

# **DİYABETİK BİREYLERDE PREMATÜR ATEROSKLEROZ BELİRTEÇLERİ**

**Dr. Mesut Özkaya**  
**Gaziantep Üniversitesi Endokrinoloji Bilim Dalı**

**26 Nisan 2014 – 50. Diyabet kongresi**

# Sunum akışı...

- Genel bilgiler
- Aterosklerozun rol dağılım
- Vasküler düz kas belirteçleri
- Endotel hücresi belirteçleri
- Trombosit ve bağlantılı belirteçler
- Güncel belirteçler
- Genel değerlendirme ve sonuç

# Aterosklerozun doğal seyri...

**Köpük hücreleri**

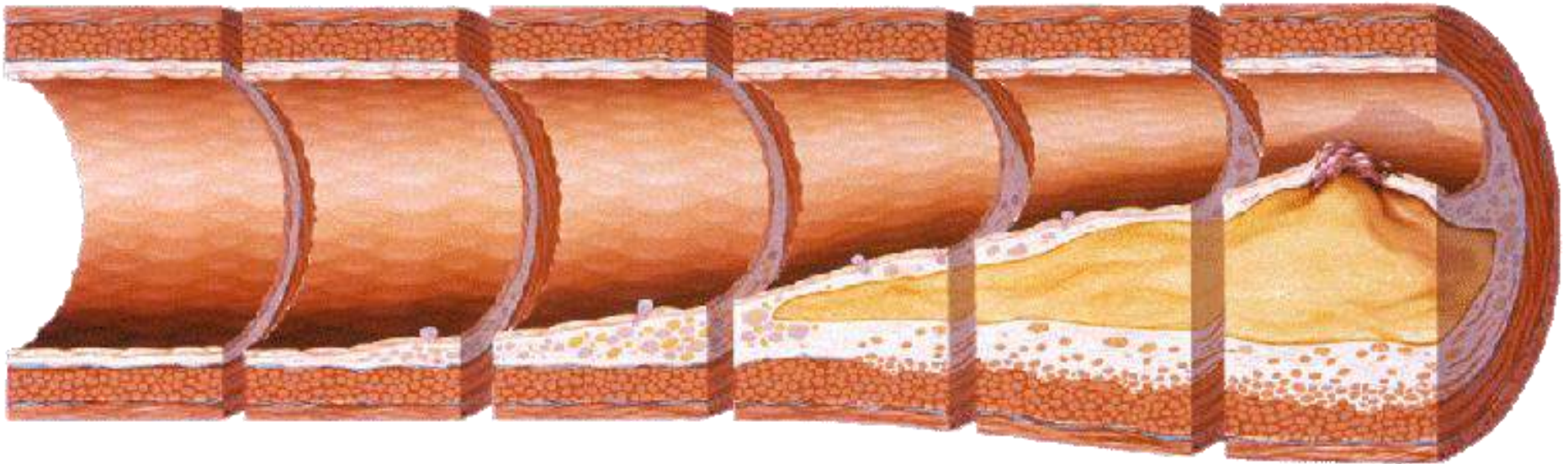
**Yağlı çizgilenme**

**Orta dereceli lezyon**

**Aterom**

**Fibröz plak**

**Komplike Lezyon/Rüptür**



# Aterosklerozun doğal seyri...

Köpük hücreleri

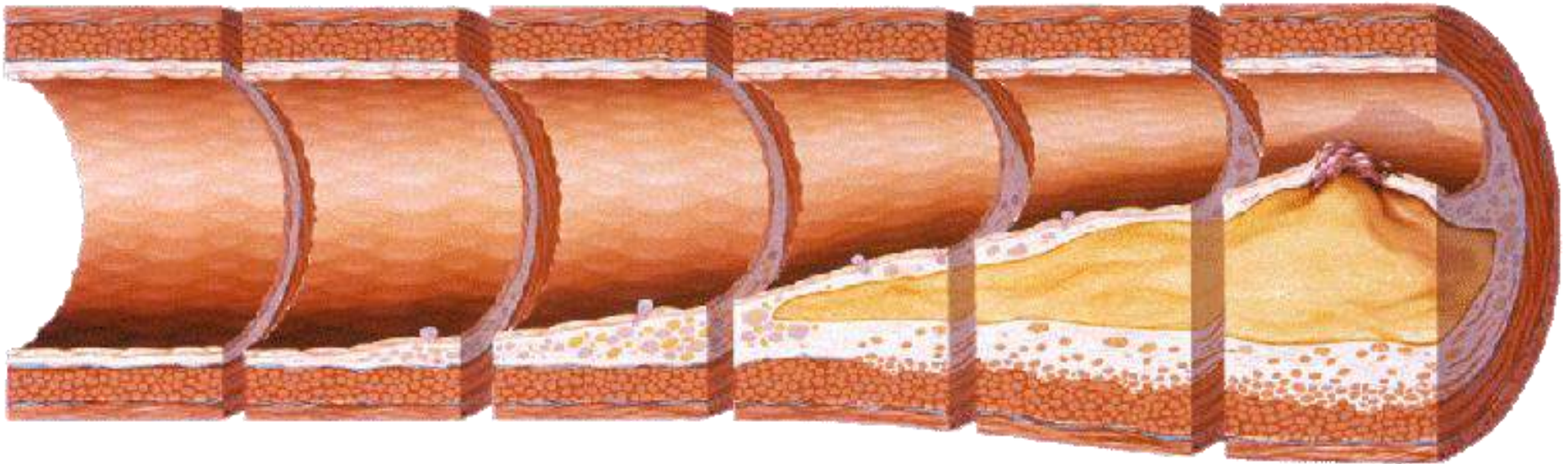
Yağlı çizgilenme

Orta dereceli lezyon

Aterom

Fibröz plak

Komplike Lezyon/Rüptür



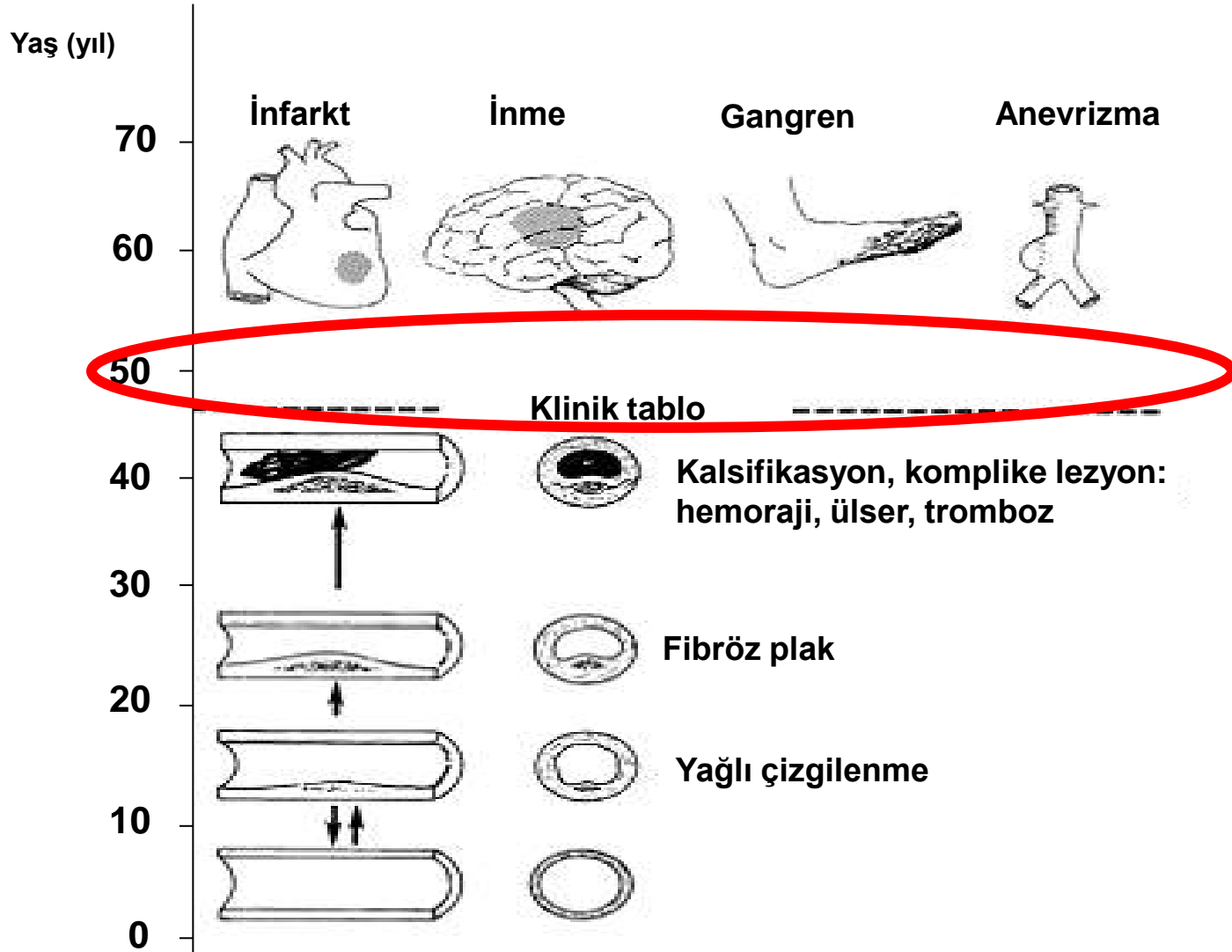
1. dekattan itibaren

3. dekattan itibaren

4. dekattan itibaren

**Normal zaman ne ?**

# Aterosklerozun doğal seyri...



Diyabette ateroskleroz farklı mıdır ?

Diyabette ateroskleroz farklı mıdır ?

Evet...



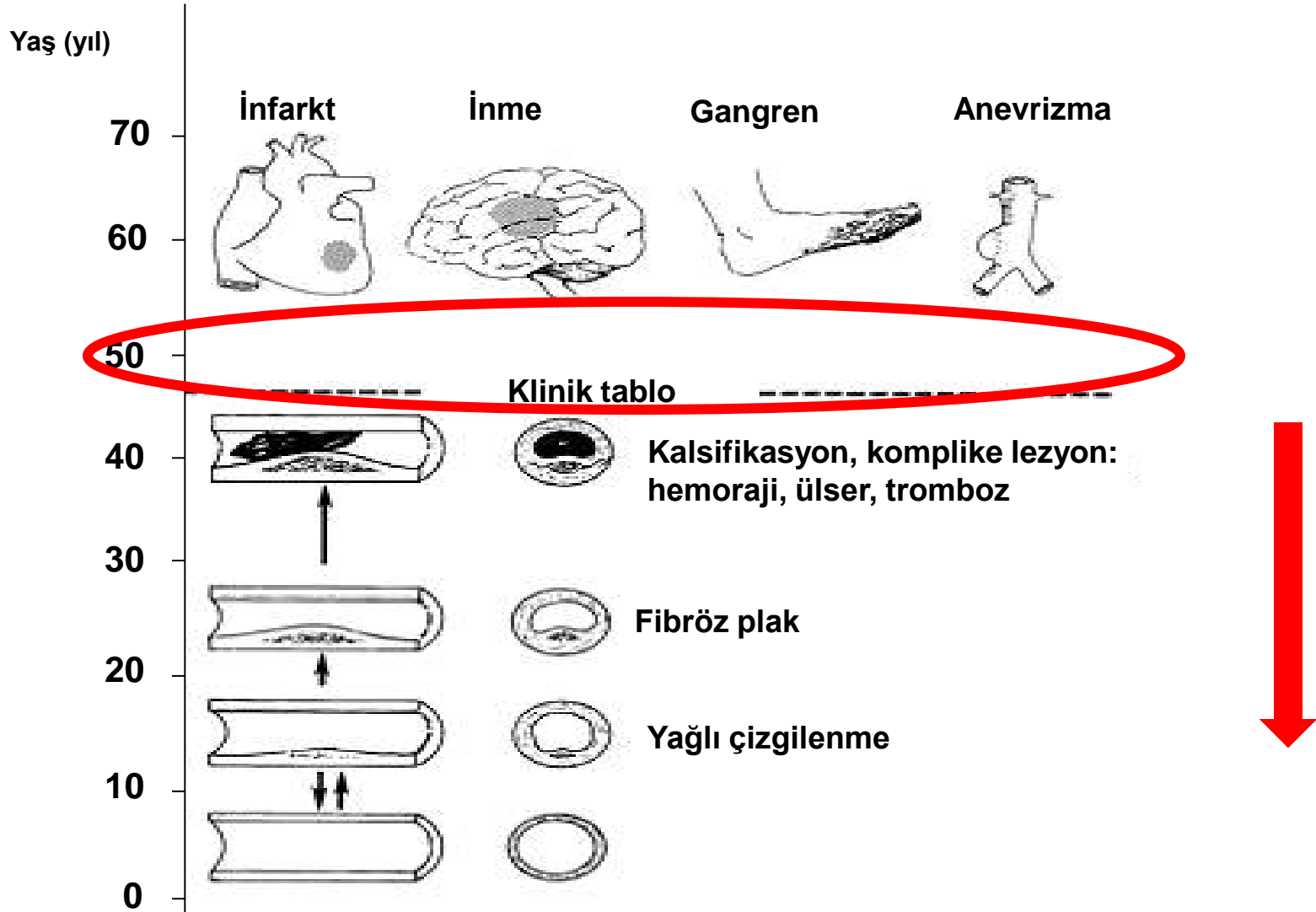
# Diyabette ateroskleroz farklıdır. Çünkü...

- Ateroskleroz şiddetli
  - Multi-damar hastalık
  - Distal hastalık – revaskülarizasyon daha zor
- Sessiz iskemi/MI
- İlk klinik prezantasyon majör KV olay olabilir
- Kadın
- Revaskülarizasyona rağmen sonuçlar daha kötü
- Daha genç

# Prematür ?

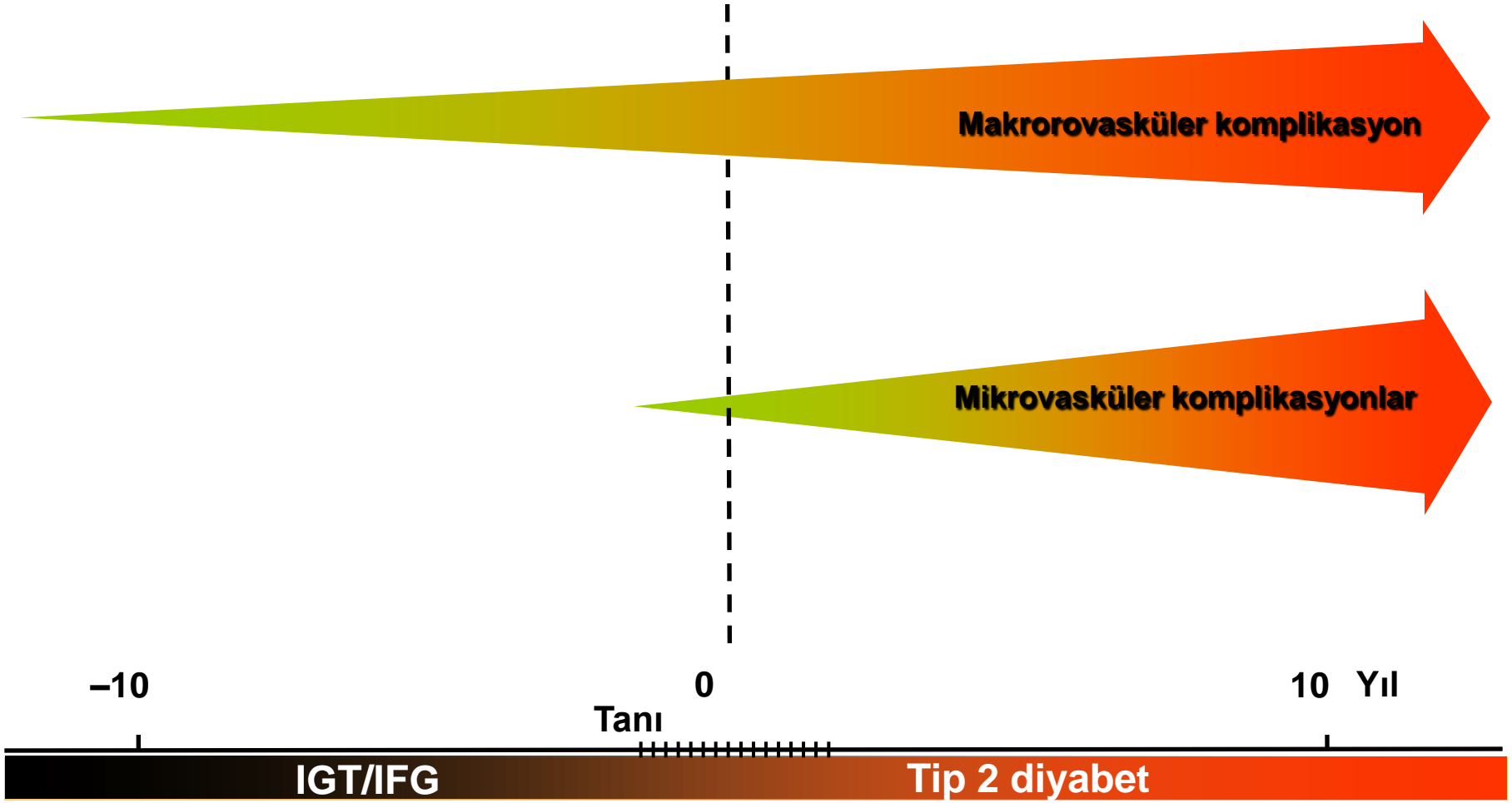
- Vaktinden önce olan veya gelişen
- Erken gerçekleşen

# Aterosklerozun doğal seyri...



# Belki de daha doğrusu ?

- Hem prematür hem akselere ateroskleroz



# Belirteç ?

- Bir olayla ilgili sayısal, ölçülebilir (niceliksel) göstergeler

# Belirteç ?

- Bir olayla ilgili sayısal, ölçülebilir (niceliksel) göstergeler
- Neler belirteç olabilir ?

# Belirteçlerin sırrı ?

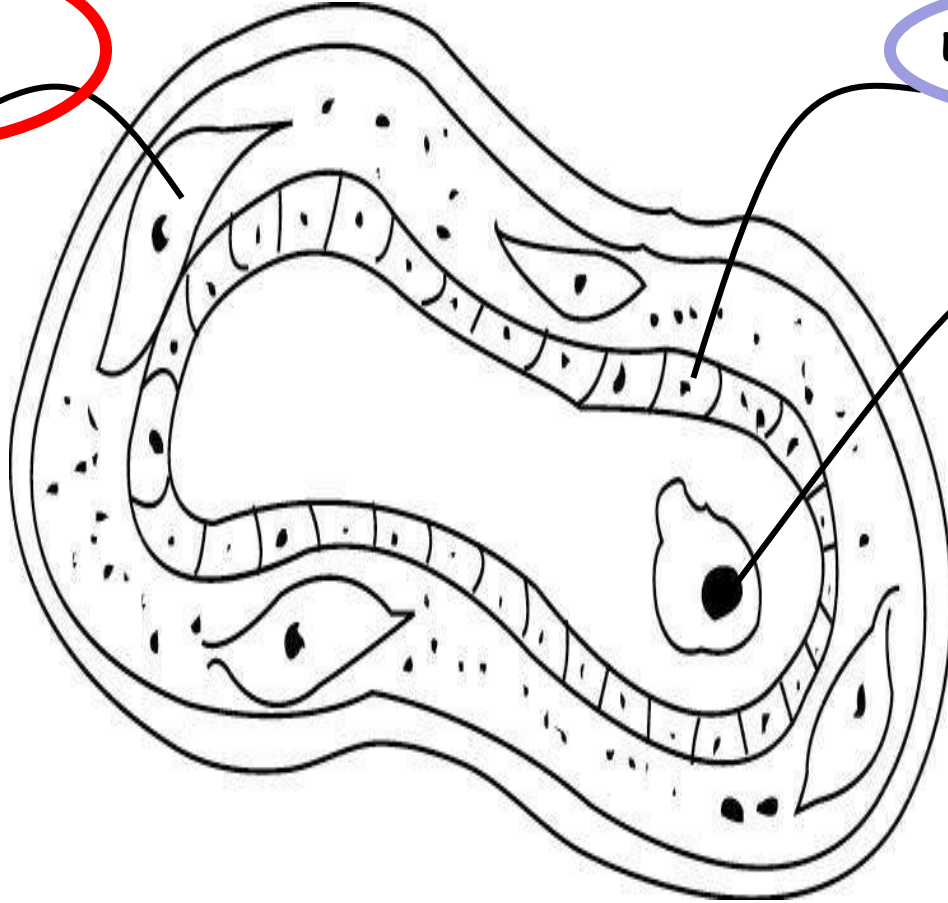
- Etyopatogeneizde rol oynayan:
  - Komponentler.....



Düz kas  
hücresi

Endotel hücresi

Trombosit



Düz kas  
hücresi

Endotel hücresi

Trombosit

**Proinflamatuar markerlar**



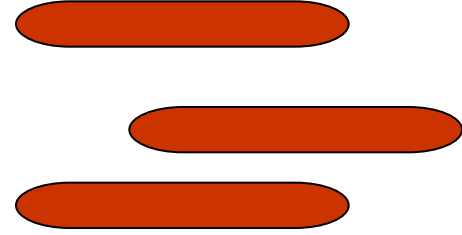
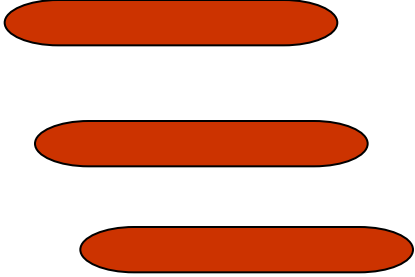
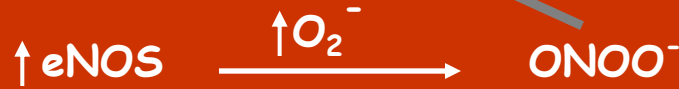
Kronik hiperglisemi



Vasküler Düz Kas Hücre Değişimi



Azalmış Vazodilatasyon  
Artmış Proliferasyon



**Hiperglisemi**

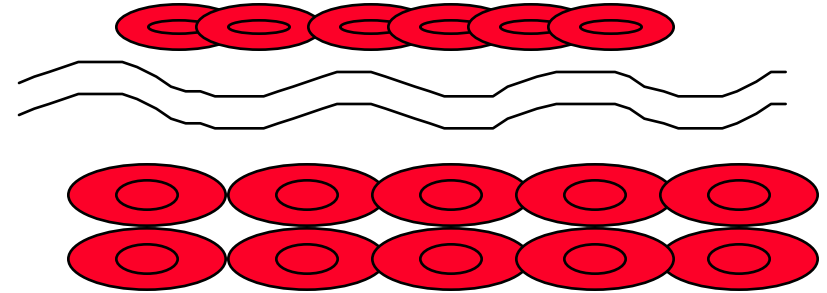
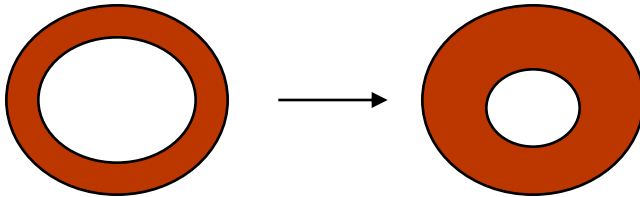
**Sempatik aktivite**

Hemodinamik deęişiklikler

Arter duvar hücresi deęişiklikleri

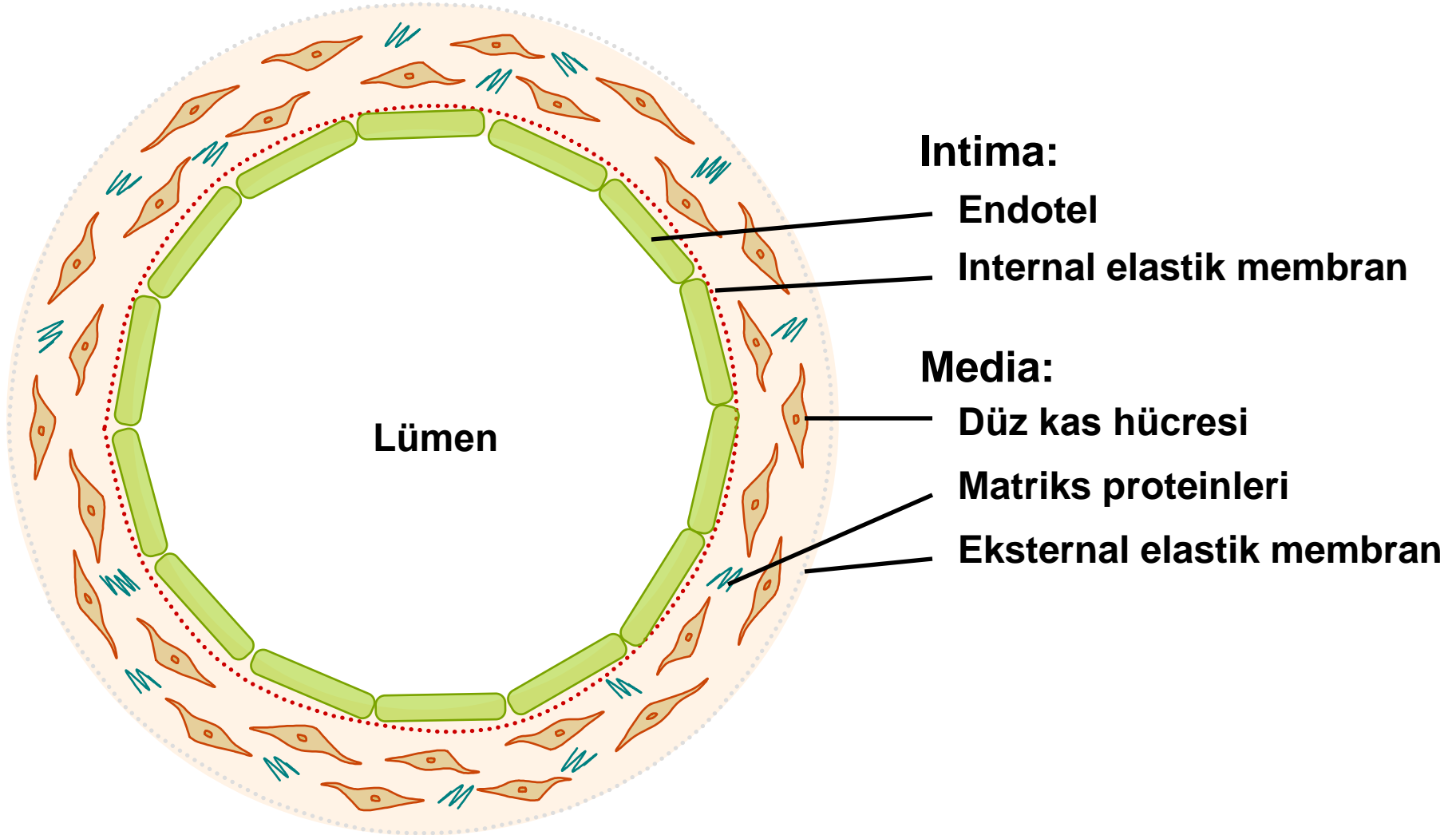
Yapısal ve fonksiyonel adaptif deęişimler

Disfonksiyonel  
endotel



Proliferatif  
düz kas hücresi

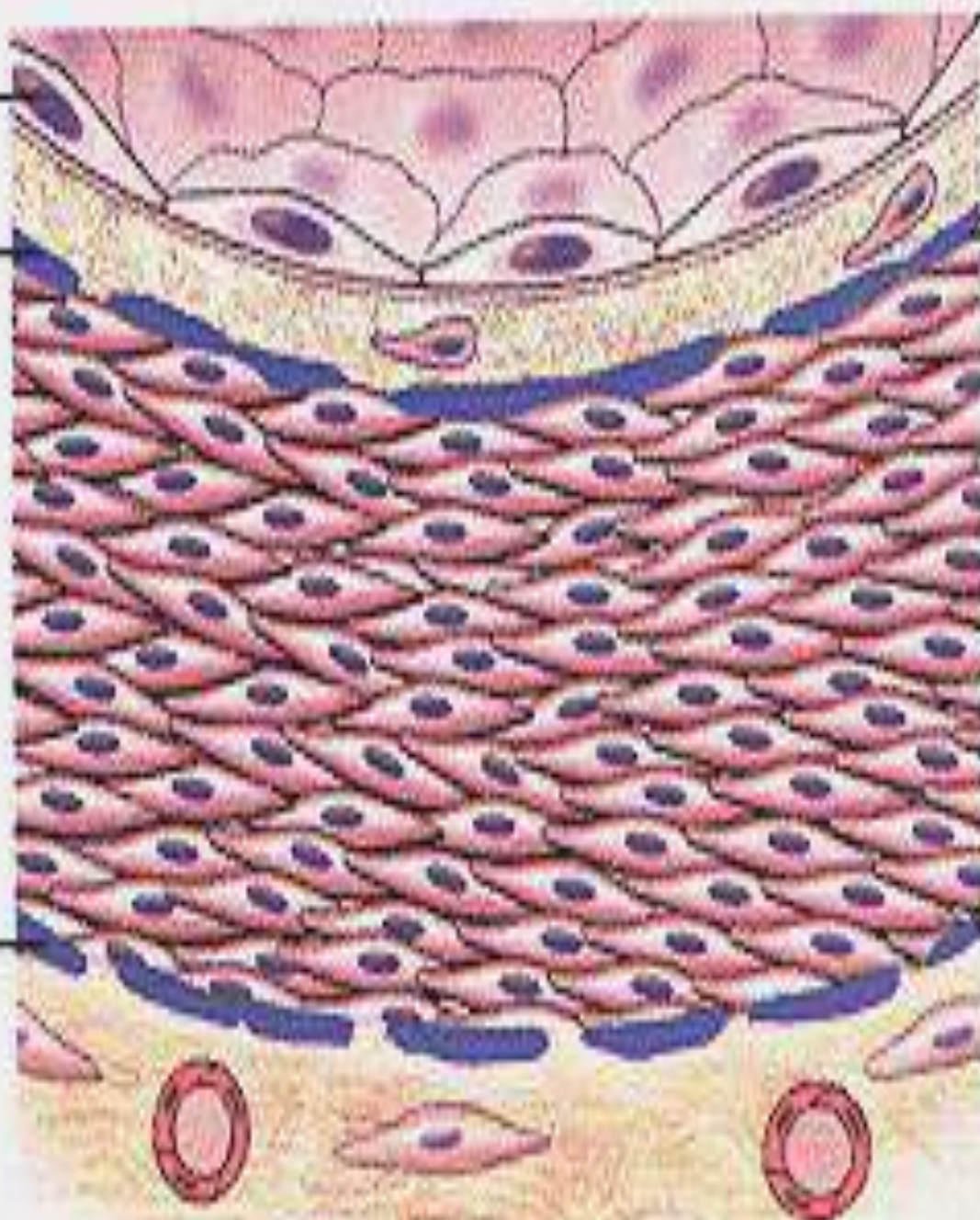
# Normal Arter Duvarı



Endothelium

Internal  
elastic  
lamina

External  
elastic  
lamina



Intima

Media

Adventitia

# Vasküler düz kas fonksiyon belirteçleri ?

- NMD (nitrate mediated dilation) testi
- Diğer belirteçlerle korele
- FMD (flow-mediated dilation) testinin devamı olarak yapılıyor:
  - 300 micro gram sublingual gliserin trinitrat la



**ORIGINAL INVESTIGATION**

**Open Access**

## Determinants of vascular function in patients with type 2 diabetes

Katerina K Naka<sup>1,2</sup>, Katerina Papathanassiou<sup>3</sup>, Aris Bechlioulis<sup>1,2</sup>, Nikolaos Kazakos<sup>1,2</sup>, Konstantinos Pappas<sup>1,2</sup>, Stelios Tigas<sup>3</sup>, Dimitrios Makriyiannis<sup>4</sup>, Agathocles Tsatsoulis<sup>3</sup> and Lampros K Michalis<sup>1,2,5\*</sup>

### Abstract

**Background:** Type 2 diabetes mellitus (T2DM) is independently associated with an increased risk for cardiovascular diseases that is primarily due to the early development of advanced atherosclerotic vascular changes. The aim of our study was to investigate the predictors of vascular dysfunction in T2DM patients.

**Methods:** We studied 165 T2DM patients without known macrovascular or microvascular disease. Standard demographic (age, gender, cardiovascular risk factors, medications), clinical (body mass index, blood pressure) and laboratory (glucose, glycated hemoglobin, lipids, renal function) parameters were included in analyses. Brachial artery flow-mediated dilation (FMD), nitrate mediated dilation (NMD) and Carotid-Femoral Pulse Wave Velocity (PWV) were measured.

**Table 4 Determinants of vascular measurements (FMD, NMD and PWV) in multivariate analysis**

		Multivariate analysis	
		B (95% CI)	P
FMD, %	Time since diagnosis of diabetes, years	-0.40 (-0.66, -0.14)	0.003
	Age, years*	-5.66 (-9.49, -1.82)	0.004
NMD, %	Hypertension	-1.80 (-3.25, -0.35)	0.015
	Fasting glucose, $\mu\text{mol/l}$	0.26 (0.21, 0.31)	0.005
	Age, years*	6.22 (3.81, 8.63)	<0.001
PWV, m/sec	Systolic blood pressure, mmHg	0.03 (0.00, 0.05)	0.032

\*Natural logarithm transformed variables. FMD, flow-mediated dilation of the brachial artery; NMD, nitrate-mediated dilation of the brachial artery; PWV, carotid-femoral pulse wave velocity.

# Endotel

- Yarı geçirgen bir zar özelliği taşıyan tek katlı bir epitel tabaka
- 70 kg ağırlığındaki bir bireyde **700 m<sup>2</sup>** alan kaplar, **1-1.8 kg** ağırlığındadır ve **1 trilyon** endotel hücre
- Endokrin, parakrin ve otokrin fonksiyonları ile vücudun en aktif ve en yaygın dokularından biri

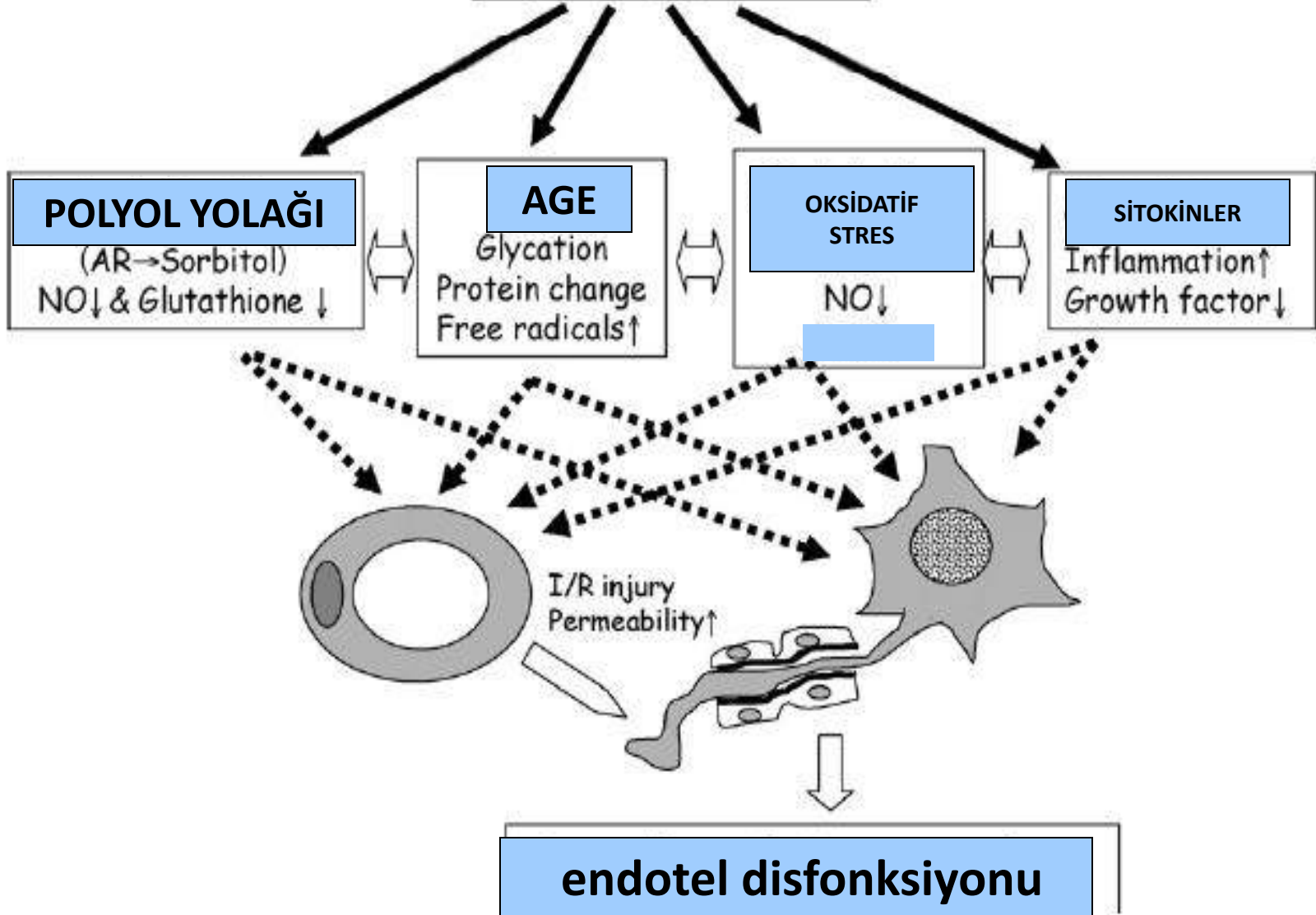
# Endotel fonksiyonları

	<b>Hücresel ve fizyolojik spesifik etkiler</b>	
<b>Tonus</b>	Vazokonstriksiyon Endotelin Anjiyotensin-II ET-1 Tromboksan A2 PGH2	Vazodilatasyon NO Bradikinin EDHF
<b>Büyüme</b>	Stimülasyon PGDF FGF IGF-1 Endotelin Anjiyotensin-II	İnhibisyon NO Prostasiklin TGF
<b>İnflamasyon</b>	Proinflamatuvar ELAM, ICAM, VCAM	Antiinflamatuvar
<b>Hemostaz</b>	Protrombotik PAI-1	Antitrombotik Prostasiklin t-PA

# Diyabette Endoteldeki Değişiklikler

- ↓eNOS aktivitesi
- ↑Endotelin-I düzeyleri
- ↓Prostasiklin serbestleşmesi
- ↑Adezyon molekül ekspresyonu
- ↑Trombosit ve monosit adezyonu
- ↑Prokoagülan aktivitesi
- ↑İleri glikozilasyon ürünleri
- Fibrinolitik aktivitede bozulma
- Glikozillenmiş fibrinin zayıf degradasyonu

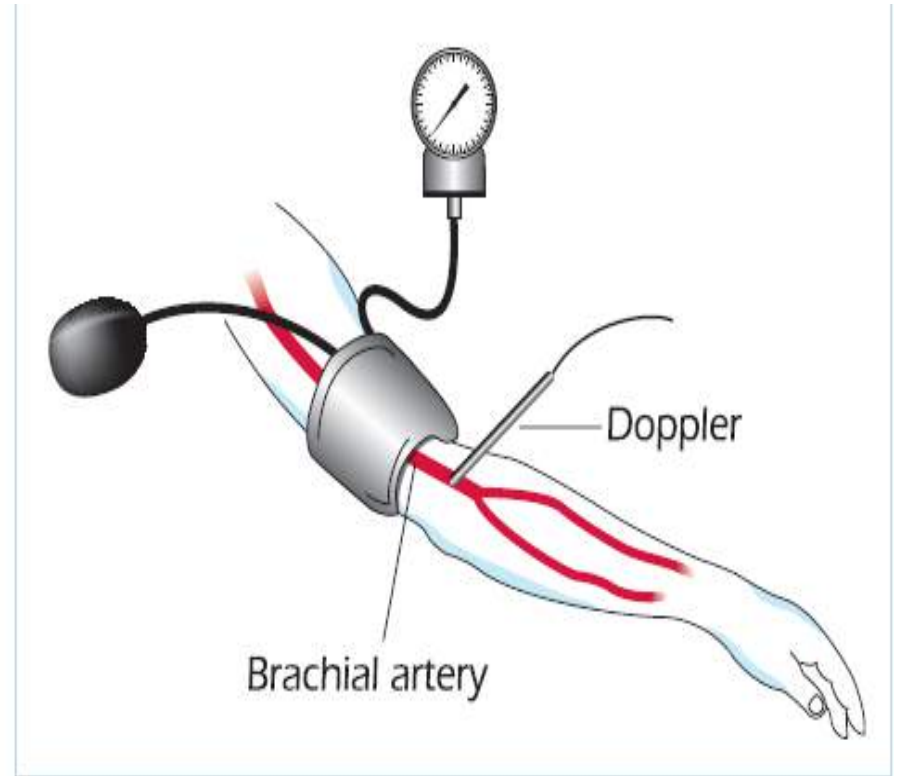
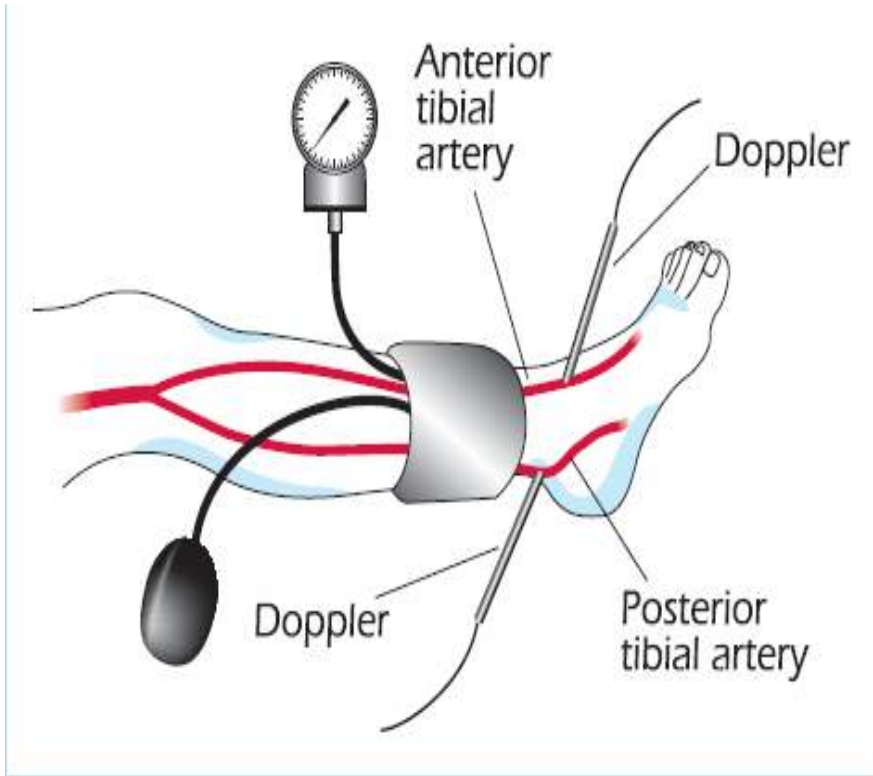
# HİPERGLİSEMİ



# Endotel hücresi fonksiyon belirteçleri ?

- FMD (brachial artery flow-mediated dilation) testi
- PWV (aortic pulse wave velocity) testi

# Ayak bileđi-brakial indeks ölçümü



**AYAK BİLEĐİ SKB / BRAKİAL SKB > 1 OLMALIDIR**

**ORIGINAL INVESTIGATION**

**Open Access**

## Determinants of vascular function in patients with type 2 diabetes

Katerina K Naka<sup>1,2</sup>, Katerina Papathanassiou<sup>3</sup>, Aris Bechlioulis<sup>1,2</sup>, Nikolaos Kazakos<sup>1,2</sup>, Konstantinos Pappas<sup>1,2</sup>, Stelios Tigas<sup>3</sup>, Dimitrios Makriyiannis<sup>4</sup>, Agathocles Tsatsoulis<sup>3</sup> and Lampros K Michalis<sup>1,2,5\*</sup>

### Abstract

**Background:** Type 2 diabetes mellitus (T2DM) is independently associated with an increased risk for cardiovascular diseases that is primarily due to the early development of advanced atherosclerotic vascular changes. The aim of our study was to investigate the predictors of vascular dysfunction in T2DM patients.

**Methods:** We studied 165 T2DM patients without known macrovascular or microvascular disease. Standard demographic (age, gender, cardiovascular risk factors, medications), clinical (body mass index, blood pressure) and laboratory (glucose, glycated hemoglobin, lipids, renal function) parameters were included in analyses. Brachial artery flow-mediated dilation (FMD), nitrate mediated dilation (NMD) and Carotid-Femoral Pulse Wave Velocity (PWV) were measured.

**Table 4 Determinants of vascular measurements (FMD, NMD and PWV) in multivariate analysis**

		Multivariate analysis	
		B (95% CI)	P
FMD, %	Time since diagnosis of diabetes, years*	-0.40 (-0.66, -0.14)	0.003
NMD, %	Age, years*	-5.66 (-9.49, -1.82)	0.004
	Hypertension	-1.80 (-3.25, -0.35)	0.015
	Fasting glucose, $\mu\text{mol/L}$	-0.36 (-0.54, -0.18)	0.005
PWV, m/sec	Age, years*	6.22 (3.81, 8.63)	<0.001
	Systolic blood pressure, mmHg	0.03 (0.00, 0.05)	0.032

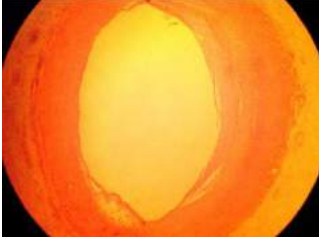
\*Natural logarithm transformed variables. FMD, flow-mediated dilation of the brachial artery; NMD, nitrate-mediated dilation of the brachial artery; PWV, carotid-femoral pulse wave velocity.



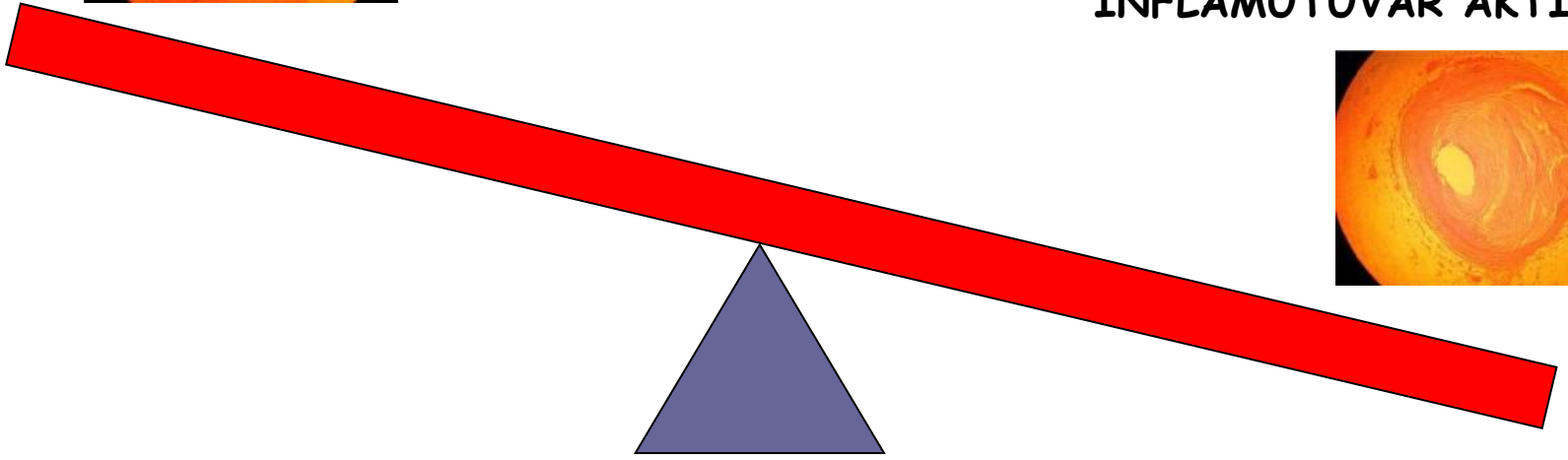
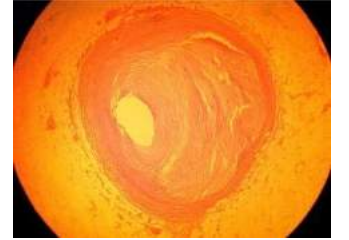


**Endotel hücresi inflamatuvar belirteçleri ?**

**AZALMIŞ  
ANTIİNFLAMUTUVAR AKTİVİTE**



**ARTMIŞ  
İNFLAMUTUVAR AKTİVİTE**



# Endotel Fonksiyon Belirteçleri

- FMD yöntemi ile yüzde değişim (NO Aracılı Endotel Fonksiyonu)
- Proinflamatuvar belirteçler
  - **IL-6**
  - **MCP-1**
  - **sICAM-1**
- Endotel fonksiyonu ile ilişkili belirteçler
  - **VCAM-1**
  - **E-selektin**
- Koagülasyon durumu ile ilgili belirteçler
  - **P-selektin**
  - **PAI-1**
  - **tPA**

**Kan hücreleri inflamatuvar belirteçleri ?**

**STATE-OF-THE-ART PAPER**

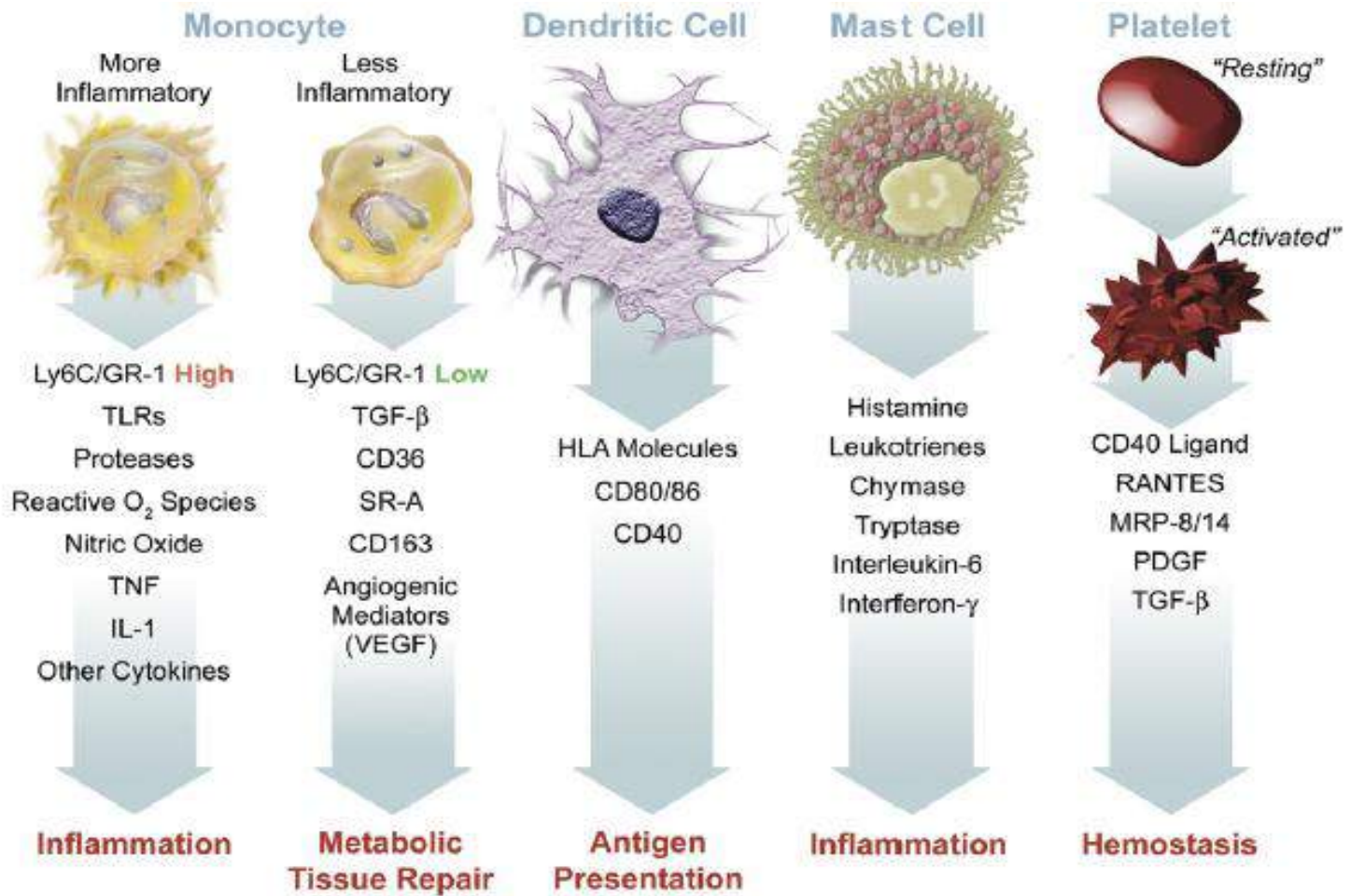
## **Inflammation in Atherosclerosis**

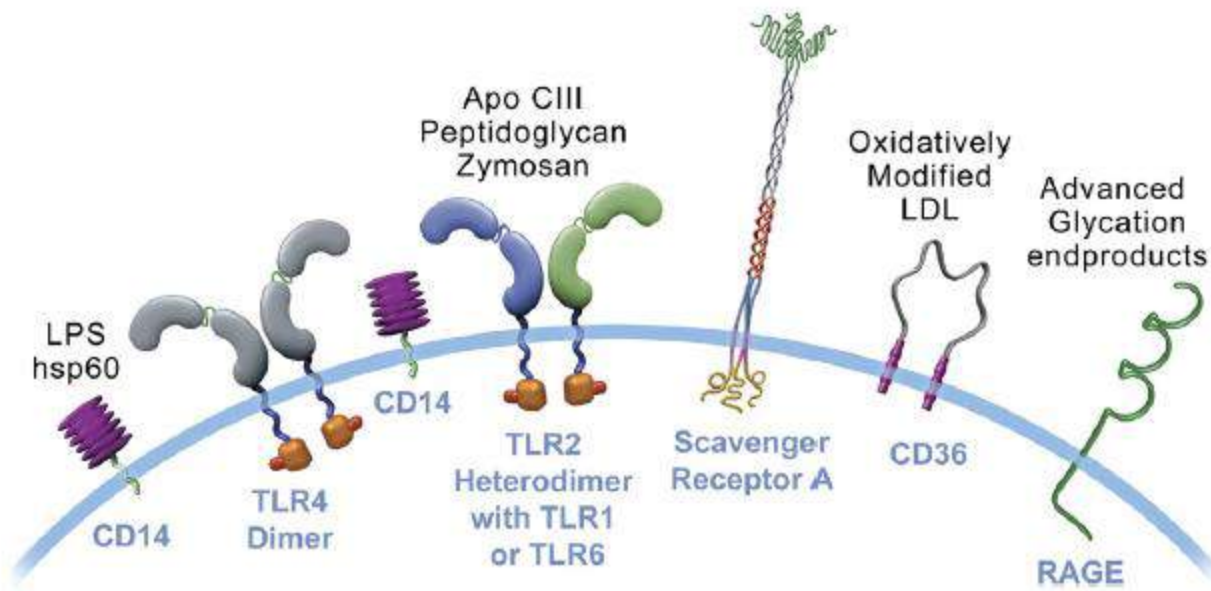
### From Pathophysiology to Practice

Peter Libby, MD,\* Paul M Ridker, MD, MPH,\*† Göran K. Hansson, MD, PhD,‡  
for the Leducq Transatlantic Network on Atherothrombosis

*Boston, Massachusetts; and Stockholm, Sweden*

Until recently, most envisaged atherosclerosis as a bland arterial collection of cholesterol, complicated by smooth muscle cell accumulation. According to that concept, endothelial denuding injury led to platelet aggregation and release of platelet factors which would trigger the proliferation of smooth muscle cells in the arterial intima. These cells would then elaborate an extracellular matrix that would entrap lipoproteins, forming the nidus of the atherosclerotic plaque. Beyond the vascular smooth muscle cells long recognized in atherosclerotic lesions, subsequent investigations identified immune cells and mediators at work in atheromata, implicating inflammation in this disease. Multiple independent pathways of evidence now pinpoint inflammation as a key regulatory process that links multiple risk factors for atherosclerosis and its complications with altered arterial biology. Knowledge has burgeoned regarding the

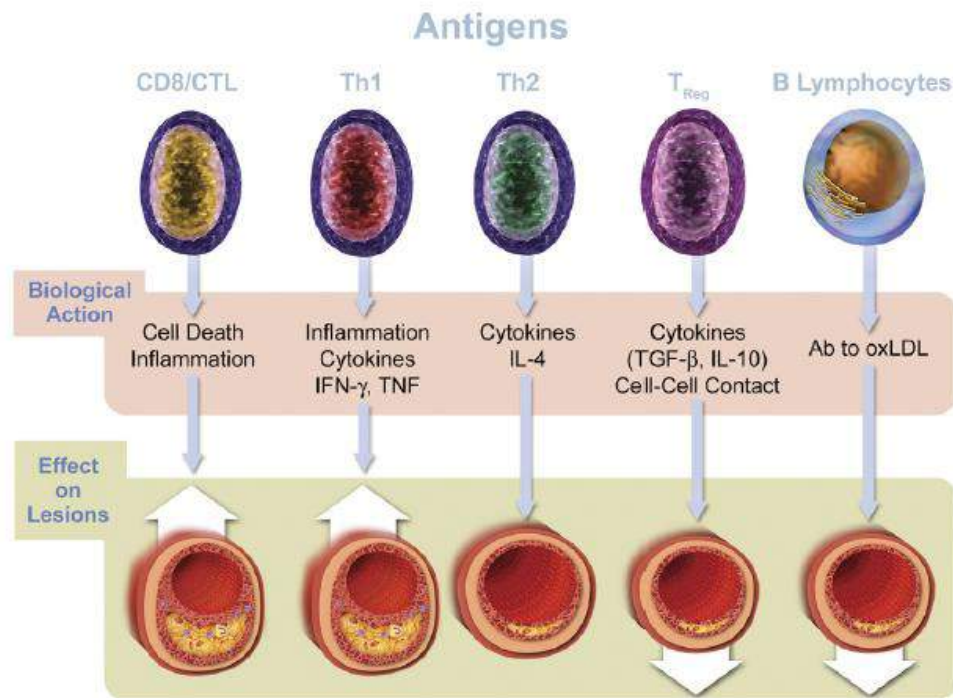




**Figure 2** Cells Involved in Atherosclerosis Express Pattern-Recognition Receptors Involved in Innate Immunity

With the cooperation of CD14, Toll-like receptor (TLR) 4 binds bacterial lipopolysaccharides (LPS) and a variety of other potential instigators of inflammation and atherosclerosis including heat shock proteins (hsp). TLR2 usually exists as a heterodimer with TLR1 or TLR6. TLR2 complexes can bind microbial products as shown and, in addition, apolipoprotein CIII (Apo CIII). Scavenger receptor A binds modified low-density lipoproteins (LDL). CD36 binds oxidatively modified LDL. The receptor for advanced glycation endproducts (RAGE) also decorates many cells involved in atherosclerosis and may function in inflammatory signaling.

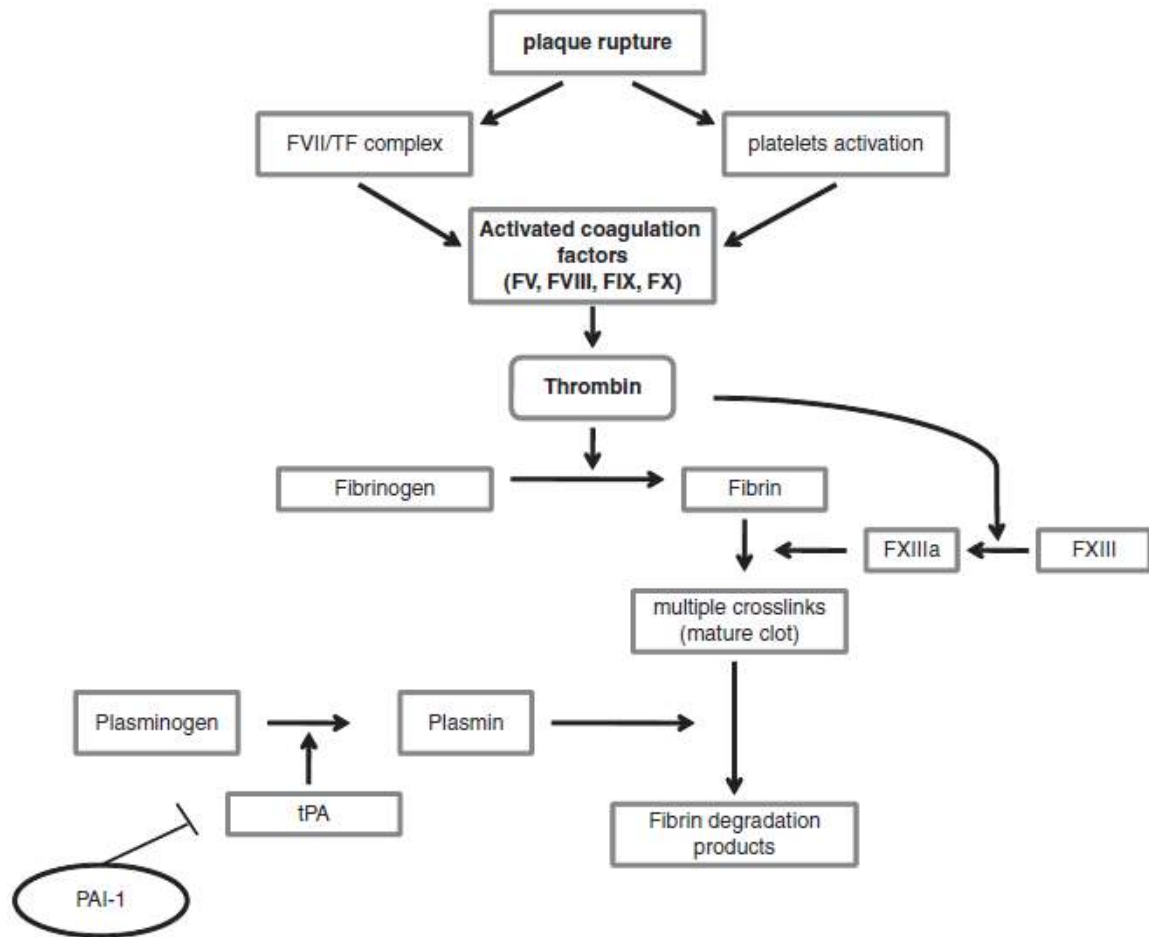




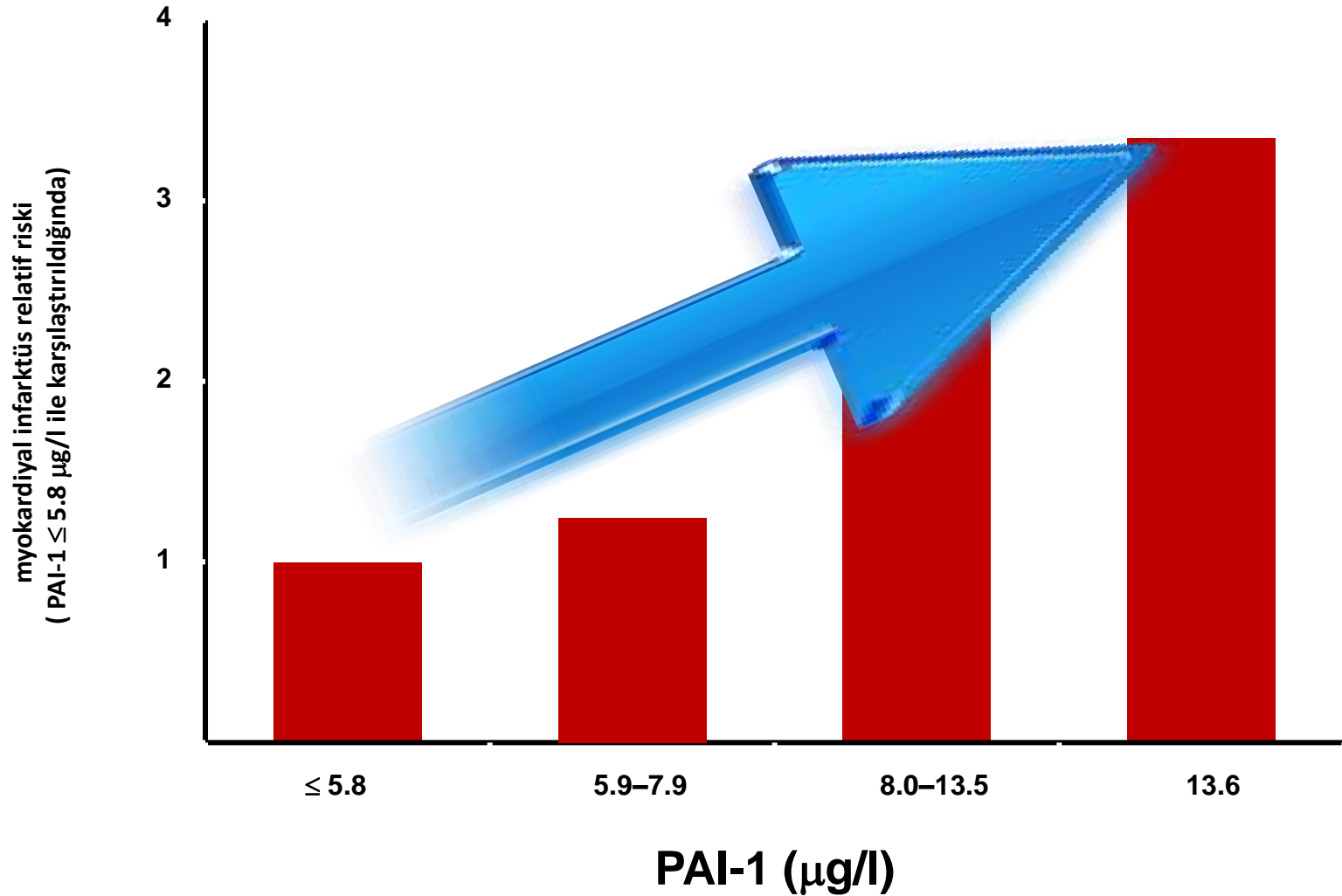
**Figure 3** Cells Involved in Adaptive Immunity

The text describes the functional roles of the 5 classes of lymphocytes depicted in atherosclerosis. B cells elaborate antibodies (Ab). A specialized subset of B cells (B1 cells) elaborate primarily immunoglobulin M antibodies, including natural antibodies that recognize constituents of oxidized low-density lipoprotein (oxLDL). The **bottom panel** of this figure portrays diagrammatically the effect of the various cell types on lesions, based mostly on experiments in mice. **Up arrows** indicate aggravation of lesion formation. **Down arrows** indicate reduction in lesion formation. This diagram summarizes the "net" effect attributed to the cell type on atherosclerosis primarily on the basis of experiments in mice. In some cases, this figure necessarily oversimplifies the complexity of the data. For example, not all TH<sub>2</sub> cell functions and not all antibodies elaborated by B cells may mitigate atherogenesis. CTL = cytolytic T lymphocytes; IFN = interferon; hsp = heat shock protein; Th = T helper cells; T<sub>Reg</sub> = regulatory T cells; other abbreviations as in Figure 1.





# Kardiyovasküler Hastalık Göstergesi Olarak PAI-1



n = 234  
P = 0.002

**Table 1.** Changes in coagulation factors in diabetes and potential mechanisms.

Coagulation factor	Production	Function	Level/activity in DM	Possible mechanisms	Reference
<b>TF</b>	Stimulated EC VSMC	Initiation of clot formation	↑	↑ insulin ↑ glucose ↑ AGE ↑ ROS	13, 15, 18
<b>FVII</b>	Liver	Initiation of clot formation	↑	↑ glucose ↑ triglyceride	20-25
<b>(Pro)thrombin</b>	Liver	Fg conversion to fibrin	↑	↑ glucose	18, 29-31
<b>Fibrinogen</b>	Liver	Formation of the fibrin network	↑	↑ liver synthesis due to IR	36, 42, 43
<b>tPA</b>	EC	clot lysis (converts plasminogen to plasmin)	↑, ↓	Probably EC dysfunction	57, 60, 67
<b>PAI-I</b>	EC, VSMC, adipocytes, liver	Inhibition of clot lysis	↑	↑ glucose IR	63, 65

DM: diabetes mellitus, TF: tissue factor, tPA: tissue plasminogen activator, PAI-I: plasminogen activator inhibitor, EC: endothelial cells, VSMC: vascular smooth muscle cells, Fg: fibrinogen, AGE: advanced glycation end products, ROS: reactive oxygen species, IR: insulin resistance.

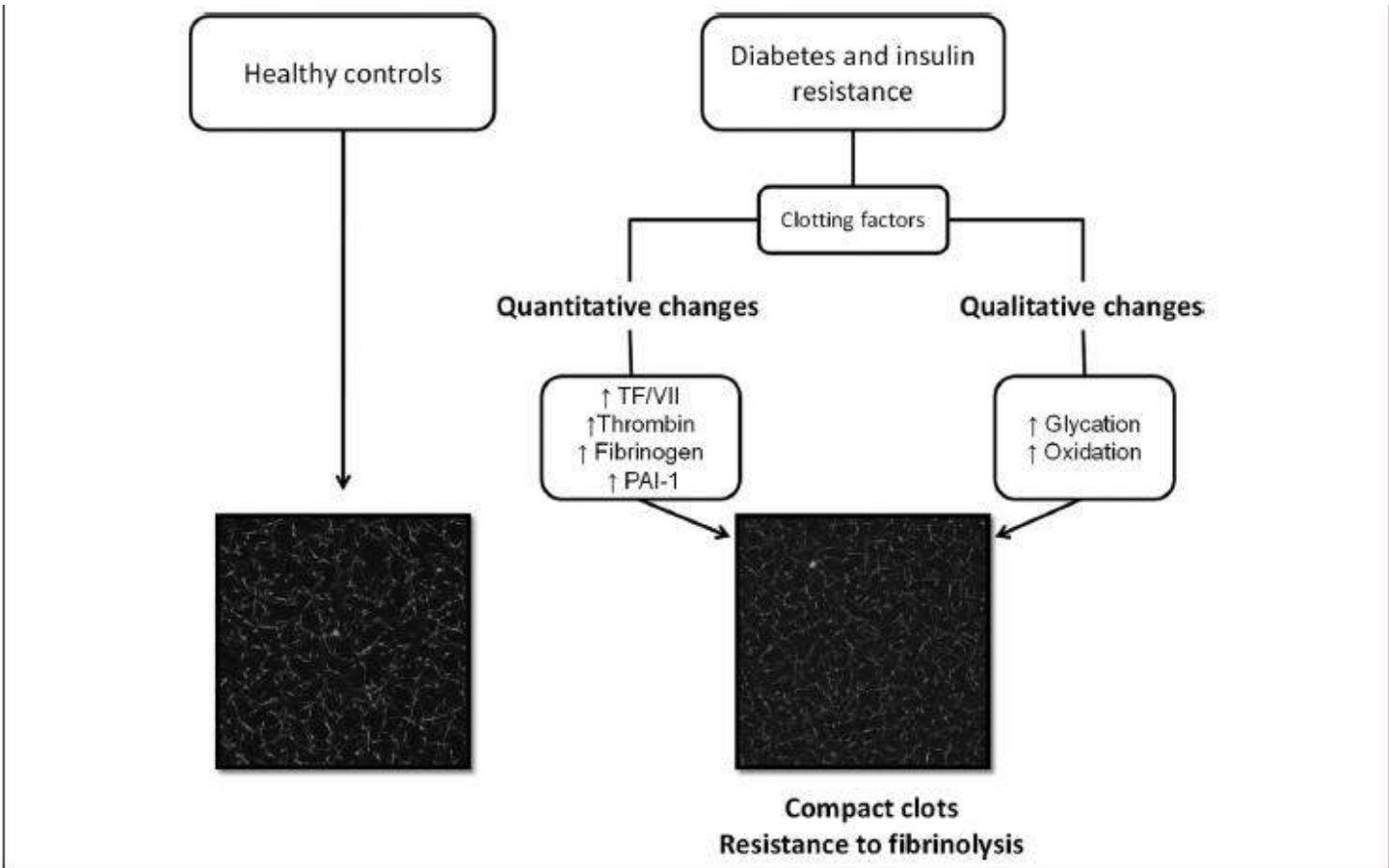


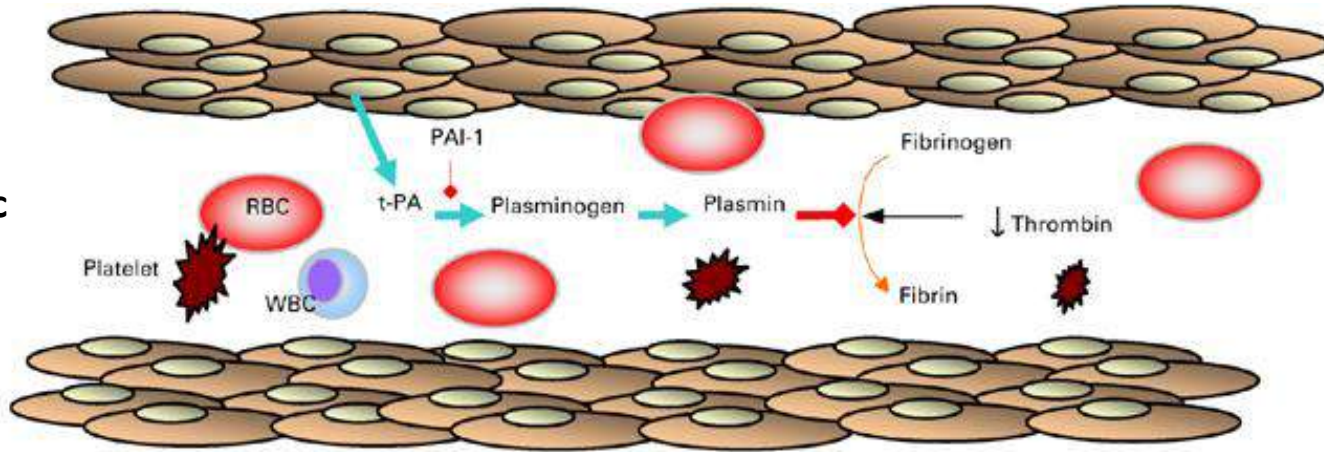
Figure 2. Mechanisms for altered clot structure/fibrinolysis in subjects with diabetes.

# Diyabet ve Protrombotik Aktivite

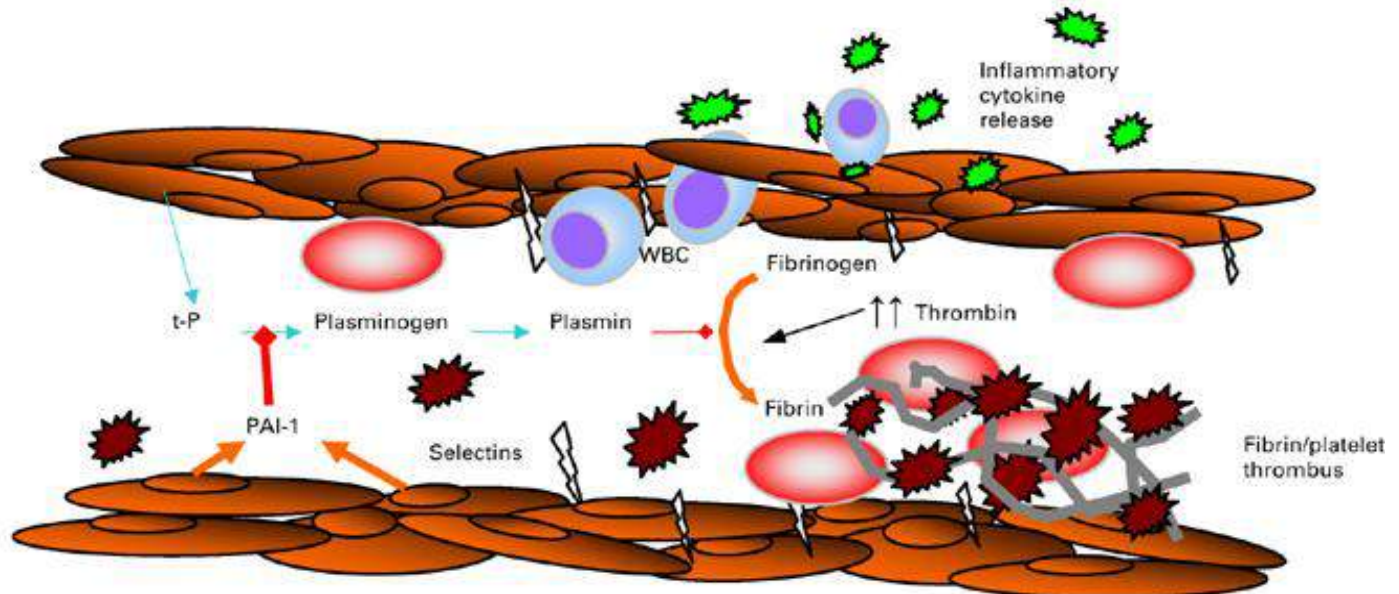
- ♥ Trombosit fonksiyonlarında bozulma
- ♥ Endotelden:
  - NO ve prostasiklin salgılanmasında ↓
  - trombin ve vWF salgılanmasında ↑ → trombüs oluşumu
- ♥ Fibrinojen ve PAI-1 ↑ → Fibrinolitik dengeyi olumsuz yönde etkiler

# Protrombotik /Proinflammatuar endotel

Anti-thrombotic endothelium



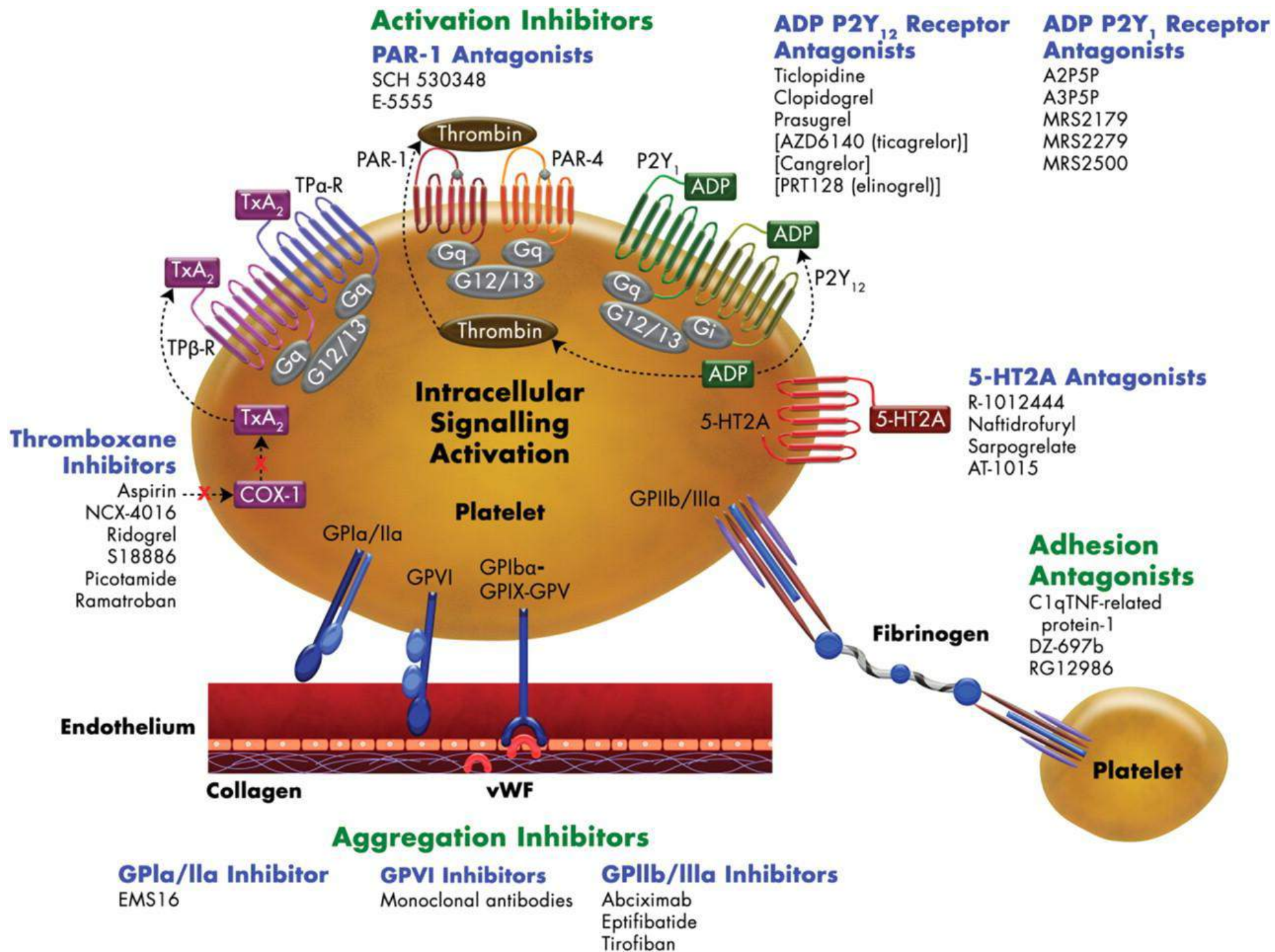
Prothrombotic endothelium





# Diyabette Trombosit Değişiklikleri

- Primer Platelet agregasyonu
- Sekonder Platelet agregasyonu
- Platelet aktivasyon artışı
  - Alfa granül içeriğinin salınımı
  - Tromboglobulin salınımı artışı
  - Platelet faktör 4 salınımı artışı
- Fibrinojenin glikoprotein IIb/IIIa kompleksine bağlanmasında artış



# Trombositler belirteçler...

- Trombotik faktörler var:
  - Trombositler
  - NO
  - PGI<sub>2</sub>
  - PAF PLATELET AKTİVATÖR FAKTÖR
  - vWF
- Fibrinolitik faktörler var:
  - Tpa, PAI-1



# **aterosklerotik belirteç olarak CRP?**

- **Subklinik ateroskleroz için ön gösterge**
- **Endotel disfonksiyonu için ön gösterge**
- **Rekürren iskemi için ön gösterge**
- **Dayanıksız plak için ön gösterge**

AHA / CDC Scientific Statement  
Markers of Inflammation and Cardiovascular Disease:  
Applications to Clinical and Public Health Practice

**Circulation January 28, 2003**

“hs-CRP bağımsız bir risk faktörüdür ve daha önce KVH olduğu bilinmeyen erişkinlerde koroner arter hastalığı risk tahmininin bir parçası olarak kullanılabilir.”

**Monositlerin arter duvarına  
geçişi CRP bağımlıdır**

**CRP LDL kolesterolün  
oksidasyonunu tetikler**

**CRP aterosklerotik intimada  
(normalde değil) lokalize olur**

**CRP endotelin  
vazoreaktivitesini azaltır**

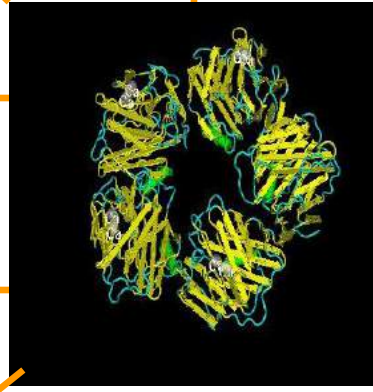
**CRP kompleman  
aktivasyonunu  
indükler**

**CRP, NO üretimini azaltır**

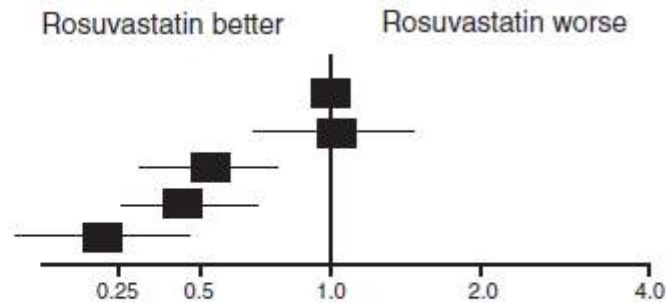
**CRP monositlerde doku  
faktörünün üretimini indükler**

**CRP, VCAM-1, E-Selectin, MCP-1,  
MMP-1, MMP-9 üretimini indükler**

**CRP, PAI-1 ekspresyonunu  
indükler**



	N	Rate
Placebo	7832	1.11
LDL $\geq$ 70mg/dL,hsCRP $\geq$ 2 mg/L	1384	1.11
LDL<70mg/dL,hsCRP $\geq$ 2 mg/L	2921	0.62
LDL $\geq$ 70mg/dL,hsCRP<2 mg/L	726	0.54
LDL<70mg/dL,hsCRP<2 mg/L	2685	0.38

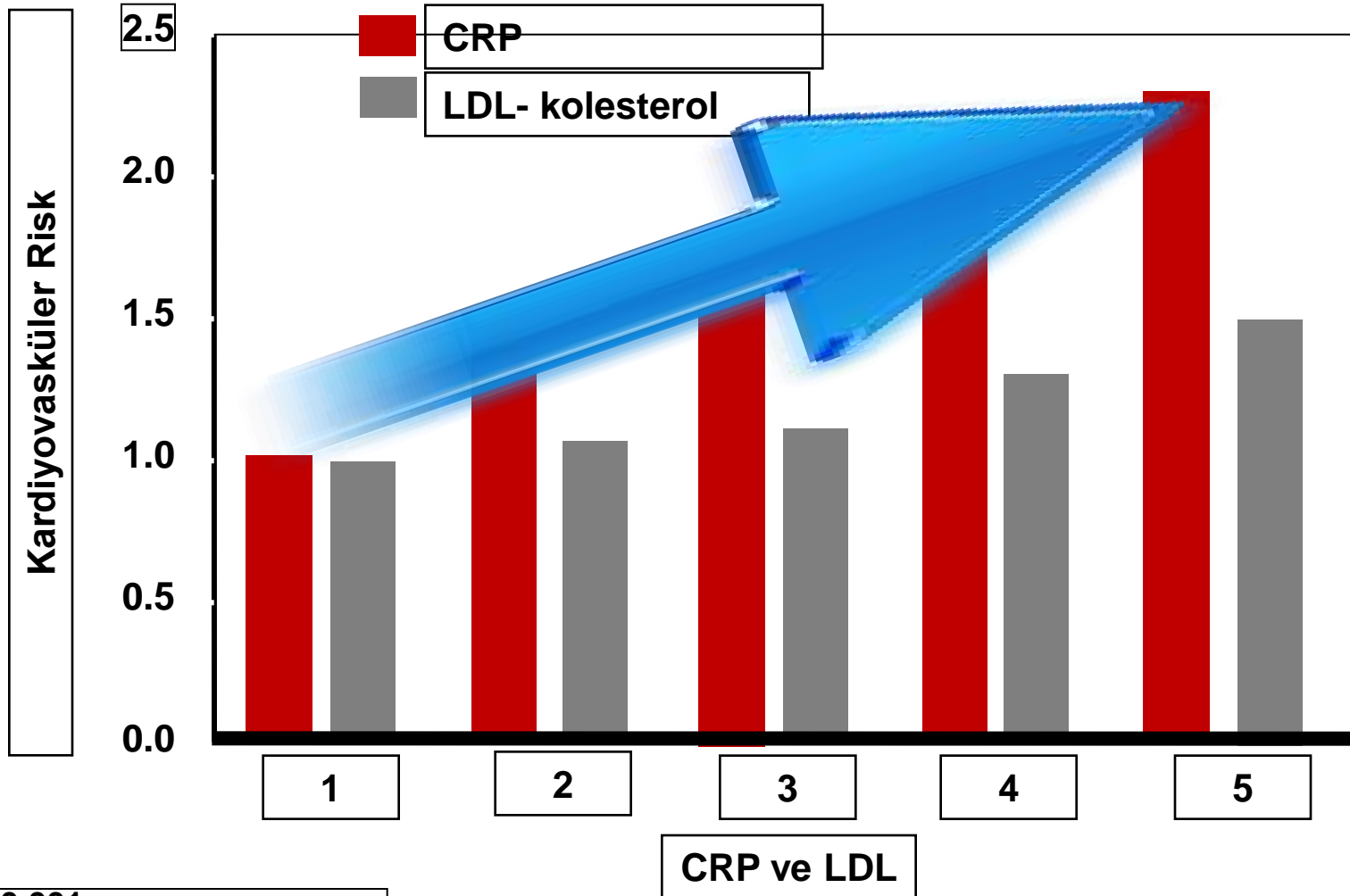


6

Hazard Ratios for Incident Cardiovascular Events in the JUPITER Trial According to Achieved Concentrations of LDL Cholesterol and hsCRP After Initiation of Rosuvastatin Therapy



# CRP ve Kardiyovasküler Risk



$P < 0.001$

GLUKOZ

FFA

okside LDL

Sitokinler

ROS

AGE

ER stres

$\alpha$ P2

JNK

PPARs

I $\kappa$ -B $\alpha$

AP1

NF- $\kappa$ B

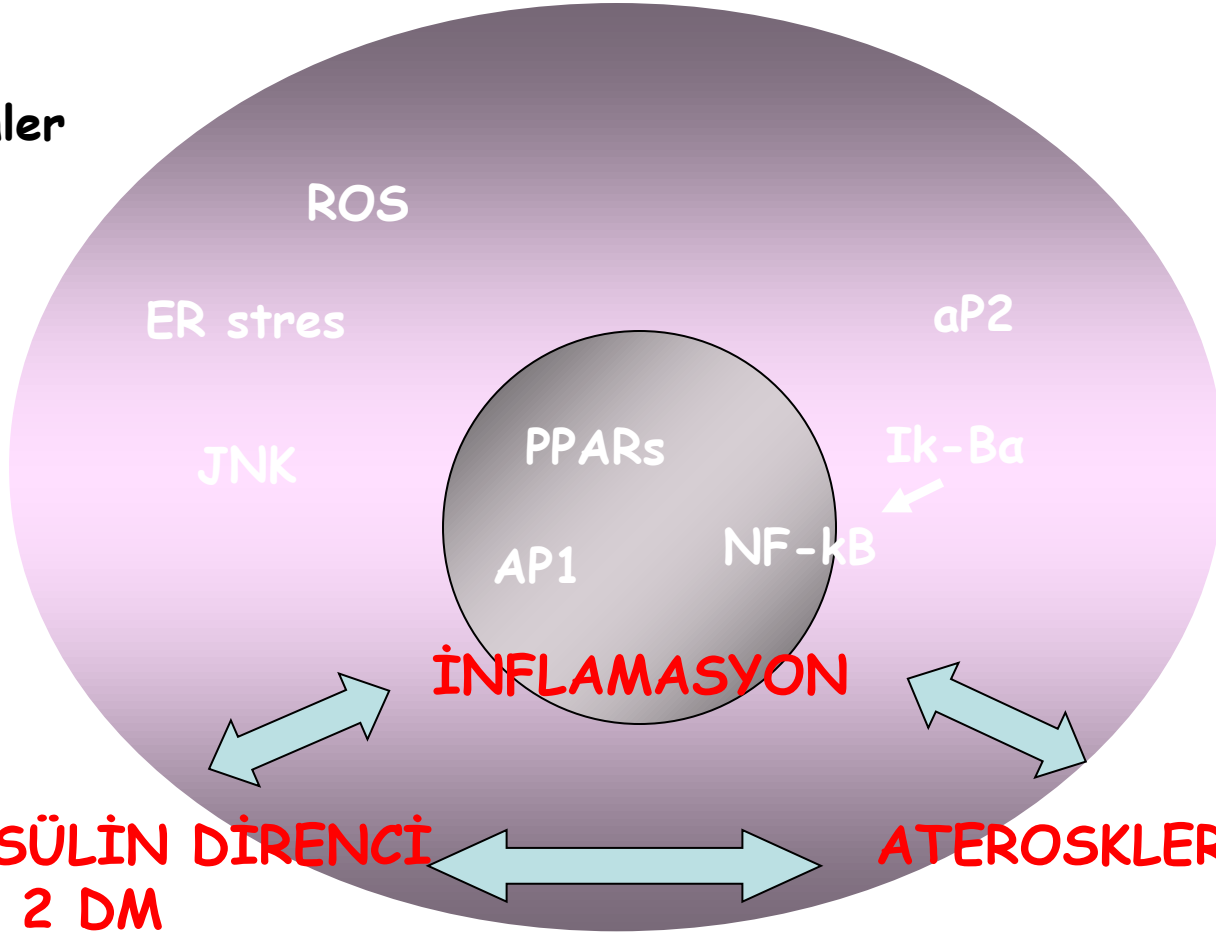
**İNFLAMASYON**

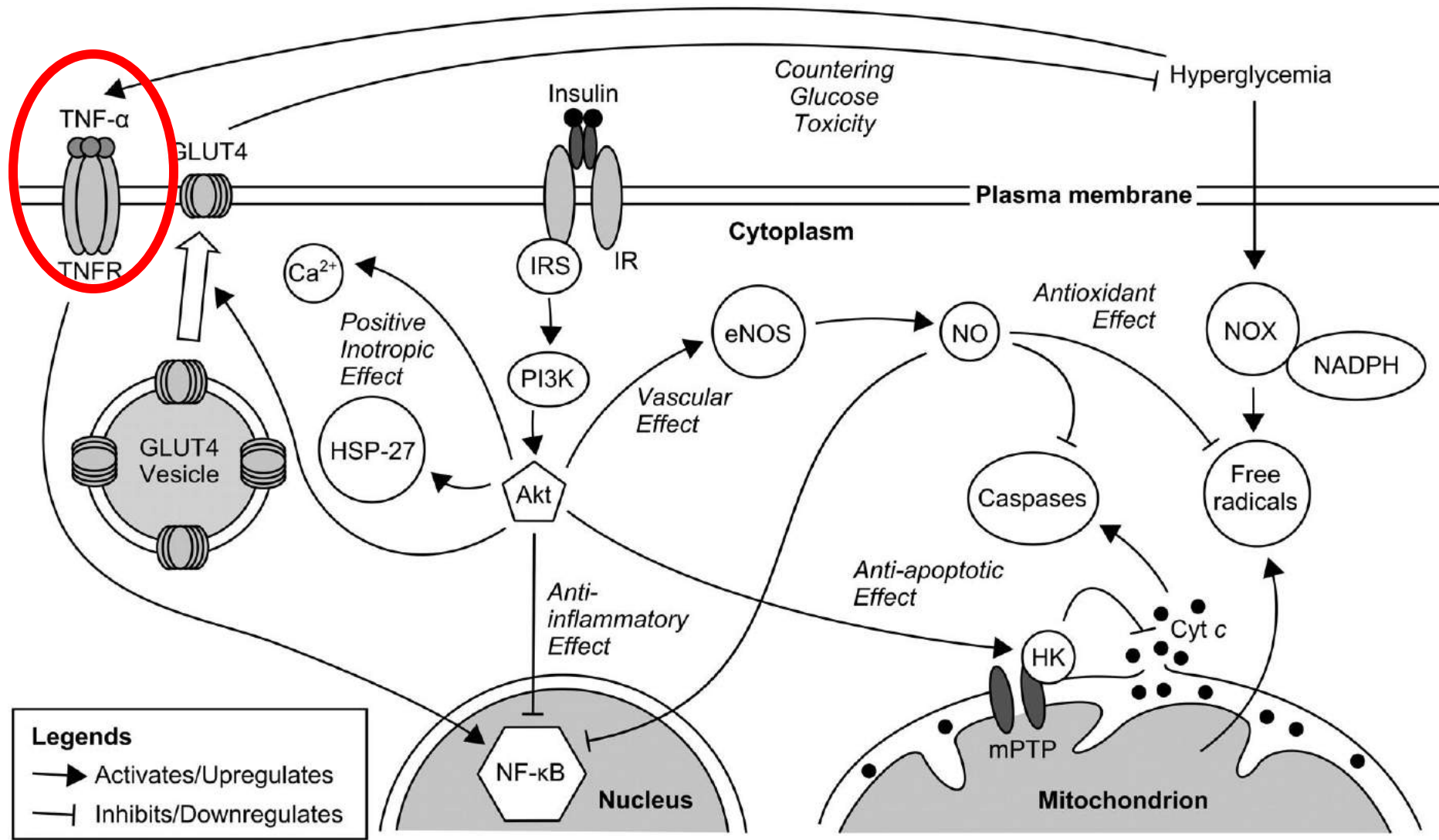
Apoptotik  
Parçacıklar

**İNSÜLİN DİRENCİ**  
Tip 2 DM

**ATEROSKLEROZİS**

MAKROFAJ





# ***TNF- $\alpha$***

- ROS oluşumu ile NF- $\kappa$ B aktive olur
- Güçlü adiponektin inhibitörüdür
- İL-6, İL-1 gibi sitokinleri  $\uparrow$
- Endotelde NO biyoyararlılığı  $\downarrow$ , endotele bağımlı vazodilatasyonu baskılar.
- VCAM-1, ICAM-1, MCP-1 ve E-selektin aktive olur

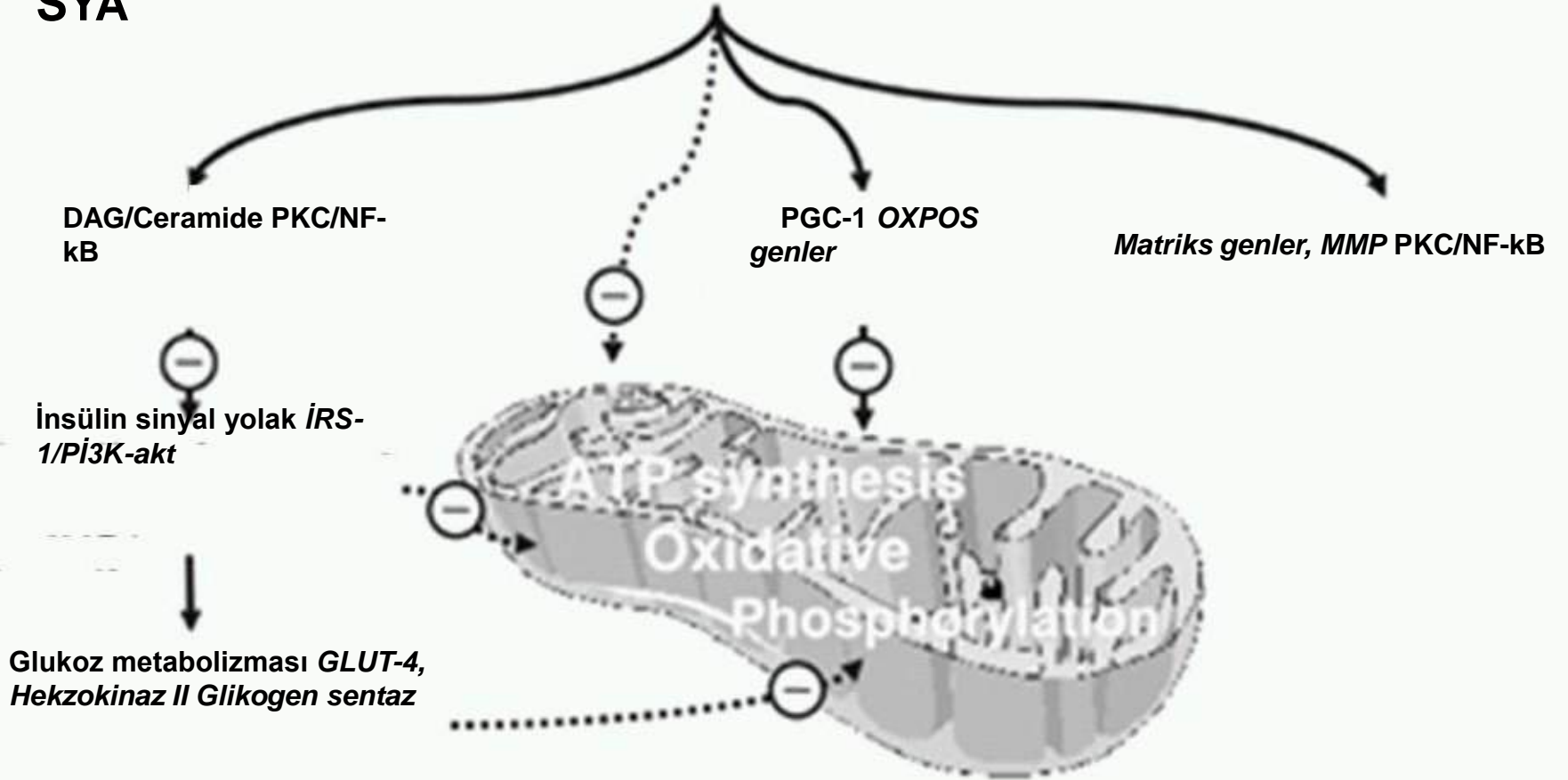
# *Oksidatif stres*

- İntraselüler ROS yapımı ile atılımı arasındaki dengesizliktir
- DNA ve protein bütünlüğü bozulur
- Lipid peroksidasyonuna neden olur (malondyaldehide ve OxLDL)

**Plazma  
SYA**

**İntramiyoselüler yağ açıl CoA**

**iMTG**



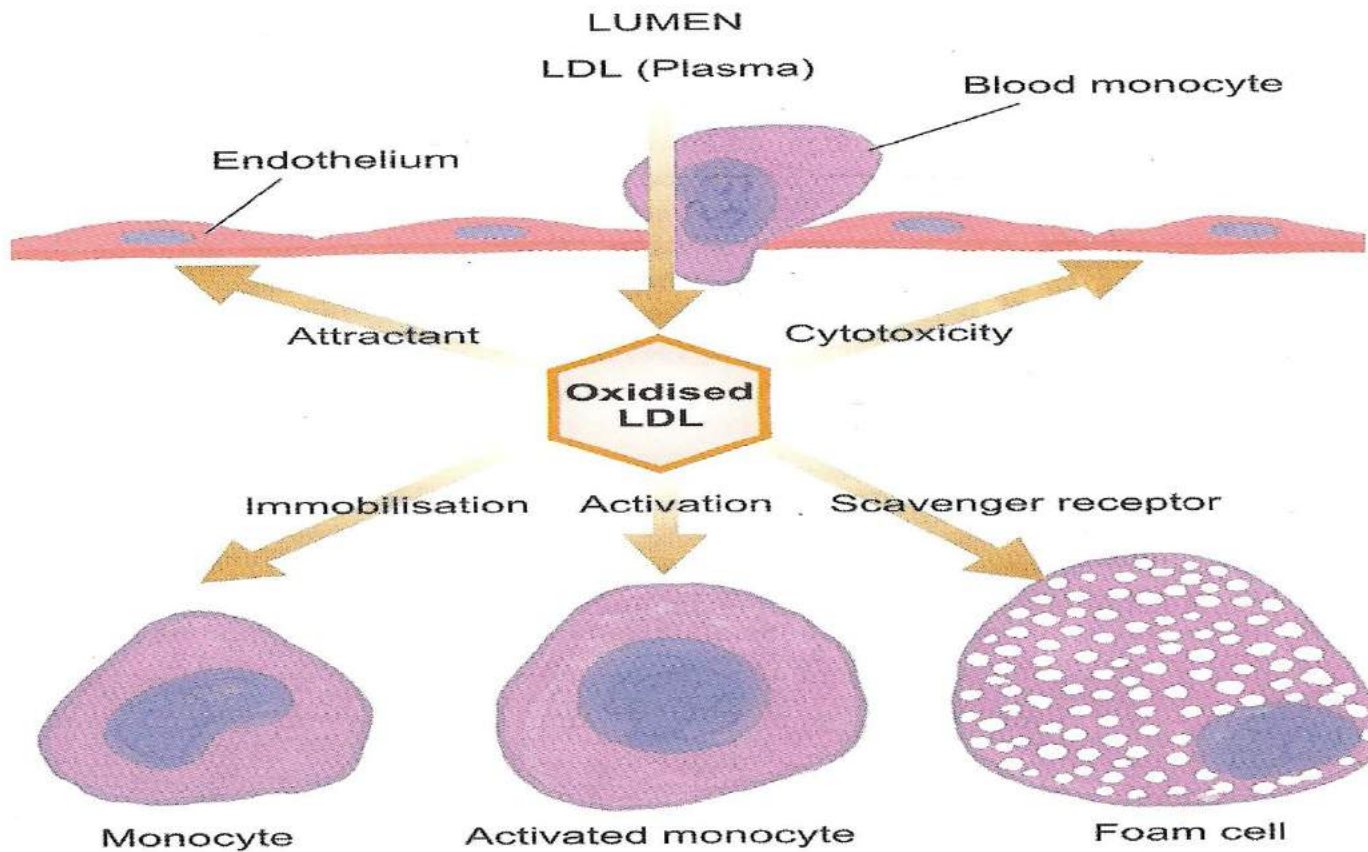
**İnsülin  
Direnci**

**Mitokondriyal  
Disfonksiyon**

**İnflamasyon**

# ***Okside LDL***

- NO salınımı azalır
- NO sentez kompotetif endogen inhibitörü asimetrik dimetilarginine (ADMA) artar



**FIGURE 11.5**

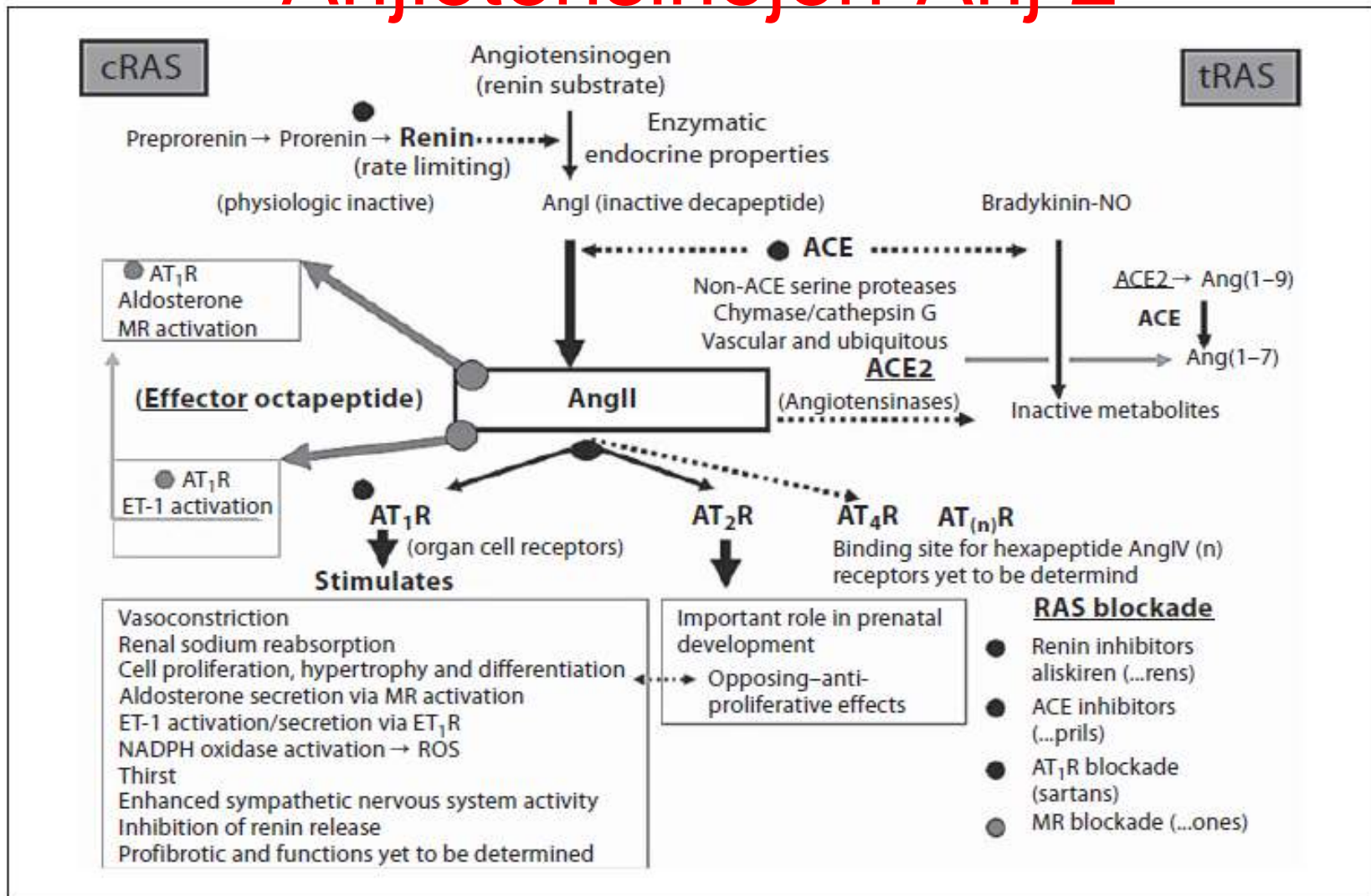
Mechanism of foam cell formation.

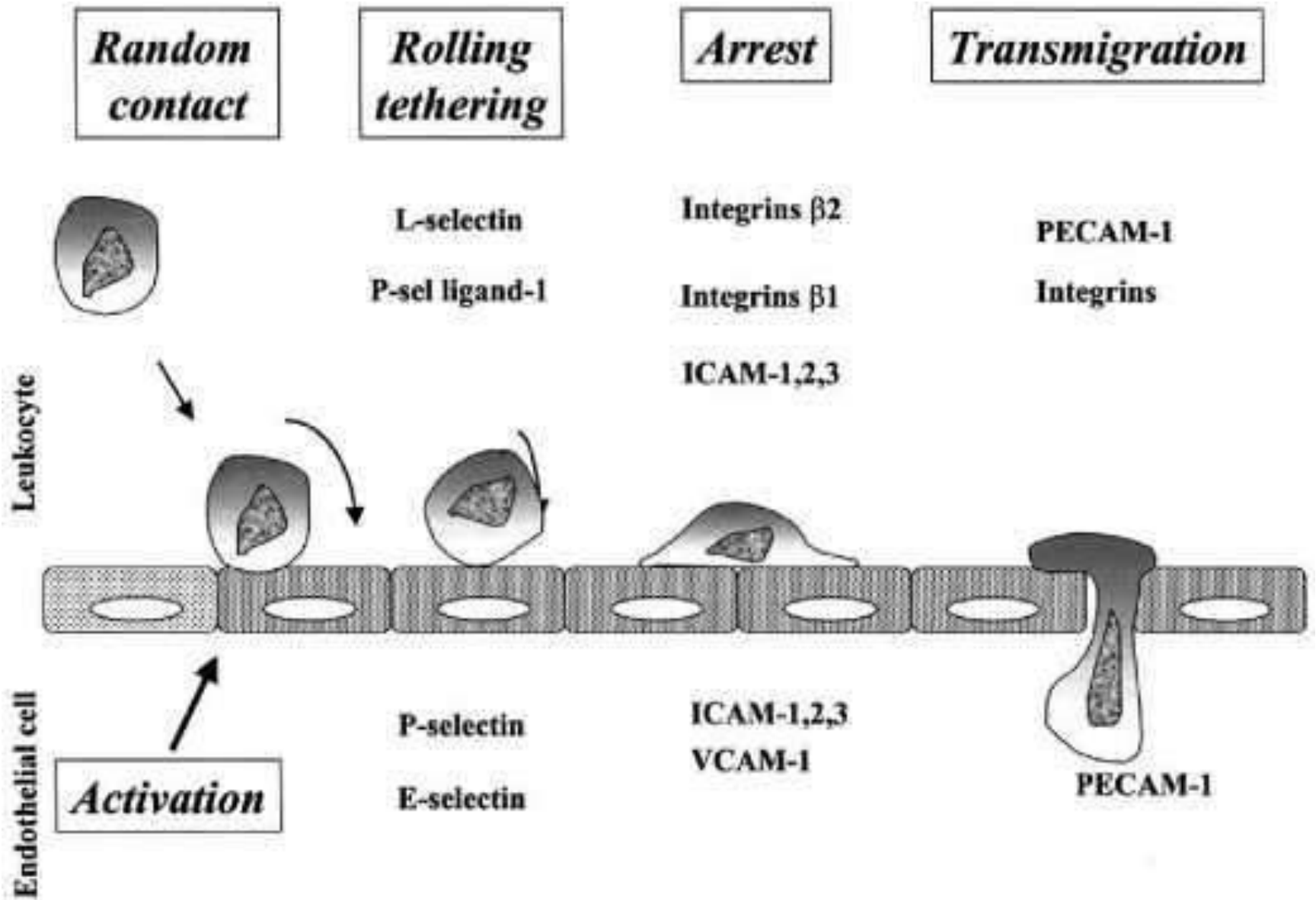


# ADMA

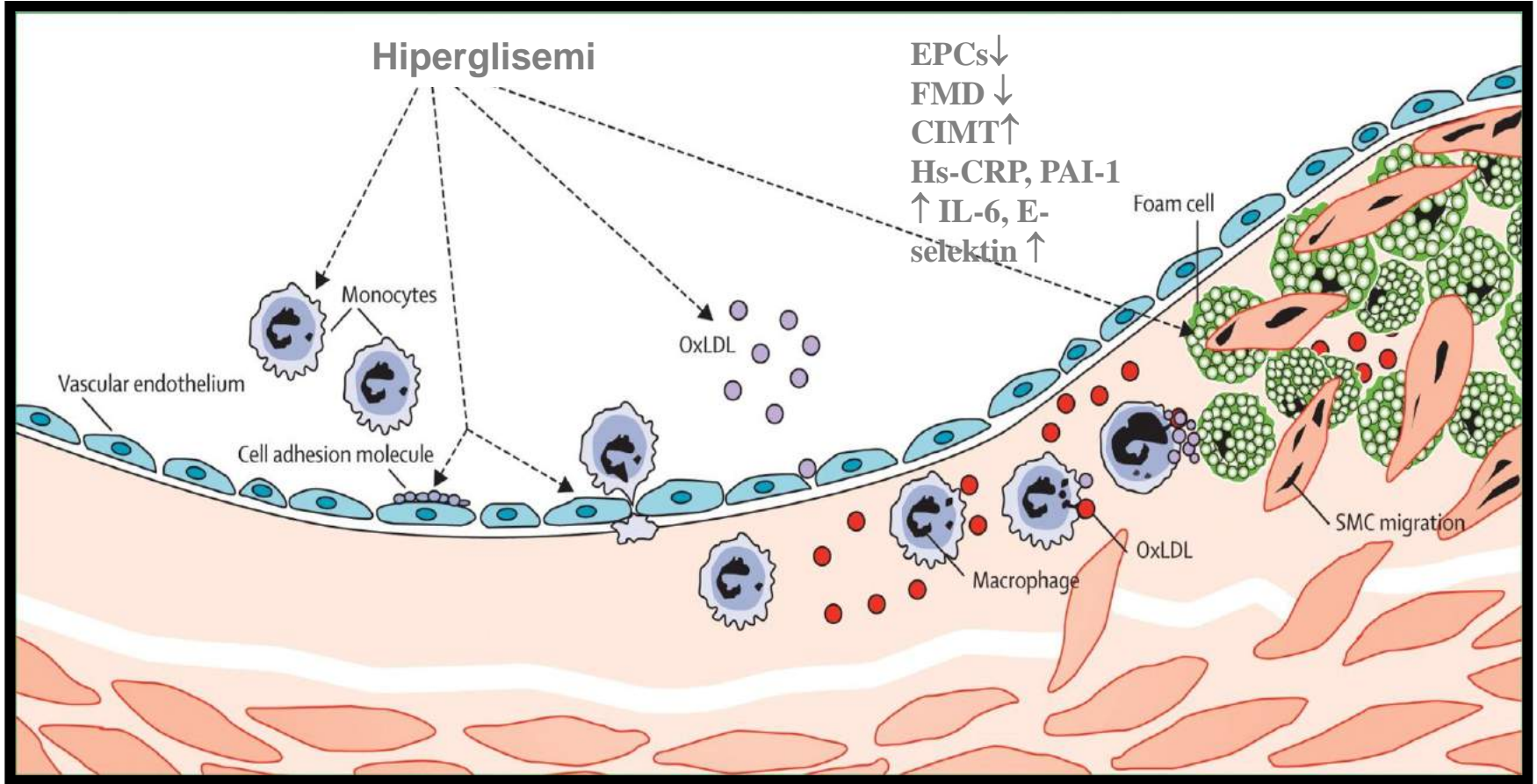
- Endotel disfonksiyon
- Ateroskleroz nedenidir
- NO azalması trombosit agregasyonu artar
- Direk koroner iskemi gelişir
- AS ve ED'da eksojen NO kaynağı nitrogliserine endotelial yanıt azalır

# Anjiotensinojen-Anj 2



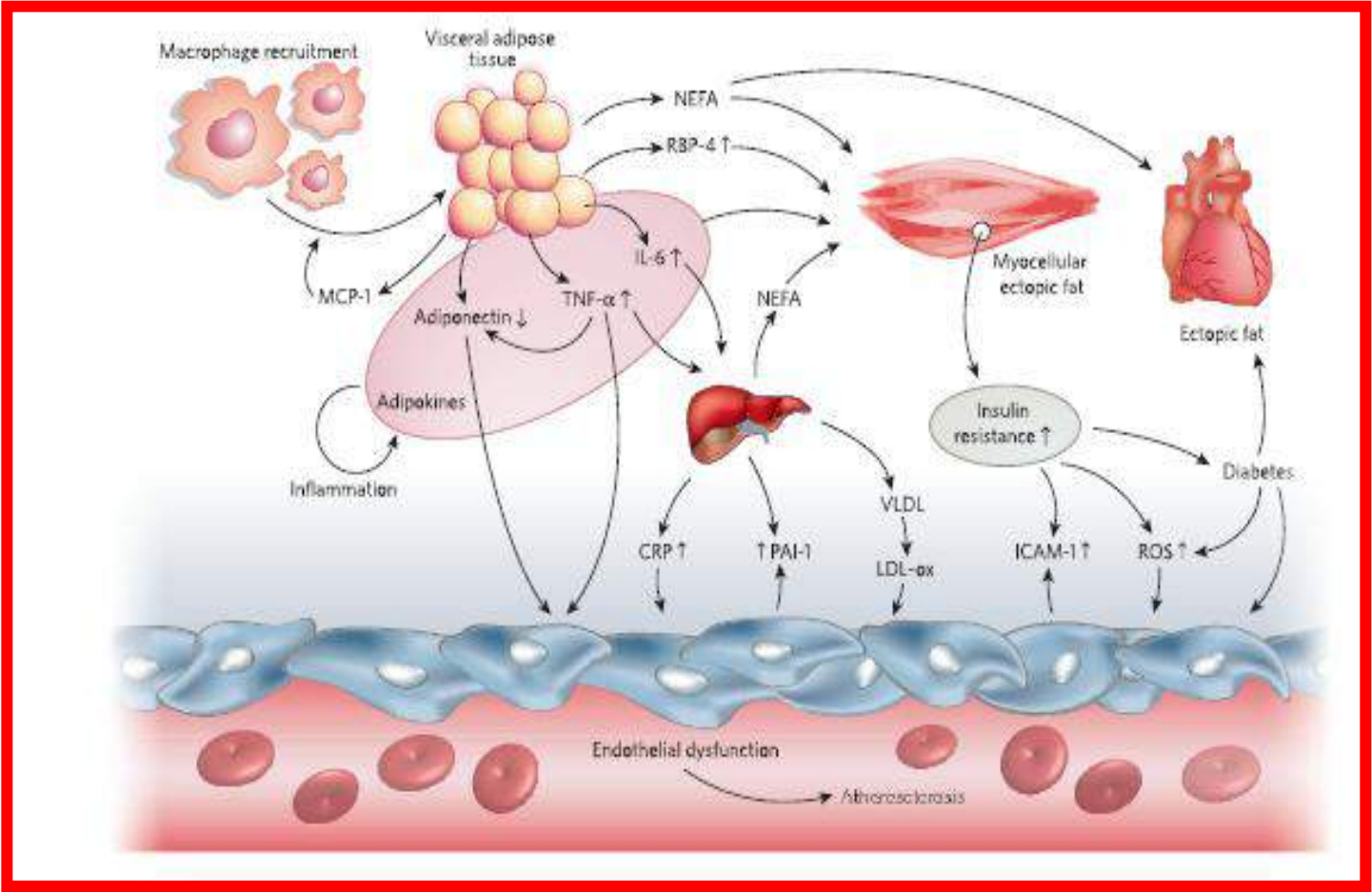


Endothelial Dysfunction, Cellular Adhesion Molecules and the metabolic syndrome



**EPC:** endotel progenitör hücre  
**FMD:** akım-aracılı dilatasyon  
**CIMT:** carotis intima-media kalınlığı

Retnakaran R, *Lancet*, 2008; 371: 1790-99.  
 Sibal L, *Diabetologia*, 2009; 52: 1464-73.



# Deneysel pek çok belirteç

- Lokal hormonlar :
  - TNF-alfa, IL-6
  - NO, PGI<sub>2</sub>
  - Endotel derive hiperpolarize faktör
  - Endotelin-1
  - Trbx A<sub>2</sub>
  - Endoperoksidaz
- Trans membran proteinleri:
  - P-selektin, E-selektin , L-selektin
  - ICAM-1, VCAM-1

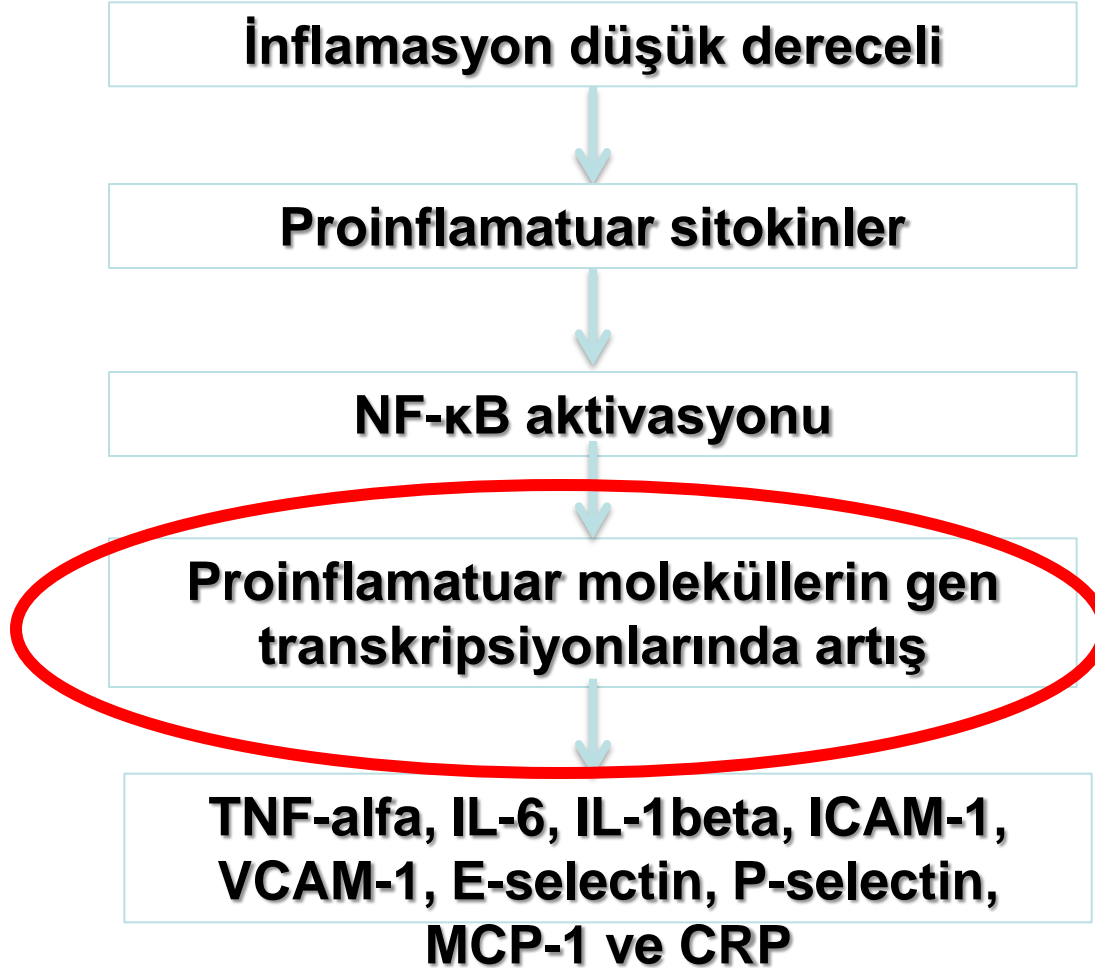
# Atersklerozun direkt görüntü belirteçleri ?

- CIMT
- CACS ( Computed tomography coronary calcium skore )
- KORONER ANJİOGRAFI
- SPECT

.....

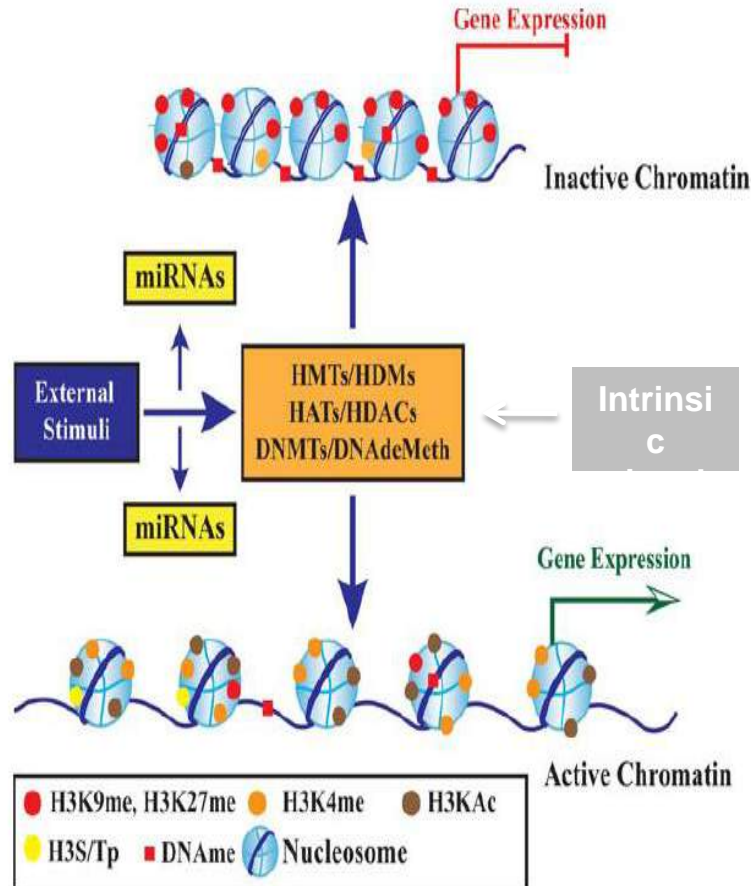






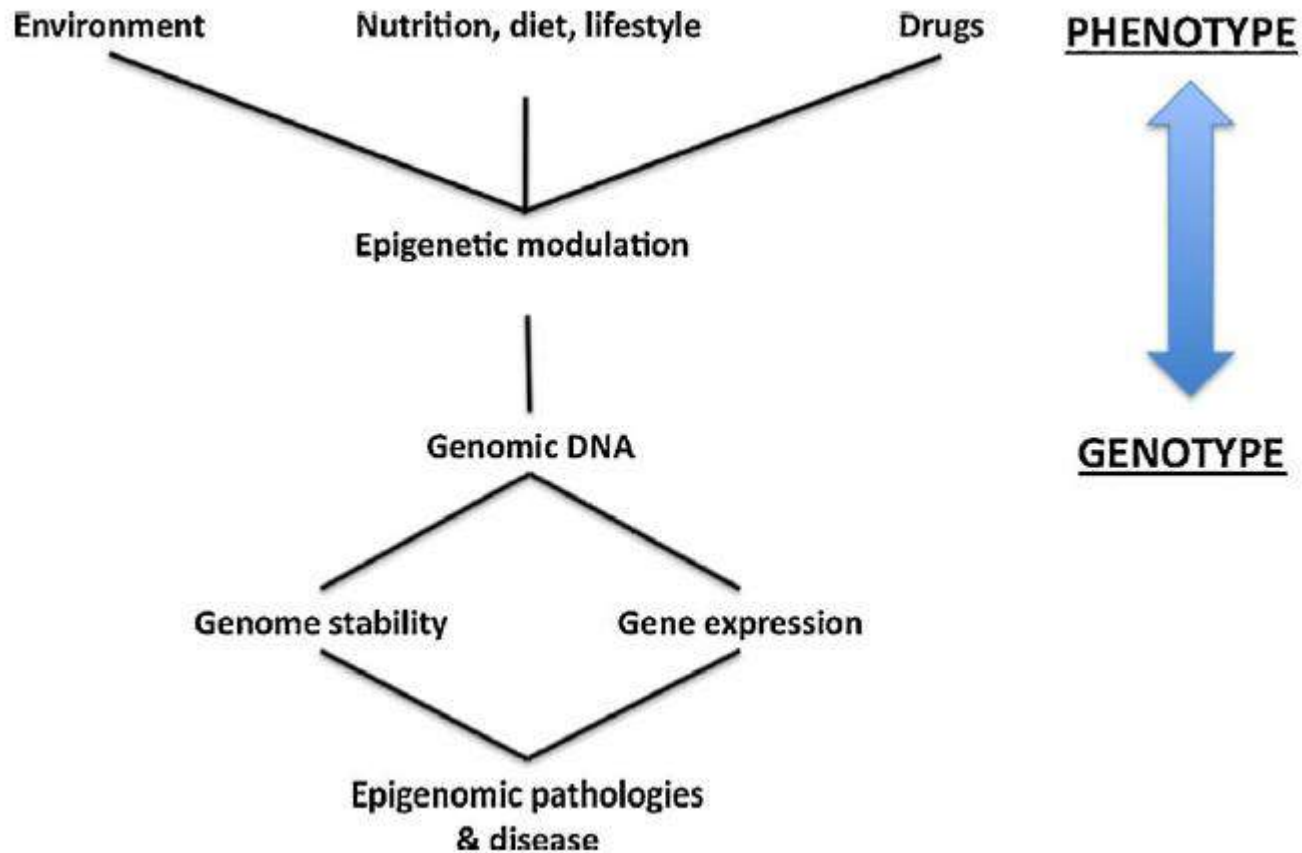
# Epigenetik belirteçler

**Epigenetik:** DNA dizi değişiminden bağımsız, gen aktivitesi ve ekspresyonunda değişime neden olan kalıtsal özellikler.

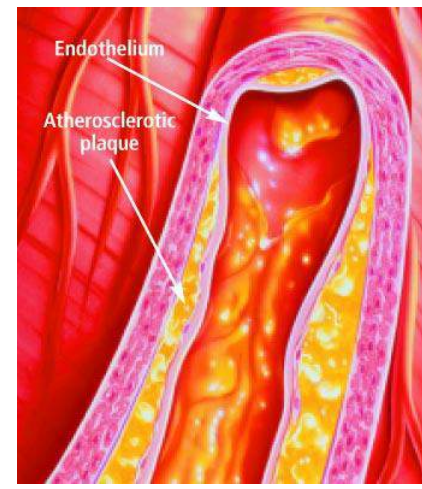


- Genomik DNA histon proteinleri
- Protein/DNA kompleks = kromatin
- İnaktif/Aktif Kromatin yapısı
- Histon modifikasyonları
- DNA dizi (CG zengini)
  - Metilasyon
- Kromatin aktif:
  - DNA transkripsiyona açık = gen ekspresyonu

# Epigenetik Mekanizmalar



# Epigenetik belirteçler



Oksidatif stres

RİSK

Hiperglisemi

Vasküler diyabet komplikasyon gelişimi  
Inflamasyon gen ekspresyonu artar  
Monositler endotel ve vasküler düz kas hücrelere bağlanır  
Monosit → makrofaj diferansiyasyon:  
**ATEROSKLERİK PLAK**

# Epigenetik belirteçler

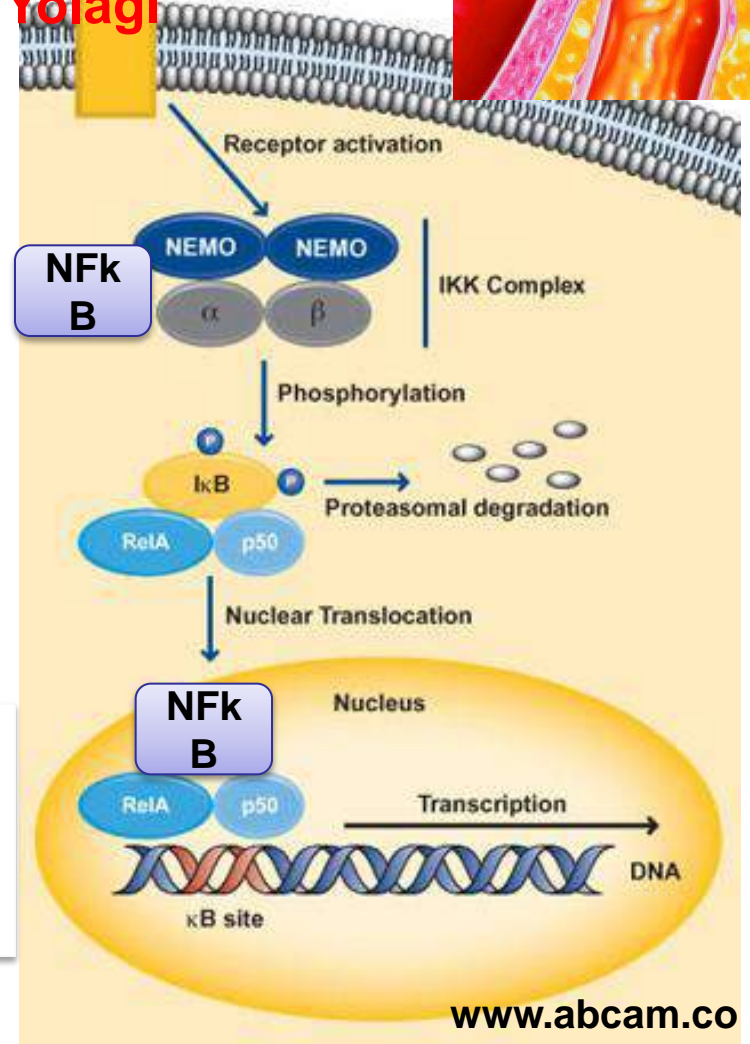
Oksidatif Dislipidemi  
stres

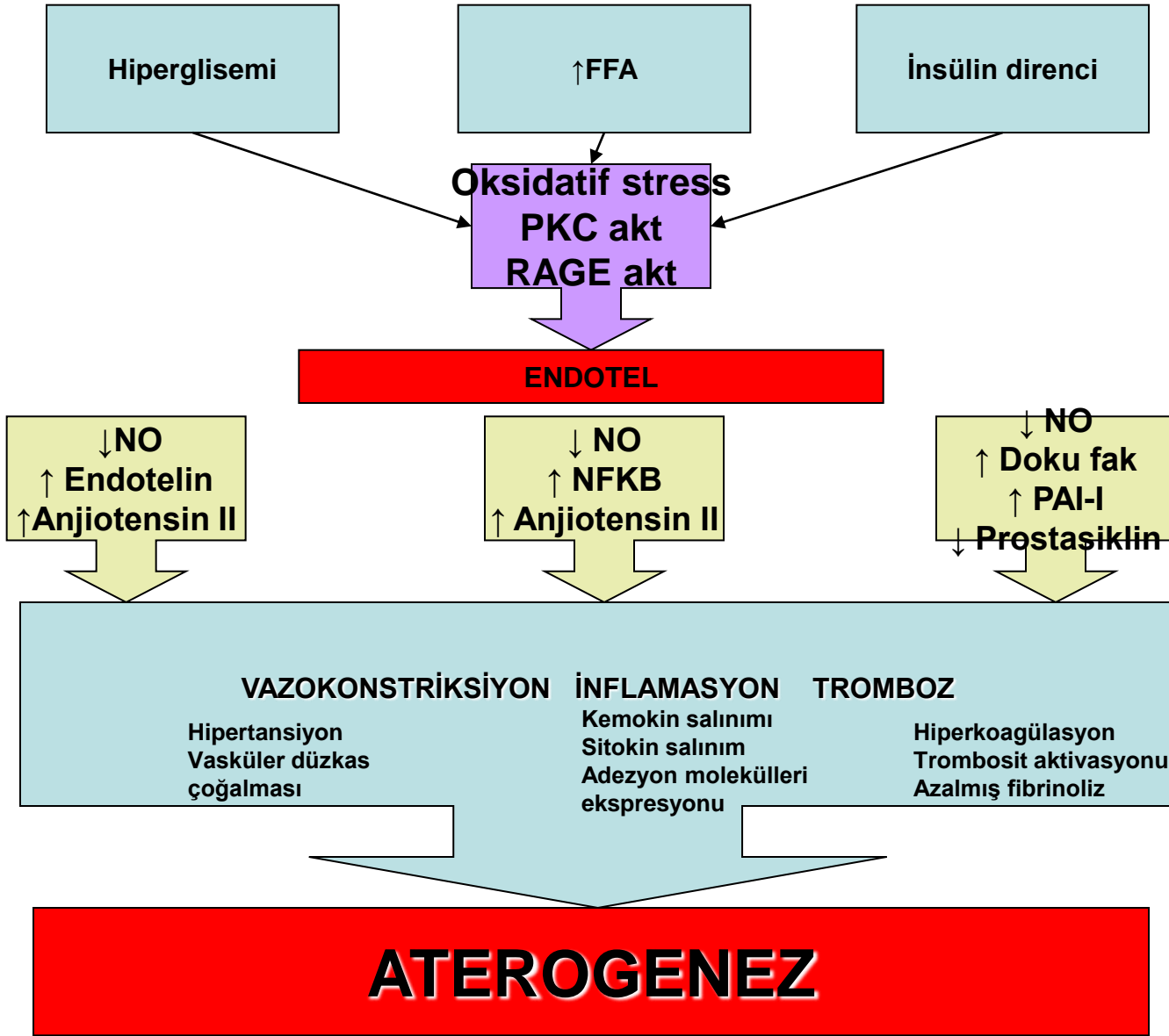
RISK

Hiperglisemi

NFkB aktivasyonu & Epigenetik Mekanizmalar  
Endotel & Vasküler Düz Kas Hücrelerinde  
Histon lizin asetilasyonunda artış  
Histon deasetilasyon mekanizması inhibisyonu

Inflamasyon  
Yolağı





**ORIGINAL INVESTIGATION**

**Open Access**

# Alterations of specific biomarkers of metabolic pathways in vascular tree from patients with Type 2 diabetes

Bernal-Lopez M Rosa<sup>1,5\*</sup>, Llorente-Cortes Vicenta<sup>2</sup>, Gomez-Carrillo Victor<sup>3</sup>, Lopez-Carmona Dolores<sup>3</sup>, Calleja Fernando<sup>4</sup>, Gomez-Huelgas Ricardo<sup>3,5</sup>, Badimon Lina<sup>2,5\*</sup> and Tinahones Francisco J<sup>1,5</sup>

## Abstract

The aims of this study were to check whether different biomarkers of inflammatory, apoptotic, immunological or lipid pathways had altered their expression in the occluded popliteal artery (OPA) compared with the internal mammary artery (IMA) and femoral vein (FV) and to examine whether glycemic control influenced the expression of these genes. The study included 20 patients with advanced atherosclerosis and type 2 diabetes mellitus, 15 of whom had peripheral arterial occlusive disease (PAOD), from whom samples of OPA and FV were collected. PAOD patients were classified based on their HbA1c as well (HbA1c  $\leq$  6.5) or poorly (HbA1c  $>$  6.5) controlled patients. Controls for arteries without atherosclerosis comprised 5 IMA from patients with ischemic cardiomyopathy (ICM). mRNA, protein expression and histological studies were analyzed in IMA, OPA and FV. After analyzing 46 genes, OPA showed higher expression levels than IMA or FV for genes involved in thrombosis (F3), apoptosis (MMP2, MMP9, TIMP1 and TIM3), lipid metabolism (LRP1 and NDUFA), immune response (TLR2) and monocytes adhesion (CD83). Remarkably, MMP-9 expression was lower in OPA from well-controlled patients. In FV from diabetic patients with HbA1c  $\leq$  6.5, gene expression levels of BCL2, CDKN1A, COX2, NDUFA and SREBP2 were higher than in FV from those with HbA1c  $>$  6.5.

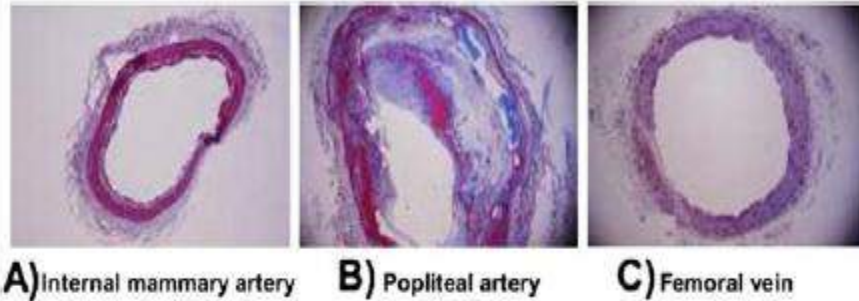


Figure 1 Histological sections of arteries, internal mammary (A) and popliteal artery (where the atheroma plaque is located) (B) and femoral vein (C). The sections were stained with Masson's trichrome and photographed by routine light microscopy (4x).

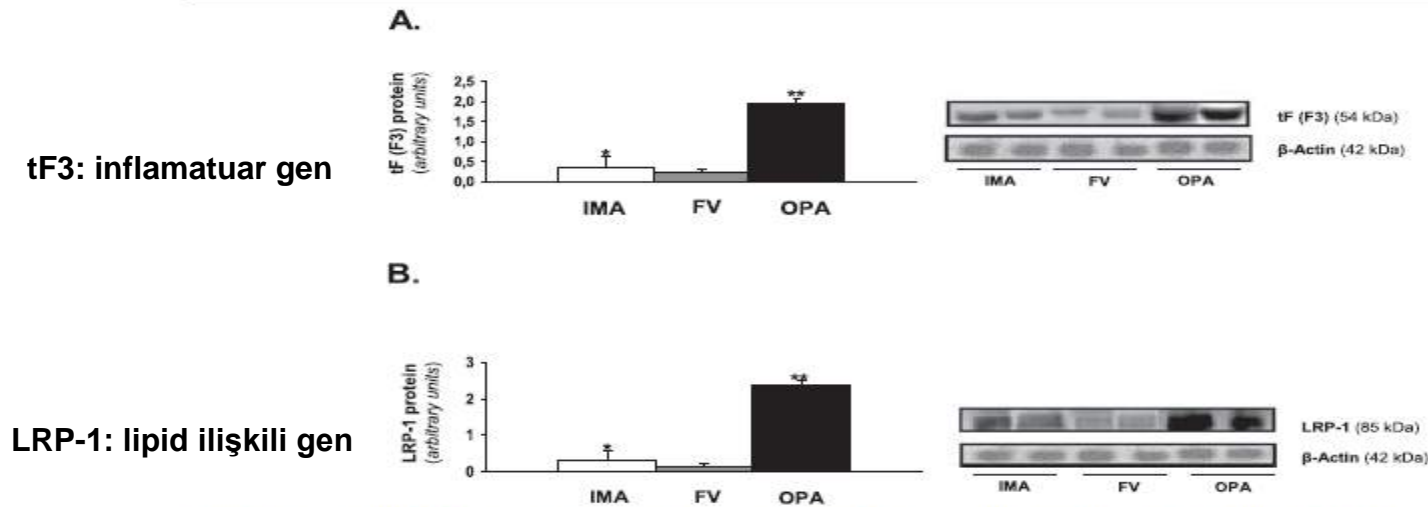


Figure 3 tF (F3) and LRP-1 expression levels in human vessels from atherosclerotic patients with ICM or PAOD. **A.-** Bar graphs showing the densitometric analysis of showing tF bands (results are expressed as mean  $\pm$  SD. \*  $p < 0.04$  vs FV or OPA, \*\*  $p < 0.04$  vs control (IMA) and FV) and autoradiography showing tF (54 kDa) and  $\beta$ -actine (42 kDa) protein levels in internal mammary artery (IMA), femoral vein (FV) and occluded popliteal artery (OPA) from two subjects from each vessel **B.-** Bar graphs showing the densitometric analysis of showing tF bands (results are expressed as mean  $\pm$  SD. \*  $p < 0.05$  vs FV or OPA, \*\*  $p < 0.05$  vs control (IMA) and FV) and autoradiography showing LRP-1 (85 kDa) and  $\beta$ -actine (42 kDa) protein levels in internal mammary artery (IMA), femoral vein (FV) and occluded popliteal artery (OPA) from two subjects from each vessel.





Contents lists available at [ScienceDirect](#)

## Free Radical Biology and Medicine

journal homepage: [www.elsevier.com/locate/freeradbiomed](http://www.elsevier.com/locate/freeradbiomed)



### Review Article

# MicroRNAs: potential mediators and biomarkers of diabetic complications



Mitsuo Kato, Nancy E. Castro, Rama Natarajan\*

*Department of Diabetes, Beckman Research Institute, City of Hope, Duarte, CA 91010, USA*

### ARTICLE INFO

Available online 12 June 2013

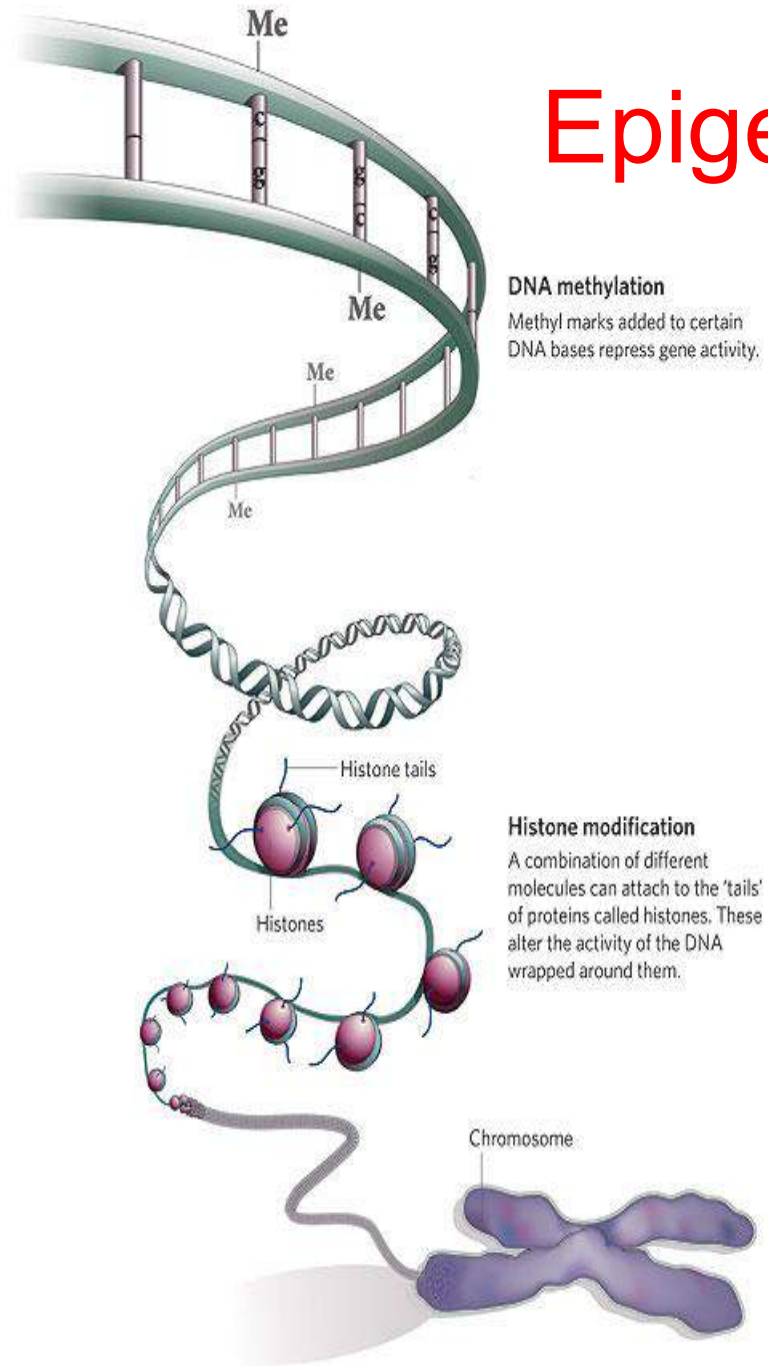
#### Keywords:

MicroRNA  
Diabetic complications  
Free radicals

### ABSTRACT

The incidence of diabetes is escalating worldwide and, consequently, this has become a major health care problem. Moreover, both type 1 and type 2 diabetes are associated with significantly accelerated rates of microvascular complications, including retinopathy, nephropathy, and neuropathy, as well as macrovascular complications such as atherosclerotic cardiovascular and hypertensive diseases. Key factors have been implicated in leading to these complications, including hyperglycemia, insulin resistance, dyslipidemia, advanced glycation end products, growth factors, inflammatory cytokines/chemokines, and related increases in cellular oxidant stress (including mitochondrial) and endoplasmic reticulum stress. However, the molecular mechanisms underlying the high incidence of diabetic complications, which often progress despite glycemic control, are still not fully understood. MicroRNAs (miRNAs) are short noncoding RNAs that have elicited immense interest in recent years. They repress target gene expression via posttranscriptional mechanisms and have diverse cellular and biological functions. Herein, we discuss the role of miRNAs in the pathobiology of various diabetic complications, their involvement in oxidant stress, and also the potential use of differentially expressed miRNAs as novel diagnostic biomarkers and therapeutic targets.

# Epigenetik belirteçler



- Aday gen çalışması;
- DNA metilasyon patern farklılığı ( vasküler düz kas ve endotel hücreler)
- Hipoksi-inducible faktör-1a
- c-fos
- p53
- Östrojen reseptörü
- Büyüme faktörleri
- Araşidonik asit metabolize enzimleri
- Matriks metalloproteinleri

# Yeni populer belirteçler

# Yeni populer belirteçler

Diabetes & Metabolic Syndrome: Clinical Research & Reviews 7 (2013) 108–111



Contents lists available at SciVerse ScienceDirect

## Diabetes & Metabolic Syndrome: Clinical Research & Reviews

journal homepage: [www.elsevier.com/locate/dsx](http://www.elsevier.com/locate/dsx)



Original article

### Paraoxonase 1: A better atherosclerotic risk predictor than HDL in type 2 diabetes mellitus

Surajeet Kumar Patra\*, Kamna Singh, Ritu Singh

Department of Clinical Biochemistry, Lady Hardinge Medical College, New Delhi, India

#### ARTICLE INFO

##### Keywords:

Paraoxonase 1 (PON 1)  
Atherogenic index of plasma (AIP)  
Atherogenic coefficient (AC)  
Castelli's risk index I (CRI I)  
Castelli's risk index II (CRI II)

#### ABSTRACT

**Introduction:** Type 2 diabetes mellitus is a state of glycativ stress and oxidative stress. Lower level of serum PON 1 has been correlated to higher morbidity and mortality related to cardiovascular complications in type 2 diabetes mellitus.

**Objectives:** To estimate and compare the serum PON 1 levels in type 2 diabetes mellitus and controls and to predict which one is the better atherosclerotic risk predictor among HDL and PON 1 in T2DM patients. **Materials and methods:** An observational analytical case-control study was conducted with a sample size of 30 in two groups like group I (30 cases of type 2 diabetes mellitus diagnosed by ADA 2010 criteria) and group II (30 age and sex matched controls). Human serum paraoxonase 1 levels were measured by ELISA.

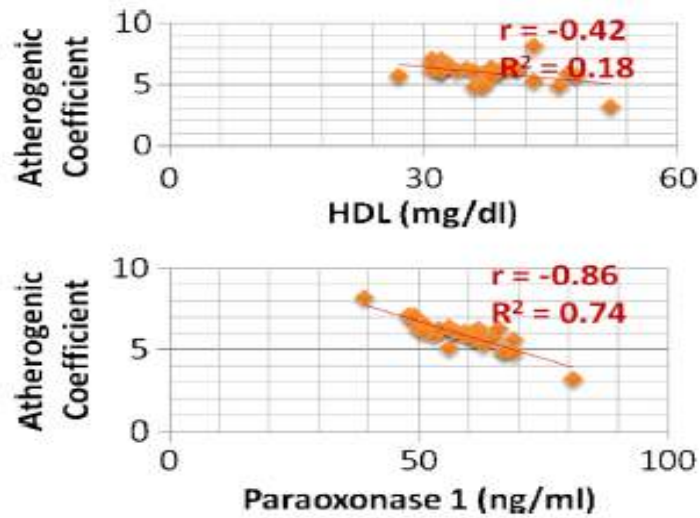


Fig. 2. Correlation of AC with HDL and PON 1.

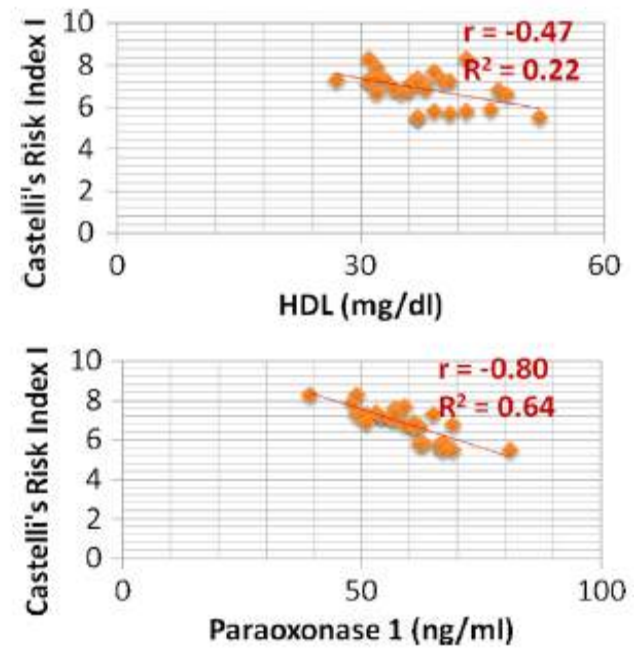


Fig. 3. Correlation of CRI I with HDL and PON 1.



Contents lists available at SciVerse ScienceDirect

## Atherosclerosis

journal homepage: [www.elsevier.com/locate/atherosclerosis](http://www.elsevier.com/locate/atherosclerosis)



### Serum monomeric $\alpha_2$ -macroglobulin as a clinical biomarker in diabetes



Tesshu Takada<sup>a</sup>, Yoshio Kodera<sup>b</sup>, Madoka Matsubara<sup>a</sup>, Yusuke Kawashima<sup>b</sup>,  
Tadakazu Maeda<sup>b</sup>, Yoshikuni Fujita<sup>a</sup>, Masayoshi Shichiri<sup>a,\*</sup>

<sup>a</sup>Department of Endocrinology, Diabetes and Metabolism, Kitasato University School of Medicine, 1-15-1 Kitasato, Minami-ku, Sagami-hara, Kanagawa 252-0374, Japan

<sup>b</sup>Laboratory of Biomolecular Dynamics, Department of Physics, Kitasato University School of Science, Kanagawa, Japan

#### ARTICLE INFO

**Article history:**

Received 4 July 2012

Received in revised form

13 February 2013

Accepted 26 February 2013

Available online 13 March 2013

**Keywords:**

$\alpha_2$ -Macroglobulin

Diabetes

Proteome

Cardiac isoform of  $\alpha_2$ -macroglobulin

#### ABSTRACT

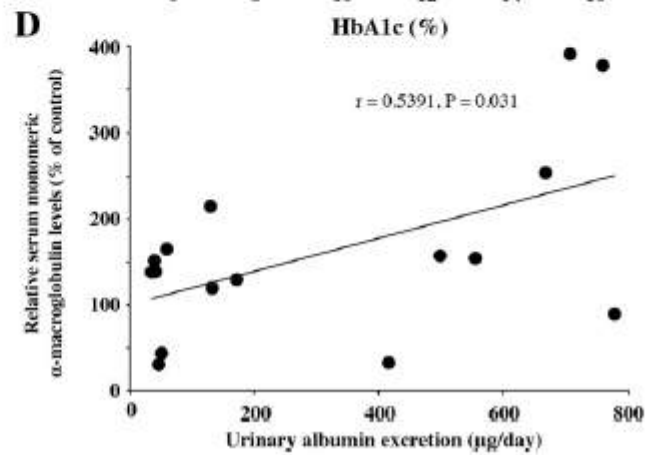
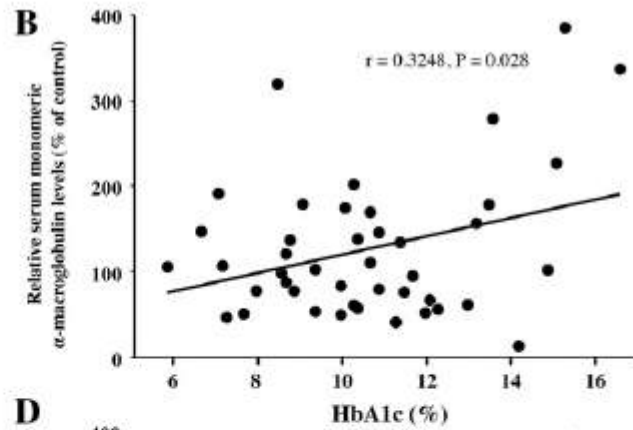
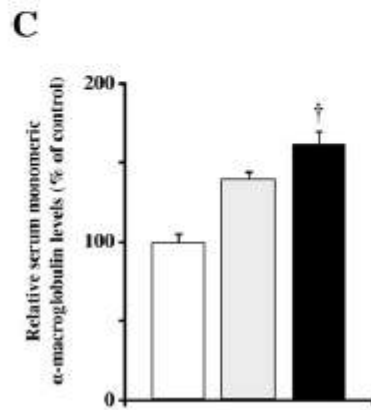
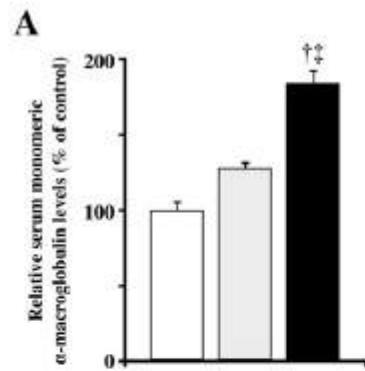
**Objective:** Despite the number of potential biomarker proteins for diabetes, very few of them have proven useful as clinically beneficial indicators, because of the technical difficulties associated with their identification among highly abundant serum proteins. We attempted to identify a protein with distinguishable expression in human diabetes.

**Methods:** We applied a highly efficient strategy for the purification of endogenous low abundance proteins from diabetic and non-diabetic serum samples. Extracted sera were fractionated by SDS-PAGE and protein bands were isolated and analyzed by mass spectrometry using an ion-trap mass spectrometer. The identities of the proteins were confirmed by western blotting and the serum levels evaluated.

**Results:** A significantly upregulated protein in diabetic patients was identified as monomeric  $\alpha_2$ -macroglobulin. Its tetramer, another dominant circulating molecular form, was only marginally increased in diabetes.

**Conclusion:** Serum monomeric  $\alpha_2$ -macroglobulin is highly expressed in many diabetic subjects. It is identical to the human 'cardiac isoform of  $\alpha_2$ -macroglobulin' described in the literature, a well-known acute phase serum biomarker protein mechanically involved in cardiac and atherosclerotic diseases.

© 2013 Elsevier Ireland Ltd. All rights reserved.



**Pratikde...**



# Pratikde...

- PREMATÜRE aterosklerozis belirteçlerini derinlerde aramaya gerek yok
- Zaten çok yakınımızda ve kolay belirleyebileceğimiz durumlarla kendini belirli ediyor

# Pratikde...

- PREMATÜRE aterosklerozis belirteçlerini derinlerde aramaya gerek yok
- Bunlar zaten çok yakınıımızda ve kolay belirleyebileceğimiz durumlarla kendini belirli ediyor
- Anamnezde : sigara, ht ,hpl, kilo, ailede erken kardiyak öykü ...

# Aslında...

- PREMATÜRE aterosklerozis belirteçlerini derinlerde aramaya gerek yok
- Bunlar zaten çok yakınımızda ve kolay belirleyebileceğimiz durumlarla kendini belirli ediyor
- Anamnezde : sigara, ht ,hpl, kilo, ailede erken kardiyak öykü .....
- Fizik muayenede: TA , dislipidemi , ağırlık

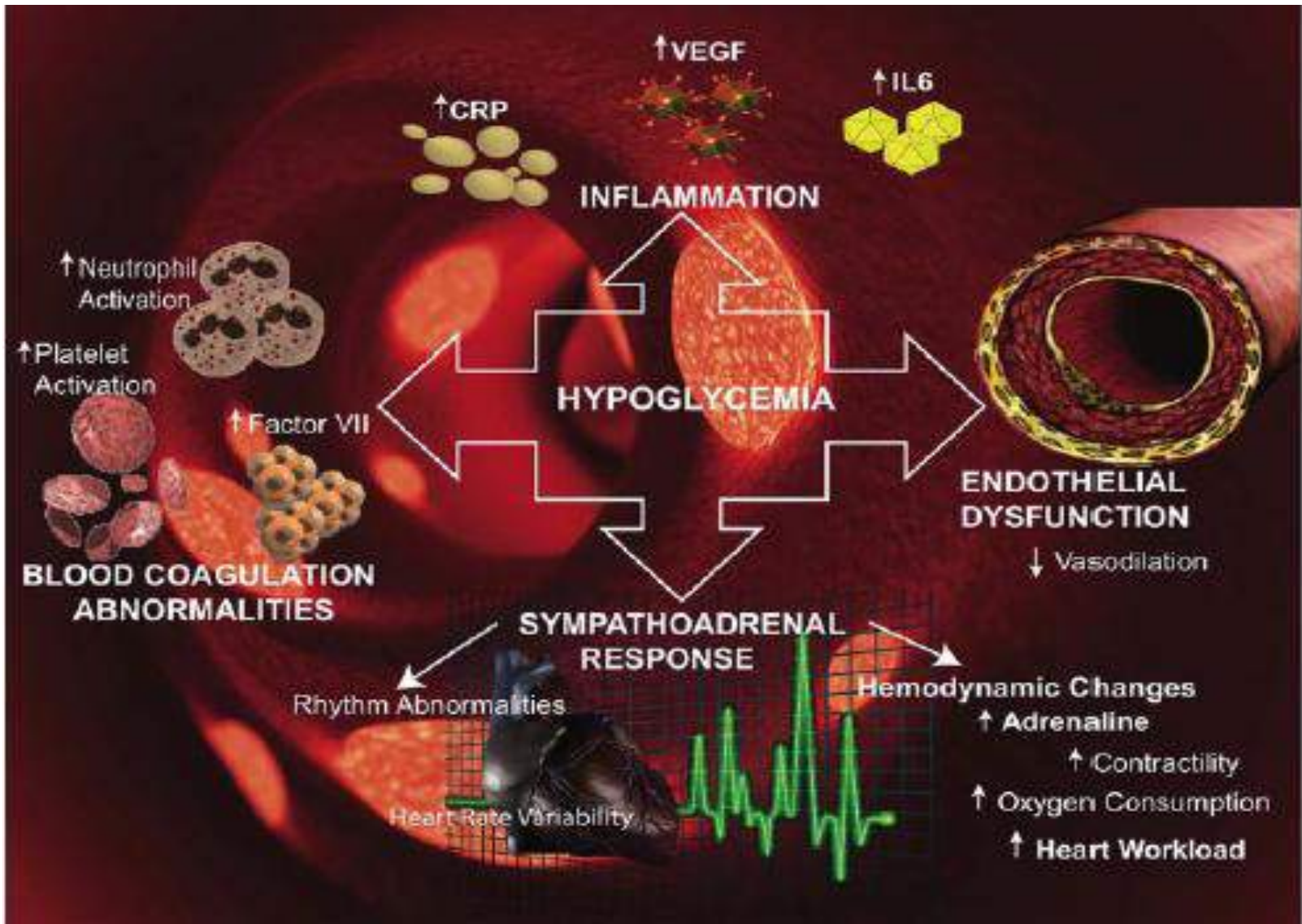
# Pratikde...

- PREMATÜRE aterosklerozis belirteçlerini derinlerde aramaya gerek yok
- Bunlar zaten çok yakınıımızda ve kolay belirleyebileceğimiz durumlarla kendini belirli ediyor
- Anamnezde : sigara, ht ,hpl, kilo, ailede erken kardiyak öykü .....
- Fizik muayenede: TA, dislipidemi , ağırlık,
- Lab da: glukoz, hba1c, insülin, idrarda mikro albumin varlığı, homosistein

**Göz ardı edilen bir belirteç..**

# Göz ardı edilen bir belirteç..

- Hipoglisemi....



Teşekkürler...

