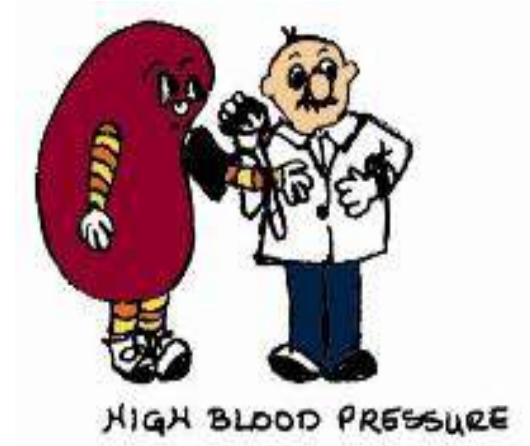
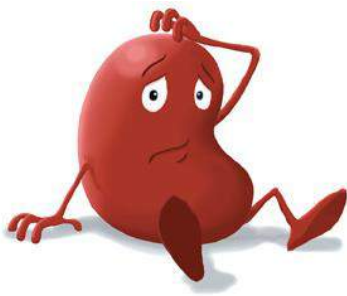


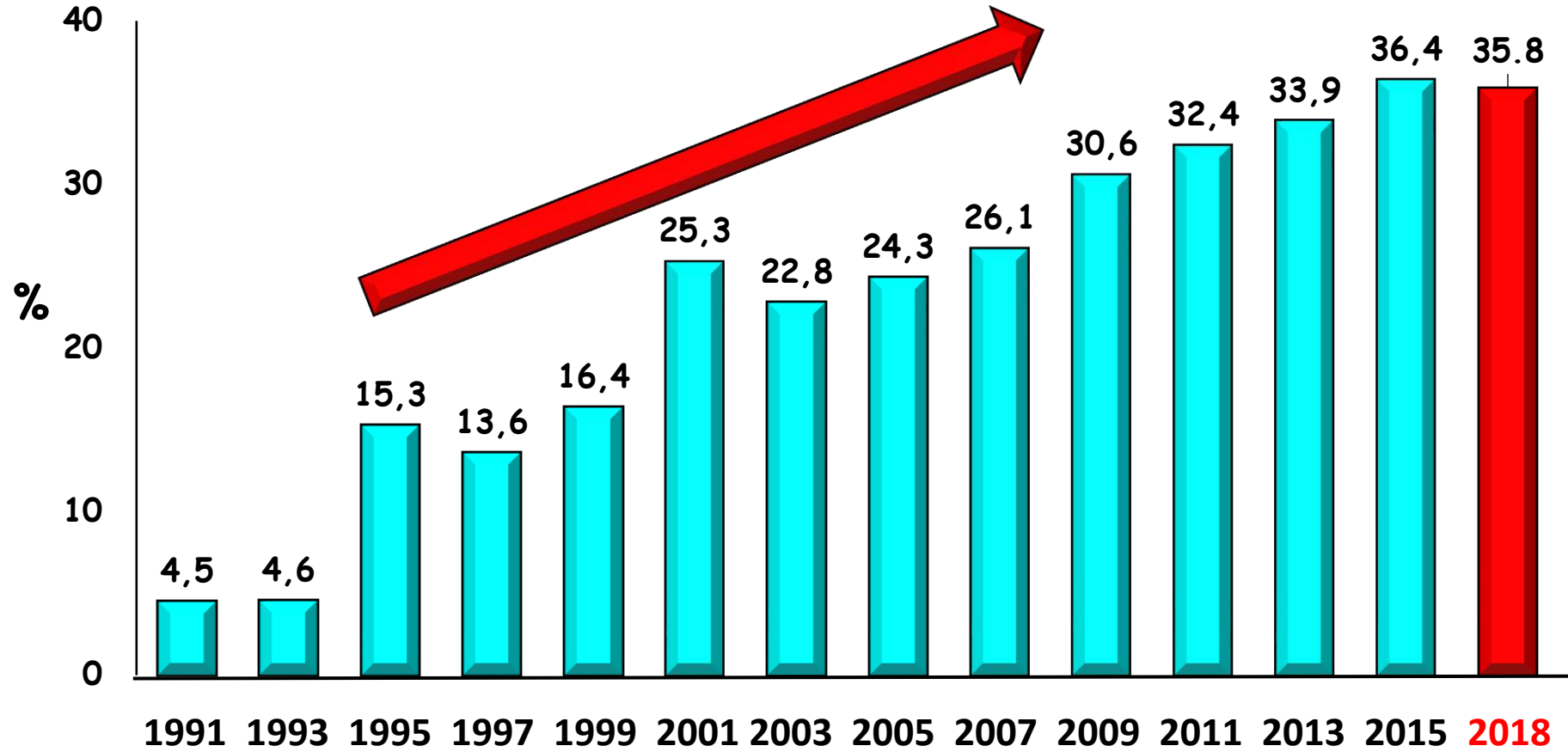
Diyabetik Böbrek Hastalığını Öngörebilir miyiz Önleyebilir miyiz ?

Prof. Dr. Bülent ALTUN
Hacettepe Üniversitesi Tıp Fakültesi
İç Hastalıkları Anabilim Dalı
Nefroloji Bilim Dalı





Kronik Hemodiyaliz Tedavisi Diyabetik Hasta Oranı (1991-2018)

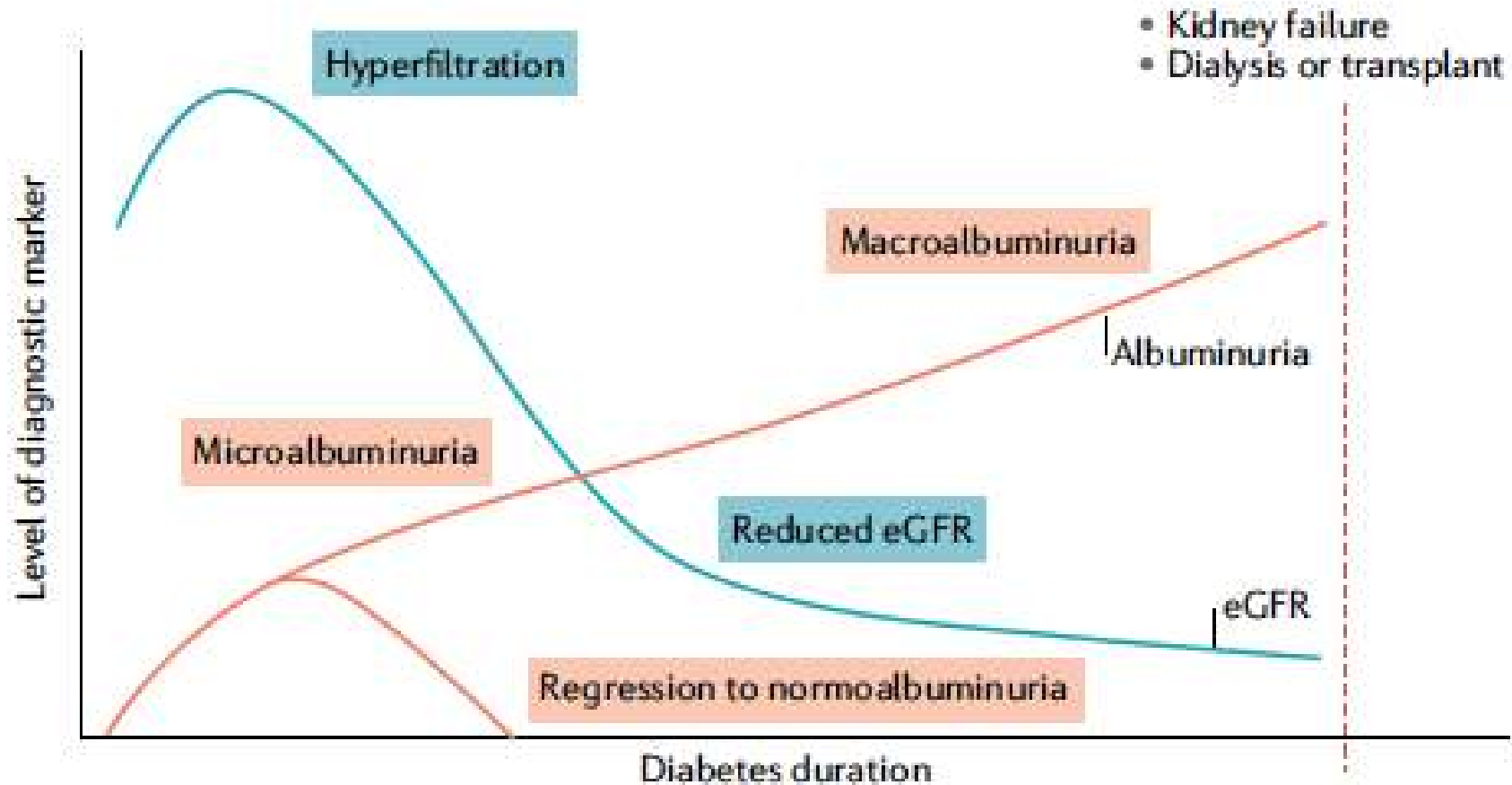


Türk Nefroloji Derneği Kayıtları 1991-2017

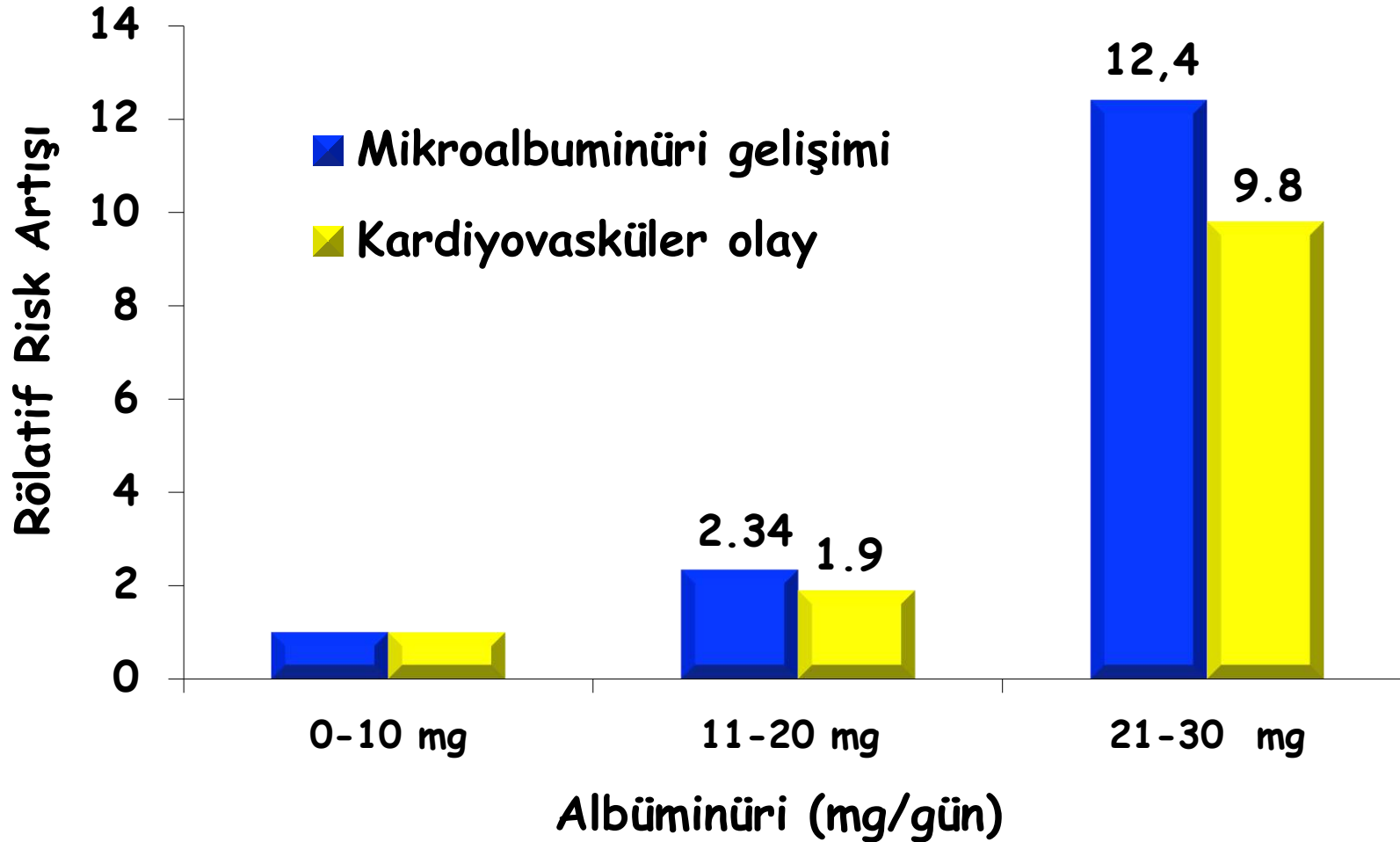
'Clinical medicine seems to be consist of **few things we know, few things we think we know (but probably don't)** and lots of things we really don't know at all'

Naylor CD

Diyabetik Nefropati, GFR ve Albüminiüri



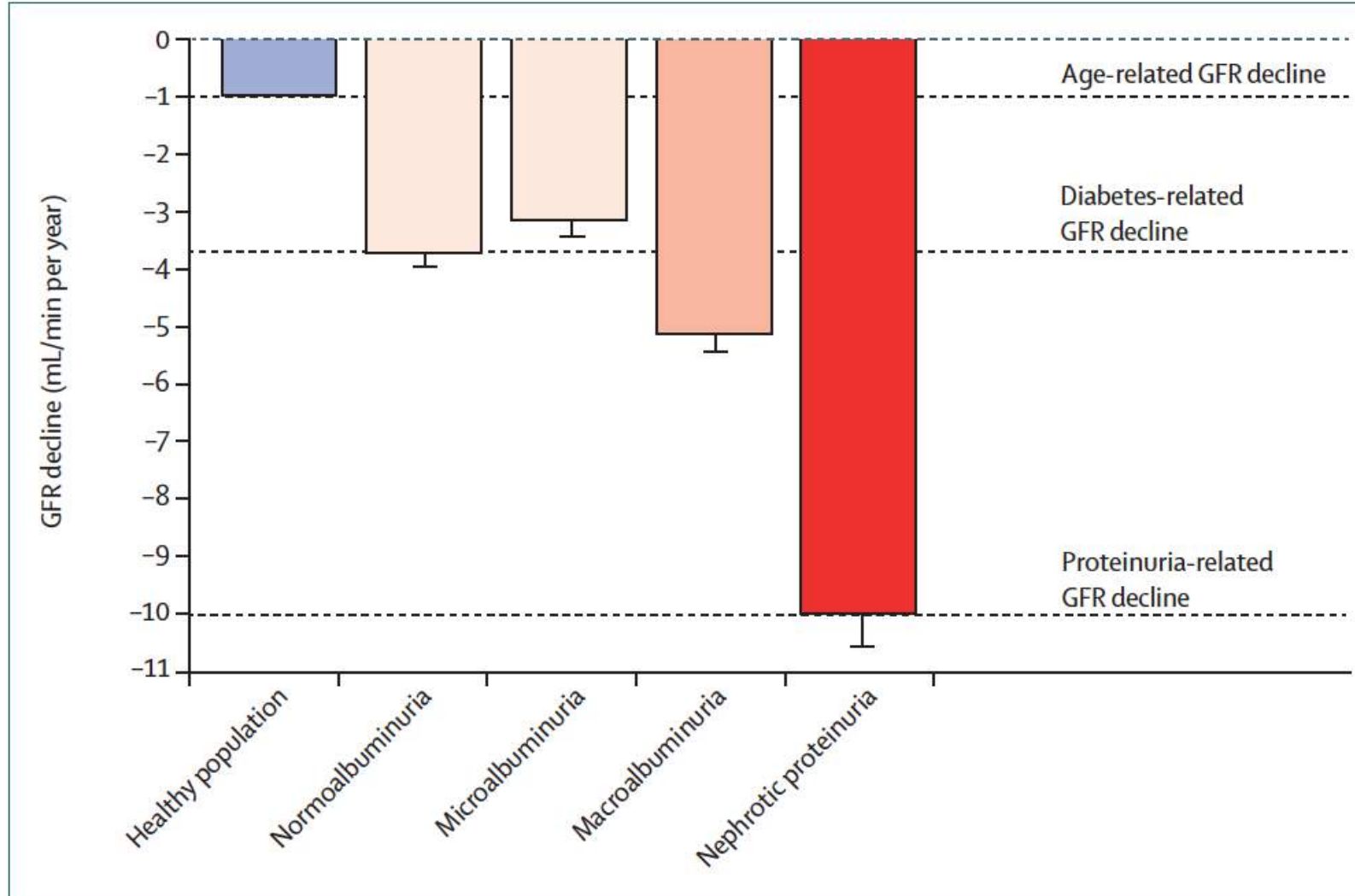
Normal Albumin Atılımı ve Kardiyorenal Risk (n:599 8 yıllık takip)



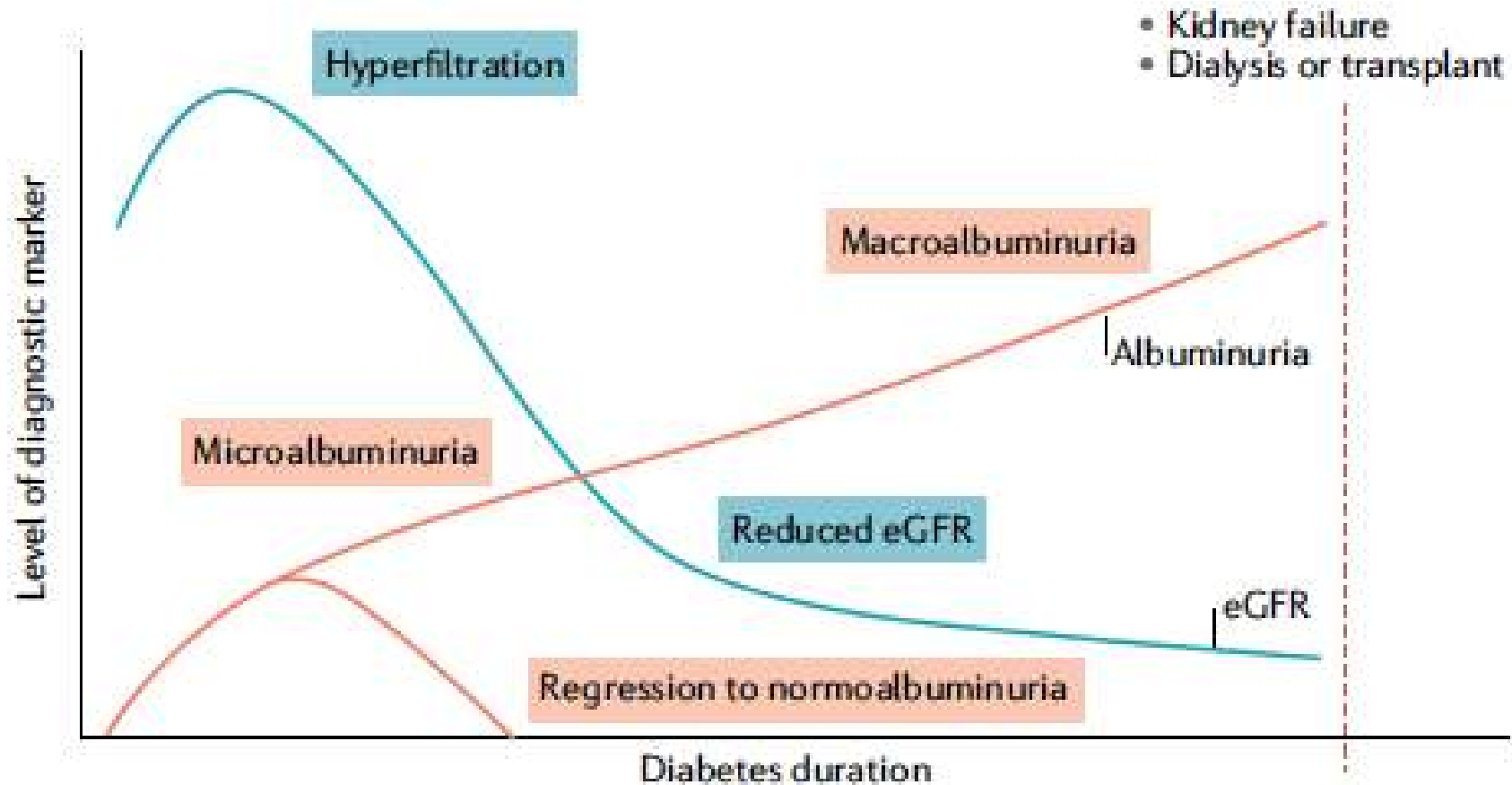
Normal Albumin Atılımı ve Kardiyorenal Risk (n:599 8 yıllık takip)

Albumin atılımı	Mikroalbuminüriye ilerleme	Ortalama yıllık GFH kaybı (ml/dk/yıl)
0-10	1	1.19
10-20	2,34	1,64
20-30	12,4	2.52

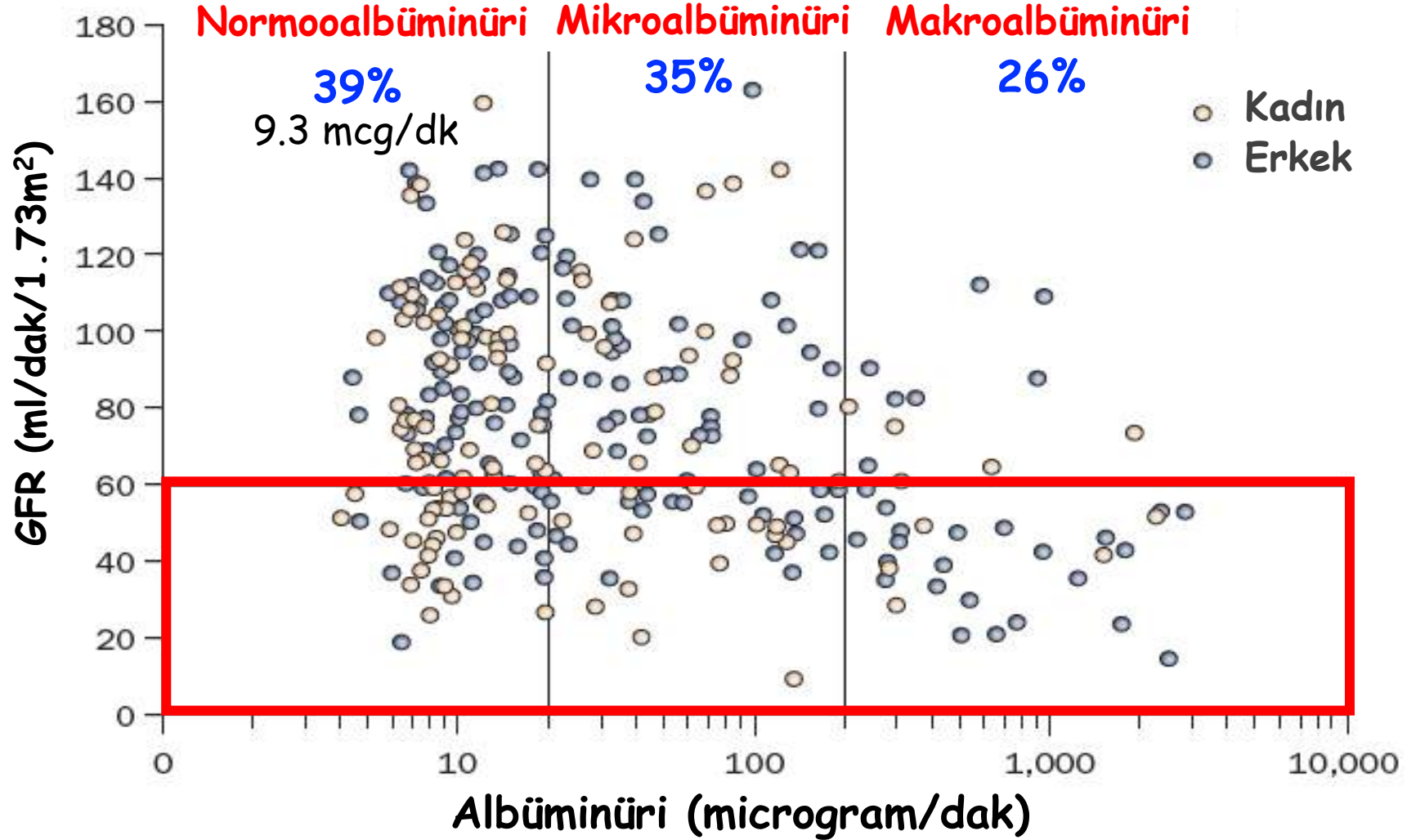
Diyabetik Nefropati, GFR ve Albüminiüri



Diyabetik Nefropati, GFR ve Albüminiüri



Diyabet, GFR ve Albüminiüri

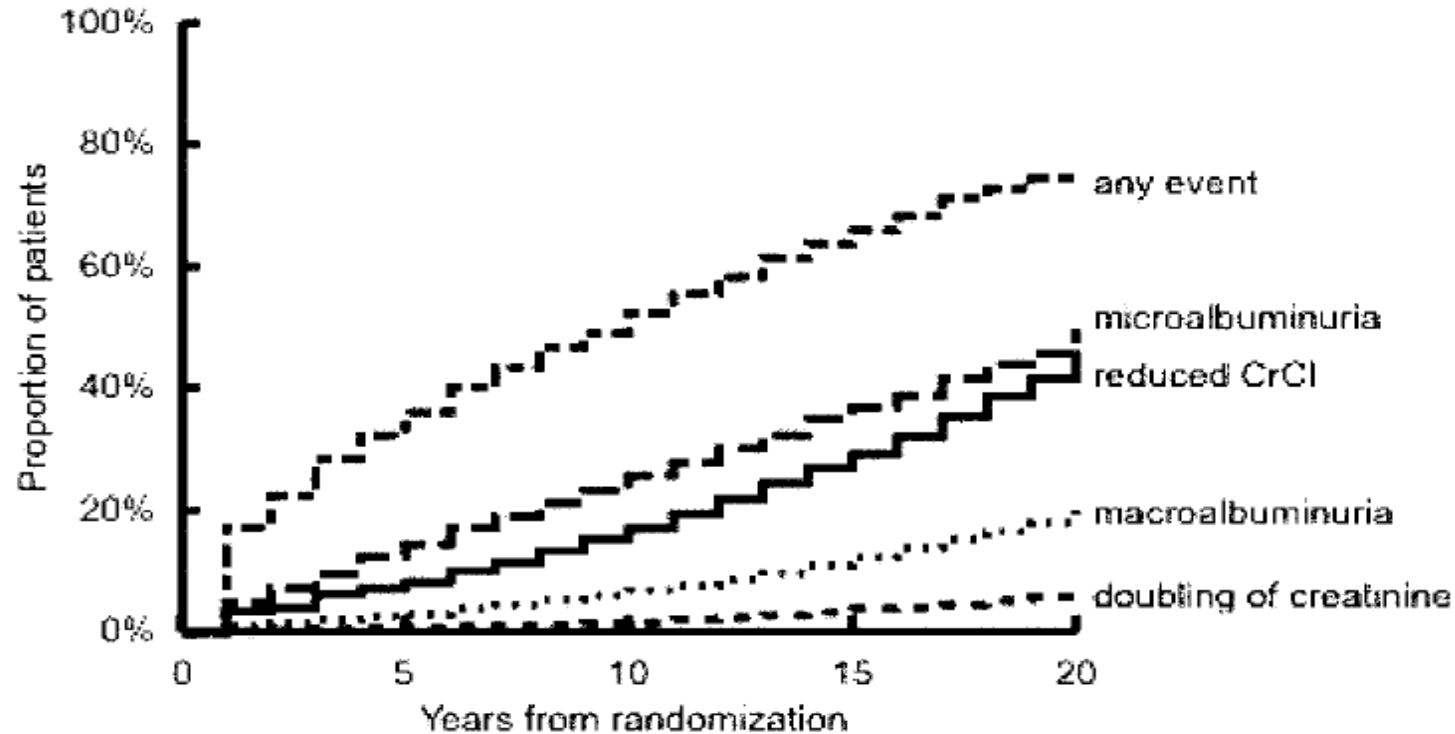


Diyabet, GFR ve Albüminiüri UKPDS N:4006 15 yıllık Takip

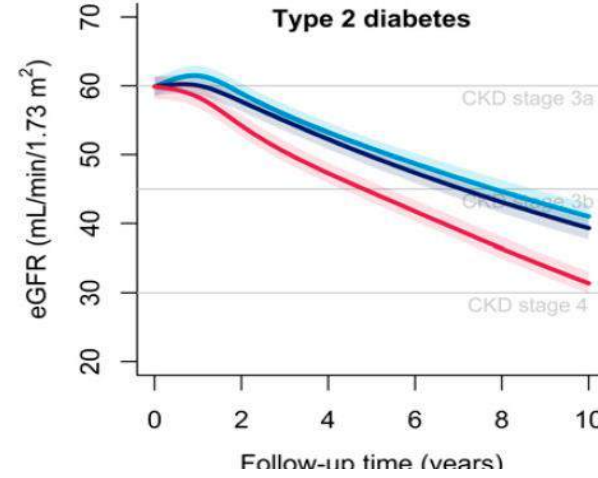
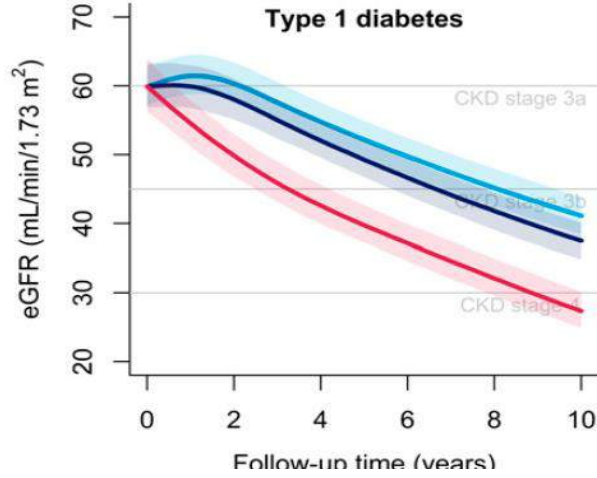
% 38 Albüminüri

% 28 Renal fonksiyon bozukluğu

% 14 normoalbuminürik renal fonksiyon bozukluğu

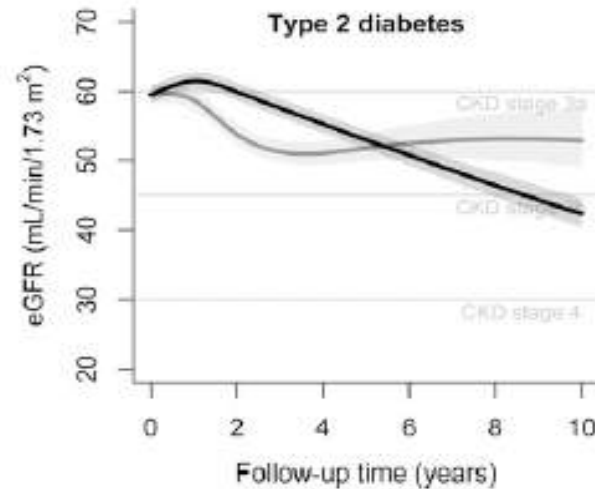
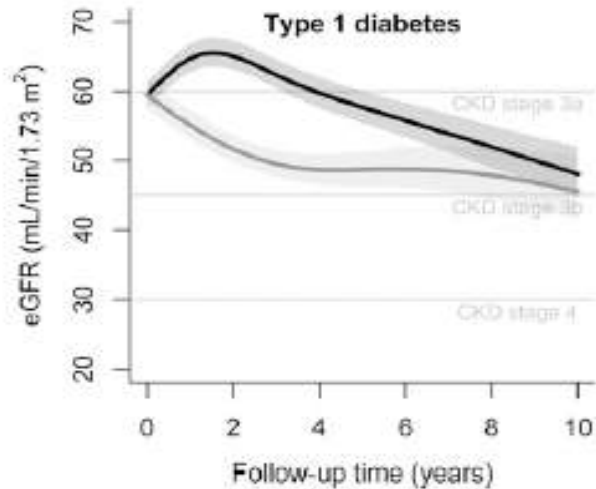


Diyabetik Nefropati, GFR ve Albüminiüri



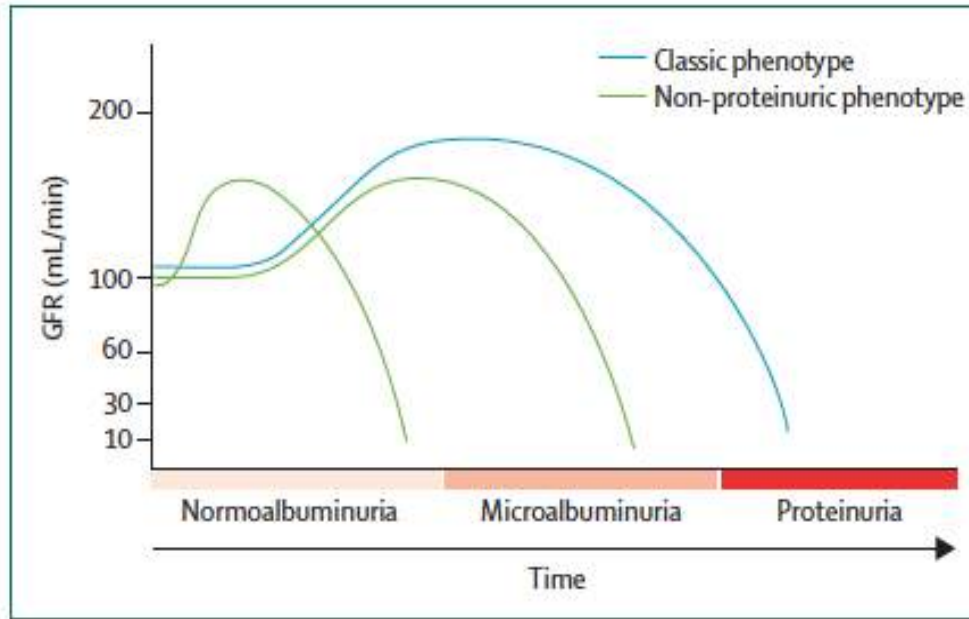
Tip 1 DM Yıllık Kayıp
1.9, 2.3, ve 3.3
mL/dk/1.73 m²

Tip 2 DM
Yıllık Kayıp
1.9, 2.1 ve 3.0
mL/dk/1.73 m²,



**Daha az
Antihiperlipidemik
Antihipertansif
RAS bloker**

Diyabetik Böbrek Hastalığı



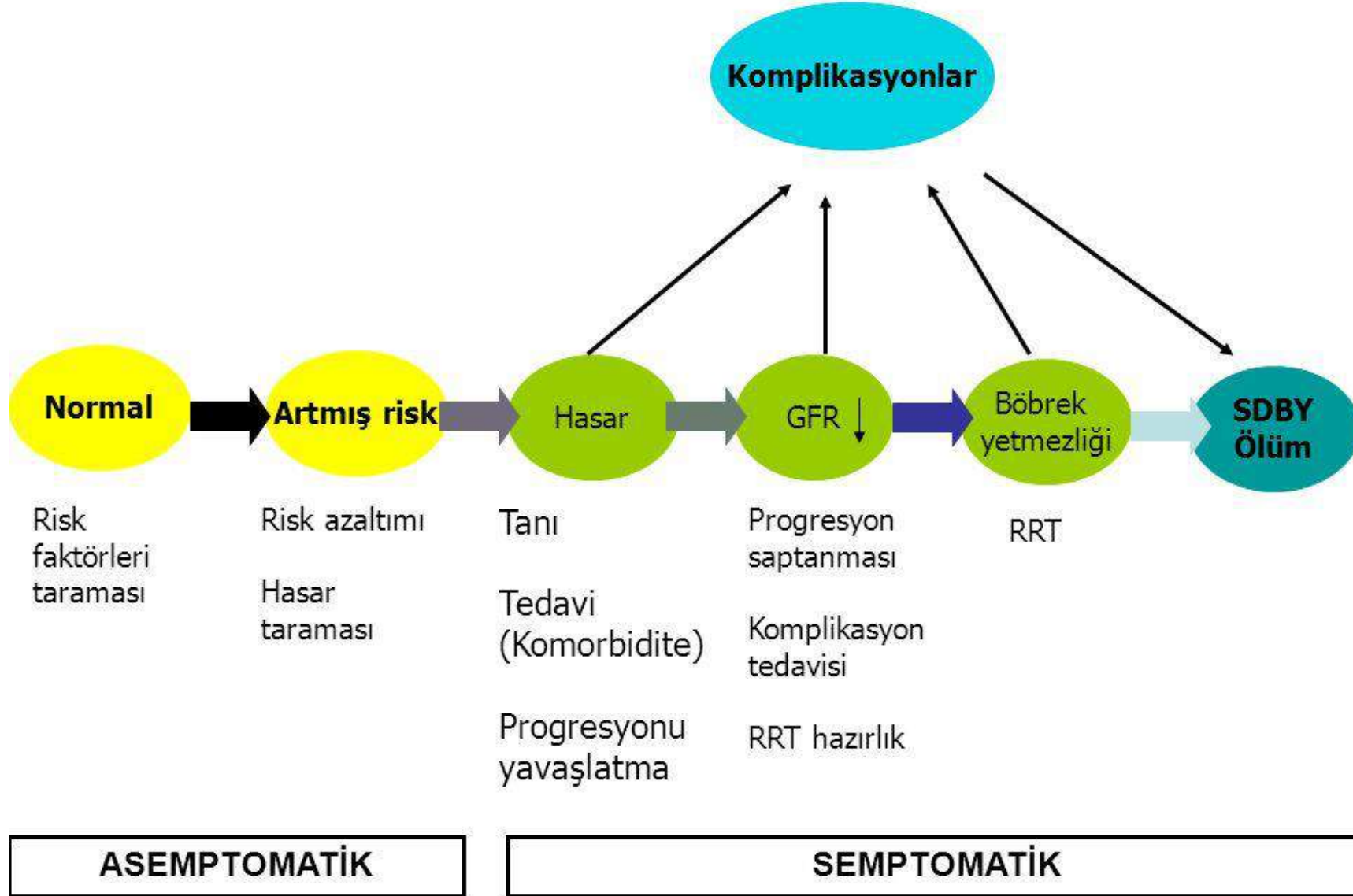
Diabetic kidney disease

- GFR decline related to diabetes mellitus without albuminuria.

Diabetic nephropathy

- Clinical course
Microalbuminuria → Macroalbuminuria → GFR decline
- Pathological features
Increased mesangial substrate, nodular lesions, and tubulointerstitial fibrosis

Diyabetik Böbrek Hastalığı



Diyabet, GFR ve Albüminiüri UKPDS N:4006 15 yıllık Takip

Albüminiüri/GFH deęişim

SKB
İdrar albümin atılımı
Serum kreatinin
Hint Asya kökenli

Albüminiüri

Erkek cinsiyet
Bel çevresi
Trigliserit
LDL Kol
HbA1c
Beyaz küre sayısı
Sigara
Retinopati

GFH deęişim

Kadın cinsiyet
Bel çevresi
Yaş
Nöropati
Artmış insülin
duyarlılığı

Diyabetik Nefropati, GFR ve Albüminiüri

Normoalbümin./ Korunmuş GFH

Kadınlarda daha sık,

Sigara öyküsü daha az,

Yaşlı,

Hipertansiyon,
Hiperlipidemi, KVH daha sık,

SKB, NB, daha yüksek,

Total Kolesterol/ Trigliserid daha
yüksek

Albüminürik/Düşük GFH

Kadınlarda daha sık

Sigara öyküsü daha az

Hipertansiyon, KVH,
Retinopati, Nöropati
daha az sıklıkta

Diyabet süresi daha kısa

SKB, NB, daha düşük

Diyabetik Nefropati, Risk Faktörleri

İleri yaş

Cinsiyet

İrk

(Afriko amerikan,
Hispanik, Hint Asya/Pasifik)

Aile öyküsü

Hiperglisemi

Obezite

Hipertansiyon

Hiperlipidemi

Sigara

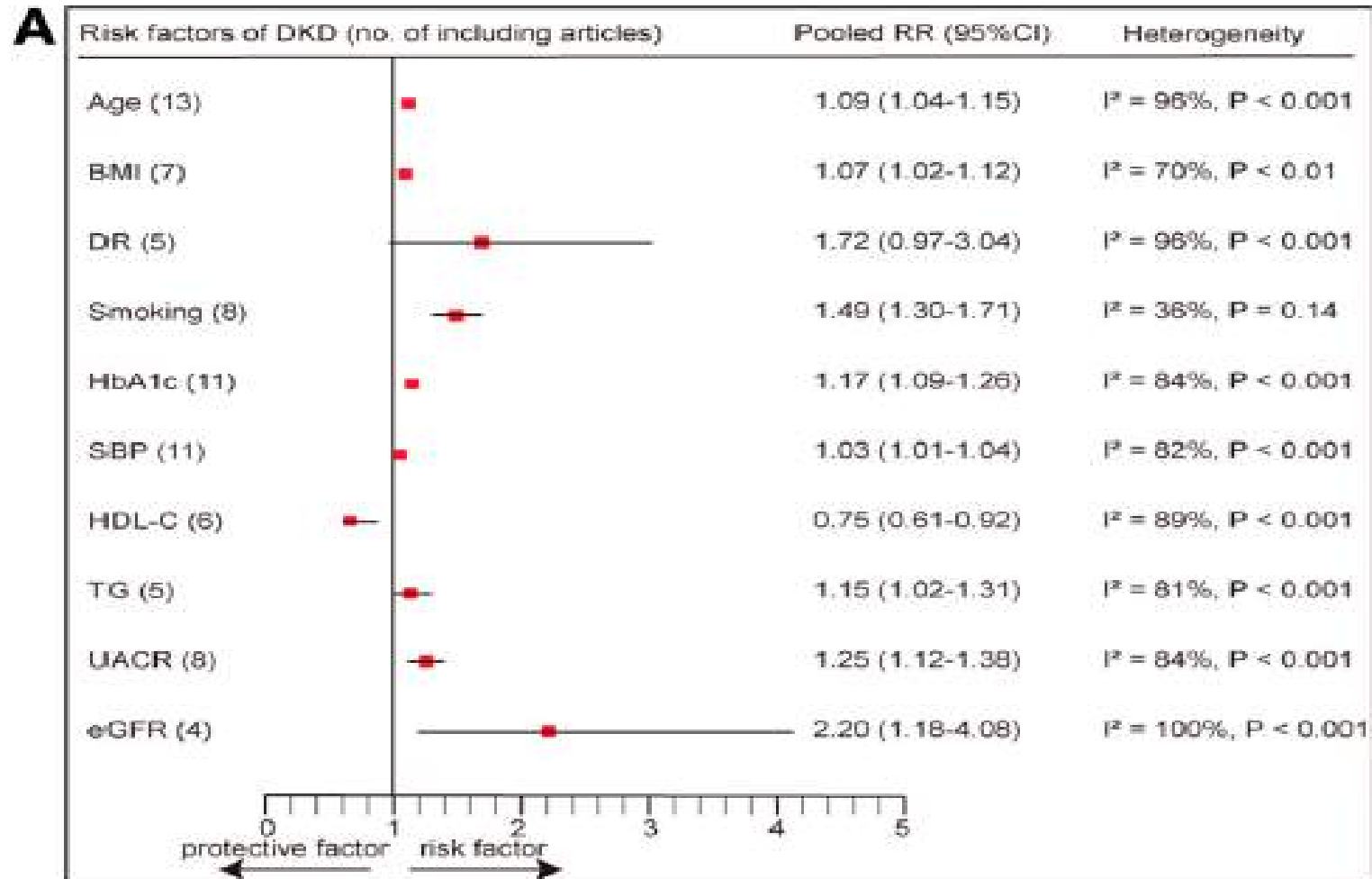
İdrar albumin atılımı

GFH

Retinopati

Protein alımı

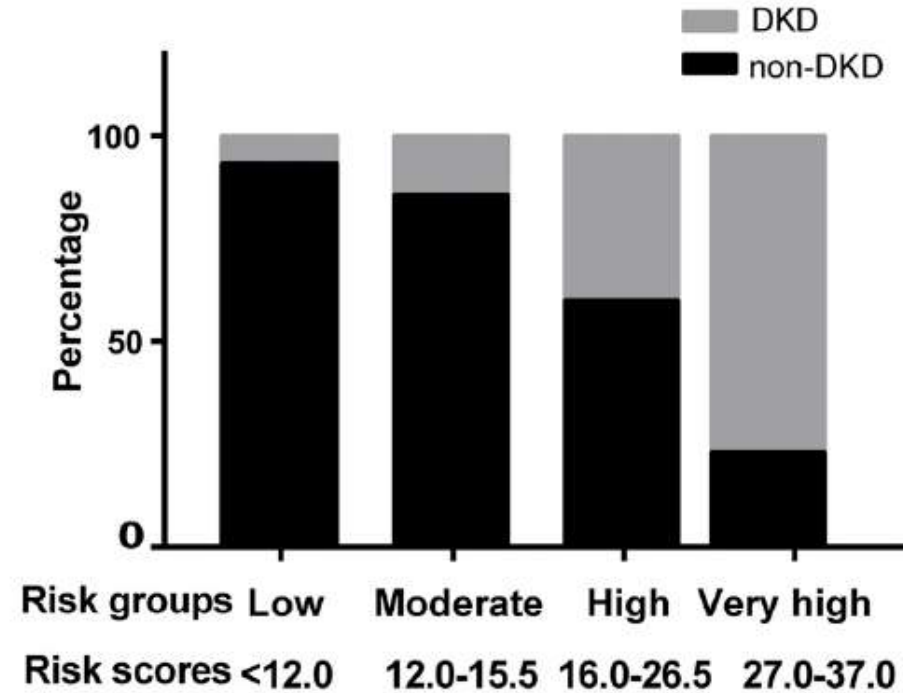
Diyabetik Nefropati: Risk Faktörleri ve Modelleme n:41.271



Diyabetik Nefropati: Risk Faktörleri ve Modelleme n:41.271

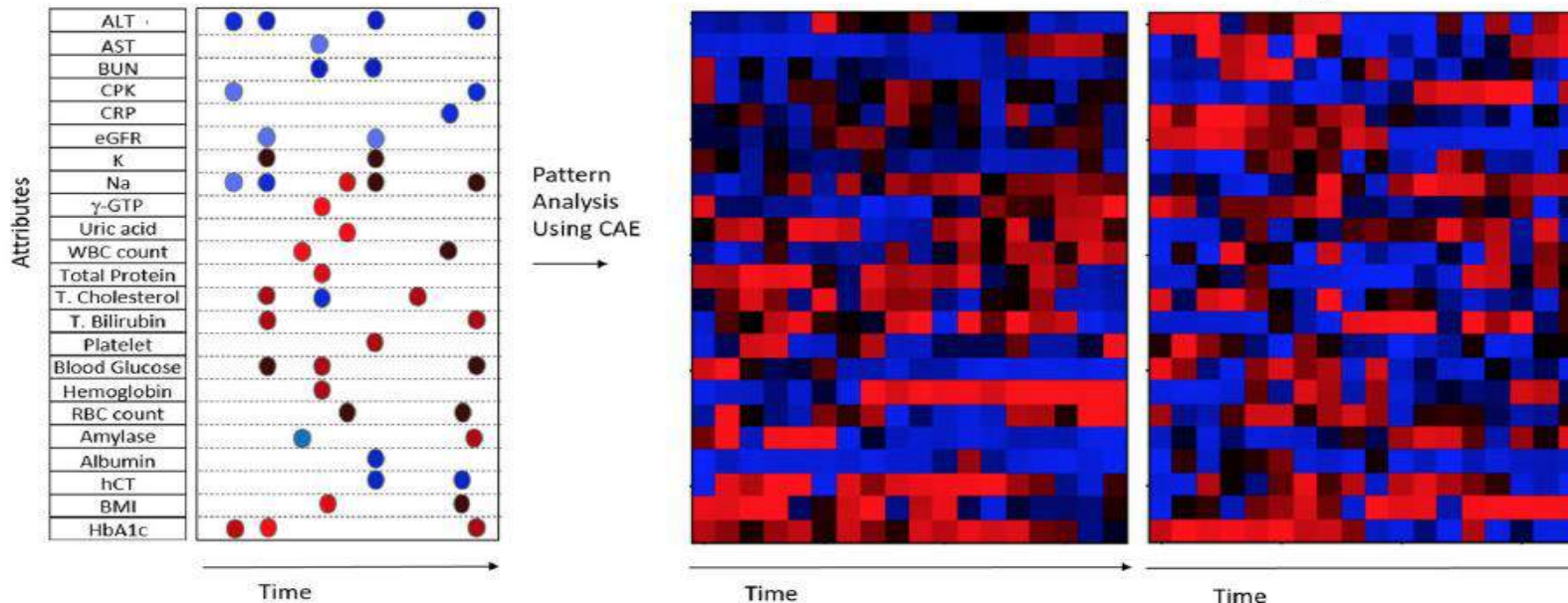
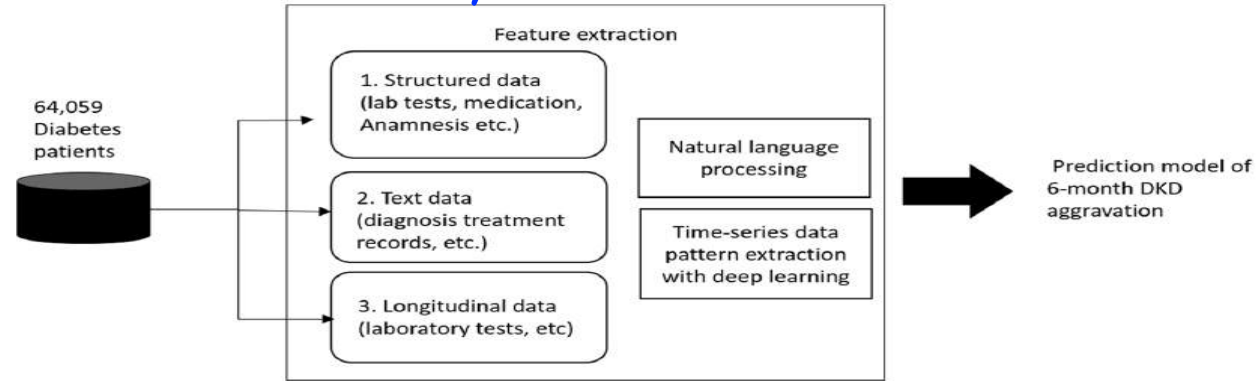
Sensitivite %84 Spesifisite %67

Risk factor of DKD	Category	Point
Age** (years)	39–49	0
	50–59	3
	60–75	6
BMI***(kg/m ²)	<25.00	0
	25.00–29.99	1.5
	≥30.00	3
Smoker****	Nonsmoker	0
	Smoker	4
DR	No	0
	Yes	3
HbA _{1c} (% [mmol/mol])	<7.0 [<53]	0
	7.0–7.9 [53 – 63]	1.5
	8.0–8.9 [64 – 74]	3
	≥9.0 [$≥75$]	4.5
SBP (mmHg)	<130	0
	130–139	2
	140–149	4
	≥150	6
HDL-C (mmol/L)	≥1.30	0
	<1.30	2.5
TG (mmol/L)	<1.70	0
	≥1.70	4
UACR (mg/g)	<10.00	0
	10.00–19.99	2
	20.00–29.99	4



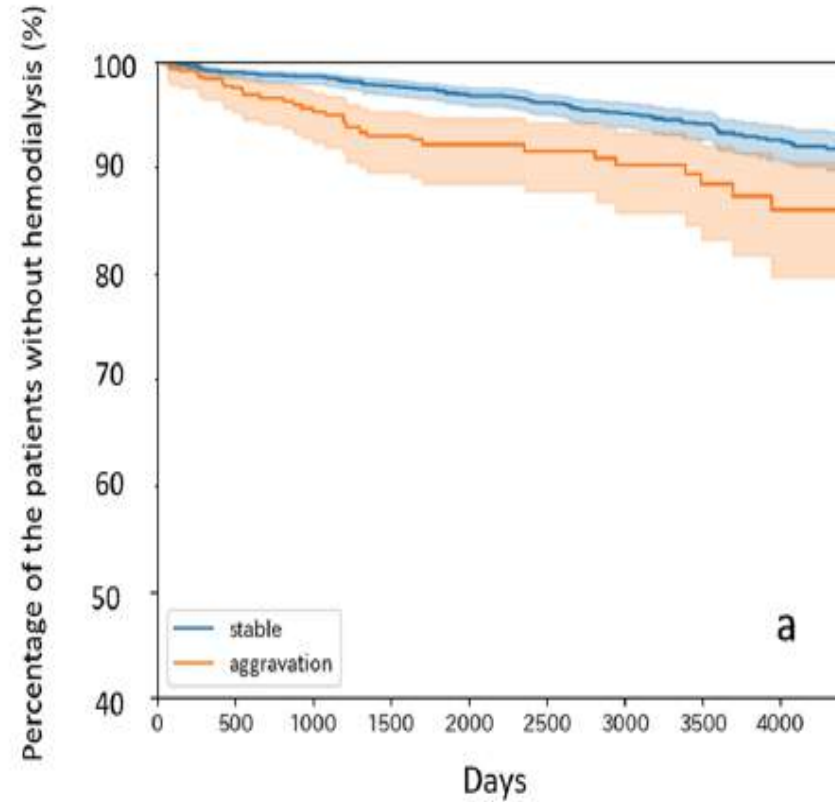
Diyabetik Nefropati Öngörmede Klinik Bilgi ve Yapay Zeka

N: 64,059/3073 özellik

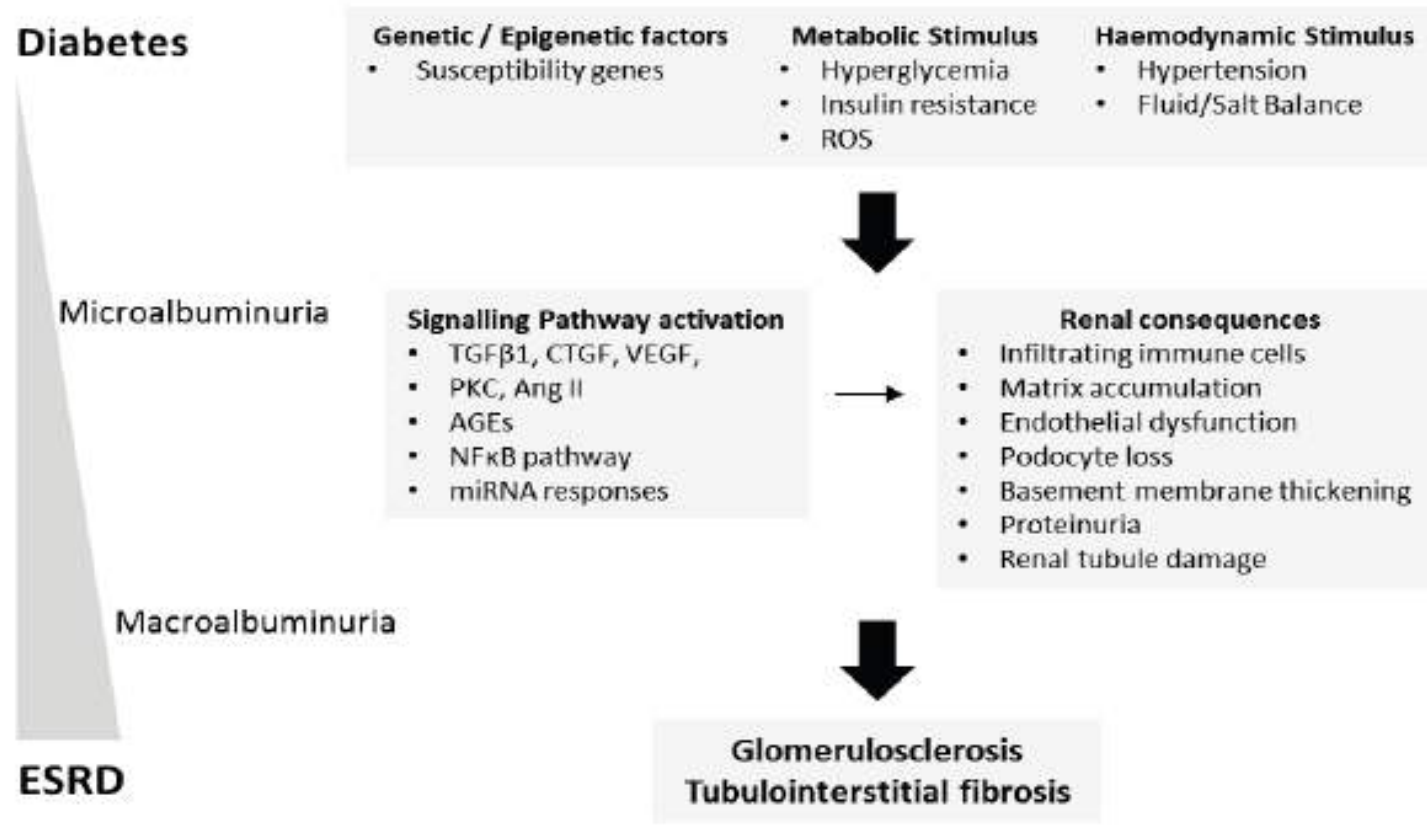


Diyabetik Nefropati Öngörmede Klinik Bilgi ve Yapay Zeka

Features	AUC	Accuracy
Profile	0.562	0.548
Profile + ICD10	0.562	0.557
Profile + ICD10 + YJCode	0.613	0.594
Profile + ICD10 + Blood Tests (latest)	0.644	0.606
Profile + ICD10 + YJCode + Blood Tests (latest and longitudinal)	0.656	0.610
Profile + ICD10 + YJCode + Blood Tests (latest and longitudinal) + Urinary Tests (latest and longitudinal)	0.729	0.691
Profile + ICD10 + YJCode + Blood Tests (latest and longitudinal) + Urinary Tests (latest and longitudinal) + Current Disease + Disease History	0.743	0.701



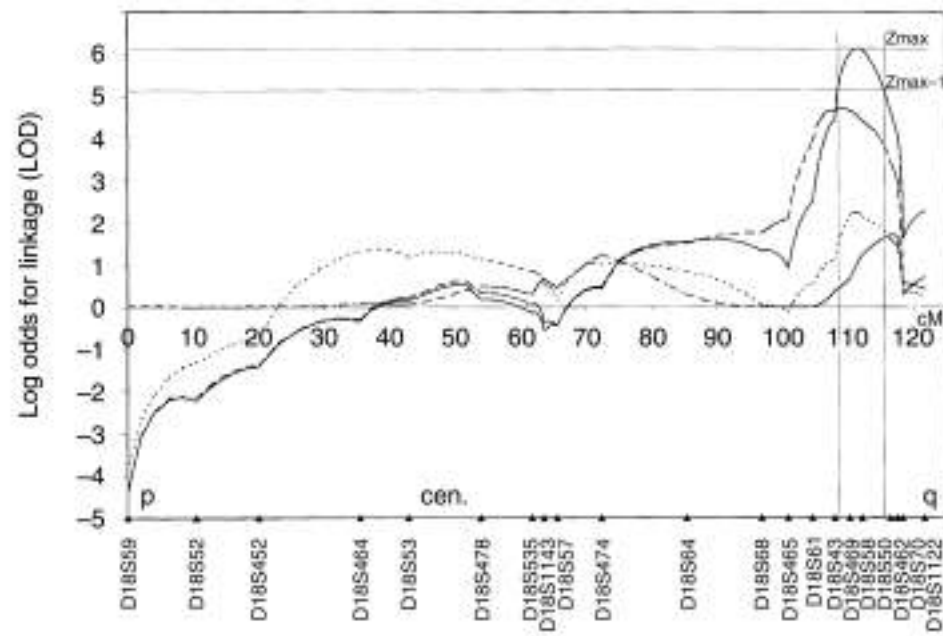
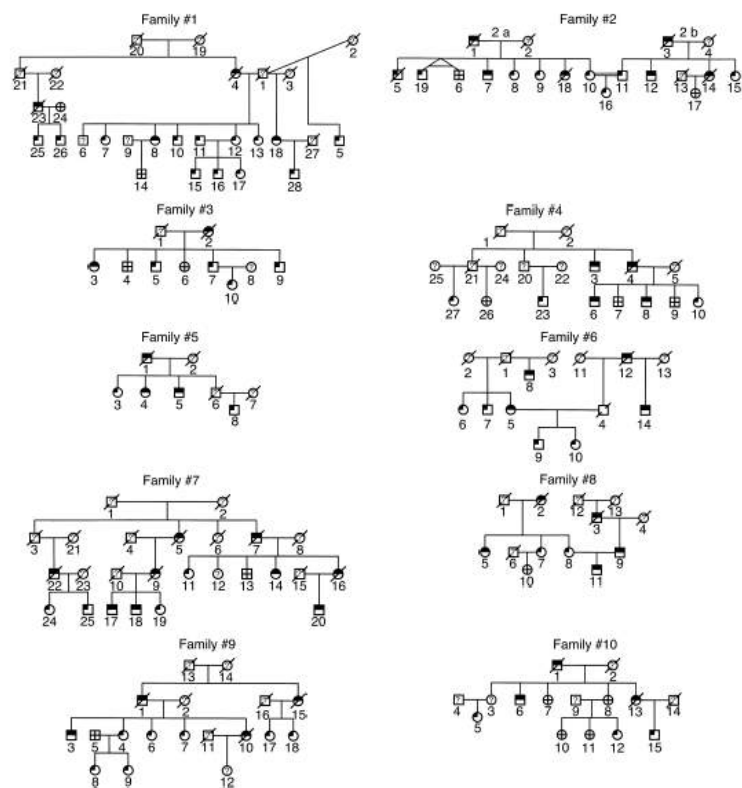
Diyabetik Nefropati, Risk Faktörleri



Gene for susceptibility to diabetic nephropathy in type 2 diabetes maps to 18q22.3-23

IRFAN VARDARLI, LESLIE J. BAIER, ROBERT L. HANSON, IMREN AKKOYUN, CHRISTINE FISCHER, PETER ROHMEISS, ALI BASCI, CLAUS R. BARTRAM, FOKKO J. VAN DER WOUDE, and BART JANSSEN

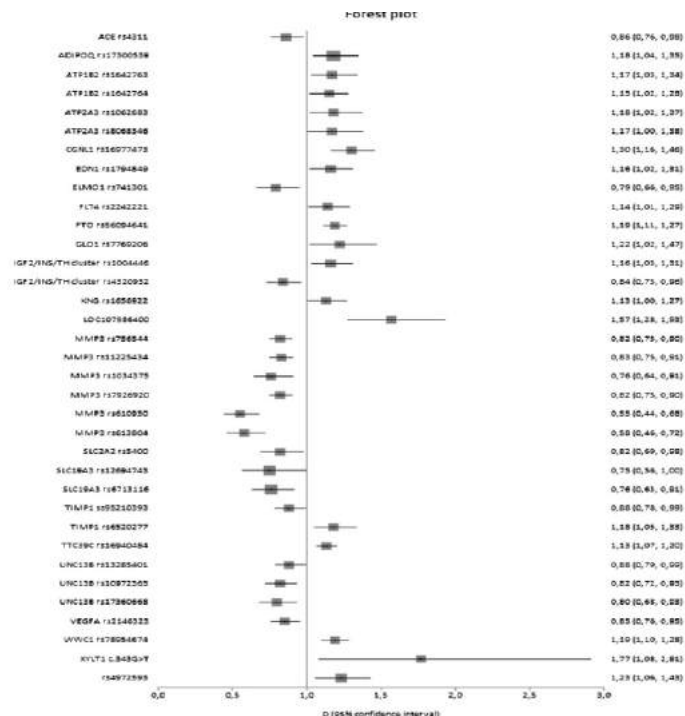
5th Medical Department (Nephrology/Endocrinology/Rheumatology), and Eye Clinic, University Hospital Mannheim of the University of Heidelberg, Mannheim, Germany; Phoenix Epidemiology and Clinical Research Branch, National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health, Phoenix, Arizona, USA; Institute of Human Genetics, University of Heidelberg, Heidelberg, Germany; and the Department of Medicine, Division of Nephrology, Ege University School of Medicine, Bornova-Izmir, Turkey



The genetic map of diabetic nephropathy: evidence from a systematic review and meta-analysis of genetic association studies

Maria Tziastoudi¹, Ioannis Stefanidis² and Elias Zintzaras^{1,3}

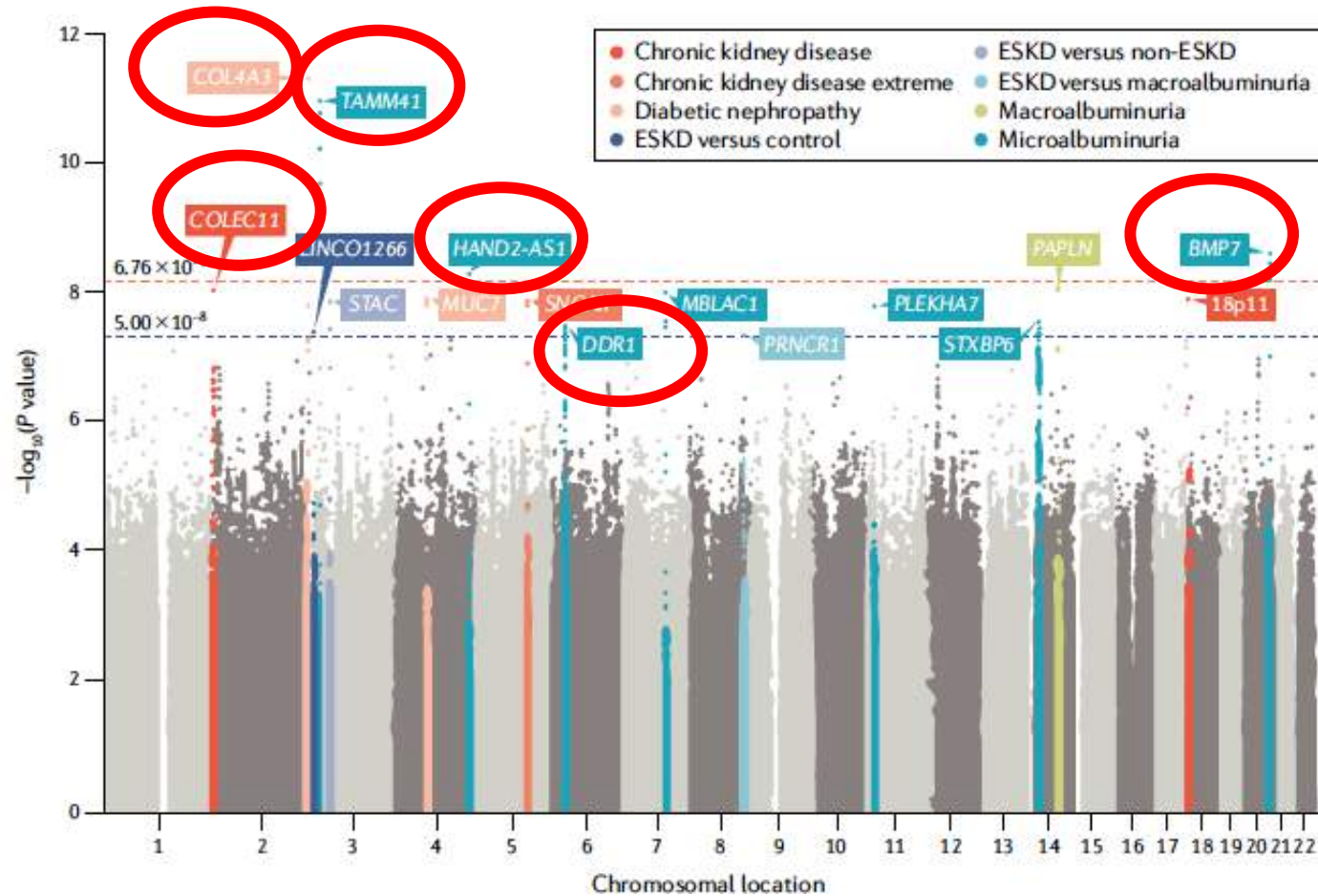
Category	Term	Genes	Count	%	P-value	Benjamini
KEGG_PATHWAY	Cytokine-cytokine receptor interaction	CCR5, EPO, FLT4, IL1B, IL10, TGFB1, VEGFA	7	1.2	4.4E-3	3.0E-1
KEGG_PATHWAY	Pyruvate metabolism	ACACB, AKR1B1, GLO1	3	0.5	2.4E-2	6.3E-1
KEGG_PATHWAY	T2DM	ADIPOQ, IFG2, INS, SLC2A2	3	0.5	3.3E-2	5.9E-1
KEGG_PATHWAY	Adipocytokine signalling pathway	ACACB, ADIPOQ, SLC2A1	3	0.5	6.2E-2	7.3E-1
KEGG_PATHWAY	Renal cell carcinoma	SLC2A1, TGFB1, VEGFA	3	0.5	6.7E-2	6.8E-1
KEGG_PATHWAY	Renin-angiotensin system	ACE, AGT	2	0.4	9.9E-2	7.5E-1



360 GiÇ çalışma:228 gen

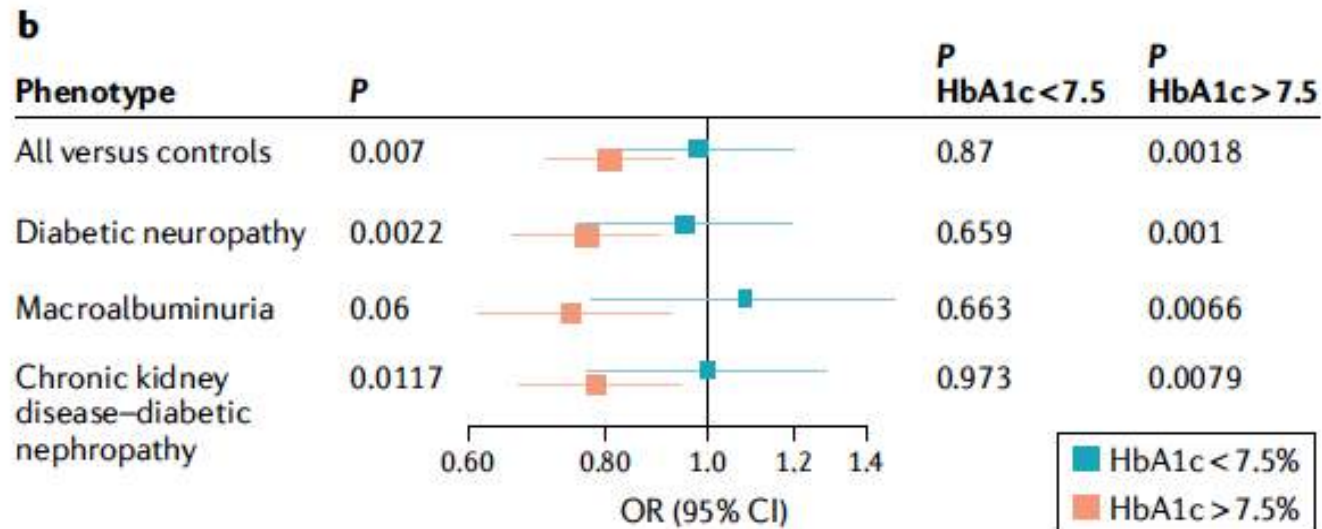
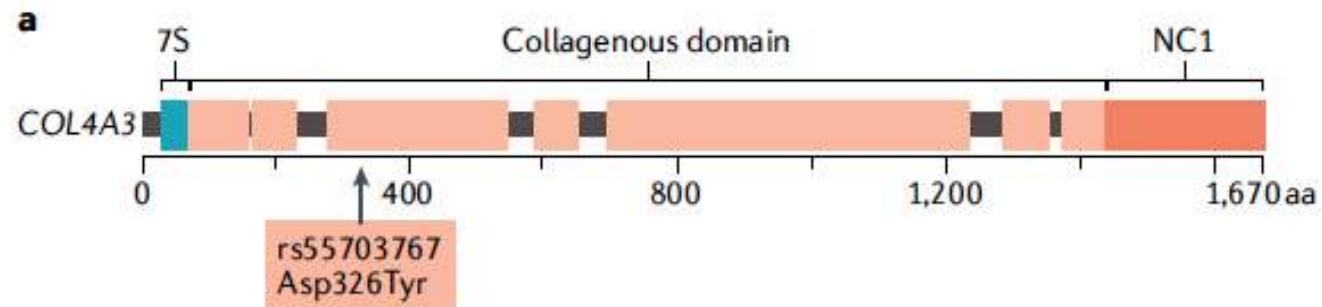
ACACB, ACE, ADIPOQ, AGT, AGTR1, AKR1B1, APOC1, APOE, ATP1B2, ATP2A3, CARS, CCR5, CGNL1, CNDP, CYGBPRCD, EDN1, ELMO1, ENPP1, EPO, FLT4, FTO, GLO1, HMG2, IGF2/INS/TH, IL1B, IL8, IL10, KCNQ1, KNG, LOC101927627, MTHFR, NOS3, SETD7, SIRT1, SLC2A1, SLC2A2, SLC12A3, SLC19A3, TCF7L2, TGFB1, TIMP1, TTC39C, UNC13B, VEGFA, WTAPP1, WWC1, XYLT1

Tip 1 Diyabetiklerde Avrupa Populasyonu GWAS Metaanalizi n: 19,406



Tip 1 Diyabetiklerde Avrupa Populasyonu GWAS Metaanalizi n: 19,406

SNP rs55703767, missense variant exon 17 type IV collagen alpha 3 chain gene (COL4A3),

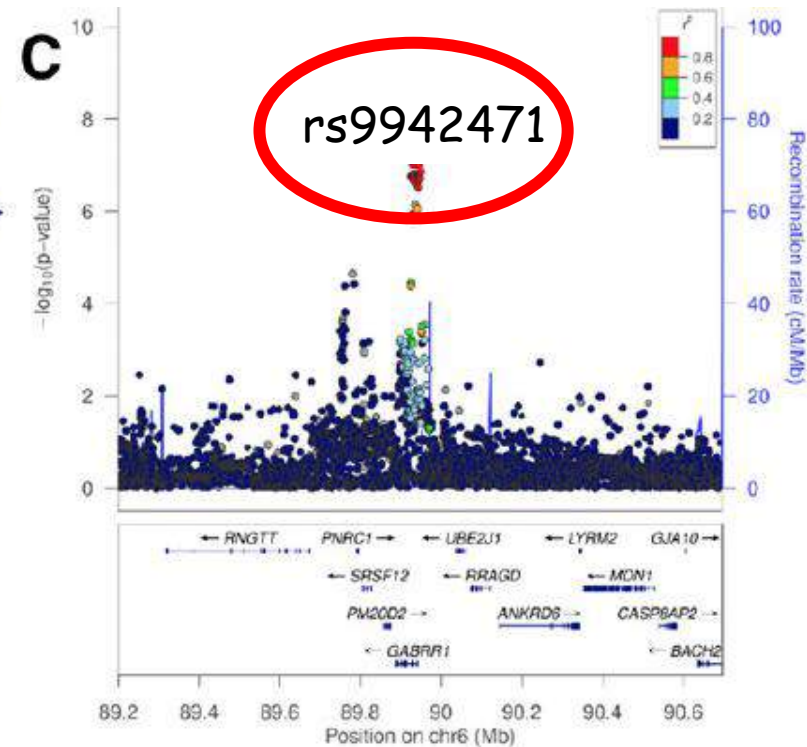
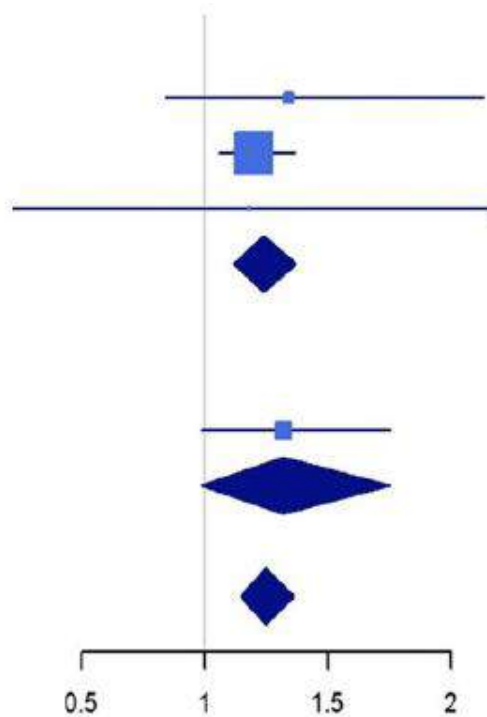


Salem, R. M. ve ark J. Am. Soc. Nephrol. 30, 2000–2016 (2019).

Diyabetiklerde GWAS Metaanalizi

GABRR1 / UMOD / PRKAG2 / FTO

Study	RSQ	OR
BENEDICT	0.99	1.34
GODARTS	0.99	1.20
SDR	0.99	1.18
DISCOVERY		1.24
DIREVA	1.00	1.32
REPLICATION		1.32
COMBINED		1.25

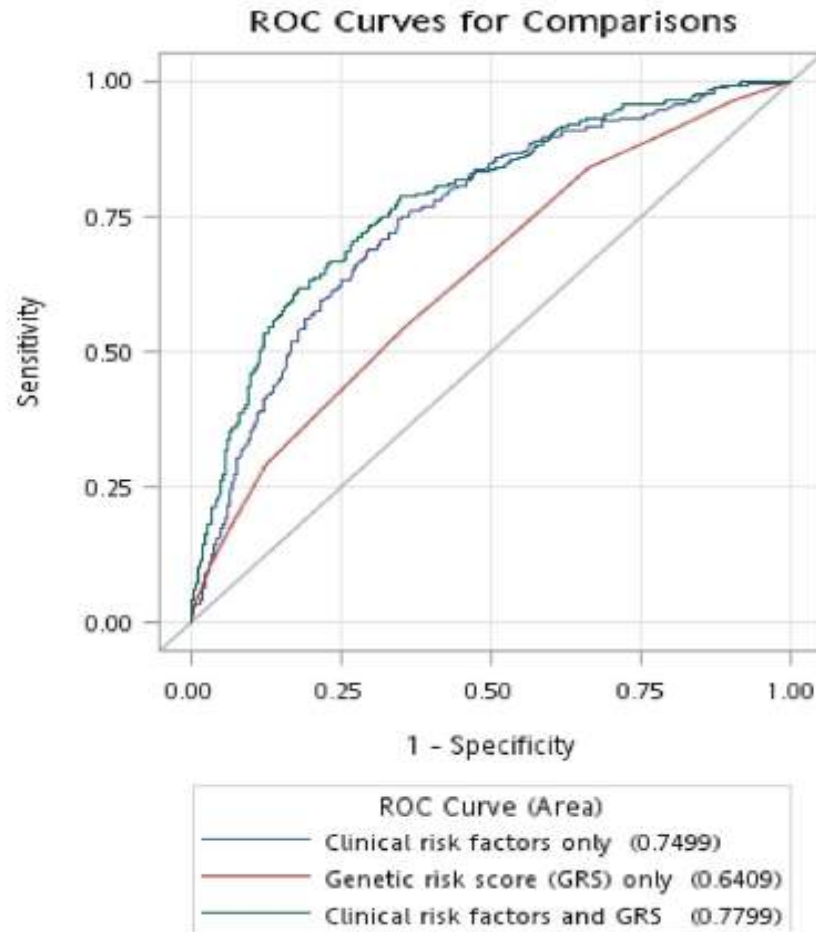


Diyabetik Nefropatide Klinik ve Genetik Öngördürücüler

Characteristic	Derivation sample			Validation sample		
	DN cases (n=246)	Controls (n=749)	P-value	DN cases (n=179)	Controls (n=340)	P-value
Age (years)	64.32 ± 9.43	57.54 ± 9.92	< 0.01 × 10 ⁻¹³	70.55 ± 12.40	69.73 ± 7.12	0.417
Gender			0.813			0.571
Women	124 (50.41)	369 (49.27)		83 (46.37)	168 (49.41)	
Men	122 (49.59)	380 (50.73)		96 (53.63)	172 (50.59)	
Smoking status			0.167			0.472
No	209 (84.96)	605 (80.77)		156 (88.14)	308 (90.59)	
Yes	37 (15.04)	144 (19.23)		21 (11.86)	32 (9.41)	
Alcohol drinking			0.044			0.645
No	206 (83.74)	580 (77.44)		156 (87.64)	304 (89.41)	
Yes	40 (16.26)	169 (22.56)		22 (12.36)	36 (10.59)	
Durations of diabetes			7.47 × 10 ⁻¹¹			—
<10 years	12.11 ± 8.15	8.26 ± 6.62		12.66 ± 10.97	—	—
≥10 years	107 (43.50)	472 (63.02)	1.09 × 10 ⁻⁷	79 (44.13)	—	—
BMI			0.004			0.001
<27 kg/m ²	25.75 ± 3.94	24.95 ± 3.75		26.24 ± 4.27	24.92 ± 3.49	0.003
≥27 kg/m ² (obesity)	150 (60.98)	536 (71.56)	0.002	112 (62.57)	256 (75.29)	0.003
HbA1c			0.022			—
<7%	96 (39.02)	213 (28.44)		67 (37.43)	84 (24.71)	—
≥7%	8.15 ± 1.63	7.88 ± 1.42		7.16 ± 1.59	—	—
≥7%	61 (24.80)	209 (27.90)	0.385	97 (56.73)	—	—
≥7%	185 (75.20)	540 (72.10)		74 (43.27)	—	—
Creatinine			< 0.01 × 10 ⁻¹²			< 0.01 × 10 ⁻¹²
Normal (M: 0.7–1.5; F: 0.5–1.2 mg/dL)	1.39 ± 1.10	0.73 ± 0.18		2.89 ± 3.16	0.81 ± 0.18	< 0.01 × 10 ⁻¹²
Abnormal	183 (74.39)	703 (93.86)	< 0.01 × 10 ⁻¹²	65 (36.31)	319 (93.82)	< 0.01 × 10 ⁻¹²
Uric acid (mg/dL)			< 0.01 × 10 ⁻¹²			2.40 × 10 ⁻⁴
Normal (M: <7; F: <6 mg/dL)	63 (25.61)	46 (6.14)		114 (63.69)	21 (6.18)	1.94 × 10 ⁻⁶
Abnormal	7.35 ± 1.87	5.87 ± 1.53		6.88 ± 4.04	5.63 ± 1.34	—
BUN			< 0.01 × 10 ⁻¹²			< 0.01 × 10 ⁻¹²
Normal (7–20 mg/dL)	76 (30.89)	518 (69.16)		81 (52.94)	255 (75.00)	< 0.01 × 10 ⁻¹²
Abnormal	170 (69.11)	231 (30.84)		72 (47.06)	85 (25.00)	< 0.01 × 10 ⁻¹²
Total cholesterol			< 0.01 × 10 ⁻¹²			< 0.01 × 10 ⁻¹²
Normal	24.87 ± 12.38	14.98 ± 4.12		38.26 ± 27.24	13.61 ± 3.87	< 0.01 × 10 ⁻¹²
Abnormal (≥200 mg/dL)	106 (43.09)	659 (87.98)	< 0.01 × 10 ⁻¹²	40 (28.37)	319 (93.82)	< 0.01 × 10 ⁻¹²
LDL-C			0.071			1.04 × 10 ⁻⁵
Normal	140 (56.91)	90 (12.02)		101 (71.63)	21 (6.18)	0.077
Abnormal (≥130 mg/dL)	192.90 ± 52.76	186.40 ± 37.14		171.20 ± 39.63	186.40 ± 35.41	0.002
HDL-C			0.420			0.037
Normal	87 (35.37)	242 (32.31)		43 (24.43)	110 (32.35)	0.037
Abnormal (≥150 mg/dL)	189.90 ± 157.6	155.30 ± 117.4	0.002	178.80 ± 153.9	138.50 ± 90.44	0.001
Triglycerides			0.001			0.026
Normal	120 (48.98)	456 (61.13)		101 (56.42)	227 (66.76)	0.026
Abnormal (≥150 mg/dL)	125 (51.02)	290 (38.87)		78 (43.58)	113 (33.24)	0.037
Hypertension			< 0.01 × 10 ⁻¹²			1.11 × 10 ⁻⁸
No	118.50 ± 42.42	118.10 ± 34.39		96.26 ± 36.18	113.30 ± 30.76	6.74 × 10 ⁻⁶
Yes	167 (67.89)	486 (64.89)	0.434	103 (83.74)	246 (73.87)	0.037
Heart disease			2.01 × 10 ⁻⁶			6.96 × 10 ⁻⁵
No	79 (32.11)	263 (35.11)		20 (16.26)	87 (26.13)	1.13 × 10 ⁻⁹
Yes	46.80 ± 13.75	49.46 ± 13.79	0.009	—	42.98 ± 11.28	—
Normal	131 (53.25)	454 (60.70)	0.047	—	128 (37.65)	—
Abnormal (M: <40; F: <50 mg/dL)	115 (46.75)	294 (39.30)		—	212 (62.35)	—
CVA			3.24 × 10 ⁻⁴			1.13 × 10 ⁻⁹
No	84 (34.15)	457 (61.01)		30 (16.76)	143 (42.06)	—
Yes	162 (65.85)	292 (38.99)		149 (83.24)	197 (57.94)	—
Heart disease			2.01 × 10 ⁻⁶			6.96 × 10 ⁻⁵
No	174 (70.73)	634 (84.65)		115 (64.25)	274 (80.59)	—
Yes	72 (29.27)	115 (15.35)		64 (35.75)	66 (19.41)	—
CVA			3.24 × 10 ⁻⁴			1.13 × 10 ⁻⁹
No	236 (91.87)	729 (97.33)		135 (75.42)	311 (91.47)	—
Yes	20 (8.13)	20 (2.67)		44 (24.58)	29 (8.53)	—

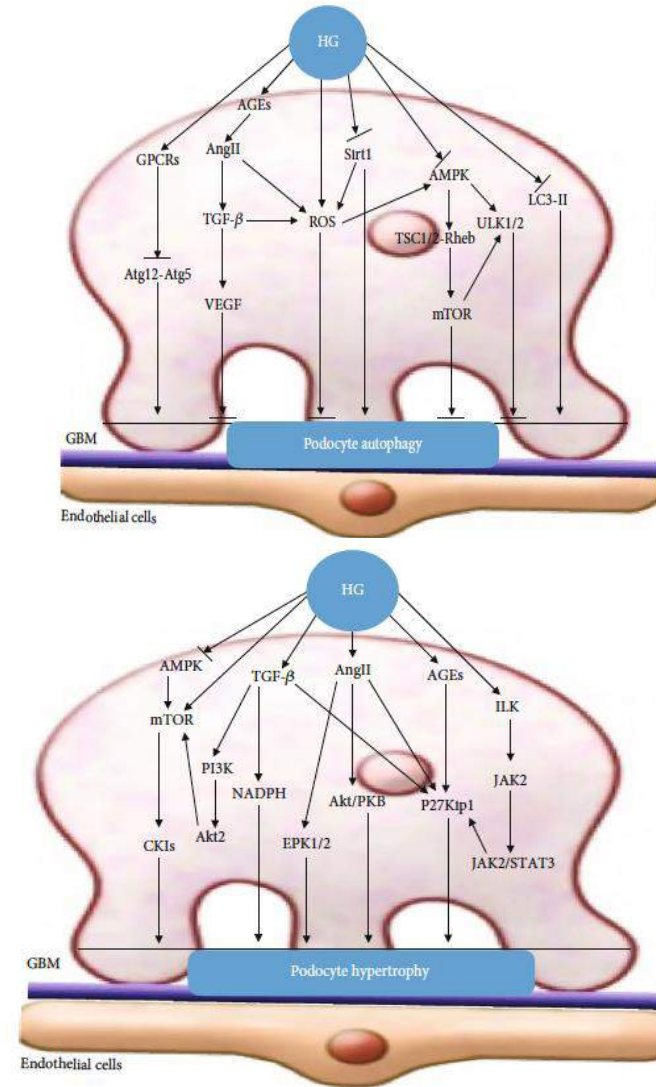
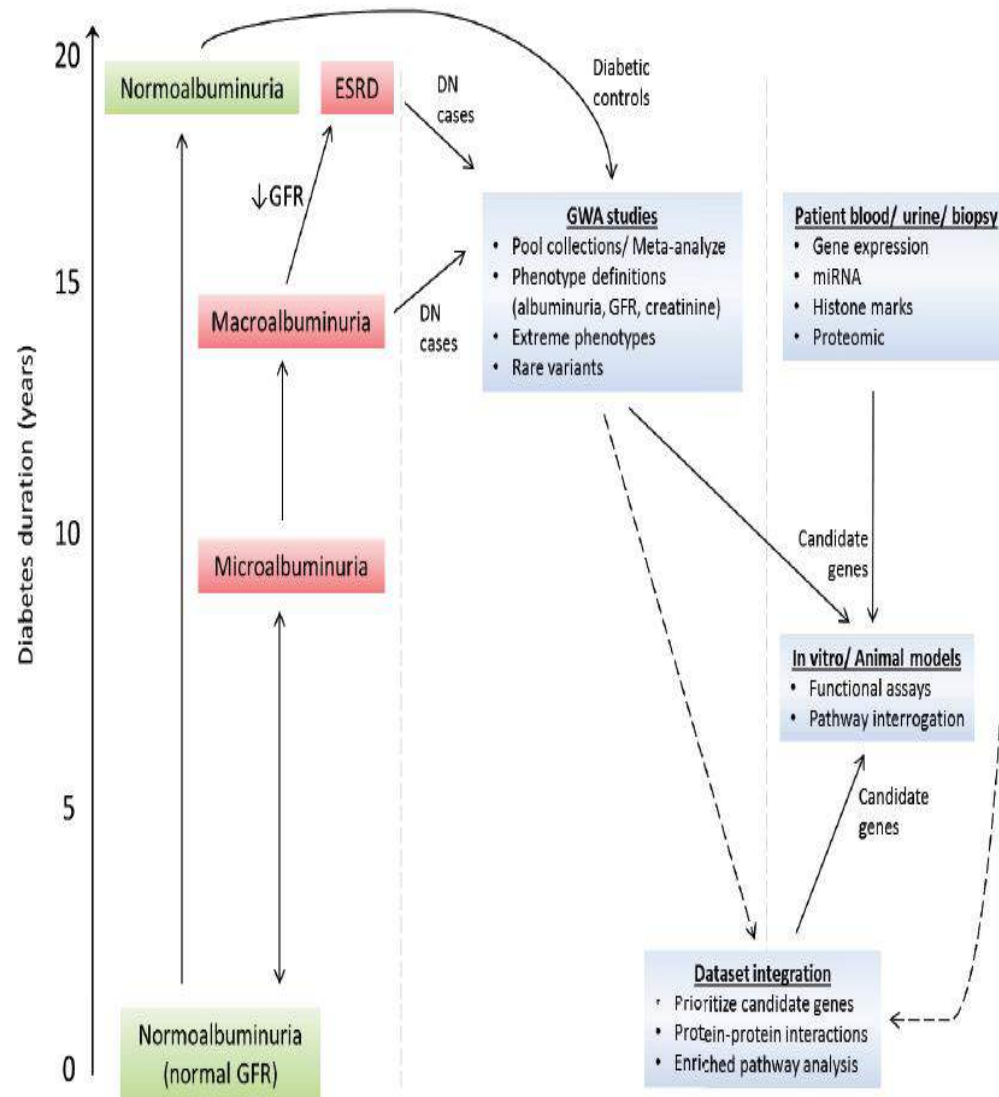
SNP	Chr.	Gene	Genotype or allele	Derivation sample		Validation sample	
				DN cases (n=246)	Controls (n=749)	DN cases (n=179)	Controls (n=340)
rs10963767	9	ADAMTSL1	TT	95 (38.62)	388 (51.80)	83 (46.37)	143 (42.06)
			CT	112 (45.53)	296 (39.52)	82 (45.81)	169 (49.71)
			CC	39 (15.85)	65 (8.68)	14 (7.82)	28 (8.24)
			C*	0.39	0.28	0.31	0.33
rs11647932	16	ST3GAL	CC	145 (58.94)	538 (71.83)	116 (64.80)	253 (74.41)
			TC	87 (35.37)	192 (25.63)	58 (32.40)	79 (23.24)
			TT	14 (5.69)	19 (2.54)	5 (2.79)	8 (2.35)
			T*	0.23	0.15	0.19	0.14
rs11645214	16	SF3B3	AA	63 (25.61)	309 (41.26)	51 (28.49)	129 (38.39)
			GA	130 (52.85)	341 (45.53)	96 (53.63)	163 (48.51)
			GG	53 (21.54)	99 (13.22)	32 (17.88)	44 (13.10)
			G*	0.48	0.36	0.45	0.37
rs6499323	16	IL34	AA	64 (26.12)	327 (43.89)	56 (31.46)	141 (41.72)
			GA	138 (56.33)	323 (43.36)	97 (54.49)	163 (48.22)
			GG	43 (17.55)	95 (12.75)	25 (14.04)	34 (10.06)
			G*	0.46	0.34	0.41	0.34
rs182784	20	BMP7	AA	123 (50.00)	439 (58.69)	95 (53.07)	185 (54.57)
			GA	95 (38.62)	273 (36.50)	73 (40.78)	126 (37.17)
			GG	28 (11.38)	36 (4.81)	11 (6.15)	28 (8.26)
			G*	0.31	0.23	0.27	0.27
rs4811839	20	RAE1	TT	109 (44.31)	420 (56.07)	81 (45.25)	179 (52.80)
			GT	104 (42.28)	281 (37.52)	85 (47.49)	128 (37.76)
			GG	33 (13.41)	48 (6.41)	13 (7.26)	32 (9.44)
			G*	0.35	0.25	0.31	0.28
rs6025517	20	RAE1	TT	115 (46.75)	434 (57.94)	87 (48.60)	185 (54.73)
			CT	103 (41.87)	273 (36.45)	80 (44.69)	123 (36.39)
			CC	28 (11.38)	42 (5.61)	12 (6.70)	30 (8.88)
			C*	0.32	0.24	0.29	0.27

Diyabetik Nefropatide Klinik ve Genetik Öngördürücüler

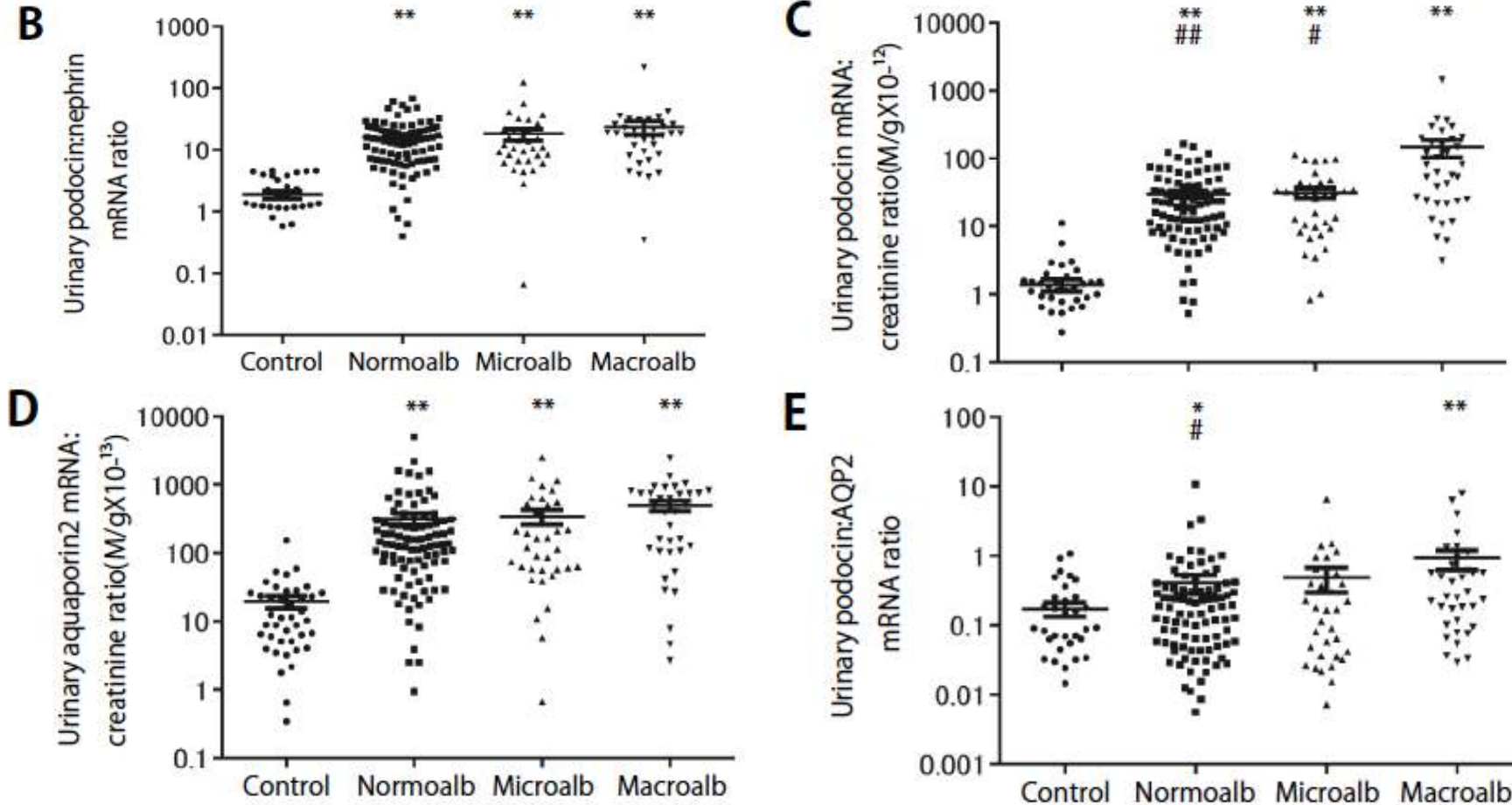


Variable	Model 1		Model 2		Model 3	
	OR (95% CI)	P-value	OR (95% CI)	P-value	OR (95% CI)	P-value
Gender (ref. women)	1.11 (0.81, 1.51)	0.529	—	—	1.14 (0.82, 1.57)	0.432
Age (years)	1.07 (1.05, 1.09)	$<0.01 \times 10^{-12}$	—	—	1.08 (1.06, 1.10)	$<0.01 \times 10^{-12}$
Obesity (ref. BMI < 27 kg/m ²)	1.59 (1.14, 2.22)	0.007	—	—	1.61 (1.14, 2.28)	0.007
Abnormal triglycerides (ref. < 150 mg/dL)	1.63 (1.19, 2.24)	0.002	—	—	1.56 (1.13, 2.17)	0.008
Hypertension (ref. No)	2.03 (1.46, 2.81)	2.26×10^{-5}	—	—	2.12 (1.51, 2.98)	1.33×10^{-5}
Heart disease (ref. No)	1.56 (1.08, 2.26)	0.018	—	—	1.48 (1.01, 2.18)	0.046
GRS (per risk allele)	—	—	1.22 (1.15, 1.29)	9.24×10^{-12}	1.24 (1.17, 1.32)	1.27×10^{-11}

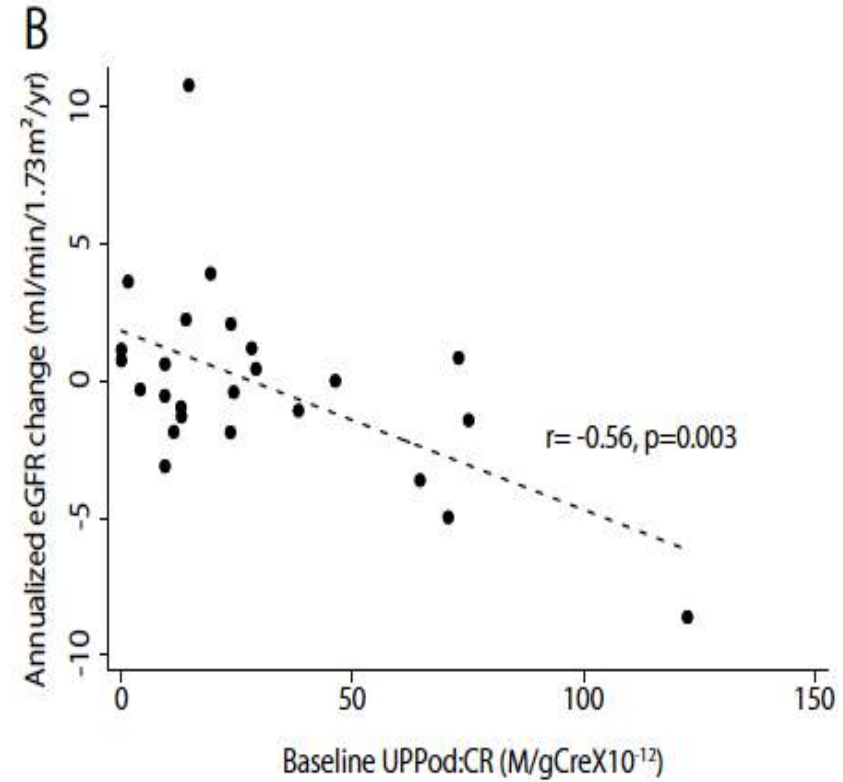
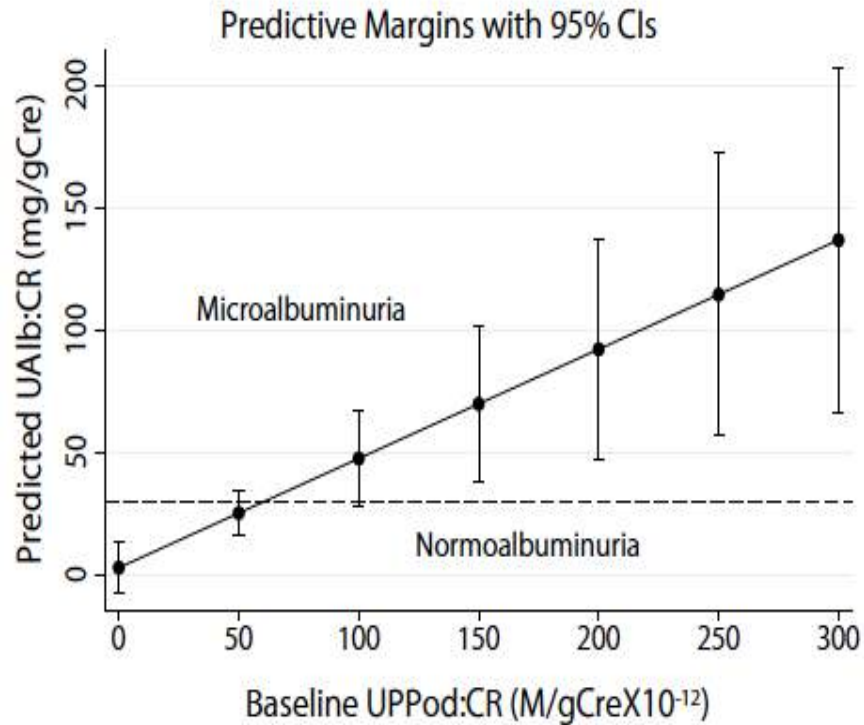
Diyabetik Nefropatide Yeni Öngördürücüler



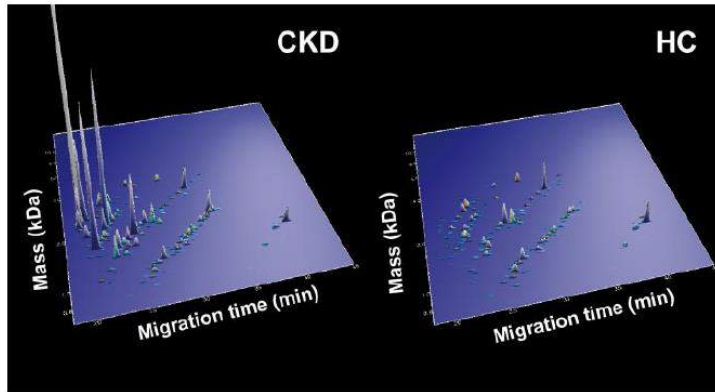
Diyabetik Nefropati: Yeni Belirteçler



Diyabetik Nefropati: Yeni Belirteçler



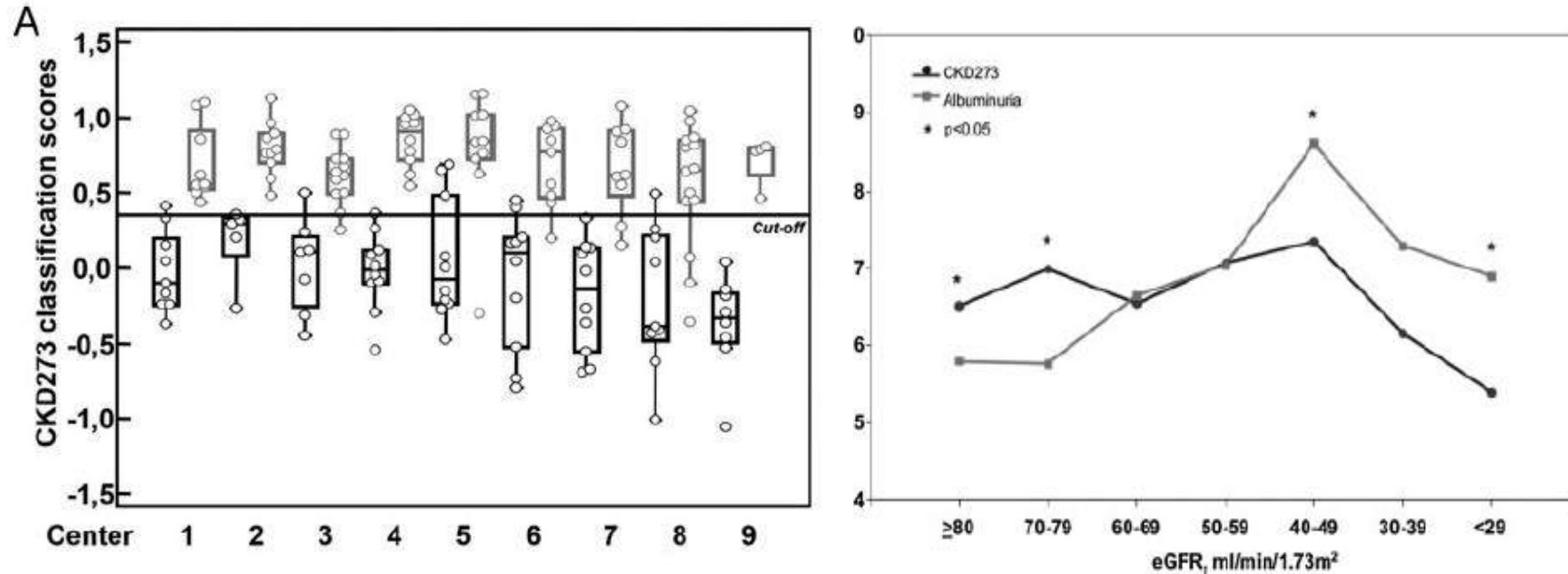
Diyabetik Nefropatide Bioinformatik: Proteomik/Peptidomik CKD 273 N:3600



Source proteins and peptide distribution of CKD biomarkers

Protein	Swiss-Prot name	Number of fragments
Collagen α -1 (I) chain	CO1A1_HUMAN	126
Collagen α -1 (III) chain	CO3A1_HUMAN	55
α ₁ -Antitrypsin	A1AT_HUMAN	18
Collagen α -2 (I) chain	CO1A2_HUMAN	15
Uromodulin	UROM_HUMAN	11
Serum albumin	ALBU_HUMAN	9
Fibrinogen α chain	FIBA_HUMAN	5
Polymeric immunoglobulin receptor	PIGR_HUMAN	4
α ₂ -HS-glycoprotein	FETUA_HUMAN	3
Clusterin	CLUS_HUMAN	2
Collagen α -1 (II) chain	CO2A1_HUMAN	2
Membrane-associated progesterone receptor component 1	PGRC1_HUMAN	2
Osteopontin	OSTP_HUMAN	2
Sodium/potassium-transporting ATPase γ chain	ATNG_HUMAN	2
Transthyretin	TTHY_HUMAN	2
α _{1B} -Glycoprotein	A1BG_HUMAN	1
Antithrombin-III	ANT3_HUMAN	1
Apolipoprotein A-I	APOA1_HUMAN	1
β ₂ -Microglobulin	B2MG_HUMAN	1
CD99 antigen	CD99_HUMAN	1
Collagen α -1 (V)	CO5A1_HUMAN	1
Collagen α -1 (XVII) chain	COHA1_HUMAN	1
Collagen α -1 (XVIII) chain	COIA1_HUMAN	1
Collagen α -2 (VIII) chain	CO8A2_HUMAN	1
Cystatin-B	CYTB_HUMAN	1
Ig λ chain C regions	LAC_HUMAN	1
Neurosecretory protein VGF	VGf_HUMAN	1
Pro-SAAS	PCSK1_HUMAN	1
Prostaglandin-H ₂ D-isomerase	PTGDS_HUMAN	1
Psoriasis susceptibility 1 candidate gene 2 protein	PS1C2_HUMAN	1

Diyabetik Nefropatide Biyoinformatik: Proteomik/Peptidomik/CKD 273



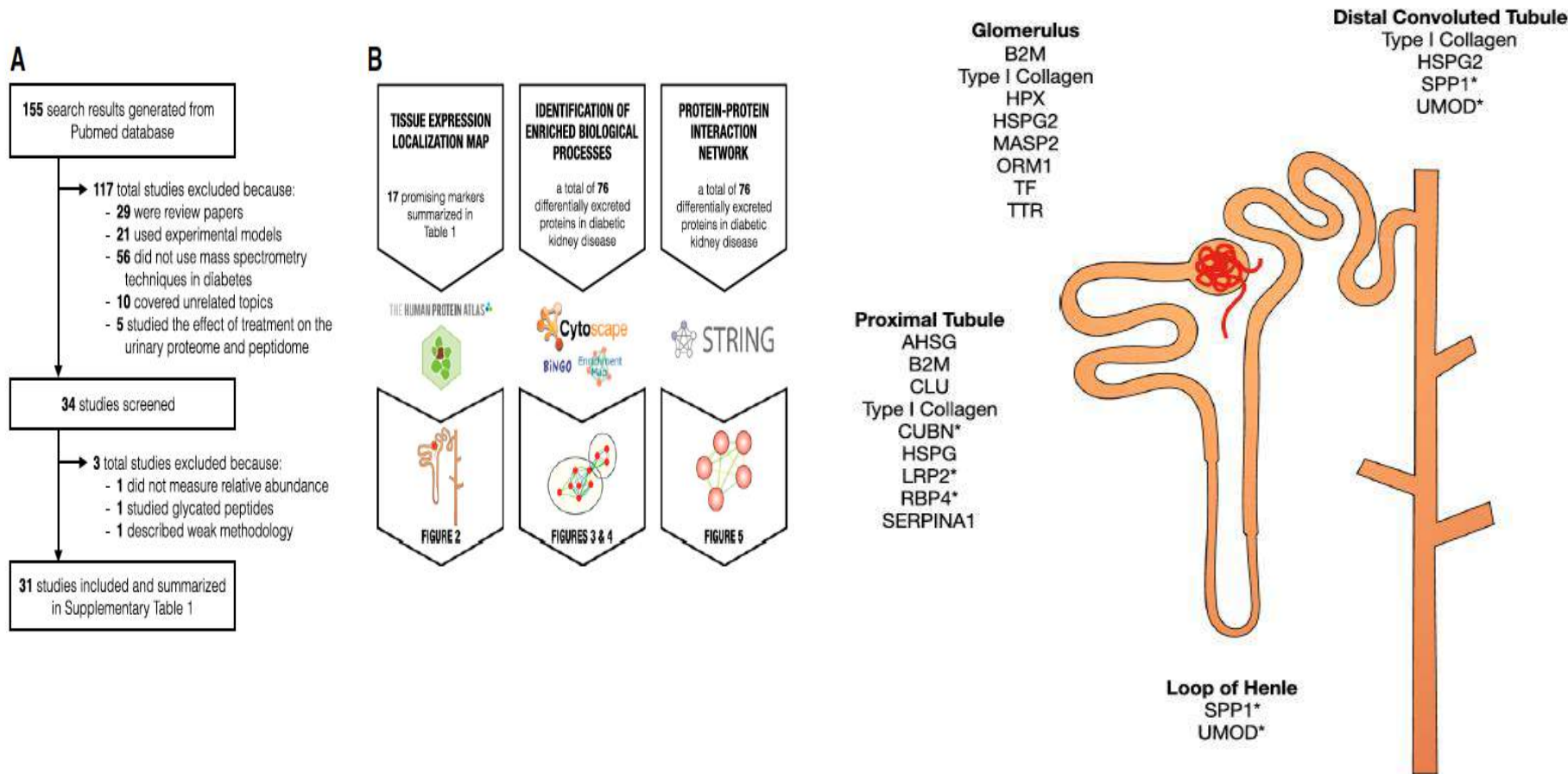
Model	Model covariates ^a	HR for the CKD273-classifier in the model (95% CI; P-value)	Area under ROC (95% CI; P-value)
1 ^b	CKD273-classifier	2.64 (1.57–4.43; 0.0002)	0.56 (0.52–0.60; 0.007)
2 ^c	CKD273-classifier, UAER, eGFR,	2.72 (1.61–4.6; 0.0002)	0.76 (0.70–0.81; <0.0001)
3 ^d	CKD273-classifier, UAER, eGFR, age, HDL	2.78 (1.64–4.72; 0.0001)	0.79 (0.74–0.83; <0.0001)
4 ^e	CKD273-classifier, UAER, eGFR, age, HDL, systolic blood pressure, HbA _{1c} , smoking, gender, antihypertensive treatment	2.47 (1.42–4.32; 0.0015)	0.79 (0.75–0.84; <0.0001)

Claudia Pontillo^{1,2} Nephrol Dial Transplant (2017) 32: 1510-1516

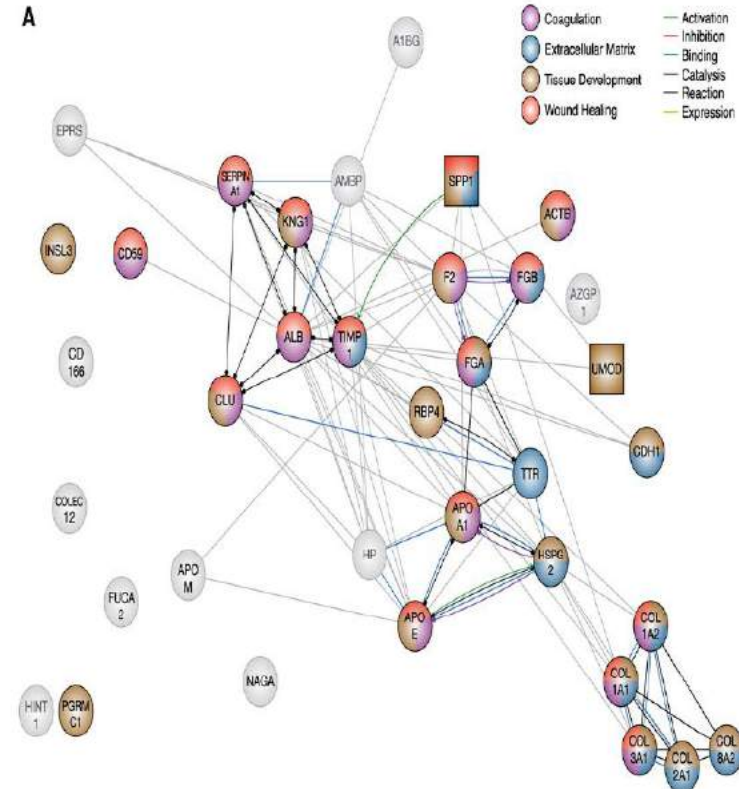
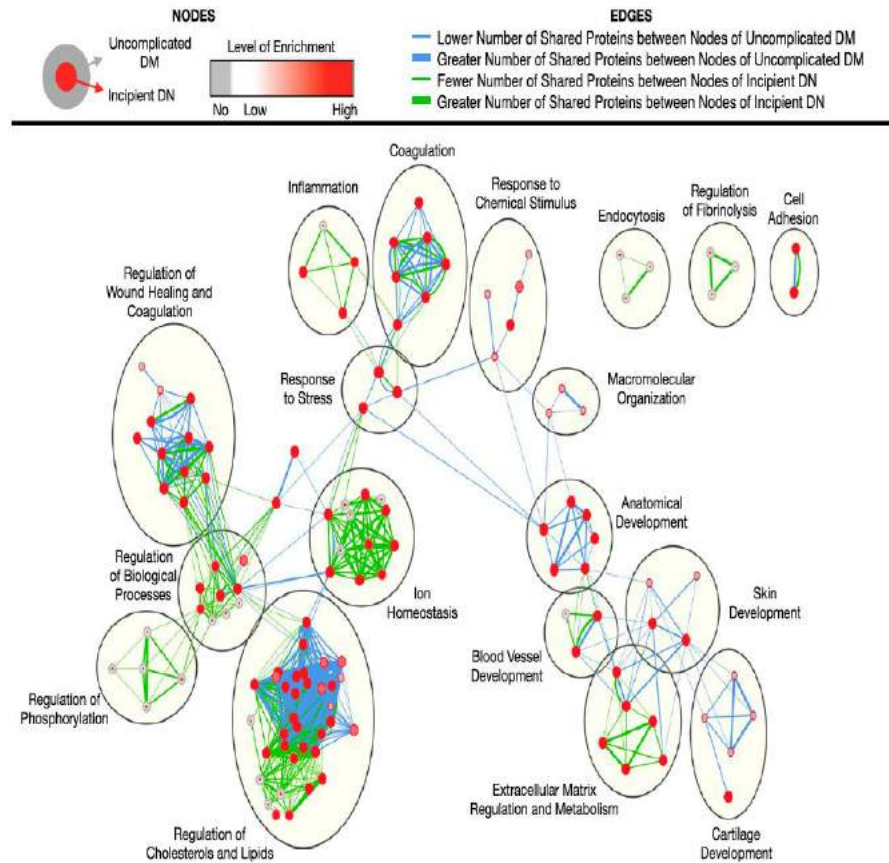
Lindhardt M. ve ark. Nephrol Dial Transplant (2017) 32: 1866-1873

Siwy J. ve ark. Nephrol Dial Transplant (2014) 29: 1563-157

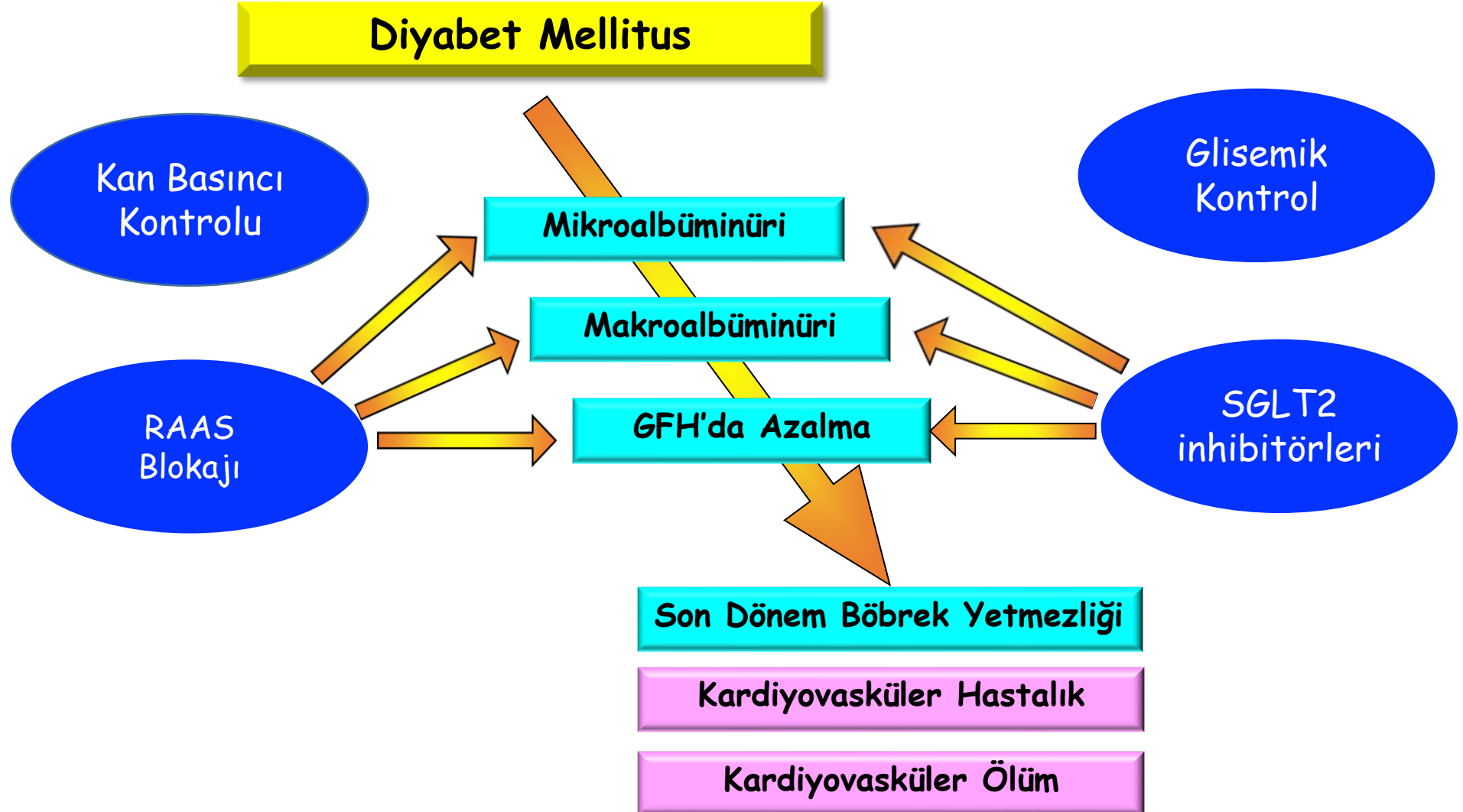
Diyebetik Nefropatide Bioinformatik: Proteomik/Peptidomik



Diyabetik Nefropatide Bioinformatik: Proteomik/Peptidomik



Diyabetik Nefropati Tedavi



Diyabetik Nefropati Tedavi

Medication & recent studies	Action mechanism/molecular targets	Study population/effects on renal outcomes
Glucose-lowering agents		
SGLT2 inhibitors:		
Empagliflozin (EMPA-REG OUTCOME) ⁹⁸	Inhibition of SGLT-2 to decrease glucose reabsorption	Type 2 DM and high CV risks Lower rates of incident or deteriorating nephropathy, doubling of serum creatinine level and RRT.
Canagliflozin (CANVAS) ⁹⁹	Inhibition of SGLT-2 to decrease glucose reabsorption	Type 2 DM and high CV risks Possible benefit with progression of albuminuria, reduction of eGFR, need of RRT and death from renal causes.
GLP-1 RAs:		
Liraglutide (LEADER) ¹⁰³	Enhance GLP-1 expression to increase insulin secretion	Type 2 DM and high CV risks Lower rates of progression and development of DKD
Semaglutide (SUSTAIN-6) ¹⁰⁴	Enhance GLP-1 expression to increase insulin secretion	Type 2 DM and CV risks or CKD stage3 Lower rates of new or deteriorating nephropathy
DPP-4 inhibitors:		
Linagliptin ¹⁰⁵	Inhibition of DPP-4 to preserve GLP effect	Type 2 DM with microalbuminuria or higher and receiving stable dose of RAAS inhibitors Reduction in albuminuria
Saxagliptin (SAVOR-TIMI 53 trial) ¹⁰⁶	Inhibition of DPP-4 to preserve GLP effect	Type 2 DM with albuminuria Improved albuminuria
Thiozolidinediones:		
Rosiglitazone ¹⁰⁸	Activation of PPAR γ to increase insulin sensitivity of tissue	Type 2 DM with albuminuria Decreased albuminuria

Medication & recent studies	Action mechanism/molecular targets	Study population/effects on renal outcomes
Other novel agents		
Phosphodiesterase inhibitors: Pentoxifylline ^{109,110,112} (PREDIAN trial)	Inhibition of cell proliferation, kidney inflammation and accumulation of extracellular matrix	Type 2 DM and CKD stage 3–4 with RAAS inhibitors Less decreased in eGFR; higher reduction of albuminuria
Vitamin D analogs: Paricalcitol ^{116,117} (VITAL study)	Inhibition of RAAS	Type 2 DM and albuminuria with RAAS inhibitors Reduction of albuminuria
Pyridoxamine ¹¹⁸	Remove free radicals and carbonyl products; block synthesis of AGEs	Type 1 and type 2 DM with overt DN Significant reduction of the changes of serum creatinine
Endothelium A receptor antagonists: Atrasentan ¹⁰	Selective endothelin receptor A antagonist	Type 2 DM and CKD stage 2–3 Reduced albuminuria
Protein kinase C inhibitor: Ruboxistaurin ¹²¹	Inhibition of protein kinase C- β and reduce of oxidative stress	Type 2 DM and albuminuria Reduced albuminuria and maintain eGFR
Sulodexide ¹²³	Restores the anionic heparan sulfate charges on the glomerular basement membrane	Type 1 and type 2 DM with albuminuria Reduced albuminuria
TGF-β blockade Pirfenidone ¹²⁵	Antagonize MAPK pathway to attenuate EMT and fibrosis	Animal study Reduce the decline of GFR
Anti-inflammation Bardoxolone methyl ¹²⁶	Activation of Nrf2 and inhibit NF- κ B pathway	Type 2 DM and impaired renal function No influence of albuminuria
JAK inhibitor: Baricitinib ²⁶	Selective JAK-1 and JAK-2 inhibitor to reduce innate immune response in kidney cells	Type 2 DM and DKD Reduced albuminuria
Non-steroidal mineralocorticoid antagonist: Finerenone ¹³⁰	Inhibition of RAAS	Type 2 DM and albuminuria with RAAS inhibitors Reduced albuminuria

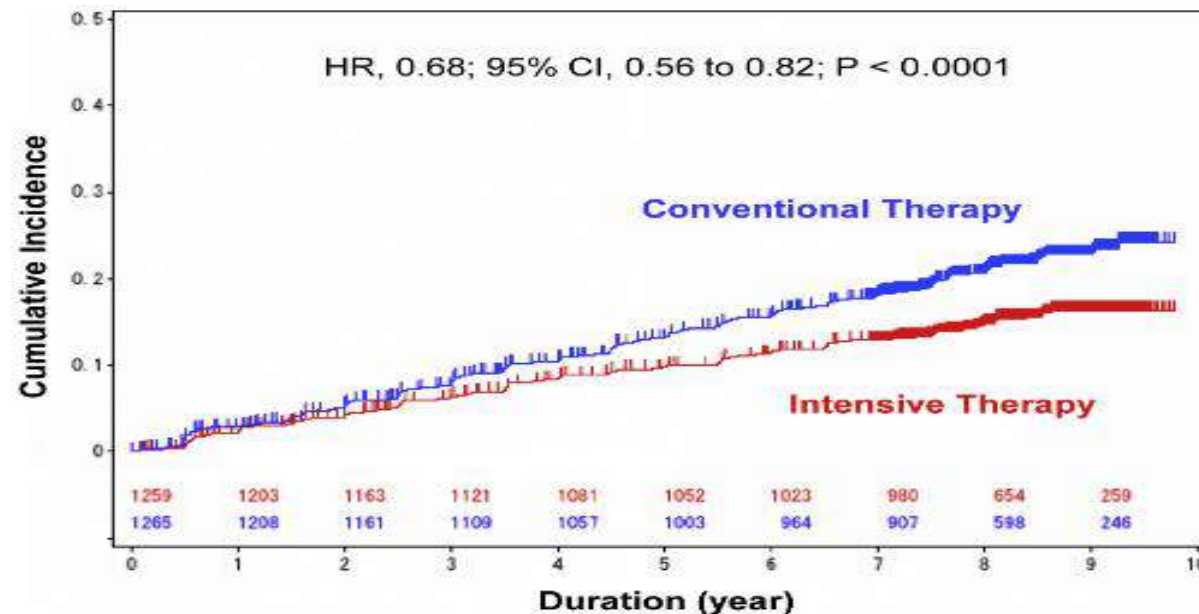
Multifactorial intervention has a significant effect on diabetic kidney disease in patients with type 2 diabetes

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Kohjiro Ueki¹, Takayoshi Sasako², Yukiko Okazaki^{2,3}, Kana Miyake², Masaomi Nangaku⁴, Yasuo Ohashi⁵, Mitsuhiro Noda^{6,7}, Takashi Kadowaki^{2,8,9} and the J-DOIT3 Study Group

	Standart (1271)	Siki Kontrol (1269)	p
HbA1c (%)	7,20	6,79	< 0.0001
Sistolik KB	128,7	123,4	< 0.0001
LDL	103,7	85,5	< 0.0001



Eve Götürülecek Mesajlar

- Albüminüri ölçütleri değiştirilmeli
- Fenotipler (normoalbüminürik diyabetik böbrek hastalığı) unutulmamalı
- Albüminüride ve *GFH*'da yıllık değişim takip edilmeli
- Klinik öngördürücüleri risk belirlemede kullanılmalı
- Tedavide hedeflere ulaşılmalı

Eve Götürülecek Mesajlar: Gelecekte Neler Olacak?

- Genetik öngördürücülerinin risk belirlemede kullanımı
- Albümin dışı yeni öngördürücüler: proteomikler (İdrar podocinmRNA, CKD273 vb) kullanımı
- Fizyopatolojiye yönelik ilaç tedavilerin kullanımı
- Bireyselleştirilmiş tedavilerin kullanımı

Early detection of diabetic kidney disease by urinary proteomics and subsequent intervention with spironolactone to delay progression (PRIORITY): a prospective observational study and embedded randomised placebo-controlled trial

