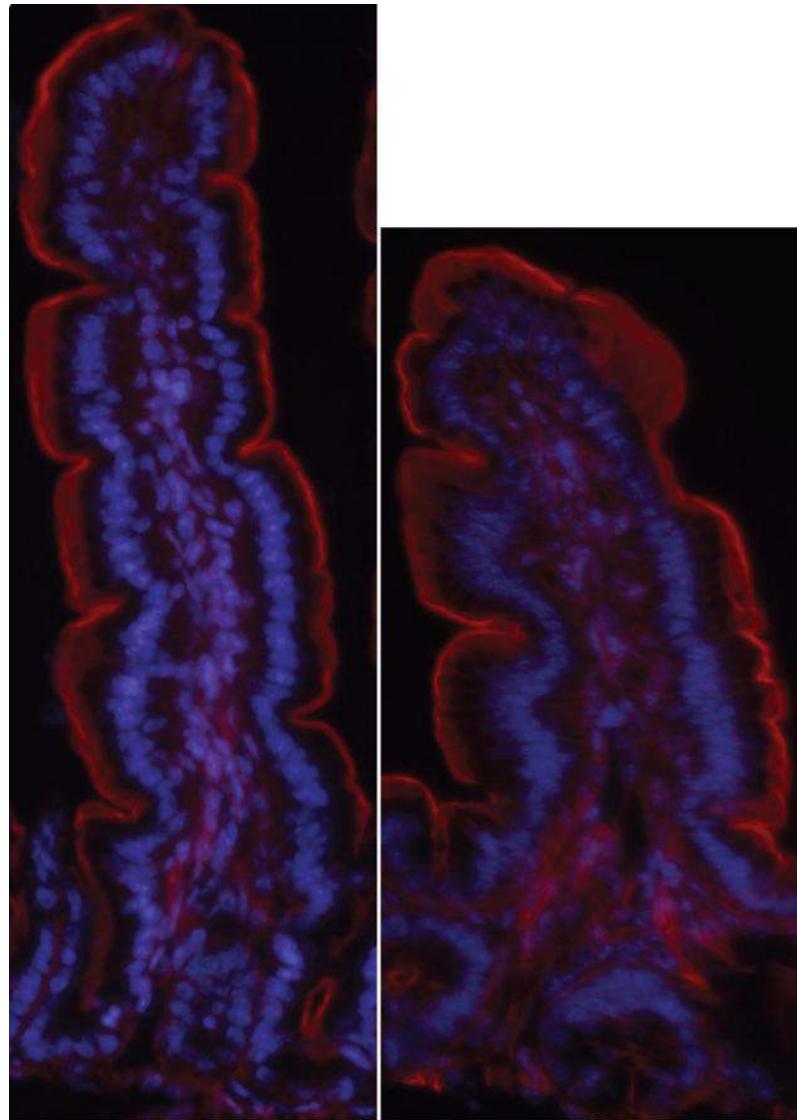
- TLR, NLR, CLR, ILC, T_{reg} Modulation
- NKT, TH Cell Engagement
- PKS, H₂S Production (Liver, Bile)

Features associated with the microbiota and diet and obesity, cardiovascular disease (CVD), inflammation, and drug toxicity

A**B**

Intestinal crypt-villus axis and formation of intestinal barriers for luminal confinement of commensal bacteria

Mikropsuz
ortamda
yetiştirilmiş
fare

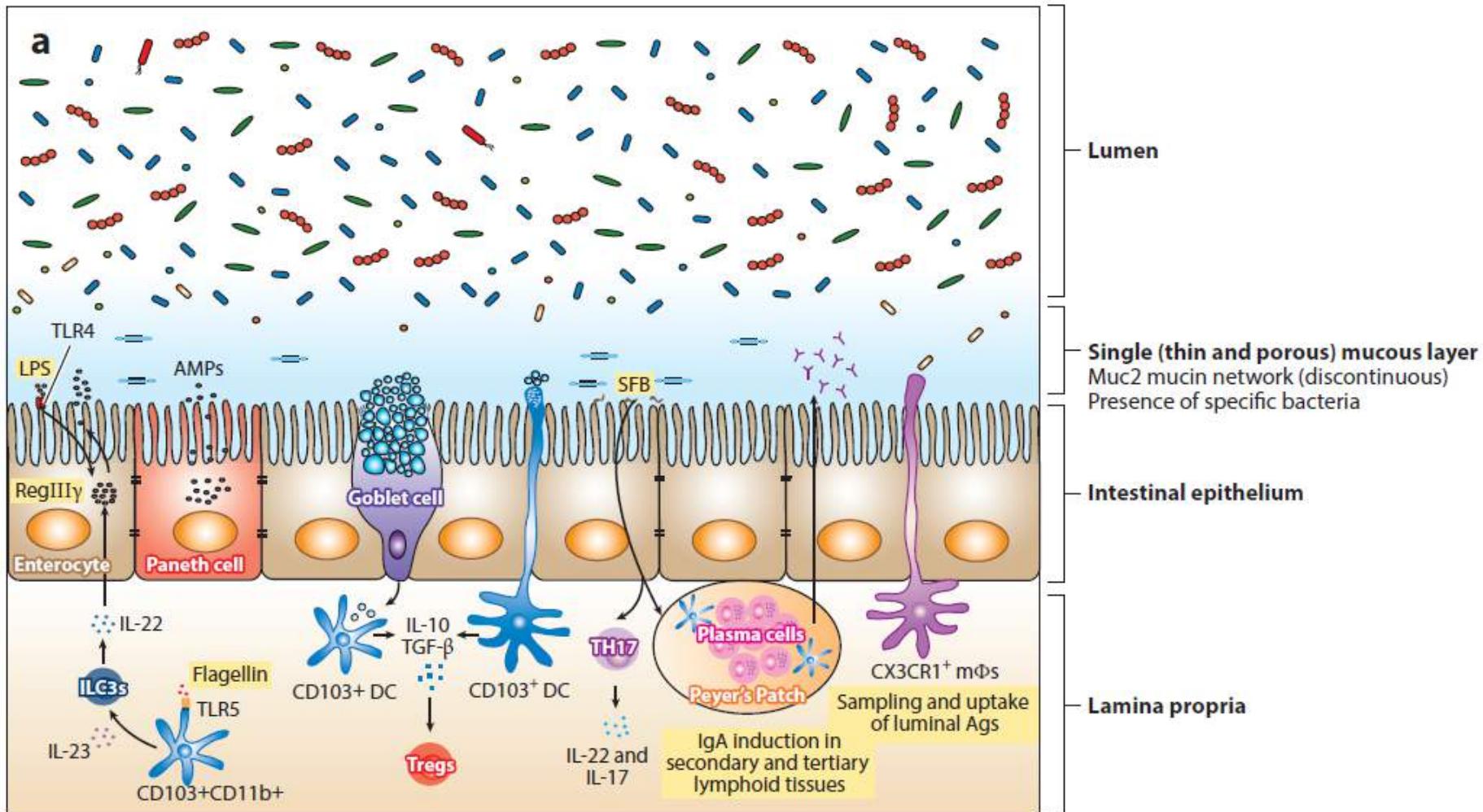


Klasik
koşullarda
yetiştirilmiş
kolonize
fare

İnce bağırsak villus morfolojisi

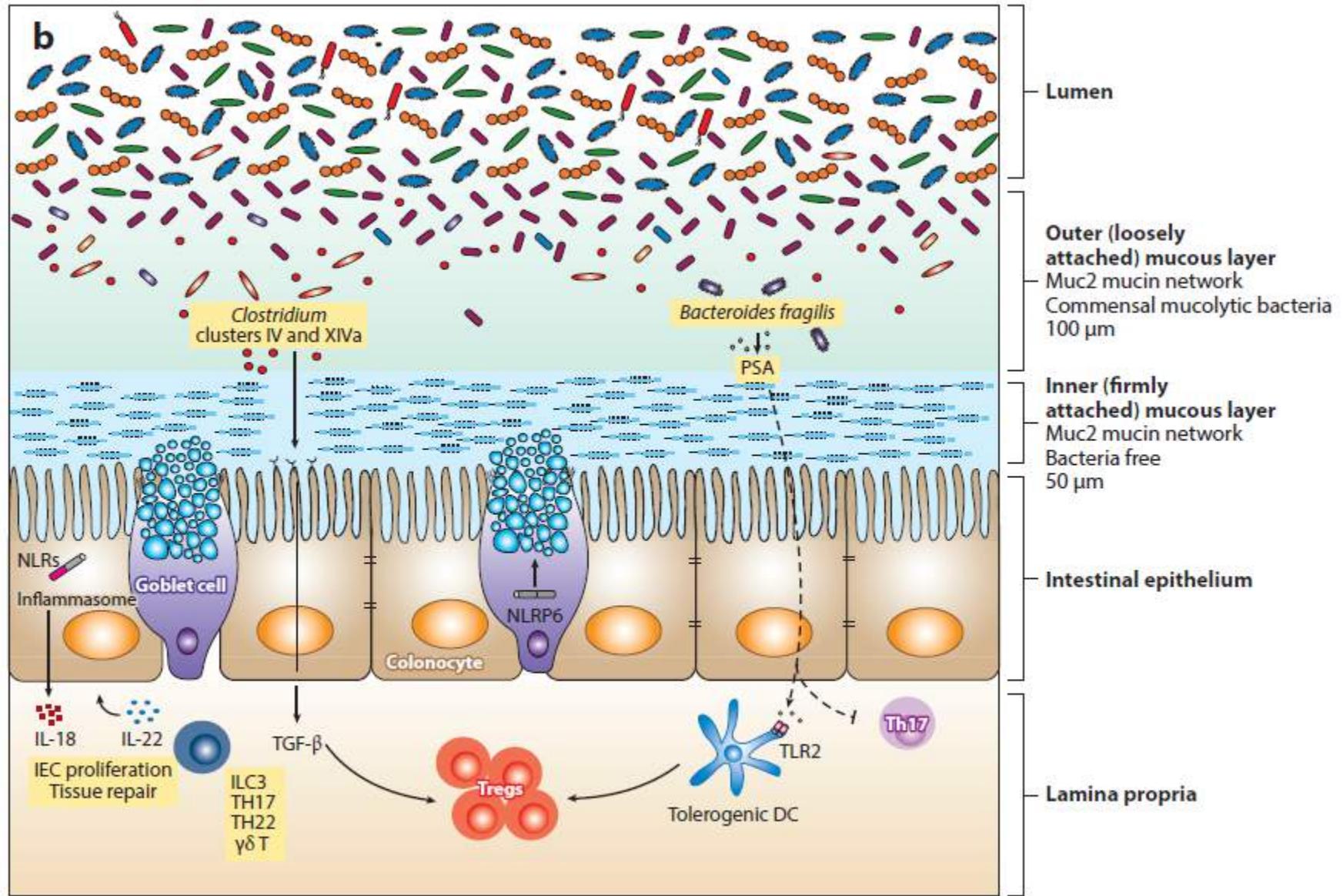
Jejunal sections from germ-free and colonized mice stained with phalloidin (F-actin; red) and DAPI (nuclei; blue).

(Bäckhed F: 2012)



Maintenance of intestinal homeostasis in the gastrointestinal tract

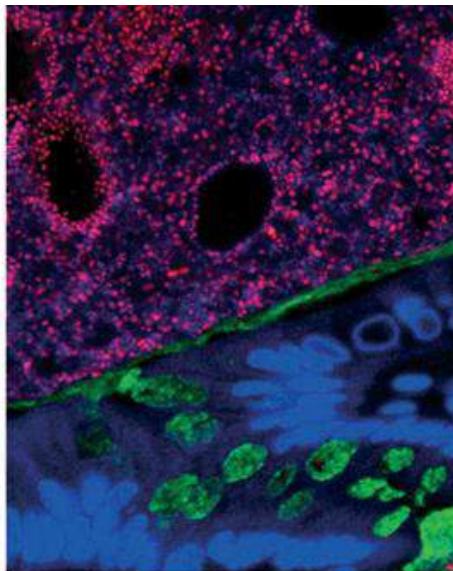
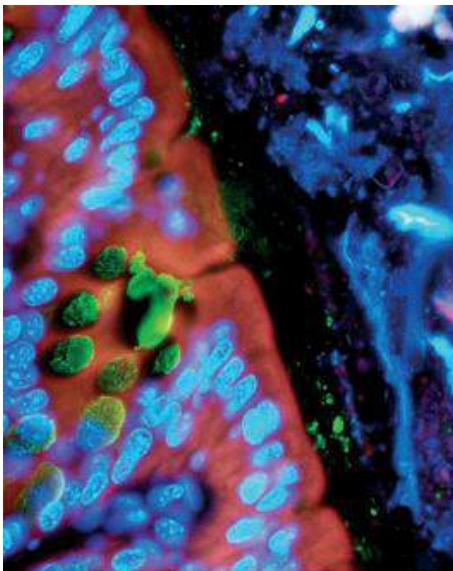
(Caballero S, Pamer EG: 2015)



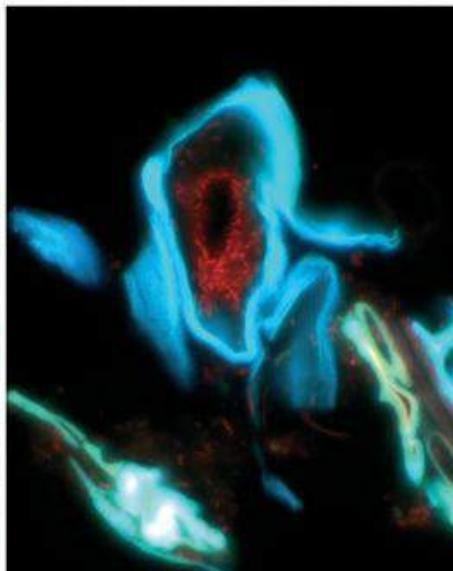
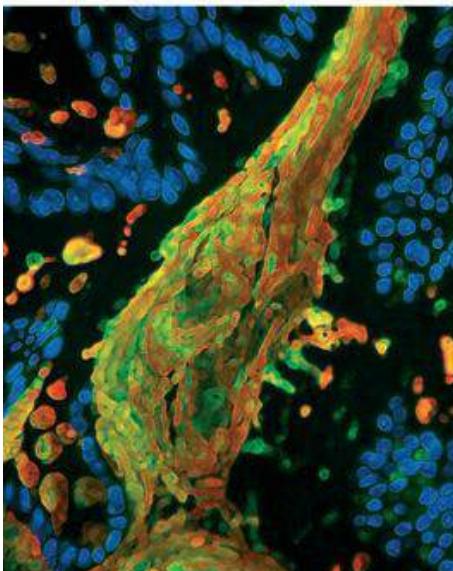
Maintenance of intestinal homeostasis in the gastrointestinal tract

(Caballero S, Pamer EG: 2015)

Kadeh hücreleri (yeşil),
epitel hücreleri
(kırmızı), epitel
nükleusu (mavi) ve
lüminal bağırsak içeriği
ile bakterileri (mavi ve
pembe) göstermek
üzere boyanmış
bağırsak epitel
yüzeyinin fluoresans
mikrografı



Besin partiküllerine
tutunmuş çok sayıda
lüminal bakteriyi
sekestre eden
bağırsak lümeninde
(epitel hücreleriyle
çevrelenmiştir)
görülen büyük bir
müsin tıkacı



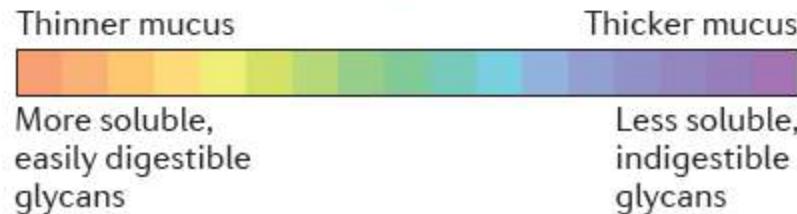
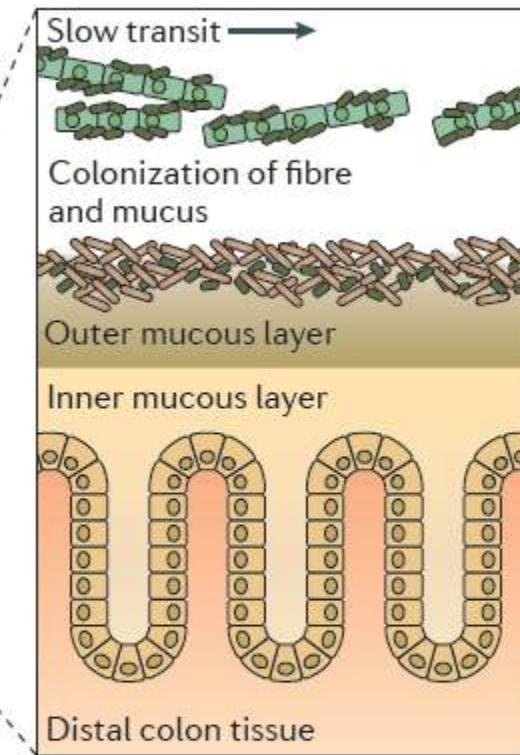
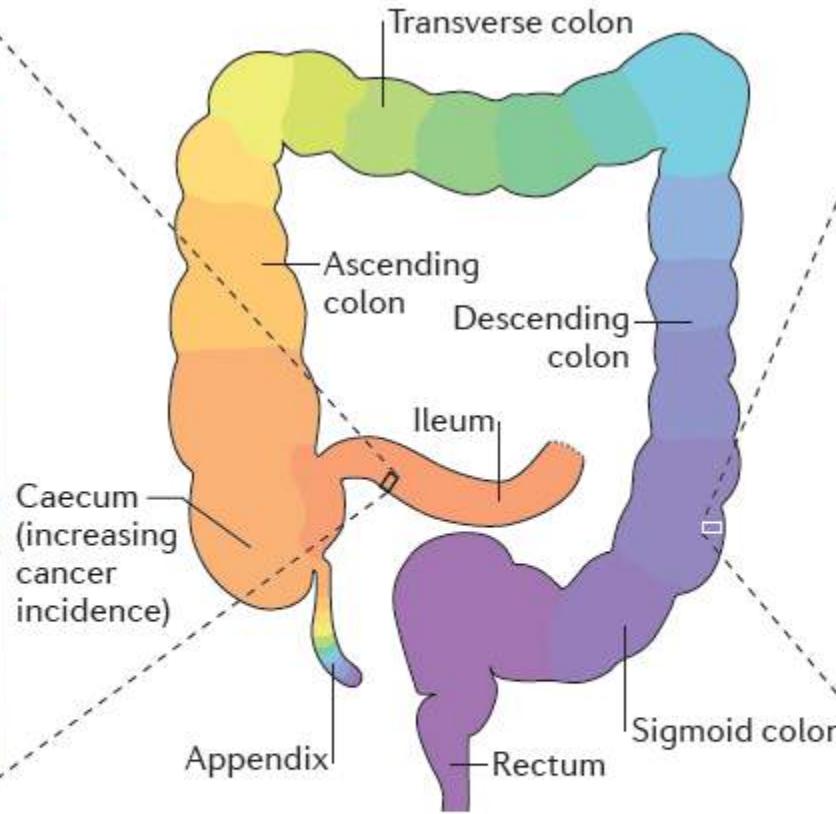
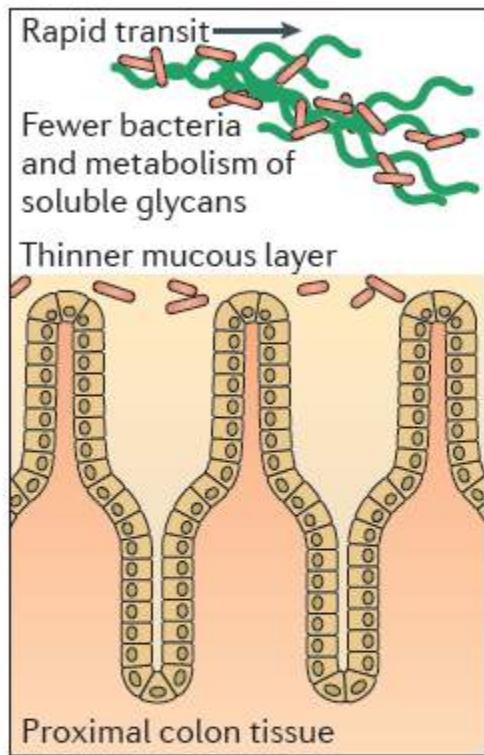
Carnoy fiksatifi
kullanılarak korunmuş
müsini gösteren epitel
yüzeyleri ve universal
16S rRNA probu
(Eub338 probu)
fluoresans in situ
hibridizasyon (FISH)
kullanılarak ortaya
çıkarılmış bakteriler

Bağırsak lümeninde
bir besin partikülünü
kolonize etmiş
bakterileri gösteren
büyük büyütme.
Bakteriler Eub 338
probunun kullanıldığı
FISH ile ortaya
çıkarılmıştır.

Bağırsakta immün dışlama

Metabolik özelliklerine göre bakteri toplulukları

- Fibrolitik topluluk
 - *Bacteroides*
 - *Roseburia*
 - *Bifidobacterium*
- Glikolitik topluluk
 - *Lactobacillus*
 - *Enterococcus*
 - *Staphylococcus*
 - *E. coli*
- Mukolitik topluluk
 - *Akkermansia*
 - *Bacteroides*



Glycan utilization along the length of the human gut

Çözünmez bitki hücre duvarı polisakkaritleri (selüloz, arabinoksilan, ksiloglukan, β -glukan, mannan, pektinler ve lignin)

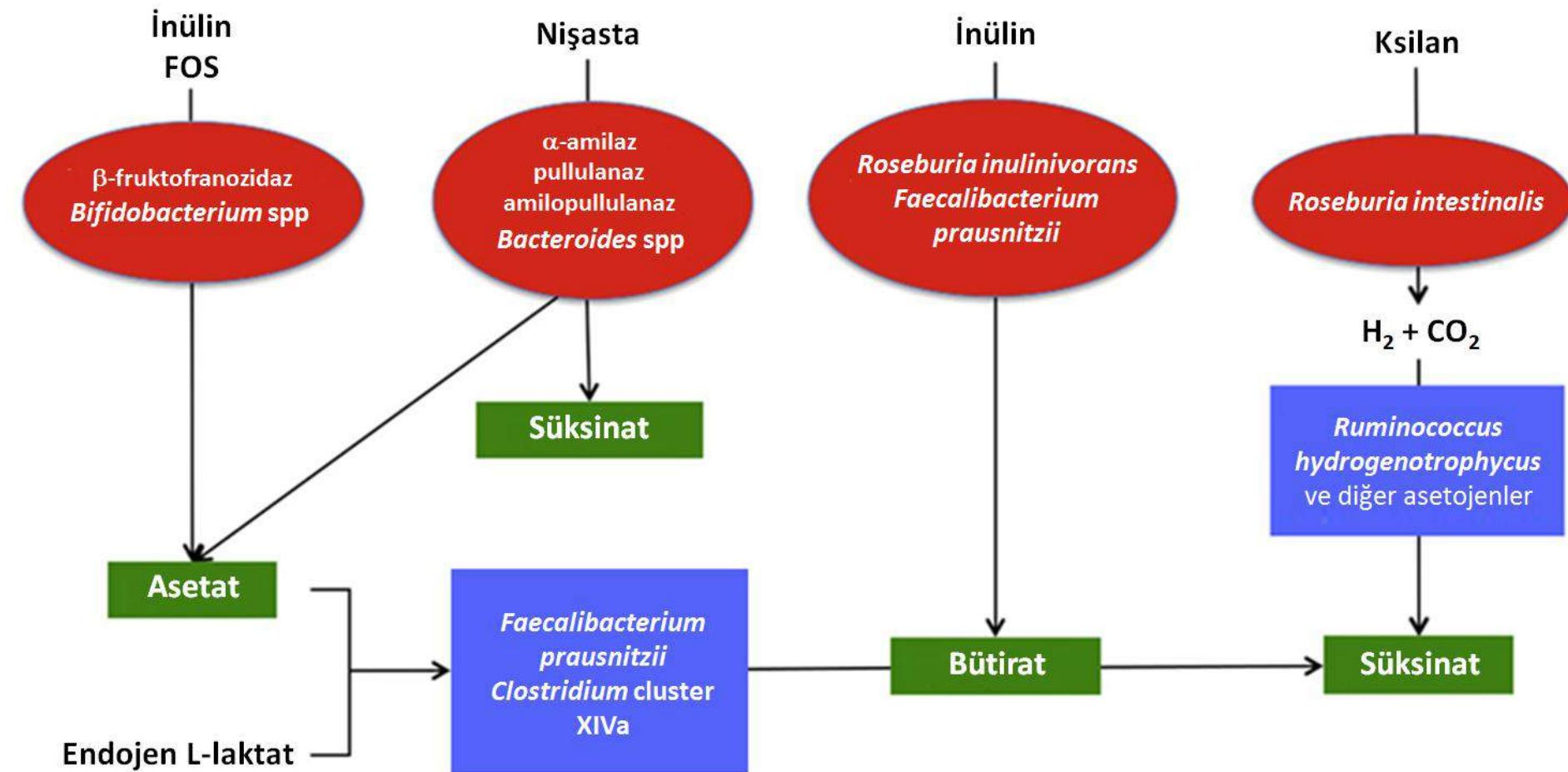
Düzen kaynaklardan gelen sindirilemez kompleks polisakkaritler

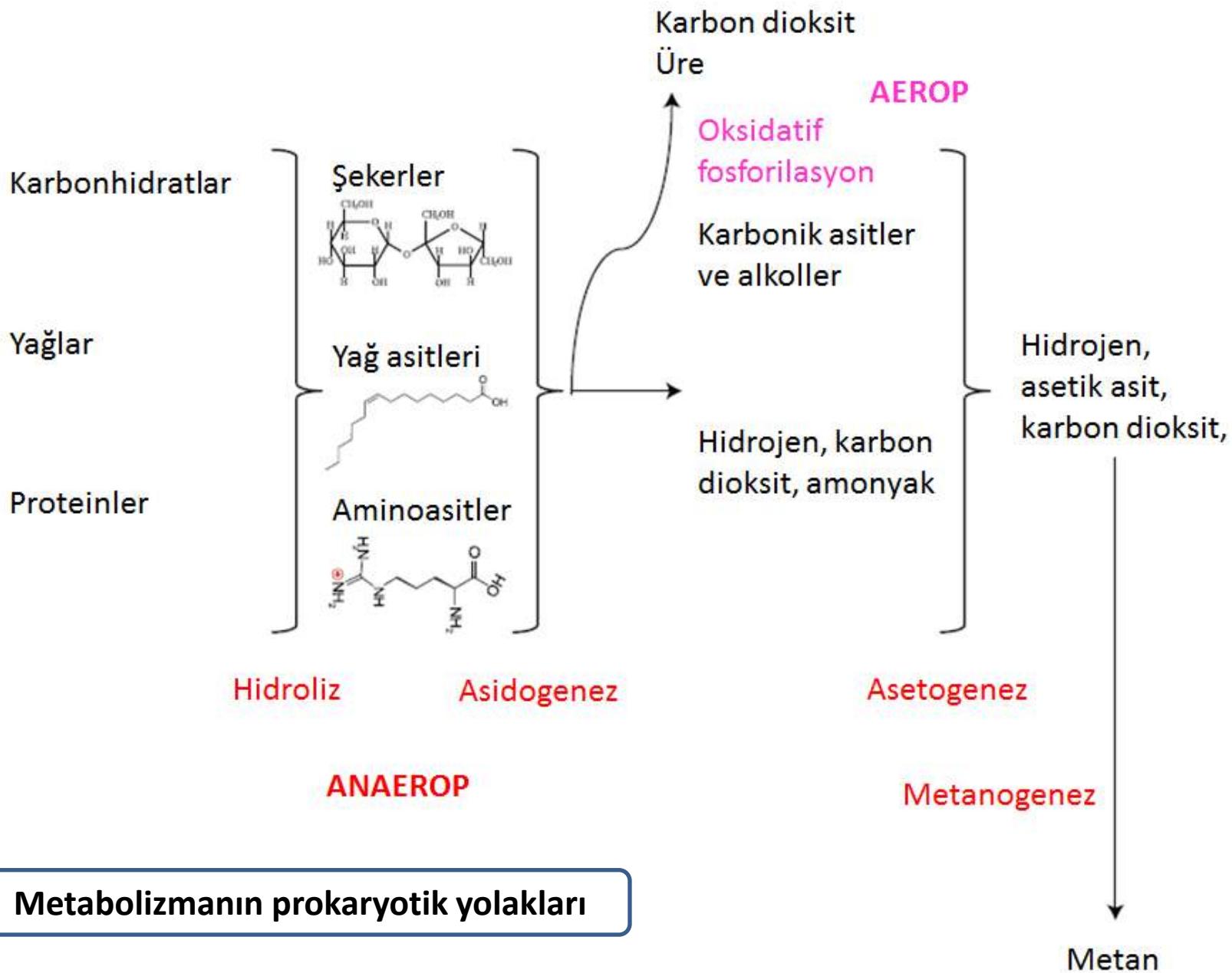
Primer
degrade ediciler

Çözünür polisakkaritler ve oligosakkaridler

SCFA ve diğer metabolik ürünler

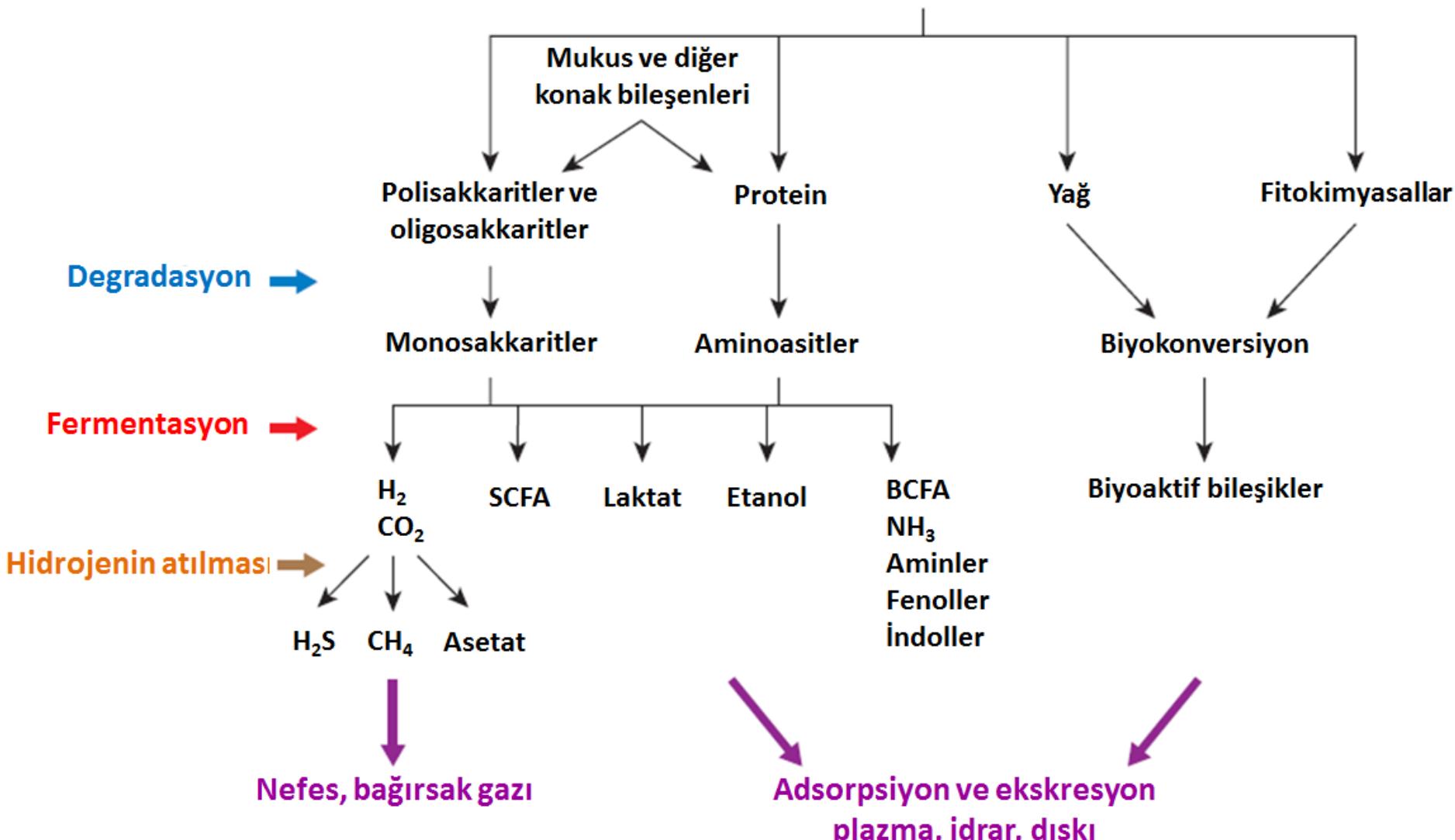
Sintrofik ortaklıklar: primer ve sekonder degrade ediciler



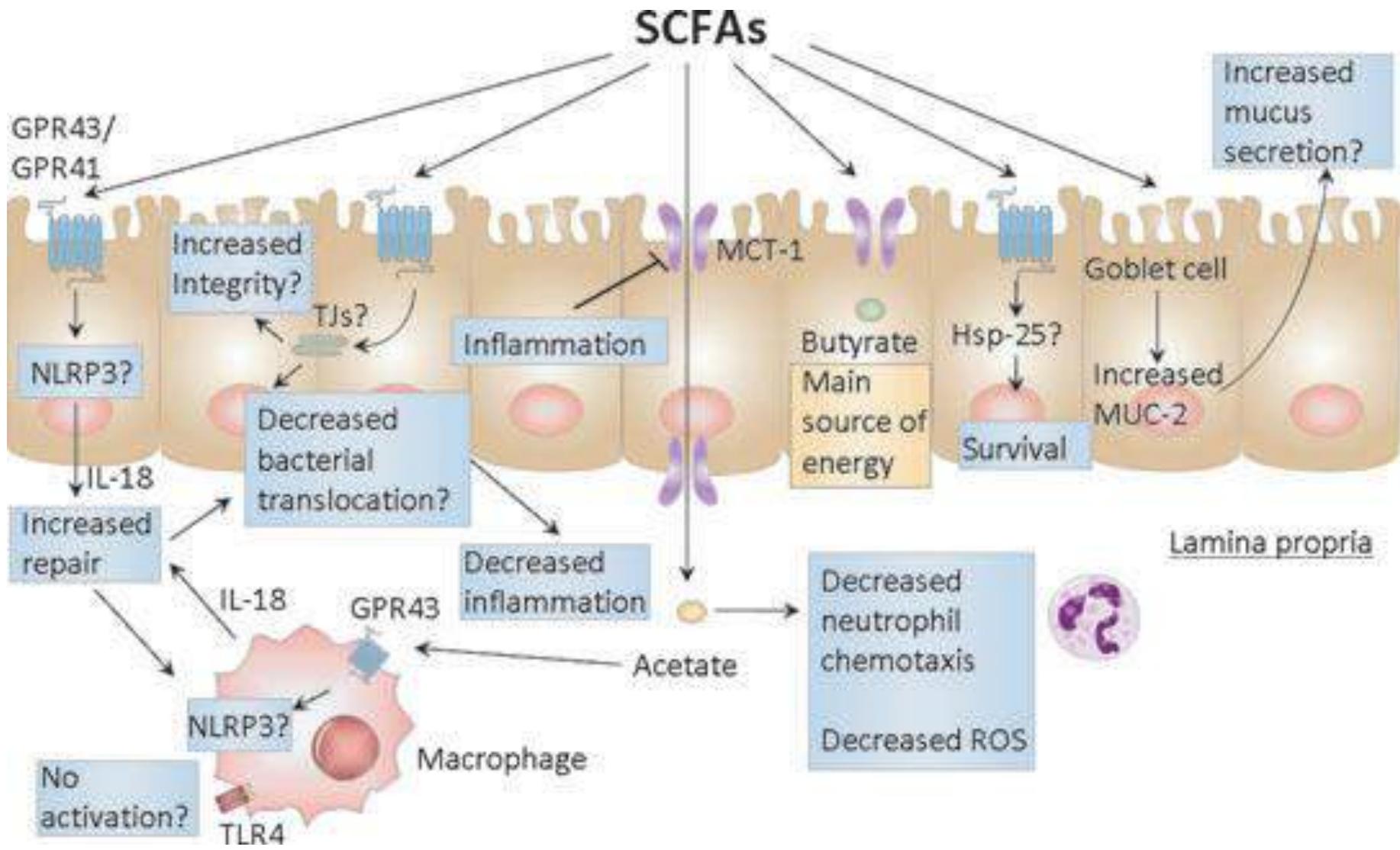


Metabolizmanın prokaryotik yolakları

Diyet bileşenleri

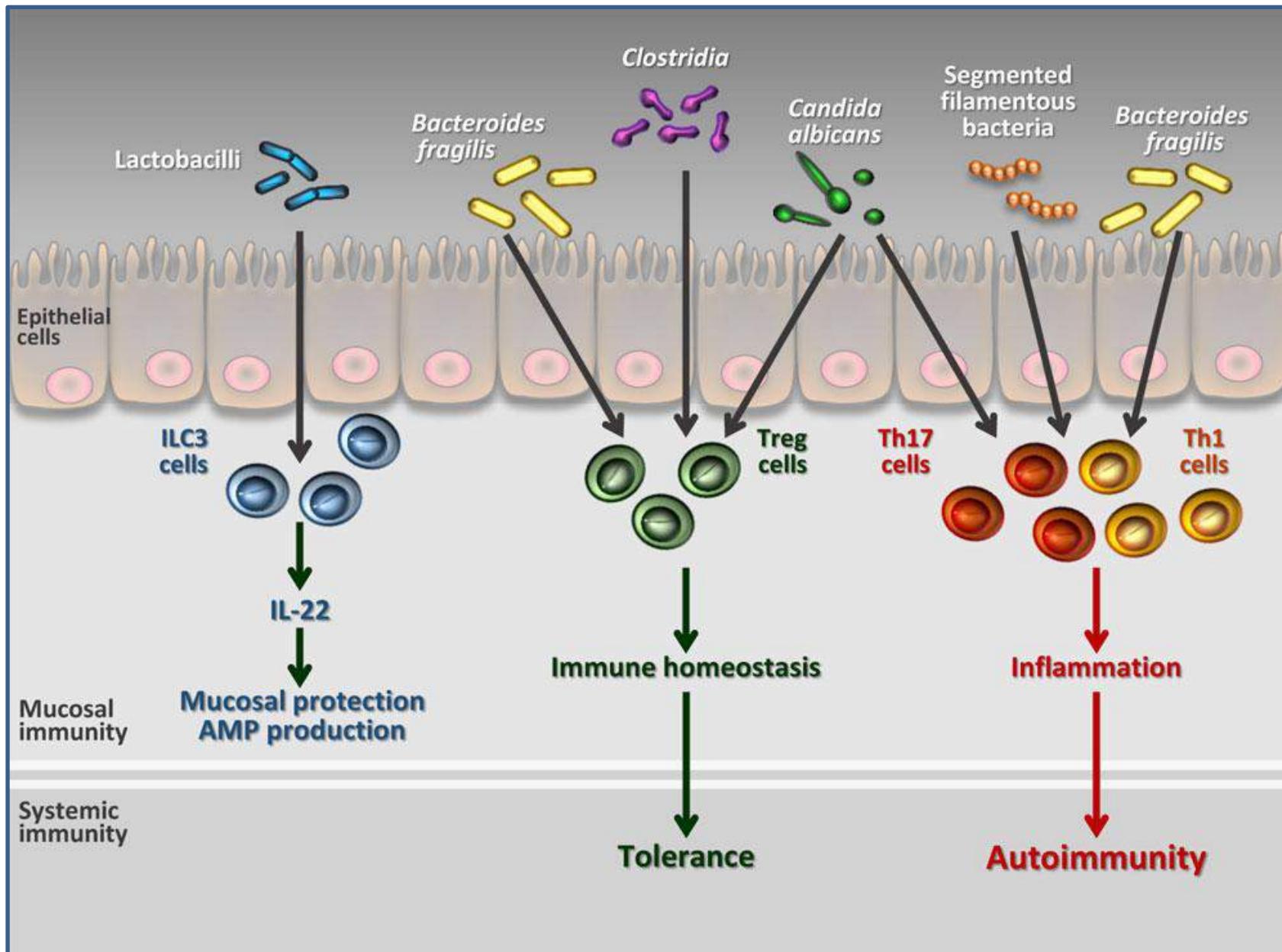


Bağırsak mikrobiyotası karbonhidrat ve proteinleri degrade eder,
yağ ve fitokimyasalları biyoaktif bileşiklere dönüştürür



Potential effects of SCFAs on gut epithelial biology and immune cells

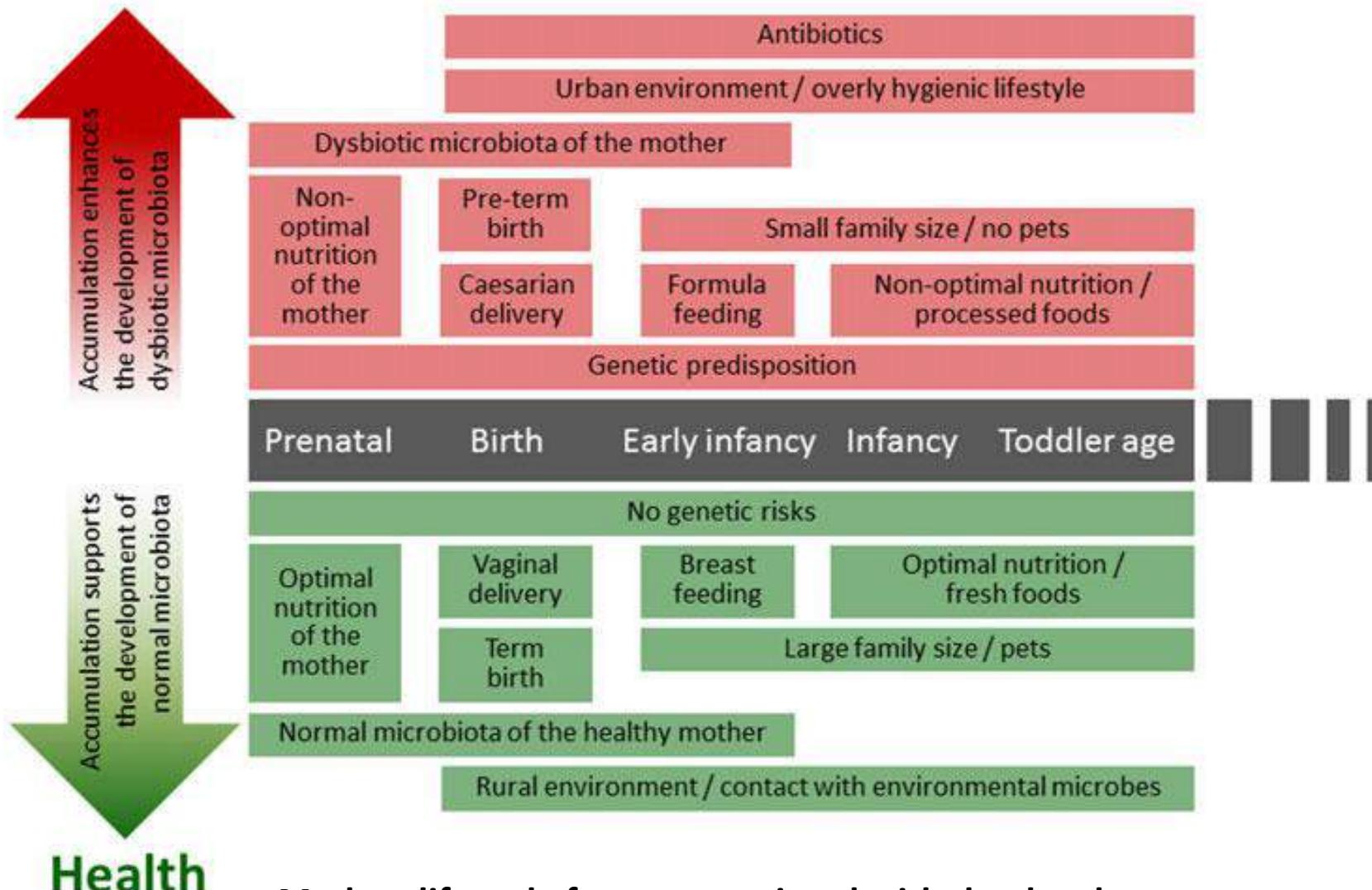
MCT-1 monocarboxylate transporter



Examples of how microbiota shape host mucosal and systemic immunity

(Romani L et al: 2014)

Increased risk of disease



Health

**Modern life style factors associated with the development
of intestinal microbiota and later life health**

(Nylund L et al: 2014)

'Life would not long remain possible in the absence of microbes.'

Louis Pasteur, 1883

'Without understanding the environment in which cells or species exist, life cannot be understood. An organism's environment is ultimately as unique as its genetic code.'

J. Craig Venter, 2007

'There is increasing evidence that the microbiome and its output (our interactome) touch many, if not most, pathways that affect health, disease, and aging. The composition of the microbiome and its activities are involved in most, if not all, of the biological processes that constitute human health and disease, as we proceed through our own life cycle.'

Martin J. Blaser, 2014

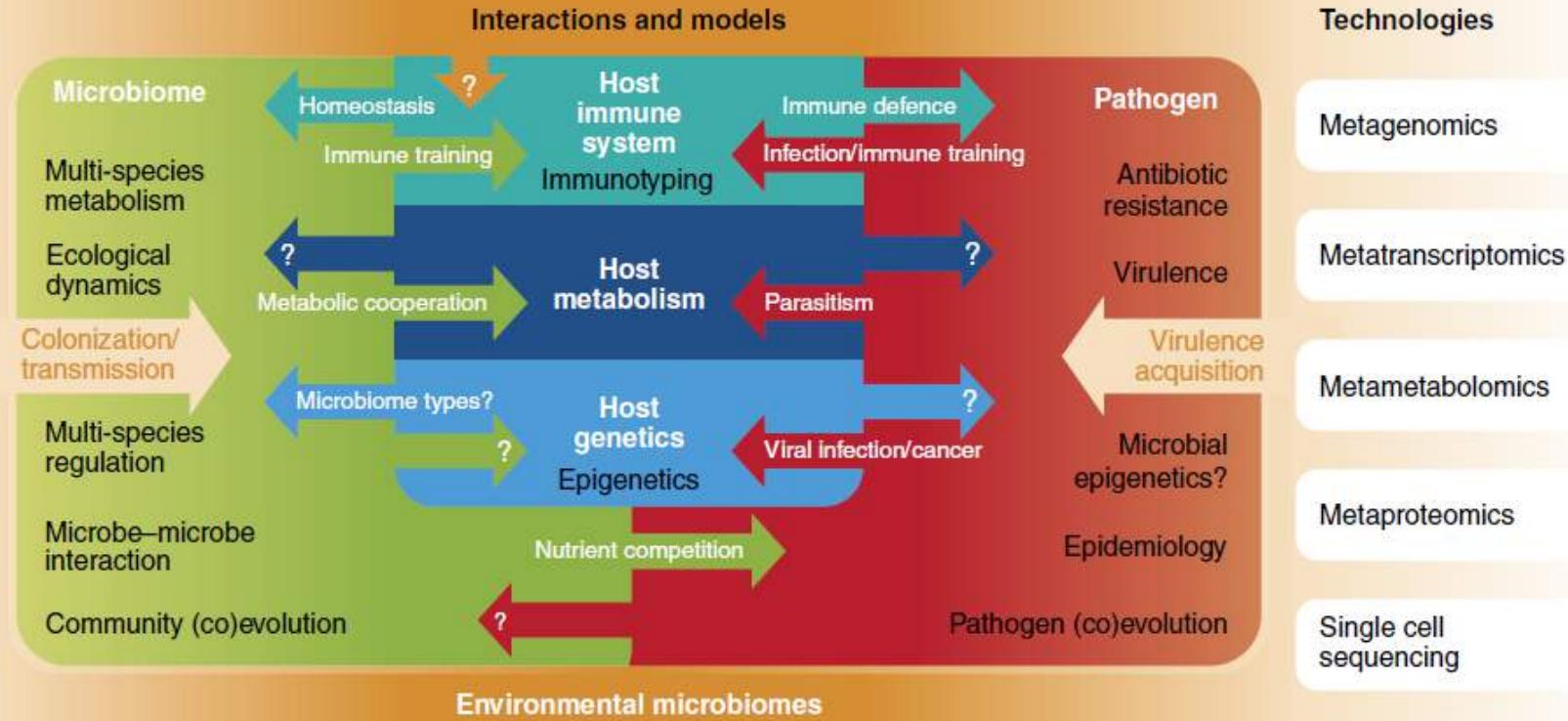
Biological questions

Longitudinal variation?

Targetable host–microbiome interfaces?

Prebiotic/probiotic and transplantation interventions?

Detectable dysbiosis triggering events?



Open biological questions in microbial community biology, and emerging technologies and models for their exploration. Microbial communities are complex biological entities interacting with the environment, host organisms, and transient microbes. Predictive models for most of the interactions within these ecosystems are currently rare, but several studies have begun to provide key insights.

Sorular

- Hayvan modellerinden elde edilen veriler insanlar için ne kadar geçerlidir?
- Sonuçlar insan sağlığı için nasıl kullanılacaktır?
- Mikrobiyata üyelerinin sadece türler arası değil bireyler arasında da değişmesi elde edilen verilerin geçerliliğini nasıl etkiler?
- Diyet alışkanlıklarının etkisi nasıl değerlendirilmelidir?

**Mikrobiyomolojiye
hoş geldiniz!**

Teşekkürler...